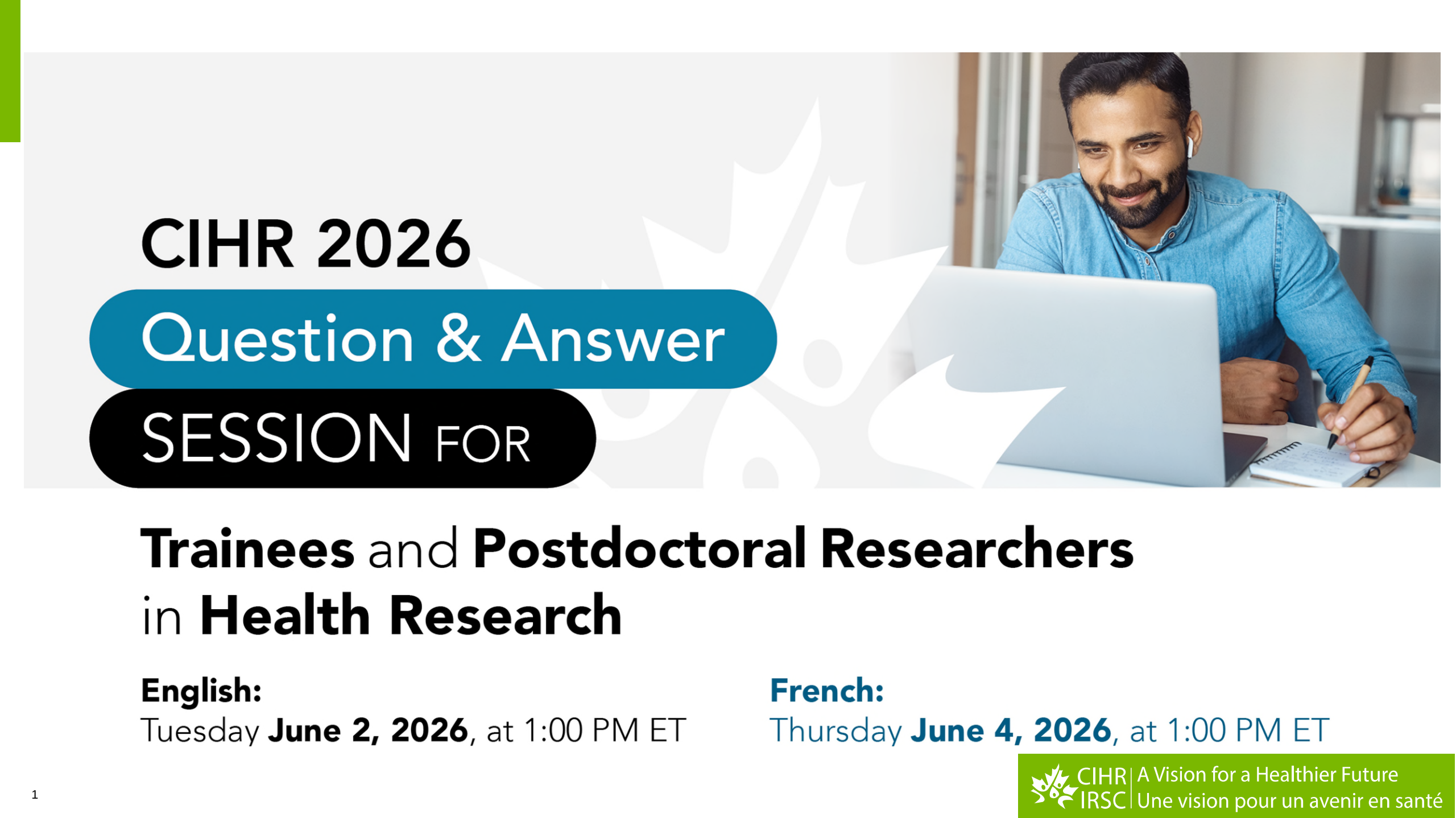




CIHR 2026

Question & Answer

SESSION FOR

Trainees and Postdoctoral Researchers in Health Research

English:

Tuesday **June 2, 2026**, at 1:00 PM ET

French:

Thursday **June 4, 2026**, at 1:00 PM ET



CIHR | A Vision for a Healthier Future
IRSC | Une vision pour un avenir en santé

Agenda

Funding
Opportunities



Other Useful
Information



Training
Resources



Equity, Diversity and
Inclusion



Questions and Answers



Funding Opportunities



Funding Opportunities Available

Undergraduate Student Research Awards (USRA)

Canada Research Training Awards Suite (CRTAS)

Canada Graduate Research Scholarship – Master’s (CGRS M)

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Canada Postdoctoral Research Award (CPRA)

Canada Research Training Awards Suite – Research Travel Supplements (CRTAS-RTS)

Strategic Master's Award (SMA)

Health System Impact Fellowship (HSIF)

Research Excellence, Diversity, and Independence Early Career Transition Award (REDI)

For more information about a specific funding opportunity | [Link](#) :

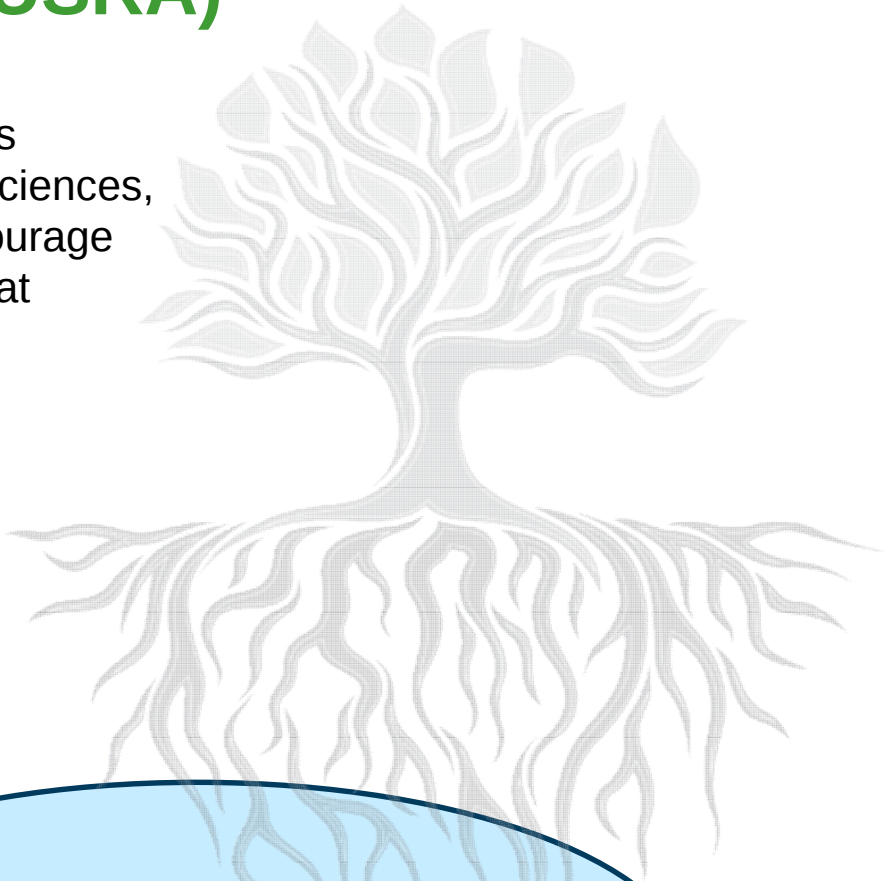
The screenshot shows the CIHR website's navigation bar with tabs for Funding, Institutes, College of Reviewers, Initiatives, Collaboration, Priority areas, and Research impact. The breadcrumb trail reads: Home → Priority areas → Health Research Training at CIHR. The main heading is "CIHR Health Research Training Award Programs". Below this, a paragraph states: "The Canadian Institutes of Health Research (CIHR) strives to ensure a strong foundation of future health research leaders, and is committed to offering programs that increase the supply of highly-qualified research personnel." Another paragraph follows: "CIHR funds trainees at all levels – Master's, Doctoral, and Postdoctoral – in all health disciplines, including health professionals (clinicians, dentists, nurses, physiotherapists, and other health professionals) who are interested in pursuing health research. This funding support is provided in two ways:" followed by a bulleted list: "• Directly through training award programs" and "• Indirectly through grants and strategic initiatives". Below the list, a paragraph says: "Please review the links below to learn more about CIHR's award and initiatives. These opportunities can also be viewed through [CIHR's grants and awards database](#) or through individual CIHR Institute webpages." To the right of the text is a graphic with four colorful arrows pointing towards the center, labeled "HEALTH", "SYSTEM", "IMPACT", and "FELLOWSHIP". Below the graphic is a dark blue button that says "Learn about the HSI program and apply for the 2025 HSI fellowships". At the bottom of the page is a horizontal navigation bar with six tabs: "Undergraduate students", "Master's students", "Doctoral students", "Post-doctoral/-degree researchers", "Multi-stage and transition awards", and "CIHR Institute initiatives". The "Undergraduate students" tab is currently selected.

Undergraduate Student Research Awards (USRA)

[Undergraduate Student Research Awards \(USRAs\)](#) are meant to nurture student's interests and fully develop their potential for a research career in health, natural sciences, engineering, social sciences or humanities. These awards are also meant to encourage students to undertake graduate studies by providing research work experience that complements their studies in an academic setting.

Stipend	\$6,000
Term	14 to 16 weeks on a full-time basis
Application Deadline	Internal deadline set at the institution

For more information about this program:
[Undergraduate Student Research Awards](#)
Email: usra-brpc@cihr-irsc.gc.ca



Undergraduate Student Research Awards (USRA)

Eligibility Criteria

Open to Canadian citizens, permanent residents of Canada or a Protected Person under subsection 95(2) of the *Immigration and Refugee Protection Act* (Canada) as of the institution's application deadline.

Be registered (full-time or part-time), in a bachelor's degree program at an eligible institution as of the institution's application deadline

Have obtained, over the previous years of study, a satisfactory cumulative average (normally at least B; check with your institution).

Cannot be currently registered or have been previously registered, at any time, in a graduate program in the same field of study.

Cannot have completed all your degree requirements.

Note: CIHR and SSHRC USRAs are currently available **only** to Black student researchers. To be considered, you must self-identify as Black.

Undergraduate Student Research Awards (USRA)

Eligibility Criteria (cont'd)

To apply for these awards, you must complete and submit an application using NSERC's online system. Refer to the [Instructions for completing an Undergraduate Student Research Awards \(USRA\) application – form 202](#) for more information.

You can apply to more than one institution. You must apply directly to the institution where you would like to hold the award. However, please note that it is the institution's choice whether to accept applicants from other institutions.

To be eligible to apply for these awards, you are asked to disclose within the application form that you self-identify as Black and to confirm that you understand that this information will be shared with the institution to which you are applying and, if awarded, will be shared publicly.

Self-identification data are collected as part of the application process and will not be accessible to or shared with external reviewers and/or selection committee members. You will not be able to submit your application if you have not completed the self-identification questionnaire. If you did not complete the questionnaire when you created your account, you can find it by returning to the *eConsole* page and selecting *Maintain user profile* under *Account management*.

Undergraduate Student Research Awards (USRA)

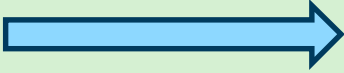
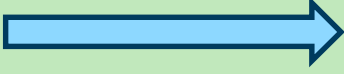
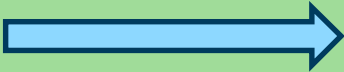
Tips for Applicants

If you select health as your Field of Research, and if you have not previously applied to NSERC, leave the field blank and a personal identification number (PIN) will be automatically assigned to you by the online system.

Contact your institution's USRA liaison officer (LO) if you have questions about the **institution's internal selection process** or **deadlines** for the program.

Refer to the [Instructions for completing an application](#) on how to use the online system.
Contact the online services helpdesk by sending an email to webapp@nserc-crsng.gc.ca or
by calling 1-888-603-4178

Canada Research Training Awards Suite (CRTAS)

Programs Discontinued	Level	Canada Research Training Awards Suite (CRTAS)
Canada Graduate Scholarships – Master’s	Master’s 	Canada Graduate Research Scholarship – Master’s (CGRS M) \$27,000 for 1 year
SSHRC Doctoral Fellowships	Doctoral 	Canada Graduate Research Scholarship – Doctoral (CGRS D) \$40,000 per year for 3 years
NSERC Postgraduate Scholarships		
CIHR Doctoral Foreign Study Award		
Canada Graduate Scholarships - Doctoral		
Vanier Canada Graduate Scholarships	Postdoctoral 	Canada Postdoctoral Research Award (CPRA) Program \$70,000 per year for 2 years
SSHRC Postdoctoral Fellowships		
NSERC Postdoctoral Fellowships		
CIHR Fellowship		
Banting Postdoctoral Fellowships		

Canada Research Training Awards Suite (CRTAS)

Key Points



International applicants are eligible to apply to doctoral and postdoctoral programs (up to 15% can be awarded at doctoral level and up to 20% at postdoctoral level)



Applicants who self-identify as Indigenous may be eligible for the Indigenous Scholar Awards and Supplements Pilot Initiative launched on the CGRS M, CGRS D and CPRA programs.



Applicants who self-identify as Black and provide consent to be considered for funds designated for specific groups may be selected to receive additional funds as part of the Government of Canada's [initiative to increase direct support for Black researchers](#).



A limited number of doctoral (up to 20%) and postdoctoral (up to 30%) awards are eligible to be held abroad (Canadian and permanent resident award holders only)



The Canada Graduate Scholarships Michael Smith Foreign Study Supplement (CGS MSFSS) program has been rebranded and the new program Canada Research Training Awards Suite – Research Travel Supplements (CRTAS-RTS) program was launched on April 10

Canada Research Training Awards Suite (CRTAS)

Key Tips : Selecting the Appropriate Agency

Apply to the agency best aligned with your research subject matter to ensure your application will be reviewed by experts in disciplines closest to your field(s) of study. For more information, see [Selecting the Appropriate Federal Granting Agency](#).

If you are applying to CIHR, consider the information on [CIHR's website](#).

If you are applying to NSERC, see the [Addendum to the guidelines for the eligibility of applications related to health](#), which has additional information and specific examples relating to subject matter.

If you are applying to SSHRC, see the information on SSHRC's [Subject Matter Eligibility](#) webpage.

If you are still unsure after consulting these resources, contact the relevant agencies.

It is your responsibility to select the funding agency that best suits your application. Applications submitted to the incorrect agency may be removed from the competition.

Canada Graduate Research Scholarship – Master’s (CGRS M)

Program Overview

The CGRS M program provides financial support to high-calibre scholars who are engaged in an eligible master’s or, in some cases, doctoral program in Canada. This support allows these scholars to concentrate more fully on their studies in their chosen fields.

Annual Stipend: \$27,000

Term: 1 year

Research portal opening: Early September 2026

Application Deadline: December 1, 2026 (8:00 pm ET)

For more information about this program:

[Canada Graduate Research Scholarship – Master’s program](#)

Email: CGRSM-BESRCM@cihr-irsc.gc.ca

Canada Graduate Research Scholarship – Master’s (CGRS M)

Key Notes

No change to deadlines, institutional process remains the same.

Without exception, CGRS M awards are tenable only at [eligible](#) Canadian institutions.

The first point of contact for the CGRS M program is the **faculty of graduate studies (or its equivalent) at the institution(s) where you intend to hold the award.**

The **faculty of graduate studies (or its equivalent)** at each institution is responsible for coordinating the selection process for the CGRS M applications.

You are **not eligible** to hold a CGRS M award from an institution **where you are not registered or where you have not applied for admission to an [eligible](#) program of study.** If you select an institution but have not met the above criteria, your application will be deemed ineligible for that institution.

At some institutions, the department selects the awards. The department you select in your application must be the same department for the program to which you will apply for admission. Otherwise, your application might not be considered.

Offers of awards will be available in the Research Portal as of April 1. Alternate offers may be made up until January 31 of the next calendar year. **It is your responsibility to regularly check the Research Portal between April 1 and January 31 for the results of the competition.**

NOTE: Health Professionals seeking a master’s degree can apply to the CGRS M program

Note: As the application deadline approaches, delays may occur due to a high volume of users on the Research Portal, which may prevent the timely submission of your application. It is your responsibility to strictly follow the instructions for completing an application. Requests to submit late applications will not be accepted.



CIHR | A Vision for a Healthier Future
IRSC | Une vision pour un avenir en santé

Canada Graduate Research Scholarship – Master’s (CGRS M)

Eligibility

Eligibility Criteria

Open to Canadian citizens, permanent residents of Canada or a Protected Person under subsection 95(2) of the Immigration and Refugee Protection Act (Canada).

Be registered in, have applied for, or will apply for full-time admission to an [eligible](#) graduate program (master’s or doctoral) that can be started within [eligible](#) start dates of the competition year at a Canadian institution with a CGS M allocation.

Have completed, as of December 31 of the year of application:

- between **0 and 12 months** of full-time studies (or full-time equivalent) in the program for which funding is requested; or,
- between **4 and 12 months** of full-time study (or full-time equivalent) in an eligible master’s program for which the degree requirements will be completed before activation of the award at that same institution, allowing it to be activated during the subsequent doctoral program for which funding is requested.

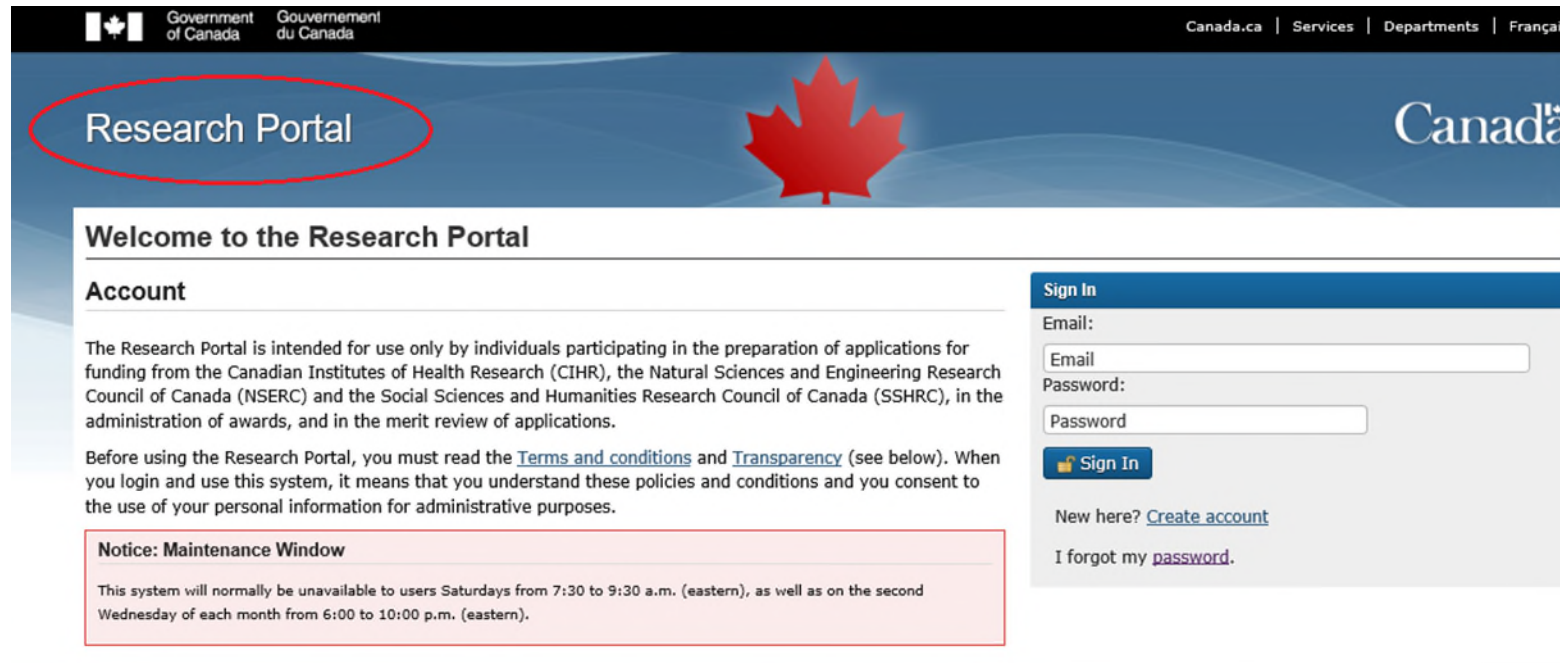
Have achieved a first-class average as determined by the host institution, in each of the last two completed years of study (full-time equivalent). Institutions may, at their discretion, accept CGRS M applications from individuals who have not obtained a first-class average.

This list is not exhaustive. Review the [program](#)’s literature for full list of eligibility requirements.

Canada Graduate Research Scholarship – Master's (CGRS M)

How to Apply

To apply to this funding opportunity, you are to submit an application via the [Research Portal](#), and **NOT ResearchNet**.

A screenshot of the Research Portal website. The header features the Government of Canada logo and the text "Government of Canada" and "Gouvernement du Canada". The navigation bar includes "Canada.ca", "Services", "Departments", and "Français". The main banner has a red maple leaf and the word "Canada". The "Research Portal" text is circled in red. Below the banner, the heading "Welcome to the Research Portal" is followed by an "Account" section. The "Account" section contains text about the portal's purpose and a "Notice: Maintenance Window" box. To the right, there is a "Sign In" section with fields for "Email" and "Password", a "Sign In" button, and links for "New here? Create account" and "I forgot my password".

Government of Canada / Gouvernement du Canada

Canada.ca | Services | Departments | Français

Research Portal

Welcome to the Research Portal

Account

The Research Portal is intended for use only by individuals participating in the preparation of applications for funding from the Canadian Institutes of Health Research (CIHR), the Natural Sciences and Engineering Research Council of Canada (NSERC) and the Social Sciences and Humanities Research Council of Canada (SSHRC), in the administration of awards, and in the merit review of applications.

Before using the Research Portal, you must read the [Terms and conditions](#) and [Transparency](#) (see below). When you login and use this system, it means that you understand these policies and conditions and you consent to the use of your personal information for administrative purposes.

Notice: Maintenance Window

This system will normally be unavailable to users Saturdays from 7:30 to 9:30 a.m. (eastern), as well as on the second Wednesday of each month from 6:00 to 10:00 p.m. (eastern).

Sign In

Email:

Password:

[Sign In](#)

New here? [Create account](#)

I forgot my [password](#).

Applicants should inform their selected references to consult the [Information for References](#) hosted on NSERC's web page for best practices and considerations as well as education about unconscious bias.

Canada Graduate Research Scholarship – Master’s (CGRS M)

Selection Criteria

Academic Excellence (50%)

As demonstrated by past academic results, transcripts, awards and distinctions

Indicators of academic excellence:

- academic record
- scholarships and awards held
- duration of previous studies
- type of program and courses pursued
- course load
- relative standing (if available)

Personal characteristics and interpersonal skills (20%)

As demonstrated by your past professional and relevant extracurricular interactions and collaborations

Indicators of personal characteristics and interpersonal skills:

- work experience
- leadership experience
- project management, including organizing conferences and meetings
- ability or potential to communicate theoretical, technical or scientific concepts clearly and logically in written and oral formats
- involvement in academic life
- volunteerism/community outreach

The merit review of CGRS M applications will be carried out by institutions with an allocation and will be based on the following evaluation criteria: Academic Excellence, Research Potential, and Personal Characteristics and Interpersonal Skills.

Research potential (30%)

As demonstrated by your research history, your interest in discovery, the proposed research, its potential contribution to the advancement of knowledge in the field and any anticipated outcomes

Indicators of research potential:

- quality and originality of contributions to research and development
- relevance of work experience and academic training to field of proposed research
- significance, feasibility and merit of proposed research
- judgment and ability to think critically
- ability to apply skills and knowledge
- initiative and autonomy
- research experience and achievements relative to expectations of someone with your academic experience

Canada Graduate Research Scholarship – Master’s (CGRS M)

Tips for Applicants

You must select the field of research (health, natural sciences and/or engineering, or social sciences and/or humanities). To apply through CIHR, you must select **health**.

If you select health as your Field of Research, you must also provide a CIHR Personal Identification Number (PIN). It takes up to one full working day to process your CIHR PIN Request. If you do not have a CIHR PIN by the application deadline, you may still submit an application in Research Portal.

You must contact the faculty of graduate studies (or its equivalent) at the selected institution(s) in your application to determine their requirements regarding official transcripts.

For **program-related information**, contact the Faculty of Graduate Studies (or its equivalent) at the institution(s) where you intend to hold the award.

For questions related to the Research Portal including matters related to the CCV and reference assessments: contact CIHR **at least 48 hours in advance of the deadline**.

Canada Graduate Research Scholarship – Master’s (CGRS M)

Indigenous Scholars Awards and Supplements Pilot Initiatives

- Provides financial support to meritorious Indigenous students (First Nations, Inuit and Métis) whose nations or communities are located in Canada and who have applied to the CGRS M program. Indigenous students who are successful in the CGRS M competition will be offered the Indigenous Scholars Supplement, valued at \$5,000, as available funding allows. To the limit of available funding, Indigenous Students on the alternate list will be offered an Indigenous Scholars Award valued at \$27,000 and an Indigenous Scholars Supplement valued at \$5,000.
- The [Tri-agency Policy on Indigenous Citizenship and Membership Affirmation](#) and the [associated directive](#) apply to these awards and supplements; successful applicants at SSHRC and NSERC must provide documentation as outlined in the Policy and Directive. CIHR may also collect additional information to validate eligibility. Each agency will communicate their requirements when award offers are made.
- For more information refer to the [Indigenous Scholars Awards and Supplements Pilot Initiative](#) web page.

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Program Overview

The CGRS D program recognizes and supports the next generation of outstanding innovators, knowledge workers, creative thinkers and researchers. By providing support for a high-quality research training experience to awardees, the program strives to foster impacts within and beyond the research environment.

Annual Stipend: \$40,000

Term: 3 years

Submission systems opening: Mid-July 2026

Institutional internal submission deadlines: set by institution

Institutional deadline to agency: November 23, 2026

Direct applicant submission deadline: October 19, 2026

Notes:

- Remember that each Canadian Institution may set an internal deadline in advance of CIHR. Consult with your Institution to find out about their internal deadline.
- If the deadline falls on a weekend, the deadline is set to the next business day before 8:00 p.m.
- CIHR will continue to have quotas for the CGRS D program. Each institution will review and submit their best applications to CIHR based on their quotas.

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Program Webpage (CGRS D)

The Canada Graduate Research Scholarship – Doctoral program (CGRS D) is available on a common landing page hosted on NSERC's website: [Canada Graduate Research Scholarship – Doctoral program](#)



Canada Graduate Research Scholarship – Doctoral (CGRS D)

Harmonized Eligibility Criteria
Have completed no more than 36 months of full-time equivalent study in your doctoral program. The PhD portion of your joint professional undergraduate/PhD program (such as MD/PhD, DVM/PhD), or your joint program (such as MA/PhD, MSc/PhD, MBA/PhD) for which you are requesting funding by December 31 of the calendar year of application.
Fast – track programs: If you were registered in a master’s program and subsequently transferred to a doctoral program (fast-track), the months of study completed are calculated starting from the date on which you were transferred into the doctoral program.
Joint programs: If you are registered in a joint program and a master’s degree is obtained as part of the program (for example, MA/PhD, MSc/PhD, MBA/PhD), the months of study are calculated starting from the date on which you officially registered in either portion of the joint program (including the master’s portion of the program).
Joint professional undergraduate/PhD programs: If you are registered in a joint professional undergraduate/PhD program (such as MD/PhD, JD/PhD, DVM/PhD), only the months of study in the PhD portion will be counted.
International applicants: If you are not a Canadian citizen, permanent resident of Canada, or a Protected Person under subsection 95(2) of the Immigration and Refugee Protection Act (Canada), you must be registered in your doctoral program of study at an eligible Canadian institution at the time of application. The number of awards available to international applicants will be up to 15% of the total number of awards.
Proposed location(s) of tenure: You may request to hold your CGRS D at any eligible Canadian degree-granting institution. To be eligible to hold your award at an international degree-granting institution you must: • Be a Canadian citizen, a permanent resident of Canada or Protected Person as of the application deadline; and • Have completed at least one previous undergraduate or graduate degree at a Canadian institution
*Up to 20% of all doctoral awards will be eligible to be held abroad.

NOTE: Health Professionals seeking a doctoral degree can apply to the CGRS D program



A Vision for a Healthier Future
Une vision pour un avenir en santé

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Harmonized Eligibility Criteria (cont'd)

The agencies count all studies toward the doctoral degree for which funding is requested, whether or not they were completed in the same program or at the same degree-granting institution.

An applicant who commenced studies in a doctoral program directly from an undergraduate program (i.e., never registered in a Master's program) must be registered in their doctoral program at the time of application - These applicants may be eligible to apply to the [CGRS M program](#) for their first year of doctoral funding.

Eligibility is based on the number of months of full-time study, including summer months, you completed toward the degree for which you are requesting funding by **December 31 of the calendar year of application**. Two terms of part-time study count as one term of full-time study.

Eligible doctoral program: must be predominantly research oriented, leading to the completion of a thesis, major research project, dissertation, scholarly publication, performance, recital and/or exhibit that is merit-reviewed by a panel of experts at the institution as a requirement for completing the program.

Joint programs: must have a significant autonomous research component as described above.

Applicants can apply to this funding opportunity a maximum of three times.
Applicants cannot have already received a doctoral-level scholarship from CIHR, NSERC or SSHRC.

Canada Graduate Research Scholarship – Doctoral (CGRS D)

How to Apply

REMINDER: Institutions may recommend an unlimited number of self-identified Indigenous applicants above their institutional quota (Optional).

Applicant's status at time of application	Citizenship status	Where to submit application
Currently registered in a degree program at a Canadian institution with a doctoral award quota.	Any	The Canadian institution at which the applicant is currently registered.
Currently registered concurrently at a Canadian institution with a doctoral award quota and at a foreign institution (e.g., in a cotutelle).	Canadian citizens, Permanent Residents, or Protected Persons of Canada	The Canadian institution at which the applicant is currently registered.
Not currently registered in a degree program but were registered at any other time during the calendar year of application in a degree program at a Canadian institution with a doctoral award quota.	Canadian citizens, Permanent Residents, or Protected Persons of Canada	The Canadian institution at which the applicant was registered in a degree program.
Currently registered at a Canadian institution without a doctoral award quota for the selected agency.	Any	Directly to the appropriate agency.
Currently registered at a foreign institution.	Canadian citizens, Permanent Residents, or Protected Persons of Canada	Directly to the appropriate agency.
Not registered at any time during the calendar year of application in a degree program at a Canadian institution with a doctoral award quota for the selected agency.	Canadian citizens, Permanent Residents, or Protected Persons of Canada	Directly to the appropriate agency.

***Degree definition:** A prescribed set of courses and accompanying requirements that lead to a degree.

Note: Applicants on an approved leave of absence from an institution are considered to be registered at that institution.

Canada Graduate Research Scholarship – Doctoral (CGRS D)

How to Apply (cont'd)

Applicants are strongly encouraged to review the *How to Apply* instructions before preparing their application. Application procedures are available on [NSERC's CGRS D landing page](#). CIHR-specific application instructions will be available in **July**—please check back for updates.

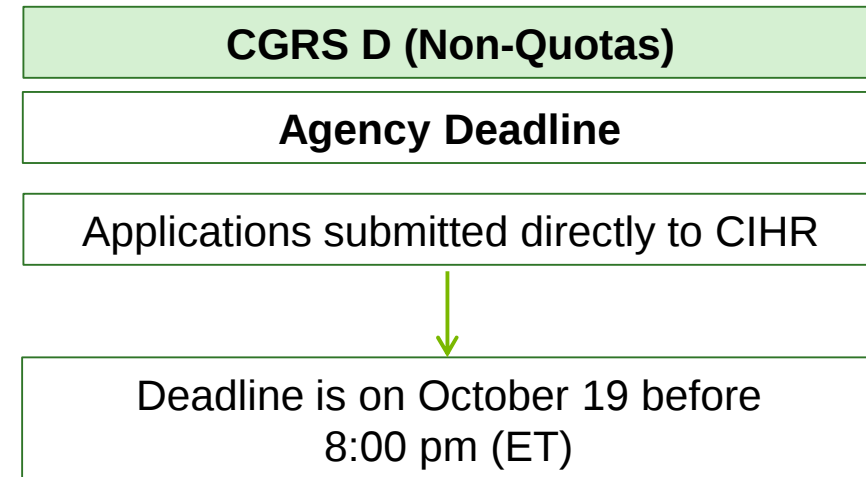
The "Institution Paid" field determines which organization will receive the application (Canadian institution with a quota or CIHR). Failure to submit an application through the correct channel, as described in the previous slide, will result in an application being rejected from the competition.

Value	\$40,000 per year
Duration	36 months
Tenure location	Eligible Canadian or international institutions
Application deadline	Through a Canadian institution: Contact your institution (often significantly earlier than the agency's deadline) Directly to the agencies: October 17
How to apply	See Application procedures below
Results announced	April 30
Application forms and instructions	• CIHR: ResearchNET and instructions • NSERC: Online system and instructions • SSHRC: Registration and login and instructions Application instructions and other links will be available in July

Subtasks	Enter Proposal Information - Details
✓ Overview	* Institution Paid <i>(required)</i>
✕ Details	 Other
✕ Descriptors	

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Application Deadline



Quota: Maximum number of applications an institution can forward to the agency. There could be an internal deadline in advance of the CIHR deadline.

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Selection Criteria

Research Potential (50%) (this will appear as Research Ability and Potential in ResearchNet)
Indicators of Research Potential: • Quality of research proposal • Demonstration of ability to carry out proposed research relative to expectations of someone with candidate's academic experience • Quality of contributions and extent to which they advance the field of research • Demonstration of sound judgment and ability to think critically • Integration of EDI considerations (if applicable) • Demonstration of responsible and ethical research conduct • Demonstration of research, originality, initiative, autonomy, relevant community involvement and outreach • The ability to communicate theoretical, technical and/or scientific concepts clearly and logically in written and oral formats
Relevant Experience and Achievements Obtained Within and Beyond Academia (50%)
Indicators of relevant experience and achievements obtained within and beyond academia: • Relevant training; such as academic training, lived experience and traditional teachings • Scholarships, awards and distinctions (amount, duration, and prestige) • Academic record; transcripts, duration of previous studies, program requirements and courses pursued, course load and relative standing in program (if available) • Professional, academic and extracurricular activities and collaborations with supervisors, colleagues, peers, students and members of the community

Canada Graduate Research Scholarship – Doctoral (CGRS D) Sponsor Assessments

Doctoral applicants should choose sponsors that know them well enough to be able to:

- ✓ assess their potential
- ✓ provide specific examples of their behaviour with respect to **each** characteristic on the sponsor assessment form

Applicants are responsible for instructing their selected sponsors to consult the [Information for sponsors](#) web page for useful tips.

It is the applicant's responsibility to follow up with sponsors to ensure the assessments are submitted prior to the deadline date based on the required channel of application submission



Important:

Applicants are responsible for managing the deadline date by which sponsors must submit their assessments.

By default, the Sponsor Required Deadline in ResearchNet is set for two days before the application deadline for quota institutions to submit their applications to CIHR.

However, applicants must adjust this to a date prior to their specific application deadline date based on their required channel of application submission.

Access a PDF version of the [Sponsor Assessment form](#) to help you better understand what it consists of.

Canada Graduate Research Scholarship – Doctoral (CGRS D)

Indigenous Scholars Awards and Supplements Pilot Initiatives

- Provides financial support to meritorious Indigenous students (First Nations, Inuit and Métis) whose nations or communities are located in Canada and who have applied to the CGRS D program. Indigenous students who are successful in the CGRS D competition will be offered the Indigenous Scholars Supplement, valued at \$5,000, as available funding allows. To the limit of available funding, Indigenous Students on the alternate list will be offered an Indigenous Scholars Award valued at \$40,000 and an Indigenous Scholars Supplement valued at \$5,000.
- The [Tri-agency Policy on Indigenous Citizenship and Membership Affirmation](#) and the [associated directive](#) apply to these awards and supplements; successful applicants at SSHRC and NSERC must provide documentation as outlined in the Policy and Directive. CIHR may also collect additional information to validate eligibility. Each agency will communicate their requirements when award offers are made.
- For more information refer to the [Indigenous Scholars Awards and Supplements Pilot Initiative](#) web page.

Canada Graduate Research Scholarship – Doctoral (CGRS D) and Priority Announcements (PAs)

Tentative 2026 CIHR Doctoral Program PAs:

Priority Announcements (PAs) offer additional sources of funding for highly rated applications that are relevant to specific CIHR research priority areas and are not funded through the open Doctoral competition.

- ✓ Bioinformatics and Computational Biology
- ✓ First Nations, Inuit, Métis, and/or Urban Indigenous Health, Artificial Intelligence, and Data Sovereignty
- ✓ Interdisciplinary Pillar 4 Research in Neurosciences, Mental Health and Addiction
- ✓ Sex and Gender in Health Research

Applications are submitted through the CGRS D competition.

Applicants may select up to 3 Priority Announcements.

All CIHR CGRS D application instructions apply, in addition to the submission of a Relevance Form*.



In the relevance form, applicants must clearly indicate the relevance of their proposal for each of the Priority Announcement(s) that have been selected.

All applications to CGRS D PAs will be reviewed for relevance to the specific priority areas.

Canada Postdoctoral Research Award (CPRA) Program

Program Overview

This program aims to foster the development of research skills and assist in the training of highly qualified personnel by supporting outstanding postdoctoral and post-health professional researchers [in all areas of health research](#), to add to their experience by engaging in health research either in Canada or abroad. It aims to do so by providing funding and flexibility needed to contribute to building world-class research capacity and drive Canada’s prosperity and competitiveness.

NOTE: This award is not intended for students (including [health professionals](#)) to complete a degree or related internship.

Annual Stipend	\$70,000
Term	2 years
Submission systems opening	Mid-July 2026
Submission deadline	CIHR : September 16, 2026
	NSERC : October 17, 2026
	SSHRC : September 10, 2026

Canadian Institutions may have [internal deadlines](#) ahead of CIHR's.

Canada Postdoctoral Research Award (CPRA) Program

Key Notes

This program provides support for highly qualified applicants [in all areas of health research](#) at the post-PhD degree or post-health professional degree stages to add to their experience by engaging in health research either in Canada or abroad.

- ✓ This award is not intended for students (including [health professionals](#)) to complete a graduate degree or related internship
- ✓ Can be held in Canada or outside of Canada (limited number)
- ✓ You can apply a maximum of three times to this funding opportunity.

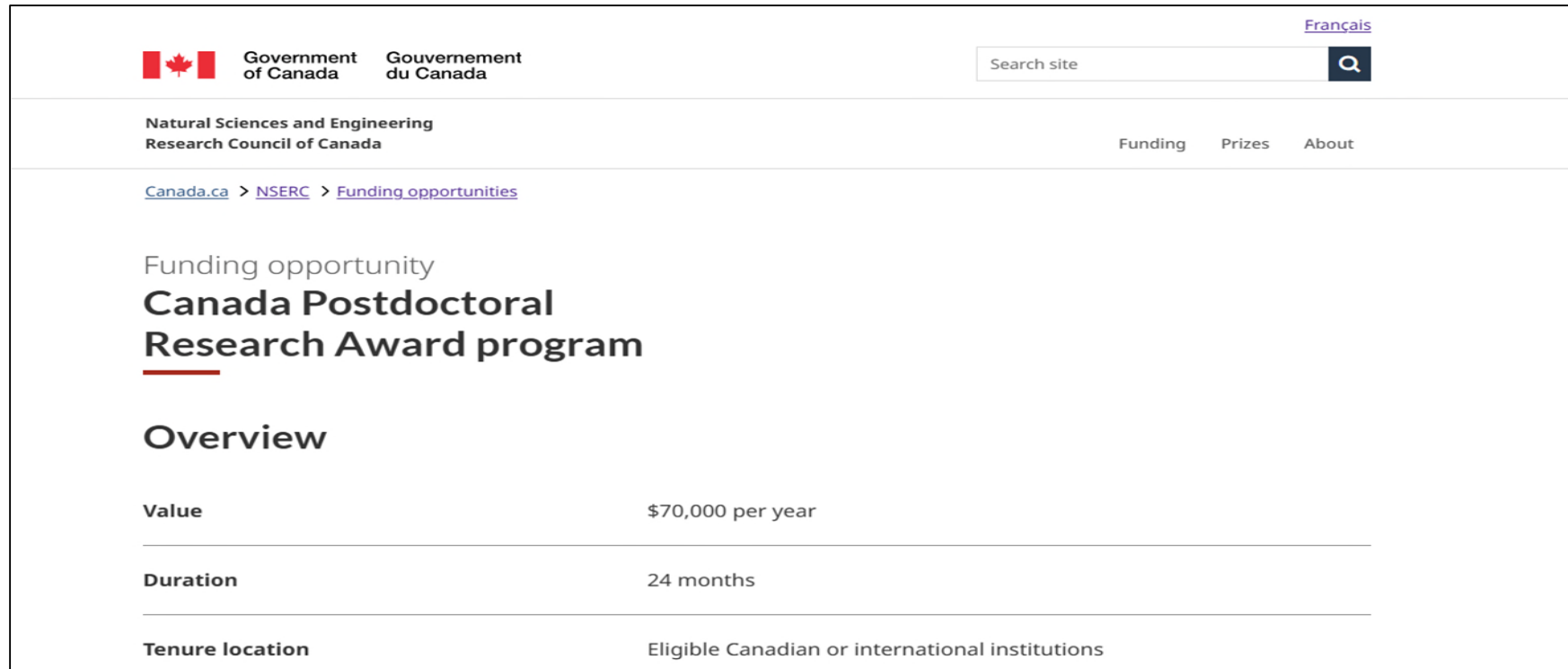
Intended to support:

- o PhD holders pursuing a Post-PhD
- o Health Professionals pursuing research training
- ✓ PAs offer additional sources of funding for highly rated applications that are relevant to specific CIHR research priority areas
- ✓ The [Canada Postdoctoral Research Awards programs \(CPRA\)](#) online systems will be opening in summer 2026.
- ✓ Funding is available for [Postdoctoral researchers](#) and [Health professionals](#) in Canada and outside of Canada.

Canada Postdoctoral Research Award (CPRA) Program

Program Webpage (CPRA)

The Canada Postdoctoral Research Award program is available on a common landing page hosted on NSERC's website:
[Canada Postdoctoral Research Award program](#)



The screenshot shows the official webpage for the Canada Postdoctoral Research Award program. At the top, there is a header with the Government of Canada logo and a search bar. Below the header, the page is titled "Funding opportunity" and "Canada Postdoctoral Research Award program". A breadcrumb trail indicates the path: Canada.ca > NSERC > Funding opportunities. The main content area is titled "Overview" and contains a table with the following information:

Value	\$70,000 per year
Duration	24 months
Tenure location	Eligible Canadian or international institutions

Supervisor's CV are not a requirement, although at least one primary supervisor must still be identified as part of the application.

Canada Postdoctoral Research Award (CPRA) Program

Program Webpage (CPRA)

In addition to the harmonized program description hosted on NSERC's website, applicants have access to various information and useful links located on the [CIHR Health Research Training Award Programs website](#).

Undergraduate students	Master's students	Doctoral students	Post-doctoral/-degree researchers	Multi-stage and transition awards	CIHR Institute initiatives
------------------------	-------------------	-------------------	--	-----------------------------------	----------------------------

All Postdoctoral training awards offered by CIHR (including through CIHR Institutes) can be accessed through [CIHR's grants and awards database](#).

i Canada Postdoctoral Research Award (CPRA) program

The Canada Postdoctoral Research Award (CPRA) program recognizes and supports the next generation of outstanding innovators, knowledge workers, creative thinkers and researchers at a pivotal time in their careers. The program provides funding and flexibility, empowering Canadian and international leaders in innovation and scholarship of tomorrow to develop the skills to build world-class research and drive Canadian prosperity and competitiveness.

Useful links:

- [Canada Postdoctoral Research Award \(CPRA\) program - ResearchNet Funding Opportunity](#)
- [Canada Postdoctoral Research Award \(CPRA\) program - Application instructions](#)
- [Canada Postdoctoral Research Award \(CPRA\) program – Frequently Asked Questions](#)
- [CIHR Reviewers' Guide for the Canada Postdoctoral Research Award \(CPRA\) program](#)
- [Peer Review Committees and Mandates – Canada Postdoctoral Research Award](#)
- [Information for Sponsors](#)
- [Individual Development Plans](#)
- [Tri-agency Research Training Award Holder's Guide](#)
- [List of CIHR-eligible health professions](#)

Peer review opportunity



CIHR invites postdoctoral researchers to participate as peer reviewers for the Canada Graduate Research Scholarship – Doctoral (CGRS D) competitions. Interested postdoctoral researchers are encouraged to visit the Postdoctoral researcher tab on the [Reviewer Pathway](#) webpage for more information and contact details for the PDF Review Program.

It is strongly suggested that you familiarize yourself with the information contained in these links to increase the chance of success for your application.

Canada Postdoctoral Research Award (CPRA) Program

Harmonized Eligibility Criteria

The applicant must be a [trainee](#). **Note:** For the purpose of this funding opportunity, candidates cannot hold or be on leave from a tenure-track or tenured faculty position.

Applicant must hold or expect to hold a doctoral or health professional degree before the start date of their award.

Applicant must have completed all requirements of their doctoral or health professional degree no more than three years before September 1 of the year in which they are applying.

As of the application deadline, Canadian citizens, permanent residents of Canada or Protected Person under subsection 95(2) of the *Immigration and Refugee Protection Act* (Canada) are eligible to hold awards in Canada or outside of Canada*; International applicants are eligible to hold awards in Canada.

**Up to 30% of all postdoctoral awards will be eligible to be held abroad*

International locations of tenure, applicant must have completed their doctoral or health professional degree at a Canadian institution

As of the application deadline, International* applicants must be currently registered in or have completed a doctoral or health professional degree at a Canadian institution, or they must be conducting postdoctoral research and/or post-health professional research at a Canadian institution

**Up to 20% of postdoctoral awards will be available to international applicants*

Canada Postdoctoral Research Award (CPRA) Program

Harmonized Eligibility Criteria (Cont'd)

Applicants can apply to only one CRTAS program per academic year to either CIHR, NSERC or SSHRC. If you apply to more than one program, only the first eligible application submitted to the agencies will be retained.

Applicants can apply a maximum of three times to this funding opportunity.

Applicants cannot have already received a postdoctoral award from CIHR, NSERC or SSHRC

Applicants must complete one of the three [CIHR interactive modules on sex and gender in research](#)

Priority Announcements (PA): Each PA may have specific requirements in addition to the relevance form. Please read carefully to ensure eligibility.

An eligible postdoctoral research program **must be** predominantly research orientated.

For more information, visit [Canada Postdoctoral Research Award Program page](#)

Canada Postdoctoral Research Award (CPRA) Program

How to Apply

To complete the application process, see the appropriate agency's website and instructions, which will be linked from the [CPRA common landing page](#):

Application forms and instructions	• CIHR: ResearchNET and instructions • NSERC: Online system and instructions • SSHRC: Registration and login and instructions
---	---

- ✓ Applications must be complete and meet all eligibility criteria to be considered
- ✓ You must submit your application electronically through the relevant agency's platform. All referees/references, institutional nominators, etc., must use the appropriate online application system to submit their supporting letters before the deadline.
- ✓ If you need help while preparing your application, write to the appropriate program contact well before the application deadline.

Canada Postdoctoral Research Award (CPRA) Program

Selection Criteria

Research Potential and Experience (50%)	Quality of Proposed Research Program (50%)
• Honours Awards and Academic Distinctions • Research Related Contributions and Activities • Sponsor's Assessment of the Applicant's Characteristics and Abilities	• Training Expectations • Proposed Research Project • Research Training Environment

Applicants should consult the [Selection Criteria](#) on the website for more detailed information.

Canada Postdoctoral Research Award (CPRA) Program

Tips on Application Tasks

Task	Useful Information
Identify Participants	• In addition to yourself, you must also identify a supervisor in the role of “Primary Supervisor”. • You may identify an additional supervisor in the role of “Supervisor”. • CV is not required for the supervisor(s).
Identify Sponsors	• Two (2) sponsor assessments are required. • Applicants can manage the deadline by which sponsors must submit their assessment. • Refer your sponsors to the Information for Sponsors web page, so they can follow best practices and limit unconscious bias.
Enter Proposal Information	• It is important to justify if a research proposal exceptionally lacks sex and gender considerations. • Carefully read instructions related to Training Expectations and Research Project Summary sections, as they align with the evaluation criteria. * Note: Page allowance varies depending on official language selected. ➤ <i>Training Expectations written in English : 2 pages</i> ➤ <i>Training Expectations written in French : 2.5 pages</i> ➤ <i>Research Project Summary in English: 1.5 pages</i> ➤ <i>Research Project Summary in French: 2 pages</i>

Familiarize yourself with the
[Application Procedures](#)

Important : For applicants who intend to hold their award at a Canadian Institution, applications will be electronically directed to the Institution Paid for review and approval. The Institution Paid must be entered as early as possible to view the institutional internal deadline in ResearchNet.



Canada Postdoctoral Research Award (CPRA) Program

Tips on Application Tasks (cont'd)

Task	Useful Information
Attach Other Application Materials (Mandatory)	• Complete the “Fulfillment of degree requirements” form • Complete the “NPA Status and Confirmation of Scientific Area” form • Attach “Proof of Citizenship” • Complete the CIHR interactive module on sex and gender in research that applies to your project.
Apply to Priority Announcements (Optional)	• Priority Announcements increase chances of funding success if the application is relevant to a specific CIHR research area and it is not funded through the CPRA program.
Supplemental Application Information (Optional)	• Complete the CPRA Indigenous Affirmation form



Templates provided for the forms, such as the *Fulfillment of degree requirements Form*, **are mandatory** and cannot be replaced by free-format documents or other alternatives AND must be signed by the designated authorized individuals.

Canada Postdoctoral Research Award (CPRA) Program

Tips on Application Tasks (cont'd)

Task	Useful Information
Print/Upload Signature Pages	• Supervisor(s) signatures are required. • Institutional signatures are not required at time of application. • All three (3) pages of the document must be uploaded as part of the application prior to submission.
Preview	• Ensure consistency between the various sections of the application. • Show the complete application to your supervisor and other researchers for feedback.
Consent and Submit	• Applicant must make sure that your signature pages include the proposed supervisor and co-supervisor (if applicable), the Institution which will administer projects funds (Institution Paid) and the Primary location where research to be conducted (Research Institution) • Applicants must review the terms listed and respond to the questions regarding consent in order to submit their application • Note: It is highly recommended that applicants submit their application well ahead of the CIHR deadline. If the applicant's institution is part of eApproval, their institution's research office may return the application to the applicant with comments or questions. Consult the Research Grants Office or the Faculty of Graduate Studies of your institution.



Applicants may submit their application in the official language of their choice.



CIHR | A Vision for a Healthier Future
IRSC | Une vision pour un avenir en santé

Sponsor Assessment for CPRA– What you need to know

Choose individuals that know you well enough.

It is important to understand that each program has its own specific instructions. Sponsors must provide concrete examples of the applicant's behaviour in relation to **each** requirement.

Applicants are responsible for instructing their selected sponsors to consult the [Information for sponsors](#) web page for useful tips.

- ✓ Applicants are responsible for managing the deadline date by which sponsors must submit their assessments.
- ✓ By default, the Sponsor Required Deadline in ResearchNet is set for two days before the application deadline to submit applications to CIHR. However, applicants may adjust this date and set it to any time before their application deadline.



Consult the [Sponsor Assessment](#) form in a PDF format for more information.

Canada Postdoctoral Research Award (CPRA)

Indigenous Scholars Awards and Supplements Pilot Initiatives

The Indigenous Scholars Awards and Supplements Pilot Initiative provides financial support to meritorious Indigenous postdoctoral researchers (First Nations, Inuit or Métis) whose nations or communities are located in Canada and who have applied to the CPRA program. To the limit of available funding, Indigenous postdoctoral researchers who are successful in the CPRA competition will be offered the Indigenous Scholars Supplement valued at \$10,000 for one year. Additional CPRA awards and supplements may be offered to select meritorious applicants who were not yet offered an award in this competition

The [Tri-agency Policy on Indigenous Citizenship and Membership Affirmation](#) and the [associated directive](#) apply to these awards and supplements; successful applicants at SSHRC and NSERC must provide documentation as outlined in the Policy and Directive. CIHR may also collect additional information to validate eligibility. Each agency will communicate their requirements when award offers are made.

For more information refer to the [Indigenous Scholars Awards and Supplements Pilot Initiative](#) web page.

Canada Postdoctoral Research Award (CPRA) Program and PAs

2026 CIHR Postdoctoral Research Award PAs:

Objective

Priority Announcements (PAs) offer additional sources of funding for highly rated applications that are relevant to specific CIHR research priority areas and are not funded through the open competition

- ✓ Aging
- ✓ Sex and Gender in Health Research
- ✓ The Mach-Gaensslen Foundation

Applications are submitted through the CPRA competition.

All CIHR CPRA application instructions apply, in addition to the submission of a Relevance Form*.

Relevance Form*

- Applicants **must clearly** indicate in the Relevance Form which of the specific research priority areas listed above (up to 3) they are applying to.
- All applications to CPRA PAs will be reviewed for relevance to the specific priority areas.

Canada Research Training Awards Suite – Research Travel Supplements (CRTAS-RTS) program

The CRTAS-RTS provide additional funding to active master's and doctoral award holders to help offset the costs of undertaking research travel for a defined period.

Eligible programs include:

- Canada Graduate Research Scholarship - Master's (CGRS M)
- Canada Graduate Research Scholarship - Doctoral (CGRS D)
- Canada Graduate Scholarships - Master's (CGS M)
- Canada Graduate Scholarships – Doctoral CGS D)
- CIHR Doctoral Foreign Study Award
- Vanier Canada Graduate Scholarships
- NSERC Postgraduate Scholarships - Doctoral program
- SSHRC Doctoral Fellowships program).

Value	\$9,000
Duration	2 to 6 months
Launch	April 10
Deadline	June 10, 2026 (if applicable, October 10, 2026)

You must start your research travel:

- ☐ during an active master's or doctoral award
- ☐ within one year of receiving the notice of award for a CRTAS-RTS

Note: Supplements will be awarded on a first-come, first-served basis.

For more information refer to [CRTAS-RTS program](#) web page.

Strategic Master's Award

Value	\$27,000
Duration	12 months
Launch	Fall 2026
Deadline	January 2027 (TBD)

Overview

These awards provide financial support to students who are enrolled in or have applied to an eligible master's program in Canada that is relevant to a specific CIHR priority research area.

Candidates are expected to demonstrate high potential in undergraduate and early graduate studies.



Eligibility

By the application deadline, the Applicant must:

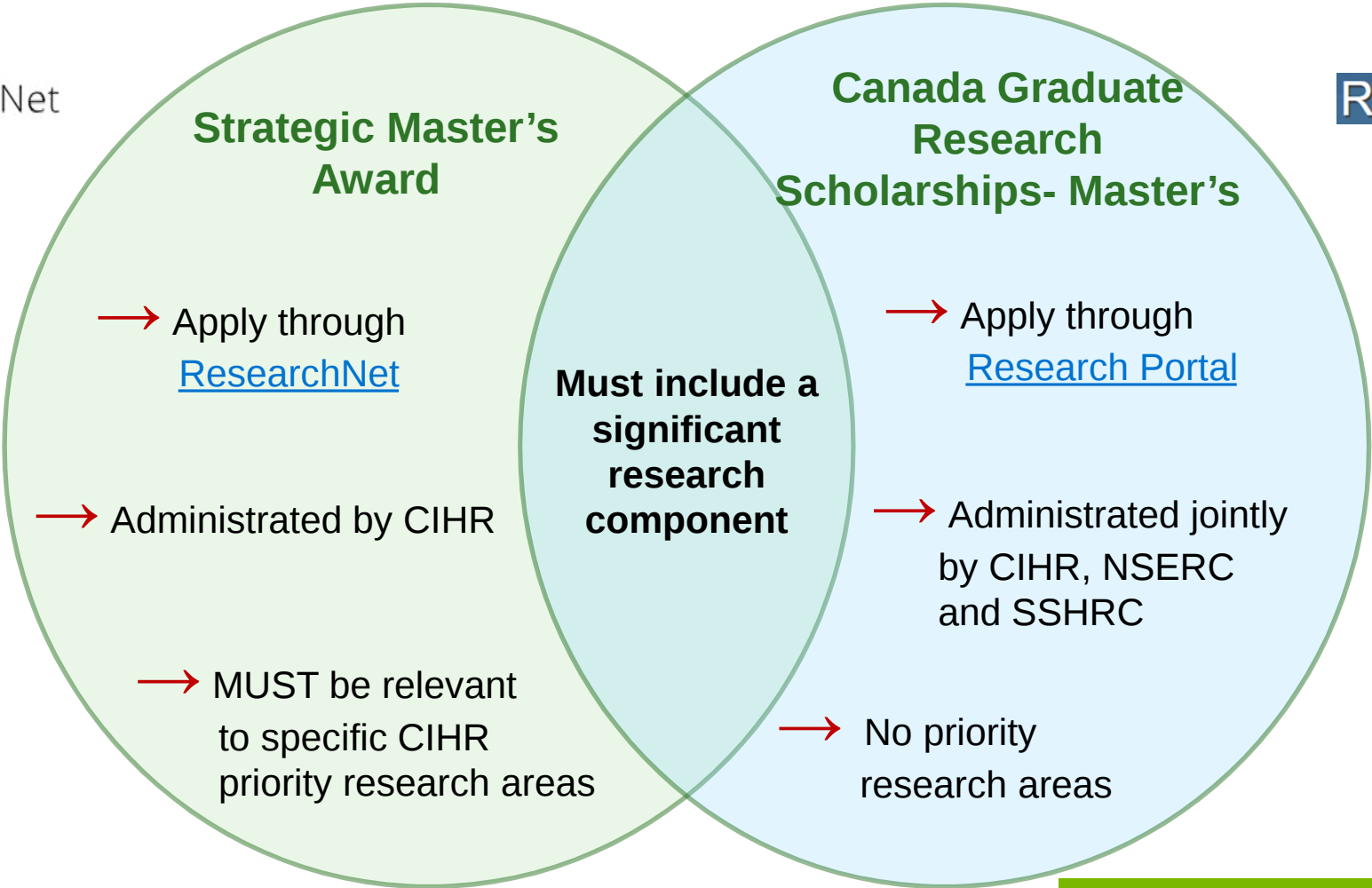
- be a Canadian citizen, Permanent resident of Canada or a *Protected Person*.
- be enrolled in or have applied for full-time admission to an eligible master's program of study at a Canadian Institution that must be [authorized to administer CIHR funds](#).
- identify a [primary supervisor](#) on the application. The primary supervisor must be affiliated with the institution where the applicant's master's studies will be conducted.
- have completed, as of December 31, 2026, a maximum of **18 months** of full-time studies (or full-time equivalent) with a **minimum of 12 months of study remaining** upon award activation for which funding is requested.
- Applicants may also submit an application to the CGRS Master's program (from either CIHR, NSERC or SSHRC), but cannot hold both awards.

Strategic Master's Award

Differences and Similarities



Research Portal



Stay tuned for the two program launches and consult the details, posted under the "Master's students" tab on the [CIHR Health Research Training Award Programs webpage](#).

Health System Impact Fellowship

The Health System Impact (HSI) Fellowship provides an embedded research opportunity for highly qualified **doctoral trainees** and **Postdoctoral researchers** studying health services and policy research or related fields, for them to:

- develop their embedded research experience
- apply their research and analytic talents to critical health system challenges that are being addressed by health system organizations outside of the traditional university setting, and
- develop and expand professional experience, enriched core competencies skills, and networks.



Program's core elements

- Embedded in a health system organization
- Impact-oriented project(s) of high priority to health system organization
- Mentorship (from health system & academic leaders)
- Emphasis on [Enriched Core Competencies](#) (supported with a professional development training allowance & Health System Impact Training Platform)
- Protected academic time
- [National Cohort](#) (to build community & connect with other postdoctoral researchers, leaders & mentors)

Award Value & Duration

Doctoral Stream: \$50,000 (1 year)

- Stipend: \$45,000/year
- Research Allowance: \$5,000/year

Postdoctoral stream: \$155,000 (2 years)

- Stipend: \$70,000/year
- Research Allowance: \$7,500/year

Useful resources

- [Health System Impact \(HSI\) Program](#)
- For reference: [2025 CIHR Health System Impact Fellowship Funding Opportunity](#)

Timelines

Launching this Fall 2026.

*A similar funding opportunity exists for [Early Career Researchers](#), which launches biennially.

Research Excellence, Diversity, and Independence Early Career Transition Award (REDI)

Application Deadline: 16 JUNE 2026

Funds Available

\$34.5M to fund approximately 50 awards and 50 Community Engagement Supplements

1 General and 14 specific funding pools across CIHR's mandate

Eligibility

Be a **trainee** such as a post-doctoral researcher, a clinician, or a PhD-holding research associate

Must self-identify with at least one of the following groups: **Black (any gender), racialized women or racialized gender-diverse people, or First Nations, Inuit, or Métis**

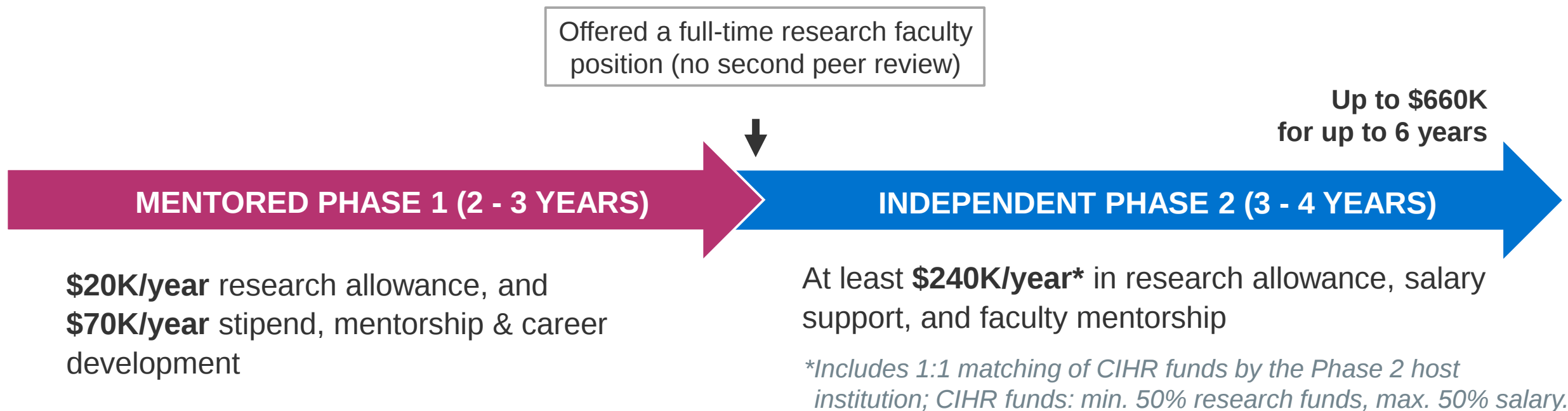
Sponsors

15 Internal (CIHR): III, IIPH, CIHR (general), IA, ICR, ICRH, IGH, IHSPR, IHDCYH, IMHA, INMHA, INMD, IPPH, CRPPHE, HIV/AIDS & STBBI RI

2 Non-gov: Heart & Stroke Canada, Breakthrough T1D Canada

More information - ResearchNet | [Link](#)

REDI Overview



NEW: Phase 1 & 2: Applicants can request a \$5K/year **Community Engagement and Knowledge Mobilization (KM) supplement** for outreach, engagement, collaboration and knowledge mobilization with Indigenous, Northern, or underrepresented communities relevant to their research or knowledge mobilization activities.

Other Useful Information



Sponsor Assessment and Letter of Support – What to know

It is important to understand that each program has its own specific instructions. Sponsors must provide concrete examples of the applicant's behaviour in relation to **each** requirement.

Applicants should choose individuals that know Them well enough.

Applicants are responsible for instructing their selected sponsors to consult the [Information for sponsors](#) web page for useful tips.

- Examples of best practices and considerations:
 - Demonstrate precision and accuracy to support your points
 - Use gender-neutral terms and formulations
 - Use superlative descriptors judiciously and only when justified
 - Use inclusive language
 - Etc.



An important reminder that, regardless of the submission method (***sponsor Assessment submitted through ResearchNet*** and/or ***letter of support provided to applicants*** to include in their application package), the submission deadline must be respected; otherwise, the application will be removed from the competition.



Restrictions

Can I submit an application to more than one funding agency?

No

Applicants can apply to only one program per academic year to either:

- Canadian Institutes of Health Research (CIHR)
- Natural Sciences and Engineering Research Council of Canada (NSERC)
- Social Sciences and Humanities Research Council of Canada (SSHRC)

This restriction also applies to the Canada Graduate Research Scholarships – Master (CGRS M) competition, even if the platform used is the Research Portal, and not ResearchNet.



Can I submit an application to more than one CIHR competition



If more than one application is submitted, whether to different funding agencies or to multiple CIHR competitions, only the first application submitted will be retained, unless an exception applies*.

*** Example of an exception:**

The CGRS-M and CIHR Strategic Master's Award programs are distinct; applicants may apply to both but may accept only one award.

General Tips for Applicants

Incomplete or late applications will NOT be accepted.



Applicants are encouraged to...



Start several weeks before the deadline



Work on the research proposal in collaboration with your supervisor



Ensure alignment with current guidelines



Proofread your application (grammar and spelling)



Show the complete application to your supervisor and other researchers for feedback



Obtain the CCV confirmation number from your supervisor(s) to attach their CCV to the application, if applicable



Ensure consistency between the various sections of your application



Ensure that the overall goal of the project is clearly explained

General Tips for Applicants (Cont'd)

Applicants are encouraged to...



Use full page allowances and/or characters limits



All ResearchNet tasks must be listed as complete in order to allow successful application Submission



Do not wait until the last minute to submit your application!



Submit CCV well before the competition deadline, as peak-period processing delays may prevent successful application submission.

Have you collected all required signatures?

- ☐ Why don't you have a second look at your "Signature Pages" prior to uploading it to your application...?

Did you know that missing signatures are one of the most common reasons applications are rejected?



Reasons for Ineligible Applications – TOP 5



These are amongst the most common reasons applications are deemed ineligible.

❑ Signatures

- Missing supervisor(s) signature(s)
- One or more Signature page (3 in total) – 3 is missing entirely
- Signature provided is not the one required
- Letter of support is not signed
- Dedicated fillable forms are not signed accordingly

❑ Exceed the eligibility window

- Gaps in the chronology of experience not provided, either by filling specific section of the CV or dedicated section in the application (consult Program specific application instructions)

❑ How to Apply

- Bypassing of the [eApproval process](#) (CGRS D and CPRA programs)
- Missing the direct application deadline (CGRS D program)
- Applying directly VS through a quota institution (CGRS D program)

❑ Transcript(s)

- Transcripts are either incomplete or missing altogether
- Transcript is printed from the applicant's personal institution account (some exceptions may apply – e.g. CGRS D)

❑ Dedicated fillable forms are incomplete

- Sections of the forms are left incomplete
- Wrong form is provided
- Scientific area for the application is not provided
- Outdated form is provided
 - Instructions to avoid problems with our forms:
 - Clear your browser cache before downloading a form. When forms are updated, your browser may still open an older version if the cache isn't cleared.
 - Use [Adobe Acrobat Reader 10 or higher](#) to open the file. Make sure to open it on a computer, not on a tablet or mobile phone.



Do you know that most issues are preventable if applicants follow instructions and carefully verify their documents before submission?

Artificial Intelligence (AI)



- ❑ Use of online generative AI tools present risks to both applicants and reviewers
 - Questions of research integrity, plagiarism, invalid authorship
 - Inaccuracies in the outputs
 - Lack of transparency around where data is stored and how it's used
 - Systems being trained with data that users have not explicitly provided



- ❑ According to the [Guidance on the use of Artificial Intelligence](#), applicants must:
 - Ensure that information included in their applications is true, accurate and complete;
 - Ensure that all sources are appropriately acknowledged and referenced
 - State if and how generative AI has been used in the development of their application
 - Follow specific instructions, which will be provided for each funding opportunity as they become available

Training Resources



Information and Resources for Trainees

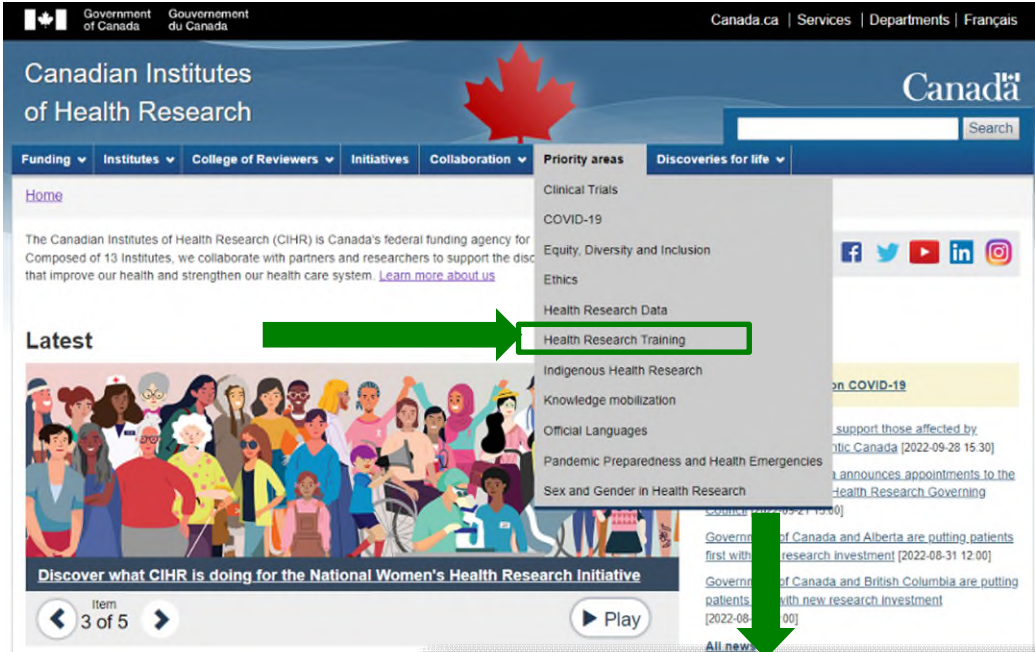
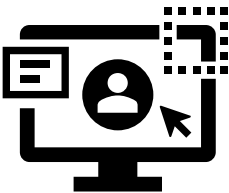
[Training Main Page](#)

[Award Programs and Initiatives](#)

[Training Resources](#)

[Training Tools](#)
(under Training Resources)

[Strategies and Policies](#)





[Award Programs and Other Health Research Training Initiatives](#)
Read about and apply for CIHR and tri-agency award programs and health research training-related initiatives.



[Training Resources \("Career Hub"\)](#)
CIHR's "Career Hub" has tools and resources to enhance your career prospects in diverse fields, and to learn mentoring best practices.



[Strategies and Policies](#)
Read about the strategies and policies that explain CIHR's commitments to supporting and enhancing training in the health research enterprise.



[Stakeholders and Collaborators](#)
Learn about various groups supporting health research training in Canada and who CIHR is working with to ensure that Canada is developing the next generation of leaders.

CIHR Training Modules

CIHR has created a **series of [research training modules](#)** to ensure trainees and postdocs are aware of and can integrate emerging practices to advance rigorous and responsible research.



Global Health Research Training Module



Sex and Gender Considerations



Research Involving First Nations, Inuit, and Métis Peoples of Canada



Bias in Peer Review Training Modules



The TCPS2 Tutorial Course on Research Ethics



CIHR Research Data Management (RDM) Learning Module



Ethics in Research: A Science Lifecycle Approach

Individual Development Plans

CIHR encourages the use of Individual Development Plans (IDPs) to **empower trainees and postdocs** to prepare for the career(s) of their choice.

✓ What are Individual Development Plans (IDPs)?

IDPs help individuals to prepare for their career by encouraging exploration and the identification of career goals and the intentional planning of short and long-term strategies to attain these goals.



✓ 5 steps to develop and complete an effective IDP



For more information on how to fill out an IDP, check out the [CIHR IDP webpage](#) for useful resources, including:

- ❑ [IDP tip sheet](#)
- ❑ [IDP learning modules](#) (for trainees and mentors)
- ❑ [CIHR IDP Form](#)

*** Alternate IDP forms may exist at your university*

Benefits of IDP Use

Active career management, such as using the IDP tool, has been shown to:



Decrease time to degree completion



Increase success in securing research funding (e.g., scholarships and awards)



Enhance access to career advice



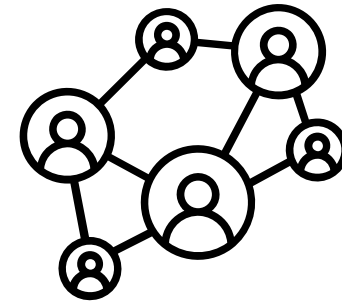
Create better career outcomes for trainees



Lead to higher career satisfaction

Learn more about the benefits of IDPs for:

- [Trainees](#)
- [Mentors](#)
- [Canadian Economy](#)



The Reviewer Pathway Program

The College of Reviewers has developed a comprehensive suite of [Programs to support peer review](#) across career stages, expertise and backgrounds.



college@cihr-irsc.gc.ca

Equity, Diversity and Inclusion at CIHR



Equity, Diversity and Inclusion at CIHR: Self-Identification



CIHR is committed to ensuring that its programs and peer review processes result in the fair and impartial treatment of all participants.



Reliable and comparable data is essential to identify, track and monitor equitable access to research funds.

- *Data collection has been harmonized across the Tri-Agencies*



Applicants, peer reviewers and participants in the Reviewer Pathway programs are required to complete the self-identification questionnaire.



The questionnaire covers eight dimensions: age, gender identity, sexual orientation, Indigenous identity, visible minority, population group, disability and language.

- *Each question has an “I prefer not to answer” option*



Data can be used to design and monitor measures and programs, determine eligibility for select funding opportunities, implement funding equalization measures, recruit peer reviewers, and for reporting purposes.

Self-Identification Questionnaire



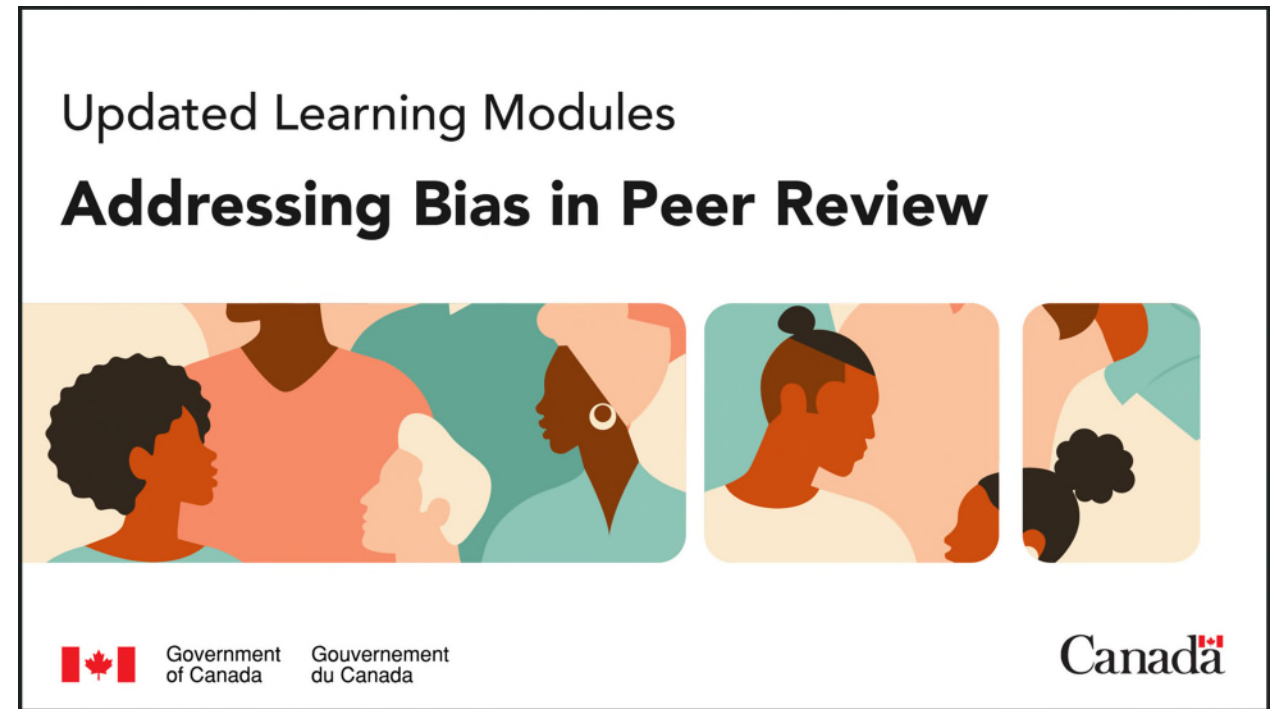
Links

You are invited to view more information using the following links:

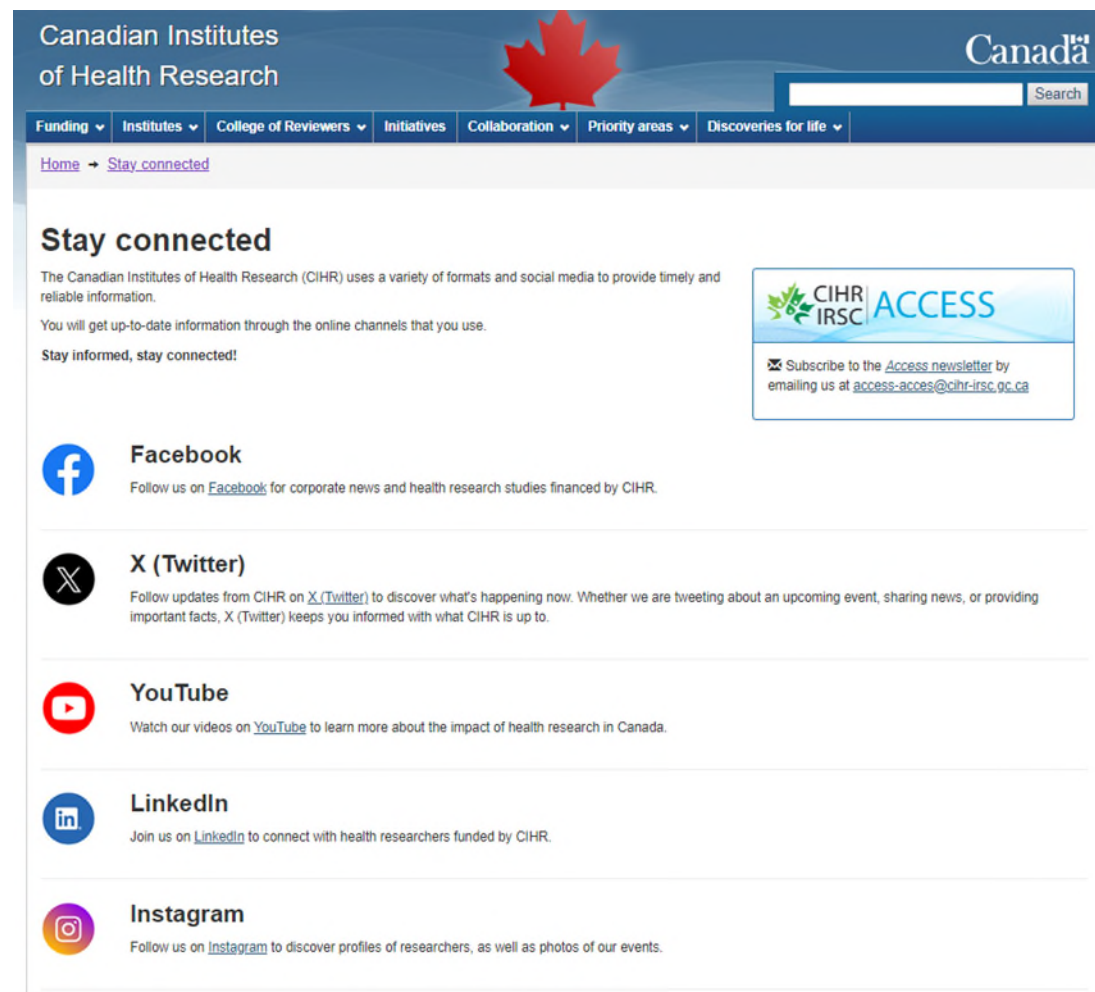
- [Frequently asked questions about the self-identification questionnaire](#)
- [Equity, diversity and inclusion Privacy Notice Statement: self-identification questionnaire](#)
- [How to complete the self-identification questionnaire](#)

Updated Bias in Peer Review Learning Modules

- The modules have been refreshed to be more user-friendly and accessible, and now include content on bias related to race, gender identity, disability, and sexual orientation.
- Link: [Learning Modules - CIHR](#)



Stay informed, stay connected!



[Stay connected with CIHR](#)