

Post-Graduation  
Work Permit  
(PGWP) Eligible

CIP Code: 51.0001



# HEALTH & WELLNESS

TWO-YEAR POSTGRADUATE CERTIFICATE

Shape the future of health and wellness with skills to lead in this essential field.



Trent University  
Peterborough Campus  
Ontario, Canada

## PROGRAM HIGHLIGHTS

- **Duration:** 2 Years
- **Start Date:** September 2025
- **Cost:** \$24,078 CAD per year\*
- **Application Deadline:** June 15
- **Eligibility:** Open to students with an undergraduate degree
- **Language Requirement:** IELTS overall score of 6.5, with no band below 6.0

# LEAD THE WAY IN HEALTH AND WELLNESS

Prepare to address emerging health challenges and promote well-being through innovative strategies and practical skills.



## DYNAMIC CAREER OPPORTUNITIES

Graduates are prepared for roles such as:

- Health and Wellness Coordinator
- Public Health Advisor
- Wellness Program Developer
- Community Health Specialist
- Health Data Analyst

## WHAT YOU'LL LEARN

- **Understand Health Systems:** Gain insights into public health, wellness management, and healthcare delivery.
- **Promote Wellness:** Learn techniques for enhancing mental, physical, and community health.
- **Hands-On Training:** Develop practical skills through case studies, labs, and real-world projects.

## POPULAR COURSES

- Health Promotion and Community Wellness
- Mental Health and Resilience
- Nutrition and Lifestyle Management
- Data Analytics for Health Systems
- Public Health Policy and Ethics
- Wellness Program Design and Evaluation

## SUPPORT FOR YOUR SUCCESS

- **Academic Guidance:** Personalized advising to help align your studies with career goals.
- **Career Development:** Networking events, mentorship opportunities, and résumé-building workshops.
- **International Student Services:** Comprehensive support for a smooth transition to life at Trent.



## Where You'll Study

### EXPERIENCE THE TRENT ADVANTAGE

#### Location Advantage:

- Study in Peterborough:
- Experience Trent's iconic campus along the Otonabee River, known for its natural beauty and supportive community.
- Just 90 minutes from Toronto, Peterborough offers the perfect blend of city amenities and a welcoming environment.

## Transforming Health & Wellness

As global awareness of health and wellness grows, organizations need professionals with expertise in promoting well-being and managing health systems. This program equips you with the tools to lead in this vital sector.

### TUITION & FEES

	Postgraduate Certificate (Per Academic Year*)	
	CA \$	US \$**
Tuition	\$21,069	\$15,171
Ancillary & Levy Fees	\$3,009	\$2,167
Housing & Meals	\$11,000-\$16,500	\$7,920-\$11,880
Books & Supplies	\$1,500	\$1,080
Personal	\$2,000	\$1,440
<b>Total</b>	<b>\$38,112-\$43,612</b>	<b>\$27,442-\$31,402</b>

\*Costs based on 2024-25 approved rates. \*\*The above USD amounts are calculated based on an exchange rate of 1 CAD = 0.72 USD. Tuition fees are payable in CAD; USD values are for reference only.



## Welcome

We are thrilled to have you as part of our vibrant community of advanced learners here at Trent University. Embarking on this journey of growth and discovery can be both exciting and challenging, but with the support of world-class faculty, dedicated staff, and a welcoming student community, you're set to thrive. Our iconic Peterborough campus, framed by the Otonabee River and Faryon Bridge, is more than a place to study — it's a space to connect, create, and achieve your goals. Welcome to an extraordinary adventure — we're here to support you every step of the way.

— Dr. Sarah West, Dean of Science, Trent University



## APPLY TODAY

Find your next steps at:  
[trentu.ca/apply](https://trentu.ca/apply)

## CONNECT WITH TRENT

### Trent University Peterborough Campus

1600 West Bank Drive  
Peterborough, Ontario, Canada  
K9J 7B8

**Phone:** +1 705-748-1011  
**Email:** [international@trentu.ca](mailto:international@trentu.ca)  
**Website:** [@TrentUInternational](https://trentu.ca/pgc)

## CONNECT WITH TRENT'S INTERNATIONAL TEAM

### Support for International Students:

- Pre-arrival guidance
- Orientation programs
- Ongoing support throughout your studies

**Phone:** +1 705-748-1314  
**Email:** [international@trentu.ca](mailto:international@trentu.ca)  
**Website:** [trentu.ca/international](https://trentu.ca/international)