

EXCALIBUR

TRENT UNIVERSITY VARSITY PROGRAM & HIGH-PERFORMANCE TRAINING



OUA GOLD
WOMEN'S LACROSSE
2025/26

OUA GOLD
WOMEN'S 2X ROWING
2024/25

**CUFLA BAGGATAWAY
CUP CHAMPIONS**
MEN'S LACROSSE 2022/23

OUA SILVER
WOMEN'S 1X ROWING
2025/26

OUA BRONZE
MEN'S LIGHTWEIGHT
1X ROWING 2025/26



DEFEND_{THE} RIVER

EXCEL.
EXCITE.
EXCEED.

At Trent, you have the opportunity to represent the Excalibur at the highest level of competition in university sport, competing with the men's and women's varsity teams based at our Peterborough campus.

Together, proudly wearing the Excalibur green and white, Trent student-athletes compete as one for excellence in the following high-performance sports:

ROWING

LACROSSE

RUGBY

CURLING

VOLLEYBALL

SOCCER

ACHIEVEMENT HIGHLIGHTS

NATIONAL RECOGNITION

U SPORTS 1ST TEAM ALL-CANADIAN
John Moncada, Men's Soccer

CUFLA ALL-CANADIAN TEAM
Reed Chamberlain, Nick Fournier, Mason
Tardiff & Curtis Conley, Men's Lacrosse

OUA MAJOR AWARDS

MEN'S SOCCER
John Moncada: Leading Scorer & MVP
Grant Purdy: Coach of the Year

WOMEN'S LACROSSE
Maddy Baxter: Rookie of the Year
Kieran Gerow: Goalkeeper of the Year
Abby Hiltz: Offensive Player of the Year

MEN'S CURLING
William Jewell: Rookie of the Year

WOMEN'S CURLING
Dillon Muldoon: Coach of the Year

WOMEN'S FENCING
Courtney McDonnell: Coach of the Year



A CAMPUS BUILT FOR CHAMPIONS: HIGH-PERFORMANCE FACILITIES

Big goals need the right place to chase them. Excalibur student-athletes train in a high-performance environment with access to:

- 12,000 sq. ft. sport centre with a cardio loft and redesigned fitness centre featuring 8 flush-mount lifting platforms, 8 half racks, custom dumbbells and a wall ball target
- North America's most advanced indoor rowing tank
- Aquatics centre with a renovated 25m competitive pool and SwimEx hydrotherapy pool
- 2 fitness studios
- Justin Chiu Stadium with artificial grass field, oval track, 1,000-seat capacity, media box, video scoreboard and lighting
- Gymnasium with basketball, volleyball and badminton courts
- 28-foot-high indoor climbing rock wall
- 2 outdoor beach volleyball courts
- 3 squash courts, including 1 international competitive squash court
- Full-time Athletic Therapist and Wellness Coordinator
- Dedicated Strength & Conditioning Coach

WANT TO JOIN THE EXCALIBUR TEAM?

Fill out a recruitment form at trentexcalibur.ca or contact us at varsity@trentu.ca

It's never too early to start the recruitment process!

SUPPORTING YOUR SUCCESS, ON AND OFF THE FIELD

Excalibur Green & White Athletic Financial Awards

Trent Athletics rewards student-athletes who excel in the classroom and in competition. The Excalibur Green & White Athletic Financial Awards support selected entering varsity student-athletes as well as selected returning varsity student-athletes with a minimum 70% average. Athletic Entrance Bursaries provide additional funding for those with financial need. Trent University also offers a range of in-course bursaries and awards that are available, including those exclusive to varsity student-athletes.

Champion the Future of Excalibur Student-Athletes

At Trent, we view sports and recreation as a catalyst for students to challenge their limits, trust their instincts, and unlock their full potential. As parents and friends of our student-athletes, your support will help establish new endowments for Trent varsity sports, laying a strong foundation for our teams and inspiring future supporters for decades to come. This is a unique opportunity to champion the future of our student-athletes.

Become a Founder of an Excalibur team endowment by clicking the link below, or emailing Beth Pelow bethpelow@trentu.ca

MOMENTOUS.TRENTU.CA/EXCALIBURENDOWMENTS

"I'm incredibly grateful for the unwavering support I've received from my coaches. They have challenged me to push beyond my limits, instilled resilience, and built my confidence, all while understanding the demands of balancing high-level training with a busy nursing program. Their belief in me has helped me grow not only as a student-athlete but also as a person. My nursing professors have been a steady source of encouragement, offering guidance, resources, and flexibility when I needed it most. Their dedication to my success has made a real difference in my ability to thrive both in the classroom and on the water. The combined support from my coaches and professors has shaped my Trent experience in the best possible way, and I'm proud to carry their lessons with me into my fourth year."

TESS FRIAR, Women's Rowing
Member, Canadian National U23 Junior Rowing Team
Junior Pan American Games silver and bronze medalist



TRENTXCALIBUR.CA

TRENT UNIVERSITY



FIND YOUR FIT AT TRENT

You don't have to be a varsity athlete to be part of Trent's sport community. Get involved through campus clubs, recreational sport and e-sports leagues, drop-in gym times and more. Whether you are looking to meet new people, stay active, enter some friendly competition or all of the above, the leagues at Trent welcome students of all levels of interest and skill.

[TRENTU.CA/ATHLETICS/STUDENTS/CAMPUS-RECREATION](https://trentu.ca/athletics/students/campus-recreation)

STAY ACTIVE – ANY TIME, ANY WAY

Active living doesn't start and stop at the gym. At Trent, you can get moving no matter where you are – by accessing a network of trails perfect for walking, biking, and hiking, or tapping into virtual wellness resources. The Trent Athletics Centre offers a wide variety of dynamic group fitness classes, personal training, and registered programs. Every Trent student is eligible for a free orientation to the Trent Athletics Centre and a consultation with one of our personal trainers.

JOIN THE COMPETITIVE CLUB

In addition to varsity sports, the Trent Excalibur also offer opportunities to get involved in intercollegiate competition through Trent student clubs. Trent Excalibur student clubs can also apply for endorsement from the Department of Athletics & Recreation to compete at the intercollegiate level in the OUA.

Our competitive clubs include:

- Cross-Country
- Fencing
- Golf

CONNECT WITH US

- 📞 1-888-739-8885
- 💬 1-289-512-0194
- ✉ discovertrent@trentu.ca
- 📷 @TrentExcalibur
- 📘 TrentExcalibur
- 📺 @trent.university
- 📺 TrentUniversity

FIND US

Directions and campus map for the Peterborough campus: trentu.ca/howtofindus

DISCOVER TRENT

Find your place at Trent. Visit campus for Open House or a campus tour to meet our community, explore our spaces, and experience what makes Trent the top undergraduate university in Ontario. Tours run six days a week, Monday to Saturday.

trentu.ca/discover

TRENT ADVANTAGE LIVESTREAM SERIES

Join us for one hour livestream events where you can connect with faculty, staff and current students as they cover topics including programs, admission requirements, how to apply, residence, and experiential learning opportunities, to name a few.

trentu.ca/livestreams

