

Sociology

Use this tool to discover how you can use your degree, skills and experiences in the workplace.
This is only a starting place – remember to explore all your options.

Skills Developed Through Your Major

- Conduct and clearly explain sociological research
- Understand group dynamics
- Awareness of cultural differences
- Reaching new conclusions through comparative study
- Utilize statistical applications
- Interpersonal communication skills
- Knowledge of community resources
- Developing project designs and ideas

- Analyze relationships between factors
- Understand societal development
- Conduct research related to attitudes, beliefs, preference, behaviours and expectations of a particular group
- Interact effectively with people of different backgrounds
- Knowledge of social structures and change
- Communication across cultures
- Visualize how things fit together to form a

Recognizing Valuable Assets

- whole
- Examine data and explore new ways of doing things
- Knowledge of statistics and social research methodology, including data collection and analysis

Sample Job Titles and Fields of Work

A Taste of What's Out There

Note: Some occupations may require further education or specialized training

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|---------------------------|-------------------------------|------------------------------|----------------------------|
| • Chaplain | • Mediator | • Urban/Regional Planner | • Human Resources |
| • Counsellor | • Parole/Probation Officer | • Advertising and Marketing | • Law |
| • Demographer | • Policy Analyst | • Community Service Agencies | • Healthcare |
| • Foreign Service Officer | • Recreation Therapist | • Correctional Centres | • Media |
| • Health Educator | • Social Science Statistician | • Counselling Services | • Non-Profit Organizations |
| • Intelligence Specialist | • Social Research Analyst | • Social/Community Service | • Labour Relations |
| • Job/Labour Analyst | • Social Worker | • Government | • Public Relations |
| • Legislative Aide | • Technical Writer | | |
| • Market Research Analyst | | | |

Career Centre Resources

Great On-Campus Services

Career Centre Website

trentu.ca/careers - Extensive career development and work search information including tools, links, strategies and assessments.

Trent University Student Job Board

trentu.ca/sep - Look for on- and off-campus opportunities.

Career Resources on myTrent

trentu.ca/mytrent - Access the following resources through myTrent>Support>Student Transitions and Careers

- **Career Cruising and TypeFocus**

Free self-assessments that connect your interests and personality to your career.

- **My World Abroad**

A guide that provides information, strategies, and tips for anyone considering going abroad for work, study or travel.

Career Counselling and Résumé Critiques

Get feedback in a one-on-one appointment. Book online at trentu.ca/sep.

Career and Work Search Workshops

Register through the Events Calendar at trentu.ca/sep.

Resource Library

Information on career exploration, finding work, and more.

- Careers for Good Samaritans & Other Humanitarian Types
- Opportunities in Social Science Careers

Events and Fairs

Your opportunity to meet and network with employers and recruiters on campus.

Professional Associations & Societies

More Than Just a Club!

Professional associations and societies can be effective exploration resources as they provide information about careers, job boards, events and professional development opportunities. These groups can be used for networking, so become familiar with them!

Canadian Anthropology Society

cas-sca.ca

Canadian Sociological Association

csa-scs.ca

American Sociological Association

asanet.org

Canadian Council on Social Development

ccsd.ca

International Sociological Association

isa-sociology.org

Federation for the Humanities and Social Sciences

ideas-idees.ca

Ontario College of Social Workers and Social Service Workers

ocswssw.org

Canadian Association for Social Work Education

caswe-acfts.ca

Canadian Evaluation Society

evaluationcanada.ca

Social Sciences & Humanities Research Council (SSHRC)

sshrc-crsh.gc.ca

Opportunities

Internships, Careers, Government Programs

Trent University Student Job Board

trentu.ca/sep

Social Humanities and Social Sciences Online

h-net.org/jobs/home.php

Career Resources for the Sociology Major

asanet.org

Ontario Internship Program

internship.gov.on.ca

HR Council for the Nonprofit Sector

hrcouncil.ca

Work in Non-Profits Canada

workinnonprofits.ca

Career Edge

careeredge.ca

International Experience Canada

cic.gc.ca/english/work/iec/index.asp?country=hk

Federal Government Jobs

jobs.gc.ca

Provincial Government Jobs

gojobs.gov.on.ca

The New Social Worker's Online Career Center

socialworker.com/career.htm

Idealist

idealist.org

The Canadian Journalism Project

j-source.ca

Charity Village

charityvillage.com

Internship Listings

campusaccess.com

Get Experience

Sociology at Trent University

trentu.ca/sociology - Courses, news and events, program faculty, resources, and more department information.

Trent Community Research Centre

trentcentre.ca - Students are matched with local organizations to assist with research, planning and other community development projects for course credit.

Trent University Student Organizations

trentcentral.ca/clubs.php - Get involved in groups that will contribute to learning new skills & gaining a variety of experience.

Get Connected

Develop your network – get advice about careers from alumni and other professionals.

Connection Tools

The Career Centre's tip sheets and workshops on LinkedIn, networking, and marketing yourself at career events.

Mentoring/Networking Programs

Programs and events to help you navigate your career options.

Visit trentu.ca/careers/mentoring