

Academic Skills in the Colleges

at Trent University



Academic Skills Instructors support and empower undergraduate and graduate students by providing flexible instruction in the skills necessary for them to succeed at university: the ability to think critically, communicate their ideas effectively, and take responsibility for their own learning.

Reach Your New Best

Academic Skills Instructors can assist students in several areas:

- Writing Skills
- Time Management Skills
- Research Skills
- Reading and Notetaking Skills
- Study Skills
- Math Skills

Check out our Online Guides

- Survive and Thrive: Your First Term at University
- How to Learn Online
- Online Documentation Guide with information on referencing and citing for most disciplines
- How to Manage Your Time, How to Write in University, How to Study and more...

[Click here to check out our Online Guides](#)

Remote appointments with an instructor are available

Book online: [Student Experience Portal Booking System](#)

Choose how to meet us. Three types of appointments are available.

1. Online with written feedback (send us your work for our review).
2. Video appointment by Zoom (we can share a screen and look at your work together).
3. Phone appointment (we are always happy to chat with you about a school project).

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Email us: academicskills@trentu.ca