# Johnathan Sheehan

**1 minute, 32 seconds in length**

Video Description: Johnathan Sheehan addresses the camera directly throughout the entire video

I am Johnathan Sheehan, I am graduating from the Bachelor of Social Work Program at Trent University. I chose Trent because the campus is absolutely beautiful. When I came here, I immediately knew that this is where I wanted to be just because the environment is so awesome, and the social program was new here, so I really want to help it grows, and help build it, and be part of something great. The Trent social program is really awesome, and the thing I really love about it is that it is very much feminist based and is about inclusion and about making sure that everybody gets a fair shake and a fair opportunity, that’s really what drove me to want to be a part of this program. What social work is to me is about working with people to help them reach self-actualization or help them be happier, healthier people. You can do this through a community settings, so working at a shelter or something like that. You can do this through a clinical setting, working as a therapist or something similar. You can also do it as a child protection worker, helping people to get benefits. Those are the different avenue of social work. I’ll definitely recommend the Bachelor of Social Program here, I had an absolute amazing time, and I know that all of my cohorts really enjoy their time here, we all got to learn so much and grow as people. It’s a very tightly knitted program, you’ll make a lot of friends here, and overall just a great experience.

[Trent University Logo]