


DIETARY RESTRICTIONS

Many of our menu items have the ability to be altered to fit dietary restrictions you may have. Please inform our staff about an accommodation and we will be more than happy to help you!

MENU ITEMS	VEGAN?	VEGETARIAN?	GLUTEN FREE?	DAIRY FREE?
APPLE BLOSSOM		✓		
BLACK BEAN PATTY	✓	✓	✓	✓
WHAT'S THE BEEF ABOUT BURGER			GLUTEN FREE BUN	✓
BROWNIE	VEGAN/GLUTEN FREE BROWNIE	✓	VEGAN/GLUTEN FREE BROWNIE	VEGAN/GLUTEN FREE BROWNIE
WILD BILL CHICKEN WRAP	VEGAN TENDERS & VEGAN CHEESE	VEGAN TENDERS	GRILLED CHICKEN & GLUTEN FREE WRAP	VEGAN CHEESE
CEILIE POUTINE		NO PORK		VEGAN CHEESE

MENU ITEMS	VEGAN?	VEGETARIAN?	GLUTEN FREE?	DAIRY FREE?
LOVE ME CHICKEN TENDERS	VEGAN CHICKEN TENDERS	VEGAN CHICKEN TENDERS		
CAESAR SAKAD			NO CROUTONS	
NACHOS	VEGAN CHEESE WITH NO SOUR CREAM			VEGAN CHEESE
HAIL CAESAR CHICKEN WRAP			GLUTEN FREE WRAP	
TORTILLA CHIPS AND SALSA				
COD-FATHER BURGER				
GARLIC BREAD WITH CHEESE				VEGAN CHEESE

MENU ITEMS	VEGAN?	VEGETARIAN?	GLUTEN FREE?	DAIRY FREE?
HEART ATTACK BURGER				VEGAN CHEESE
LATTICE FRIES				
PIGGLY WIGGLY SANDWICH			GLUTEN FREE VEGAN BUN	
HOT CHICK SANDWICH	VEGAN BUN AND CHICKEN, VEGAN CHEESE, AND NO MAYO	VEGAN CHICKEN TENDERS	GLUTEN FREE VEGAN BUN	VEGAN CHEESE
QUESADILLA	VEGAN WRAP, VEGAN CHEESE, VEGAN CHICKEN		GLUTEN FREE WRAP	VEGAN CHEESE
VEGGIE-LANTY BURGER	VEGAN BUN AND VEGAN CHEESE		GLUTEN FREE VEGAN BUN	VEGAN CHEESE

Vegan Items We Stock:

- vegan buns
- vegan cheese
- vegan chicken tenders
- vegan cookies
- vegan brownies
- salsa
- veggie burgers
- pita bread (not naan)
- wraps (6-inch)
- tortilla chips
- coleslaw

Gluten Free Items We Stock:

- buns
- wraps (6-inch)
- tortillas
- grilled chicken
- brownies*
- potato salad
- coleslaw

*gluten free vegan brownies are different from our normal brownies, and are marked

