

JOIN THE

EXCALIBUR TEAM AT

TRENT UNIVERSITY

ATHLETE DEVELOPMENT OPPORTUNITIES



TRENT   
UNIVERSITY

[trentvarsity.ca](http://trentvarsity.ca)

2017

**WELCOME**

**TO THE HOME**

**OF THE EXCALIBUR**

The Department of Athletics & Recreation embraces the values of Trent University and is committed to mutual respect, honesty, fair play, safety, fun, and continuous improvement.







**#1** UNDERGRADUATE  
UNIVERSITY IN ONTARIO  
FIVE YEARS RUNNING

**#2** IN CANADA

*Maclean's University  
Rankings, 2016*

Sport, recreation, and wellness are at the heart of our university community. Trent has a unique advantage when it comes to our programs and facilities, with our Peterborough campus set in an outdoor 1,450-acre playground with over 20 kilometres of nature trails and access to the Otonabee River right at our doorstep and a new state-of-the-art athletics facility. Here, our athletes bring their best to every race, game and practice, carrying a positive attitude and competitive spirit, leading to success both on and off the field.

Trent's student-athletes have competed in varsity competition for more than 35 years. In this short time, our student-athletes have excelled at all levels of sport, while achieving outstanding academic success and moving on to successful careers upon graduation.

We invite you to explore Trent University's rich and storied athletics history, and the developments underway to take us, and you, to the next level. As a student-athlete at Trent, you're a part of something bigger than yourself — you belong to a family that values hard work and a team mentality, and all of whom proudly wear the green and white of the Trent Excalibur.

**DISCOVER WHAT IT'S LIKE TO BE A PART OF OUR EXCALIBUR TEAM.**



**@TrentExcalibur**

Training camp has  
officially started  
#goforgold #bleedgreen



**@trentulax**

Easily the best decision  
I've made was coming  
to Trent. Haven't been  
anything but happy since  
I've been here. Proud to  
be a part of @trentulax

# VARSITY SPORT



## STUDYING AT THE DURHAM CAMPUS?

Students who call our Trent University Durham campus home are welcomed and encouraged to try out for any of the Excalibur varsity teams in Peterborough.

At Trent, you have the opportunity to join and compete with the Excalibur men's and women's varsity teams based at our Peterborough campus, representing Trent at the highest level of competition in university sport.

Proudly wearing the Excalibur green and white, Trent student-athletes compete for excellence in the following high performance sports:

- ROWING
- RUGBY
- LACROSSE
- VOLLEYBALL
- SOCCER
- CURLING

[trentvarsity.ca](http://trentvarsity.ca)

## ATHLETE TRAINING

Our student-athlete training programs focus on developing strength, power, speed, agility, conditioning, flexibility, injury prevention and management, recovery, and nutrition.

Each of our teams receive comprehensive support from our strength and conditioning staff, working together to implement the most effective year-round training program. Through the guidance of strength training staff, student-athletes develop discipline, perseverance, goal setting, teamwork, mental toughness and work ethic, instilling habits that support excellence on the field and lead to better and healthier lives long after graduation.

## CURLING

MENS  | WOMENS 

Apart from the obvious physical attributes of coordination, endurance, balance and sensitivity, competitive curling develops mental toughness and team-building skills – invaluable personal traits in many other walks of life. The men's and women's teams compete each year in the OUA five-day championship, at which they have topped the podium as provincial champions. Throughout the season, the varsity teams play in a Wednesday night open league at the Peterborough Curling Club, one of the oldest constituted clubs in North America.



2011 OUA Men's Provincial Champions



## LACROSSE

MENS  | WOMENS 

One of Canada's national sports, lacrosse is all about culture, excellence, dedication and pride. These traits ring true at Trent, where our lacrosse program has set its sights on upholding Peterborough's reputation as the lacrosse capital of Canada and forging a new path on the Canadian university landscape. Host of the 2012 Baggataway Cup, and previously the Women's U19 World Lacrosse Championships, Trent has showcased to a global audience its state-of-the-art lacrosse facilities at the Justin Chiu Stadium, including the artificial grass playing field, track and stadium seating. With a history of alumni drafted to the National Lacrosse League and a new women's team that has shown impressive results its first three seasons, the future of Trent's lacrosse program is bright.



2015 Women's Excalibur student-athletes awarded the league's Rookie of the Year, Defensive MVP and Offensive MVP and two first team all-star players



2015 Men's Excalibur team advanced to the semifinal game of the 2015 Baggataway Cup



## RUGBY

MENS  | WOMENS 

The traditions of Trent Rugby run deep, and are embraced and celebrated by the local and alumni communities. You will be taught strength, work ethic, respect, and leadership in addition to the specific education of technical skills for rugby, team play, and statistical analysis. We take the game seriously, but enjoy every step of the season. As back-to-back host of the Canadian Interuniversity Sport (CIS) National Women's Rugby Championships in 2010 and 2011, Trent's facilities have been featured amongst those of the highest calibre for athletes and spectators. The 2016/17 season will welcome the transition of our men's rugby into the OUA.



2015 Men's Excalibur team won the OCAA Gold Medal



2015 Women's Excalibur team advanced to the OUA quarter finals

# VARSITY SPORT





*"Trent provides an unparalleled opportunity for a rower to combine high performance training while being a student. As a host of Rowing Canada's Row to Podium program, the facilities and support Trent offers leads the way to continued success for our best athletes. It is a great partnership."*

– Carol Love, Olympian, Talent Identification and Development Coach, Row to Podium

## ROWING

MENS  | WOMENS 

Trent's varsity rowing teams are consistently ranked among the top Canadian universities in provincial and national competition each year. Located on the banks of the Otonabee River in Peterborough, Ontario, Trent, in partnership with the Peterborough Rowing Club, provides varsity rowers with daily training access to one of the best racing rivers in Canada, and over six kilometres of flat water. In the off-season, varsity rowers are able to keep in top shape through the use of outstanding land training facilities at the Trent Athletics Centre, which is also home to North America's most advanced indoor combination rowing tank. At Trent, you can stay in competitive form all year round.

-  2015 Canadian University Rowing Championships: silver in the lightweight men's double; silver in the heavyweight men's single; bronze in the lightweight men's single
-  2015/2016 - Head coach Jack Lapum named 2015 OUA Men's Varsity Coach of the Year



Trent University is the home to the Row to Podium Talent Development Centre, a joint partnership between Rowing Canada Aviron, ROWONTARIO and Canadian Sport Institute Ontario, and Canada's official talent identification and development program for rowing. Row to Podium was developed to ensure a steady stream of young athletes are being trained to the standards required to win Olympic and Paralympic medals in the sport of rowing. Row to Podium's Talent Development Centre athletes receive expert coaching and support to start their rowing careers, including technique, psychology, physiology, nutrition, strength and conditioning.

[rowtopodium.ca](http://rowtopodium.ca)  
[rowingcanada.org](http://rowingcanada.org)

[rowontario.ca](http://rowontario.ca)  
[csiontario.ca](http://csiontario.ca)



## Soccer

MENS  | WOMENS 

Often referenced as the international language, soccer – or ‘the beautiful game’ – has the power to bring people together. At Trent, significant investments have been made in the varsity soccer program to ensure that the University continues to attract exceptional student-athletes from around the world. With the Trent soccer program, our athletes stay in competitive shape all year round, with both men’s and women’s varsity teams competing in the outdoor Ontario University Athletics (OUA) and training during the winter months.

## Volleyball

MENS  | WOMENS 

Teamwork, composure, and perseverance – that’s what’s at the core of Trent’s volleyball team. The program is built on a philosophy of developing both physical and mental strength, and ensuring the players are prepared for a season which runs over six months. Trent University provides varsity volleyball players with daily access to indoor and outdoor volleyball training facilities. In the off-season, varsity student-athletes are able to keep in top shape through the use of our expanded Athletics Centre facilities, which include two beach volleyball courts. Here, athletes can train and work on their game while enjoying the sights of Trent’s stunning campus located on the banks of the Otonabee River. We are excited to announce that this season both our men’s and women’s teams will move into the OUA.



2015 Men’s and Women’s Excalibur team advanced to the OCAA quarter finals



### INTERESTED IN JOINING THE TRENT EXCALIBUR?

Visit our website and fill out the recruitment form:

[trentvarsity.ca/recruit/varsitysports](http://trentvarsity.ca/recruit/varsitysports)



# COMPETITIVE CLUBS



In addition to varsity sport, the Trent Excalibur also offer opportunities for students to get involved in intercollegiate competition through the many Trent Central Student Association (TCSA) sports clubs. These clubs give athletes of all skill levels the opportunity to participate and compete as part of an Excalibur team. Elite-level athletes who are part of a TCSA group can apply for endorsement from the Department of Athletics & Recreation to compete at the intercollegiate level in the OUA or CIS. Current intercollegiate groups include:

## CROSS COUNTRY

MENS  | WOMENS 

Grit, tenacity and determination are among the traits our cross-country team possesses through our focus on both mental and physical strength. For the cross-country runner, Trent University provides a training environment unlike any other. Here, you have access to a 1,450-acre campus with an endless variety of trails that stretch through nature areas, offering a multitude of terrains on which to train. In addition, the outdoor track, artificial grass playing field, and indoor weight training facilities allow our athletes to work on their mechanics and mental and physical strength. The club also benefits from year-round association and training opportunities with the Peterborough Legion Track Club.

## GOLF

MENS  | WOMENS 

Trent University golfers benefit from a partnership with the prestigious Peterborough Golf & Country Club, located just two minutes down the road from the Peterborough campus, and compete in the Ontario University Athletics (OUA) division. As a partner in the team, the PGCC provides playing privileges and access to practice facilities to prepare golfers to compete for the crown jewel of the OUA golf season, the OUA Championship held in October.

## FENCING

MENS  | WOMENS 

Lunging, forward recovery, and working on your balestra and in quartata – just a few of the foundations you can learn as a member of the Trent Fencing Club. To continue the legacy of fencing at Trent University, we offer training and coaching in foil, epee and sabre. In addition to offering a club for members of all abilities, the Trent Fencing Club also functions as a competitive OUA team, attending tournaments from October to March.



The Department of Athletics & Recreation at Trent University is committed to supporting athlete development for students with any level of experience and ambition. Building upon the stages determined by Sport Canada in their Long-Term Athlete Development Model, Trent University offers opportunities for all students to stay active and develop physical literacy on campus – starting with beginner fitness classes all the way to high performance varsity sport teams.

# ATHLETE

## DEVELOPMENT MODEL





# FIND YOUR FIT: THE ATHLETICS CENTRE

**WINNER**  
Canadian Intramural Recreation  
Association (CIRA) Ontario's  
outstanding intramural  
achievement award  
**10 CONSECUTIVE YEARS**

When it comes to fitness and recreation, the Trent Athletics Centre offers something no other community or university centre can – state-of-the-art indoor and outdoor facilities combined with access to the Otonabee River, diverse nature areas and kilometres of winding trails right at our doorstep.

## UNIQUE AND INNOVATIVE FEATURES OF THE NEW ATHLETICS CENTRE:

- 12,000 sq. ft. cardio loft and weight room
- 28 foot high indoor climbing rock wall
- North America's most advanced indoor rowing tank
- Health In Motion therapy clinic offering on-site physiotherapy, rehabilitation, and sports health services
- Aquatics centre with a 25m competitive pool and a SwimEx hydrotherapy pool
- 2 fitness studios
- Justin Chiu Stadium – artificial grass playing field, track, and stadium seating for 1,000 people, media box, score clock and lighting
- Gymnasium, with basketball, volleyball and badminton courts
- 2 outdoor beach volleyball courts
- International competitive squash court

## FITNESS CLASSES AND PERSONAL TRAINING

For those times you need a break from the treadmill or an extra dose of motivation, the Athletics Centre offers a wide variety of dynamic group fitness classes and personal training, scheduled every day of the week. Choose from classes like yoga, pilates, zumba, bootcamp, athletic training, and cardio crunch – you're bound to find your favourite, and get fit along the way.



## CAMPUS RECREATION

Want to join a team and compete outside of varsity? Our Campus Recreation program is award winning! Several campus recreation leagues and one-day tournaments are offered at Trent, ranging from soccer, volleyball, basketball and hockey to inner-tube waterpolo, ultimate frisbee and squash. Whatever your interest or ability, there is something for everyone. The ultimate goal of these leagues is fun through healthy, active participation. Student-athletes who are new to a sport are always welcome – and many go on to excel and lead in their sport of choice.

[trentu.ca/athletics/campusrec](http://trentu.ca/athletics/campusrec)

NEW

## KINESIOLOGY LAB

As a Kin student at Trent University you will receive a hands-on learning experience second-to-none in the discovery and investigation of human movement. With the goal of delivering the ultimate learning environment to foster your skills and advance the science of human movement, a brand new exercise physiology lab featuring state-of-the-art equipment has been established in partnership with Trent Athletics. Here you will learn about exercise prescription, study the effects of aging, and examine firsthand how exercise can impact muscle, bone and cardiovascular health.

## THE ACADEMIC SKILLS CENTRE

Trent is committed to the idea of sound mind and sound body, which is why the Academic Skills Centre is an important resource for our student-athletes at Trent University. Academic Skills works with students to balance demanding schedules especially at peak times in the competitive season. The instructors can also help with many other aspects of academic life, from developing a thesis or conducting research in any discipline to preparing and practicing presentation skills. The Academic Skills Centre can help you succeed, and will be a supportive presence throughout your university career.

## THE DURHAM ADVANTAGE

Trent University Durham-GTA students enjoy membership to all City of Oshawa recreation facilities including the Civic Recreational Complex right next door, with access to an indoor soccer stadium, pool, aerobics studio, weight room, indoor track, tennis, squash and badminton courts.

## GET OUTSIDE

BIKING, HIKING, KAYAKING, PADDLE BOARDING, SKATING –  
OUTDOOR ADVENTURES AROUND CAMPUS ARE LIMITLESS.





# A STUDENT HUB & FIELD OF DREAMS



## BUILDING THE FUTURE ON CAMPUS

You're coming to Trent at an exciting time. A new Student Centre and twin pad arena are coming soon to our Peterborough campus and we just celebrated the official opening of the Trent Sports Fields – this complex consists of a full-size baseball diamond and outdoor sports field, which will be used by our lacrosse, rugby and varsity teams.

## STUDENT CENTRE

Opening in the fall of 2017, the Student Centre will add to Trent's active student life, offering:

- A central hub for student services, clubs and groups
- A space for studying and socializing
- A teaching and performance space
- Home to the new student and alumni Centre for Social and Business Innovation and Entrepreneurship

[trentu.ca/studentcentre](http://trentu.ca/studentcentre)

## TWIN-PAD ARENA

The City of Peterborough is building a new arena complex on the East Bank of Trent's Symons Campus. The sports synergies between Trent and this new arena complex will continue to advance the already strong partnership between Trent and the City and will also add to the sports hub on Trent's campus.

## TRENT EXCALIBUR SPORTS FIELDS

Trent University partnered with the City of Peterborough, with support from the Peterborough Baseball Association (PBA), and the Peterborough Recreational Baseball Association (PRBA), and the Jays Care Foundation, to build the new Trent Sports Field, featuring:

- A baseball field including grass infield, 325' left and right outfields and 400' centre field, players' dugouts, pitchers' bullpen, sports field lighting and outfield fencing.
- A natural turf rectangular multi-sport field to accommodate rugby, field lacrosse and soccer, meeting the IRB (rugby), FIFA (soccer) and IFL (lacrosse) requirements for field dimensions and includes sports field lighting.





Excelling in your studies while competing at a high level takes a special commitment. Trent offers athletic scholarships to many student-athletes each year to support their efforts.

# #1 FOR SCHOLARSHIPS & BURSARIES

## TRENT UNIVERSITY NATIONAL RENEWABLE ENTRANCE SCHOLARSHIP FOR CANADIAN STUDENTS

Our renewable entrance scholarships reward you for your academic achievement throughout all four years of your undergraduate studies – no application required!

WHO IS ELIGIBLE?	ADMISSION AVERAGE	MAX SCHOLARSHIP POTENTIAL	DETAILS
Secondary Students	95%	\$25,000	Full tuition x 4 years*
	90-94%	\$25,000	Full tuition x 4 years*
	85-89%	\$6,000	\$1,500 x 4 years
	80-84%	\$4,000	\$1,000 x 4 years
Transfer Students	95%	\$12,000	\$3,000 x 4 years
	90-94%	\$10,000	\$2,500 x 4 years
	85-89%	\$6,000	\$1,500 x 4 years
	80-84%	\$4,000	\$1,000 x 4 years

\* Full tuition scholarships are available to Canadian high school students and are renewable at a minimum average of 90% in at least FIVE credits. Students renewing between 80-89% will receive the amounts reflected in the chart for transfer students. For up-to-date scholarship conditions and values, visit [trentu.ca/financialaid](http://trentu.ca/financialaid)

## SCHOLARSHIPS

Explore some of the other generous scholarships available to new Trent students at: [trentu.ca/scholarships](http://trentu.ca/scholarships)

**APPLICATIONS DUE  
APRIL 1, 2017**

## GREEN AND WHITE ATHLETIC SCHOLARSHIPS

Athletic Scholarships may be offered to entering student-athletes who have achieved an academic average of at least 80% and have been recruited for athletic skills and abilities.

## DRAFT-AN-ATHLETE

Be a part of the team. Help support Excalibur athletes with our 'Draft an Athlete' program. By donating to the Excalibur, your contribution will make you a part of something bigger than yourself – you will become part of our Excalibur family, valuing hard work, team mentality, and who proudly **#BleedGreen**.

Funds contributed to Trent Excalibur teams will support activities like specialty training camps, pre-season travel to exhibition games and other non-funded initiatives approved by the Athletics Department. To learn more or to donate: <https://mycommunity.trentu.ca/giving/athletics>

## ATHLETIC ENTRANCE BURSARY

Athletic entrance bursaries are awarded to entering varsity athletes who demonstrate financial need, valued at a minimum \$500.

## IN-COURSE BURSARIES

Bursaries are awarded each term to students with demonstrated financial need. Students complete one application to be considered for all available bursaries and awards. Some athletic bursaries and awards include:

- Bonnie M. Patterson Athletic Financial Award – a tribute to former president and vice-chancellor of Trent University and awarded to returning full-time undergraduate students participating in the varsity athletics program.
- Dan Coholan Rowing Bursary – established by alumnus Dan Coholan '77 and awarded to one female and one male varsity rower.

For a full list of all available scholarships, prizes, bursaries and awards visit: [trentu.ca/scholarships](http://trentu.ca/scholarships)

## SUPPORTING THE PURSUIT OF EDUCATION

We top the podium – and not just when it comes to athletics. Did you know that Trent has been ranked the #1 undergraduate university in Ontario for five years in a row?

Our students are successful because they have an outstanding support system. Your team at Trent consists of:

- Academic Advisors
- Academic Skills Instructors
- Peer Mentors
- The Counselling Centre
- Health Services
- Student Accessibility Services

Learn more about the resources available to you at: [trentu.ca/wellness](http://trentu.ca/wellness)

# STUDY AT ONTARIO'S

## #1 UNDERGRADUATE

## UNIVERSITY

Trent offers an impressive range of academically rigorous programs across the arts and sciences, as well as professional and specialty programs, with all the benefits of high-quality research and exemplary teaching. Study at the only university in Canada to offer a wide range of joint majors across all disciplines. Combine programs like Business and English, Biology and Forensic Science, Philosophy and Psychology – the possibilities are yours to imagine.

### Aging Studies (Emphasis)

### Ancient Greek & Roman Studies

Ancient Greek & Roman Studies & Business

### Anthropology D&P

Anthropology & Business

Anthropology & English

Anthropology & History

Anthropology & Media Studies

Anthropology & Psychology

Anthropology & Sociology

### Applied Ethics (Emphasis)

### Archaeology

Specializations:

- > Anthropological Archaeology
- > Classical Archaeology

### Arts, Honours D&P

### Arts & Science (B.A.S.)

### Biochemistry & Molecular Biology

Specialization:

- > Health Sciences

### Biology

Specializations:

- > Conservation Biology
- > Health Sciences

### Biomedical Science

### Business Administration D&P

Specializations:

- > Accounting
- > Economics
- > Entrepreneurship
- > Ethics & Sustainability
- > Finance
- > Human Resource Management
- > Information Systems and E-Commerce
- > Marketing & Consumer Culture
- > Niigaaniwin – The Art of Leading

Business & Arts

Business & Science

### Canadian Studies

Canadian Studies & Business

### Chemical Physics

### Chemistry

### Child & Youth Studies NEW D

### Communications & Critical Thinking D

### Computing Systems

Specializations:

- > Computer Science
- > Data Analytics
- > Software Engineering

Computing Systems & Business

Computing Systems & Economics

Computing Systems & Media Studies

### Computing Systems & Physics

Cultural & Linguistic Anthropology (Emphasis)

### Cultural Studies

Specializations:

- > Film
- > Image, Sound & Performance
- > Social Thought
- > Video & Media
- > Writing & Narrative

Cultural Studies & Business

### Ecological Restoration

(Joint Trent-Fleming program)

### Economics

Economics & Business

### Education

- > Bachelor of Education
- > Indigenous Bachelor of Education NEW
- > Teacher Education Stream D&P
- > Teacher Education (Emphasis)

### English Literature D&P

English Literature & Business

English Literature & History

English Literature & Media Studies

English Literature & Psychology

English Literature & Sociology

### Trent-ESL: English for University

### Environmental Chemistry

### Environmental Geoscience NEW\*

Environmental & Resource Science/Studies  
Environmental & Resource Studies & Business

### Environmental Science/Studies (B.E.S.S.)

### Forensic Science

Forensics & Arts

Forensics & Business

Forensics & Science

### French Studies (Modern Languages)

Specialization:

- > Québec Studies

French Studies & Business

### Gender & Women's Studies

Gender & Women's Studies & Business

Geographical Information Systems (Emphasis)

### Geography

Geography & Business

Global Power & Politics (Emphasis)

Global Studies (Emphasis)

### History D&P

History & Business

History & Media Studies

History & Psychology

History & Sociology

### Human Resources Management

Postgraduate Certificate D&P

### Indigenous Diploma Programs

### Indigenous Environmental Studies/Science

### Indigenous Studies

Specialization:

- > Niigaaniwin – The Art of Leading

Indigenous Studies & Business

### Information Systems

Information Systems & Business

### International Development Studies

Specializations:

- > African Studies
- > Latin American Studies

International Development Studies & Business

International Development (Option) D&P

### International Political Economy

### Journalism

(Joint Trent-Loyalist program)

Journalism & Business

Joint Majors

### Kinesiology

### Law & Arts: Trent/Swansea Dual Degree NEW

Law & Policy (Emphasis)

Legal Studies (Option) D&P

Linguistics (Emphasis)

### Marketing (Option) D&P

### Marketing & Entrepreneurship

Postgraduate Certificate NEW D&P

### Mathematics

Specialization:

- > Mathematical Finance

Mathematics & Business

### Mathematical Economics

### Mathematical Physics

### Media Studies D&P

Media Studies & Business

Media Studies & Psychology

Media Studies & Sociology

Museum Studies (Emphasis)

Northern & Polar Studies (Emphasis)

### Nursing

### Philosophy D&P

Philosophy & Business

Philosophy & Economics

### Physics

### Political Studies

Political Studies & Business

Political Studies & Forensics

### Pre-Law Pathways

### Pre-Med Pathways

Pre-Medical (Emphasis)

Pre-Modern Studies (Emphasis)

### Psychology D&P

Psychology & Business

Psychology & Economics

Psychology & Forensics

Psychology & Sociology

### Science, Honours D&P

### Social Work D&P

### Sociology D&P

Specialization:

- > Health Sciences

Sociology & Business

### Sustainable Agriculture & Food Systems

Specialization:

- > Applied Agriculture

Teaching of Spanish (Emphasis)

Theatre Studies (Emphasis)

### Water Sciences

D Indicates programs available in Durham - GTA only.

D&P Indicates programs available in Durham - GTA and Peterborough.

All other programs available in Peterborough only.

BLUE Indicates popular joint majors

[trentu.ca/undergraduate/programs](http://trentu.ca/undergraduate/programs)

\* pending Ministry approval





# SEEING

# IS BELIEVING

It's important to love your campus — for student-athletes, it quickly becomes your second home. Trent's campuses are iconic and full of diversity; big enough to be exciting and diverse, but small enough to feel like a close-knit community. Come see for yourself.

## DON'T MISS OPEN HOUSE

### FALL OPEN HOUSE

Durham Campus  
Saturday, November 12, 2016

Peterborough Campus  
Friday, November 4, 2016

### MARCH OPEN HOUSE

Durham Campus  
Tuesday, March 14, 2017

Peterborough Campus  
Thursday, March 16, 2017

## REGISTER FOR AN EVENT

At our future student events, you can explore campus, learn about our athletic and academic programs, and see the Trent Excalibur in action. [trentu.ca/discover](http://trentu.ca/discover)

## TAKE A TOUR

Campus tours are offered six days a week, and will take you through campus, our residences, classrooms, and the Trent Athletics Centre. Book your tour today. [trentu.ca/tours](http://trentu.ca/tours)

## CONTACT A TRENT VARSITY RECRUITER

[trentvarsity.ca/recruit/VarsitySports](http://trentvarsity.ca/recruit/VarsitySports)  
[varsity@trentu.ca](mailto:varsity@trentu.ca)  
[varsityrecruiter@trentu.ca](mailto:varsityrecruiter@trentu.ca)

## WIN FIRST-YEAR TUITION

Enter our draw every time  
you visit Trent\*

[trentu.ca/wintuition](http://trentu.ca/wintuition)

\* Conditions apply.

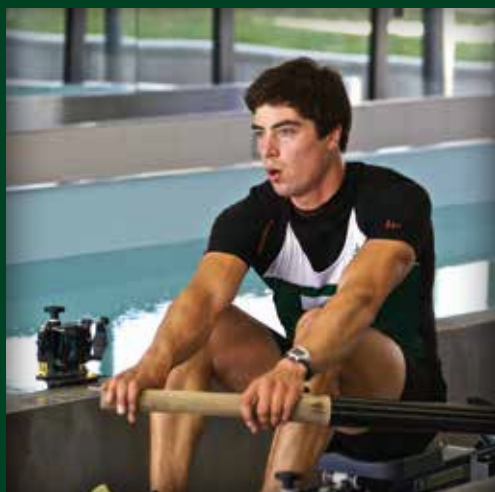
TRENTVARSITY.CA

15







**SOMETHING ABOUT  
THIS PLACE**

CREATES UNBREAKABLE BONDS  
AND MEMORIES THAT  
NEVER FADE.




## STAY CONNECTED

-  1-888-739-8885
-  DiscoverTrentU or TrentExcalibur
-  @DiscoverTrentU or @TrentExcalibur
-  @TrentUniversity or @TrentExcalibur

# #BLEEDGREEN



[trentvarsity.ca](http://trentvarsity.ca)

 Accessible versions of this document are available upon request at [trentu.ca/accessible](http://trentu.ca/accessible)