2025 GROW Program

Grant Resources, Research Optimization & Writing Support (GROWs)

TRENT UNIVERSITY

OFFICE OF RESEARCH & INNOVATION

The Office of Research and Innovation is excited to launch **GROW — Grant Resources, Research Optimization & Writing Support**, a new initiative designed to support researchers in developing competitive grant proposals. Through writing retreats, a focused workshop series, and practical resources, GROW helps researchers strengthen their proposals and improve competitiveness. Whether you're new to grant writing or looking to strengthen your next application, GROW is here to help you succeed.

GROW

GRANT

RESOURCES

RESEARCH OPTIMIZATION

WITING SUPPORT
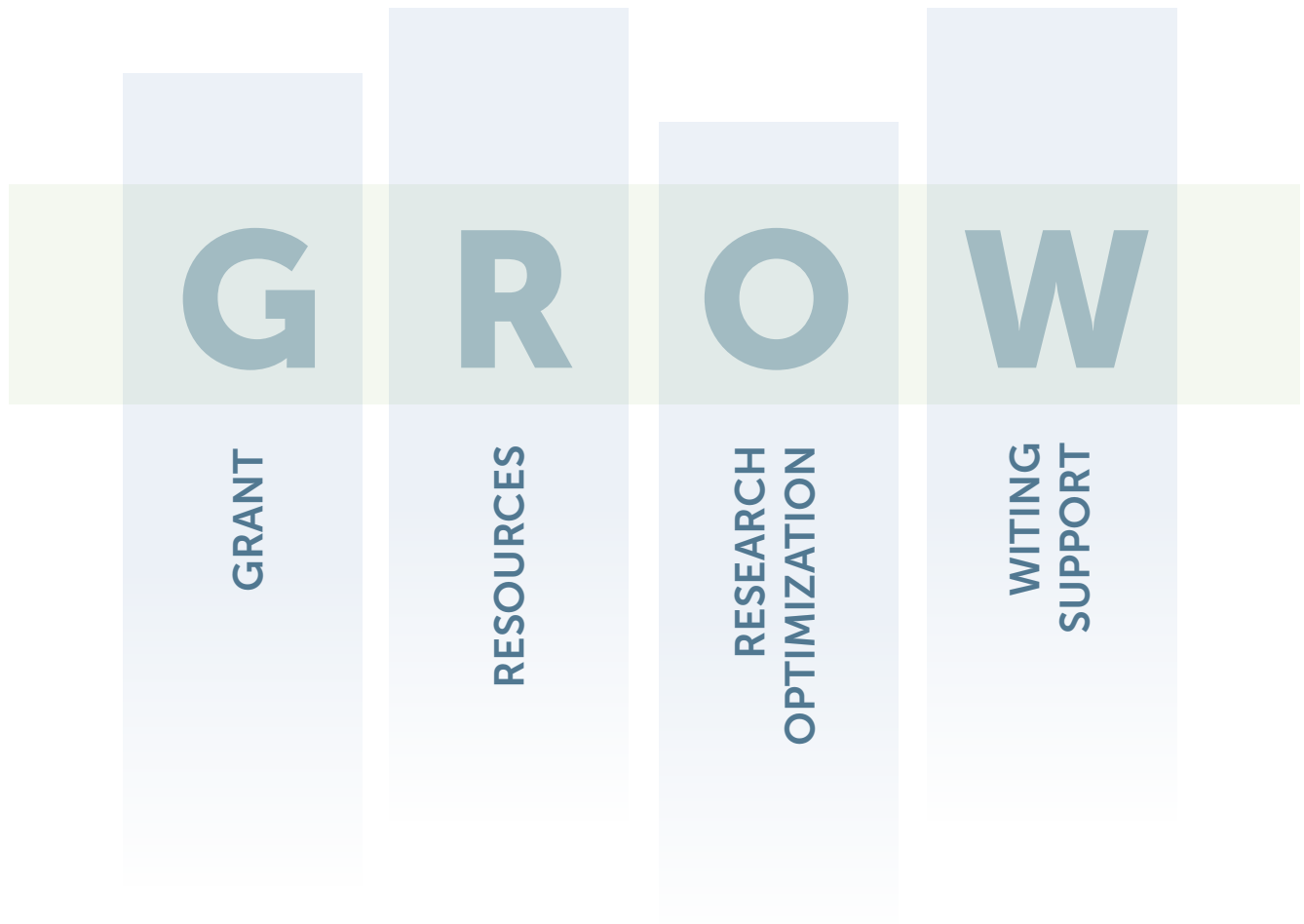
PROGRAMS AT A GLANCE

SSHRC Partnership Engage Grants (PEG) Information Session
May 22, 2025, 1:00 pm-3:00 pm virtual

SSHRC Partnership Development Grants (PDG) Information Session
May 29, 2025, 2:00 pm-4:00 pm virtual

NSERC Alliance Grants Information Session
May 29, 2025, 10:00 am-11.30 am, virtual

SSHRC Connection Grants (CG) Information Session
May 30, 2025, 10:00 am-12:00 pm, virtual

Introduction to SSHRC Funding: A Comparison of Popular SSHRC Funding Programs
June 10, 2025, 10:00 am-12:00 pm, virtual

Grant Writing Retreat
June 11, 2025, 9:00 am-4:00 pm, BL 411

Revise for Clarity: Strengthening Proposal Readability and Flow
June 11, 2025, 1:00 pm-2:00 pm, BL room 106.6

NSERC Discovery Grants, Information Session 1: Notification of Intent
June 17, 2025, 2:00 pm-3.30 pm, virtual

SSHRC Insight Grant (IG) Information Session
June 18, 2025, 10:00 am-12:00 pm, virtual

Getting Started with ORCID
June 20, 2025, 12:00 pm-1:00 pm, virtual

Creating a Data Management Plan for Funding and Ethics Applications
June 23, 2025, 12:00 pm-1:00 pm, virtual

NSERC Discovery Grants (DG): Practical Insights from a DG Reviewer
June 24, 2025, 9:00 am-12:00 pm, BL 411

Introduction to Research Funding in the Social Sciences & Humanities
June 24, 2025, 12:00 pm-1:00 pm, virtual

SSHRC Insight Development Grant (IDG) Information Session
June 27, 2025, 10:00 am-12:00 pm, virtual

Grant Writing Retreat
July 17, 2025, 9:00 am-4:00 pm, BL 411

Research Support at ORI: Tools and Services for Faculty
July 17, 2025, 1 pm-2 pm, BL, 106.6

Introduction to Research Funding in the Social Sciences & Humanities
July 24, 2025, 12:00 pm-1:00 pm, virtual

Introduction to SSHRC Funding: A Comparison of Popular SSHRC Funding Programs
July 29, 2025, 1:00 pm-3:00 pm, virtual

AUGUST 2025

NSERC Discovery Grants Information Session II
Full Application
August 12, 2025, virtual

Introduction to Research Funding in the Natural Sciences: NSERC and Beyond
August 13, 2025, 12:00 pm-1:00 pm, virtual

Grant Writing Retreat
August 14, 2025, 9:00 am-4:00 pm, BL 411

Developing a Grant Budget: What Funders Want to See
August 14, 2025, 1:00 pm-2:00 pm, BL 206.6

SSHRC Insight Development Grant (IDG) Information Session
August 27, 2025, 10:00 am-12:00 pm, virtual

Understanding and Using Scholarly Metrics Responsibly
TBD

SEPTEMBER 2025

NSERC Research Tools and Instruments Grants (RTI) Information Session
September 4, 2025, virtual

Q&A session for Discovery Grant Applicants
September 9, 2025, virtual

Trent Internal Grants Program
September 16, 10:00 am –11.30 am, virtual

Navigating ROMEO – Award and Certification System
September, TBD, virtual (hybrid option available)

Ethics in Research Involving Human Participants: Information Session
September, TBD, virtual (hybrid option available)

■ Info session   ■ Workshop

● NSERC   ● SSHRC   ● CIHR   ● Librarian's Insights   ● Grant Writing

JUNE 2025

Introduction to SSHRC funding: A comparison of popular SSHRC funding programs
Presenter: Breanne Whitwell
June 10, 2025, 10:00 am-12:00 pm, virtual

Registration

This session is for early-career researchers, first-time applicants and those looking to understand the various granting programs offered by SSHRC (Social Sciences and Humanities Research Council). We will cover basic information about a variety of SSHRC programs, application components, support available through the ORI and tips for successful applications. Time will be set aside for questions.

Grant Writing Retreat
June 11, 2025, 9:00 am-4:00 pm, BL 411.

Registration

Are you planning to work on a Tri-Agency or other research grant over the summer? We invite you to join your fellow faculty colleagues in a grant writing retreat as you develop your proposal. It's not required that you attend each session or stay for the duration of an entire session. There will be spaces for quiet individual work as well as small group discussions or one-on-one conversations among participants. Research Facilitators will be available on site to meet individually or in small groups to discuss your application and proposal development.

The events include workshops that offer strategies to enhance writing efficiency and address common challenges in academic writing.

Refreshments and snacks will be provided each day. You're welcome to bring your own lunch!

Revise for Clarity: Strengthening Proposal Readability and Flow
Presenter: Inna Seviaryna
June 11, 2025, 1:00 pm-2:00 pm, BL room 106.6

Registration

Learn how to make your research proposals clearer, more compelling, and easier to read. This session will focus on effective revision techniques to enhance readability, strengthen logical flow, and improve communication. By applying these strategies, you will increase your chances of engaging reviewers and funding success.

NSERC Discovery Grants, Information Session 1: Notification of Intent

Presenter: Inna Seviaryna

June 17, 2025, 2:00 pm-3.30 pm, virtual

Registration

This session is for early-career researchers, first-time applicants, and those looking to refresh their knowledge of the NSERC Discovery Grant (DG) process. It covers the DG program, application timeline and steps for completing the Notification of Intent (NOI) and Canadian Common CV (CCV).

SSHRC Insight Grant (IG) Information Session

Presenter: Breanne Whitwell

June 18, 2025, 10:00 am-12:00 pm, virtual

Registration

This session will provide a comprehensive overview of the SSHRC Insight Grant (IG) program, including requirements of the application. We will describe individual elements such as project descriptions and budgets and discuss best practices and common pitfalls for each. Time will be set aside for questions about the program.

Getting Started with ORCID

Presenter: Ellen Olsen-Lynch (Library)

June 20, 2025, 12:00-1:00 pm, virtual

Registration

An ORCID iD (Open Researcher and Contributor ID) is a persistent digital identifier that distinguishes you from other researchers and ensures accurate attribution of your professional and research outputs. It also functions as an online CV, making it an ideal complement to the new narrative CV format soon to be rolled out by Canada's Tri-Agency funding councils. This session will introduce the benefits of ORCID, guide you through creating and populating your own ORCID iD and record, and demonstrate how it can be integrated into your research and publication workflows.

Creating a Data Management Plan for Funding and Ethics Applications

Presenter: Tracy Sallaway (Library)

June 23, 2025, 12:00 pm-1:00 pm, virtual

Registration

Data management plans (DMPs) are increasingly requested as part of grant applications as the Tri-Agency Group continues to phase in requirements of the Tri-Agency Policy on Research Data Management. Even when a DMP is not required, data management planning is widely considered a best practice. Having a DMP in place now will save considerable time and effort later and can increase the visibility and impact of your research. This practical session will take you through the process of completing a DMP using a simplified template designed for funding applications.

NSERC Discovery Grants (DG): Practical Insights from a DG Reviewer

Presenter: Sanela Martic, member of the NSERC Discovery Grant Review Committee (1501: Genes, Cells and Molecules

June 24, 2025, 9:00 am-12:00 pm, BL 411

Registration

The workshops aim to improve understanding of the DG program and enhance proposal quality with the GRID in mind. The session will focus on three evaluation criteria: Excellence of the Researcher, Merit of the Proposal, and HQP training. Mock proposals will be reviewed and discussed for improvement. We will discuss what aspects of each proposal component are strong and effective and highlight specific features or ideas that stand out. We will also identify and discuss areas that could be enhanced or clarified. Researchers can also bring their DG application components if they would like to receive feedback. The workshops are intended for early career researchers, first-time applicants and all other researchers.

Introduction to Research Funding in the Social Sciences & Humanities

(lunch and learn session)

Presenter: Breanne Whitwell

June 24, 2025, 12:00 pm-1:00 pm, virtual

Registration

This session is for early-career researchers, first-time applicants and those looking to understand various internal and external sources of funding for research in the social sciences and humanities. We will cover basic information about a variety of funding sources, support available through the ORI and tips for successful applications. Time will be set aside for questions.

SSHRC Insight Development Grant (IDG) Information Session

Presenter: Breanne Whitwell

June 27, 2025, 10:00 am-12:00 pm, virtual

Registration

This session is for early-career researchers who are ready to apply for external funding or established researchers looking to explore new research questions or approaches. The session will provide a comprehensive overview of the SSHRC Insight Development Grant (IDG) program, including requirements of the application. We will describe individual elements such as project descriptions and budgets and discuss best practices and common pitfalls for each. Time will be set aside for questions about the program.

JULY 2025

Grant Writing Retreat

July 17, 2025, 9:00 am-4:00 pm, BL 411

Registration

Are you planning to work on a Tri-Agency or other research grant over the summer? We invite you to join your fellow faculty colleagues in a grant writing retreat as you develop your proposal. It's not required that you attend each session or stay for the duration of an entire session. There will be spaces for quiet individual work as well as small group discussions or one-on-one conversations among participants. Research Facilitators will be available on site to meet individually or in small groups to discuss your application and proposal development.

The events include workshops that offer strategies to enhance writing efficiency and address common challenges in academic writing.

Refreshments and snacks will be provided each day. You're welcome to bring your own lunch!

Research Support at ORI: Tools and Services for Faculty

Presenter: Research Facilitators

July 17, 2025, 1:00 pm-2:00 pm, BL, 106.6.

Registration

Learn how the Office of Research and Innovation (ORI) can support your grant-seeking efforts. This session will provide an overview of available services, including funding opportunity searches, proposal development support, internal review processes, and more.

Introduction to Research Funding in the Social Sciences & Humanities

(lunch and learn session)

Presenter: Breanne Whitwell

July 24, 2025, 12:00 pm-1:00 pm, virtual

Registration

This session is for early-career researchers, first-time applicants and those looking to understand various internal and external sources of funding for research in the social sciences and humanities. We will cover basic information about a variety of funding sources, support available through the ORI and tips for successful applications. Time will be set aside for questions. *This presentation is the same as the June 24 presentation.*

Introduction to SSHRC Funding: A Comparison of Popular SSHRC Funding Programs

Presenter: Breanne Whitwell

July 29, 2025, 1:00 pm-3:00 pm, virtual

Registration

This session is for early-career researchers, first-time applicants and those looking to understand the various granting programs offered by SSHRC (Social Sciences and Humanities Research Council). We will cover basic information about a variety of SSHRC programs, application components, support available through the ORI and tips for successful applications. Time will be set aside for questions. *This presentation is the same as the June 10 presentation.*

AUGUST 2025

NSERC Discovery Grants Information Session II. Full application

Presenter: Inna Seviaryna

August 12, 2025, virtual

Registration

This session will outline individual elements of the DG application, highlighting best practices and common pitfalls. A Q&A segment will be included at the end to address program-related questions.

Introduction to Research Funding in the Natural Sciences: NSERC and Beyond

(lunch and learn session)

Presenter: Inna Seviaryna

August 13, 2025, 12:00 pm-1:00 pm, virtual

Registration

This session is for early-career researchers, first-time applicants and those looking to understand various internal and external sources of funding for research in the natural sciences. We will cover basic information about a variety of funding sources, support available through the ORI and tips for successful applications. Time will be set aside for questions.

Developing a Grant Budget: What Funders Want to See

Presenter: Research Facilitators and Research Finance

August 14, 2025, 1:00 pm-2:00 pm, BL 206.6

Registration

Learn how to develop a clear, accurate, and funder-aligned budget for your research grant proposals. This session will cover key budget components, common pitfalls, and tips for aligning your budget with your research goals and funding agency requirements.

Grant Writing Retreat

August 14, 2025, 9:00 am-4:00 pm, BL 411

Registration

Are you planning to work on a Tri-Agency or other research grant over the summer? We invite you to join your fellow faculty colleagues in a grant writing retreat as you develop your proposal. It's not required that you attend each session or stay for the duration of an entire session. There will be spaces for quiet individual work as well as small group discussions or one-on-one conversations among participants. Research Facilitators will be available on site to meet individually or in small groups to discuss your application and proposal development.

The events include workshops that offer strategies to enhance writing efficiency and address common challenges in academic writing.

Refreshments and snacks will be provided each day. You're welcome to bring your own lunch!

SSHRC Insight Development Grant (IDG) Information Session

Presenter: Breanne Whitwell

August 27, 2025, 10:00 am-12:00 pm, virtual

Registration

This session is for early-career researchers who are ready to apply for external funding or established researchers looking to explore new research questions or approaches. The session will provide a comprehensive overview of the SSHRC Insight Development Grant (IDG) program, including requirements of the application. We will describe individual elements such as project descriptions and budgets and discuss best practices and common pitfalls for each. Time will be set aside for questions about the program. *This presentation is the same as the June 27 presentation.*

Understanding and Using Scholarly Metrics Responsibly

Presenter: Ellen Olsen-Lynch (Library)

TBD

This session will explore the landscape of quantitative research metrics and their role in research assessment. It will cover the definition and purpose of scholarly metrics, highlight commonly used indicators such as citation counts, the h-index, and journal impact factors, and examine the strengths and limitations of each. The session will also address the broader context in which these metrics are used, emphasizing the importance of responsible and informed application.

SEPTEMBER 2025

NSERC Research Tools and Instruments Grants (RTI) Information Session

Presenter: Inna Seviaryna

September 4, 2025, virtual

Registration

This session will provide an overview of the NSERC Research Tools and Instruments (RTI) Grants Program. We will focus on the requirements of RTI applications, describing evaluation criteria and proposals' elements and discussing the best practices and common pitfalls. Time will be set aside at the end of the session for questions about the program.

Q&A session for Discovery Grant Applicants
Presenter: Inna Seviaryna
September 9, 2025, virtual

Registration

Join us for an open Q&A session focused on NSERC Discovery Grants. This informal session offers an opportunity to ask questions about the evaluation criteria, budgeting, and best practices for preparing a strong proposal. Whether you're a first-time applicant or looking to refine your submission, this is a great chance to get insights and guidance.

Trent Internal Grants Program
Presenter: Chathurika Hettiarachchi
September 16, 10:00 am-11:30 am virtual

Registration

This session will provide an overview of Trent's internal grants program. We will focus on the eligibility and requirements, describing the evaluation criteria and proposal elements and discussing the best practices and common pitfalls. Time will be set aside for questions about the program.

Navigating ROMEO – Award and Certification System
Presenter: Anna Kisiala
September, TBD, virtual (hybrid option available)

This session will provide an overview of the ROMEO platform – an online database for the digital management and reporting of internal and external research funding and ethics certifications. We will focus on reviewing the main functionalities of the portal, like accessing information about your grant awards and ethics certifications, creating and submitting new ethics applications and modifying the existing ones, as well as staying on top of the reports required from the researchers during the lifetime of ethics certification.

Ethics in Research Involving Human Participants – Information Session
Presenter: Anna Kisiala
September, TBD, virtual (hybrid option available)

Join us for an information session on the ethics in research involving human participants and the Research Ethics Board approval process. This session will provide key insights into preparing an application for review and understanding the role of the REB. We will also cover frequently asked questions to help researchers navigate potential challenges and avoid the common pitfalls. Whether you're submitting your first ethics application or seeking clarity on specific aspects, this session will equip you with the knowledge needed for a smooth approval process.