



# Otonabee College

## Dietary Restrictions



### Grill & Co.:

Menu Item	Vegetarian	Vegan	Halal	Contains Dairy?	Contains Nuts?	Contains Gluten?
Big Breakfast	NO	NO	NO	NO	NO	Swap for gluten free bread
Egg and Cheese Breakfast Sandwich	NO	NO	NO	Swap for vegan cheese	NO	Swap for gluten free bread
Egg and Cheese w/ Bacon or Sausage Breakfast Sandwich	NO	NO	NO	Swap for vegan cheese	NO	Swap for gluten free bread
BLT Bagel	NO	NO	NO	NO	NO	YES
Bagel w/ Cream Cheese	Lacto-vegetarian	NO	YES	YES	NO	YES

Menu Items	Vegetarian	Vegan	Halal	Contains Dairy?	Contains Nuts?	Contains Gluten?
Bagel	YES	YES	YES	NO	NO	YES
Hashbrowns	YES	YES	YES	NO	NO	NO
Western Sandwich	Ask for no meat	NO	Ask for no meat	NO	NO	Switch to gluten free bread
Field Roasted Plant Based Breakfast Sandwich	YES	YES	YES	Ask for no butter	NO	Switch to gluten free bread
Northern Fried Chicken	NO	NO	NO	NO	NO	YES
Love me Tenders (3)	NO	NO	YES	YES	NO	YES
Tragically Chick	NO	NO	NO	NO	NO	Swap to gluten free bread
B'y the Bay	NO	NO	YES	YES	NO	YES

Menu Items	Vegetarian	Vegan	Halal	Contains Dairy?	Contains Nuts?	Contains Gluten?
Fries	YES	YES	YES	NO	NO	NO
Sweet Potato Fries	YES	YES	YES	NO	NO	NO
Poutine	Lacto-vegetarian	NO	YES	YES	NO	YES
Onion Rings	YES	YES	YES	NO	NO	YES
North Burger	NO	NO	NO	YES	NO	Swap to gluten free bread
Great One	NO	NO	NO	YES	NO	Swap to gluten free bread
Canuck	NO	NO	NO	NO	NO	Swap to gluten free bread
The Gardener	YES	NO	YES	YES	NO	YES
Lightlife	YES	NO	YES	NO	NO	Swap to gluten free bread
Gravy	YES	NO	YES	YES	NO	YES

Pizza Pizza:

Menu Items	Vegetarian	Vegan	Halal	Contains Dairy?	Contains Nut?	Contains Gluten?
Pepperoni/Cheese/Sauce	NO	NO	NO	YES	NO	YES
Cheese/Sauce	YES	NO	YES	YES	NO	YES
Peppers/Onions/Mushrooms/Sauce	YES	NO	YES	YES	NO	YES
Hawaiian-Bacon/Pineapple/Sauce	NO	NO	NO	YES	NO	YES
Chicken	NO	NO	NO	YES	NO	YES
Super-pepperoni/Peppers/Mushrooms	NO	NO	NO	YES	NO	YES

Please refer to separate links regarding Subway and Tim Horton's allergen information.