

trentu.ca/kinesiology

Program Coordinator

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Kinesiology is the scientific study of human movement with a focus on prevention of injury and chronic disease. Trent University collaborates with the University of Ontario Institute of Technology (UOIT) to deliver this comprehensive program in which the first two years are completed at Trent's Peterborough campus, and years three and four at UOIT in Oshawa. Students gain the knowledge and skills to become a kinesiology practitioner, able to prescribe individualized exercise programs to improve or maintain the health, functional capacity, and well-being of a range of healthy and clinical populations.

Students in this major have the opportunity to apply for applied internship opportunities in the fourth year of study. Kinesiology is now a regulated health profession in Ontario and this degree provides the skills and knowledge to function as a health professional and write the competency exam to become a registered kinesiologist.

Admission Requirements

The Trent–UOIT Kinesiology degree pathway is a direct-entry program. A secondary school diploma and six Ontario U/UM credits (or equivalent) with a minimum average of 75% are required. These credits must include English (ENG4U, with a minimum grade of 60%), Biology (SBI4U), and one of Advanced Functions (MHF4U), Calculus and Vectors (MCV4U), or Mathematics of Data Management (MDM4U). Chemistry (SCH4U) is strongly recommended. Admission is competitive and an average of higher than 75% may be required.

The specific average for admission varies from year to year. Possession of the minimum requirements does not guarantee acceptance.

Progression Requirements

At the end of year two, qualified students progress into the Bachelor of Health Science (Honours) program in Kinesiology at UOIT, on an advanced standing basis, subsequent to successful completion of the following 10.0 Trent University credits with a minimum 75% cumulative average:

BIOL 1020H	NURS 1550H	PSYC 1020H
BIOL 1030H	NURS 2000H	PSYC 1030H
BIOL 1050H	NURS 2345H	PSYC 2018H
BIOL 1051H	NURS-BIOL 2250H	PSYC 2019H
CHEM 1000H	NURS-BIOL 2270H	PSYC 2210H
CHEM 1010H	NURS 2550H	0.5 additional university credit
CHEM-BIOL 2300H	PHYS-BIOL 1060H	

For information on individual courses, see Calendar entries for Biology, Chemistry, Nursing, Physics, and Psychology.