

# Psychology

Trent Career Centre

[trentu.ca/careers](http://trentu.ca/careers)

[careers@trentu.ca](mailto:careers@trentu.ca)

Use this tool to discover how you can use your degree, skills and experiences in the workplace.

This is only a starting place – remember to explore all your options.

## Skills Developed Through Your Major

- Knowledge of human development
- Information gathering and synthesis
- Mediate conflicts
- Critical and inferential thinking
- Understanding of group dynamics
- Decision making skills

- Counselling and interviewing
- Knowledge about biological, ecological, cultural factors that influence behaviour
- Theoretical methods, research methods and statistical skills

## Recognizing Valuable Assets

- Skills in social research, qualitative interviewing and fieldwork, as well as quantitative methods
- Recognize cultural differences/similarities
- Aptitude for scientific problem solving

## Sample Job Titles and Fields of Work

- Behaviour Analyst
- Case Worker
- Child Protection Worker
- Communications/ Journalist
- Family & Crisis Counselling
- Customs/Immigration Officer
- Media Planner
- Social Service Worker
- Student Advisor

\*Note: Some occupations may require further education or specialized training\*

- Technical Writer
- Television/Media
- Community Centre
- Consulting Firms
- Correctional Facilities
- Education
- Healthcare
- Employment Agencies
- Government

## A Taste of What's Out There

- Human Resources
- Labour Relations
- Marketing/Sales
- Market Research Firms
- Non-Profit Agencies
- Public Relations
- Journalism
- Rehabilitation Centre
- Statistics

## Career Centre Resources

### Career Centre Website

[trentu.ca/careers](http://trentu.ca/careers) - Extensive career development and work search information including tools, links, strategies and assessments.

### Trent University Student Job Board

[trentu.ca/sep](http://trentu.ca/sep) - Look for on- and off-campus opportunities.

### Career Resources on myTrent

[trentu.ca/mytrent](http://trentu.ca/mytrent) - Access the following resources through myTrent>Support>Student Transitions and Careers

- **Career Cruising and TypeFocus**

Free self-assessments that connect your interests and personality to your career.

- **My World Abroad**

A guide that provides information, strategies, and tips for anyone considering going abroad for work, study or travel.

## Great On-Campus Services

### Career Counselling and Résumé Critiques

Get feedback in a one-on-one appointment. Book online at [trentu.ca/sep](http://trentu.ca/sep).

### Career and Work Search Workshops

Register through the Events Calendar at [trentu.ca/sep](http://trentu.ca/sep).

### Resource Library

Information on career exploration, finding work, and more.

- Career Paths in Psychology
- Opportunities in Social Science Careers
- Careers for Scholars & Other Deep Thinkers

### Events and Fairs

Your opportunity to meet and network with employers and recruiters on campus.

## Professional Associations & Societies

## More Than Just a Club!

Professional associations and societies can be effective exploration resources as they provide information about careers, job boards, events and professional development opportunities. These groups can be used for networking, so become familiar with them!

Canadian Psychological Association

[cpa.ca](http://cpa.ca)

Canadian Counselling and Psychotherapy Association

[ccpa-accp.ca](http://ccpa-accp.ca)

Ontario Psychological Association

[psych.on.ca/](http://psych.on.ca/)

American Psychological Association

[apa.org](http://apa.org)

Canadian Society for Brain, Behaviour & Cognitive Science

[csbbcs.org](http://csbbcs.org)

Psychology Foundation of Canada

[psychologyfoundation.org](http://psychologyfoundation.org)

Canadian Council of Professional Psychology Programs

[ccppp.ca](http://ccppp.ca)

Ontario Association of Consultants, Counsellors,  
Psychometrists and Psychotherapists

[oaccpp.ca](http://oaccpp.ca)

Ontario Brain Institute

[braininstitute.ca](http://braininstitute.ca)

Association for Behaviour Analysis International

[abainternational.org](http://abainternational.org)

Social Sciences and Humanities Research Council (SSHRC)

[sshrc-crsh.gc.ca](http://sshrc-crsh.gc.ca)

## Opportunities

## Internships, Careers, Government Programs

Trent University Student Job Board

[trentu.ca/sep](http://trentu.ca/sep)

Scholarly Societies Project

[references.net/societies/](http://references.net/societies/)

Ontario Internship Program

[internship.gov.on.ca](http://internship.gov.on.ca)

Humanities and Social Sciences Online

[h-net.org/jobs](http://h-net.org/jobs)

Information about Careers in Psychology

[careersinpsychology.org](http://careersinpsychology.org)

Career Edge

[careeredge.ca](http://careeredge.ca)

Community Psychology Net Student Lounge

[communitypsychology.net](http://communitypsychology.net)

Academic Careers Online

[academiccareers.com](http://academiccareers.com)

Federal Government Jobs

[jobs.gc.ca](http://jobs.gc.ca)

Provincial Government Jobs

[gojobs.gov.on.ca](http://gojobs.gov.on.ca)

Community Mental Health Careers

[workinginmentalhealth.ca/forms/career.aspx](http://workinginmentalhealth.ca/forms/career.aspx)

Charity Village

[charityvillage.com](http://charityvillage.com)

Internship Listings

[campusaccess.com](http://campusaccess.com)

## Get Experience

### Psychology at Trent University

[trentu.ca/psychology](http://trentu.ca/psychology) - Courses, newsletter and department information.

### Trent Community Research Centre

[trentcentre.ca](http://trentcentre.ca) - Students are matched with local organizations to assist with research, planning and other community development projects for course credit.

### Trent University Student Organizations

[trentcentral.ca/clubs.php](http://trentcentral.ca/clubs.php) - Get involved in groups that will contribute to learning new skills & gaining a variety of experience.

## Get Connected

Develop your network – get advice about careers from alumni and other professionals.

### Connection Tools

The Career Centre's tip sheets and workshops on LinkedIn, networking, and marketing yourself at career events.

### Mentoring/Networking Programs

Programs and events to help you navigate your career options.

Visit [trentu.ca/careers/mentoring](http://trentu.ca/careers/mentoring)