

Child & Youth Studies

Use this tool to discover how you can use your degree, skills and experiences in the workplace.

This is only a starting place – remember to explore all your options.

Skills Developed Through Your Major

- Comprehensive understanding of child and adolescent development
- Understanding of current methodologies in child and youth professional practice
- Ability to design child and youth based programming that incorporates creativity and play
- Knowledge of research methodologies and practices in a child/youth-centred and rights-based field of study
- Ability to present thoughts clearly and intelligently in written statements and written opinion pieces
- The capacity to critically analyze problems, think creatively and make sound decisions while considering different sides of an argument
- Understand how biological, psychological, social, and cultural factors interact to affect children and youth

Recognizing Valuable Assets

- Apply theories, ideologies and research to real world situations
- The skills to collect various types of information, assess them, analyze and incorporate potential linkages from different fields, put them into writing and efficiently convey your message and the goal of your work
- The capacity to lead and interact with a variety of people with different approaches and backgrounds
- Skills enabling you to work effectively in group situations, partaking in decision-making, leading and contributing to the ultimate success of the team and task
- The capability to identify priorities and proper courses of action, to plan the execution of tasks and to determine and delegate responsibilities to group members to most effectively carry out projects

Sample Job Titles and Fields of Work

- Child protection worker
- Child and youth worker
- School-based youth and family counsellor
- Early childhood educator
- Facility youth worker
- Corrections
- Teacher
- Professor
- Youth development worker
- Family service worker
- Recreation/Outward Bound leader
- Infant development program worker
- Youth outreach worker
- Intake counsellor
- International development worker

- Preschool Integration Coordinator
- Pediatric health care worker
- Mental health worker
- Child and youth counselor
- Substance use worker
- Alternative Communication Specialist
- Assistive Living Worker
- Author, Children's Books
- Autism Specialist
- Child Care Program Coordinator
- Child Development Specialist
- Child Health Specialist
- Child Psychologist
- Child Welfare Worker
- Children's Rights Activist
- Occupational Therapist

A Taste of What's Out There

- Day Care Worker
- Disabilities Advocate
- Family Counsellor
- Social Worker
- International Development Educator
- Journalist
- Lawyer
- Legal Aid Worker
- Pediatrician/Doctor
- Public Policy Analyst
- Rehabilitation Counsellor
- Researcher
- Music/Play Therapist
- Special Needs Educator

Note: Some occupations may require further education or specialized training

Career Centre Resources Great On-Campus Services

Career Centre Website

trentu.ca/careers - Extensive career development and work search information including tools, links, strategies and assessments.

Trent University Student Job Board

trentu.ca/sep - Look for on- and off-campus opportunities.

Career Resources on myTrent

trentu.ca/mytrent - Access the following resources through myTrent>Support>Student Transitions & Careers

- **Career Cruising and TypeFocus**

Free self-assessments that connect your interests and personality to your career.

- **My World Abroad**

A guide that provides information, strategies, and tips for anyone considering going abroad for work, study or travel.

Career Counselling and Résumé Critiques

Get feedback in a one-on-one appointment. Book online at trentu.ca/sep.

Career and Work Search Workshops

Register through the Events Calendar at trentu.ca/sep.

Events and Fairs

Your opportunity to meet and network with employers and recruiters on campus.

Professional Associations & Societies

Professional associations and societies can be effective exploration resources as they provide information about careers, job boards, events and professional development opportunities. These groups can be used for networking, so become familiar with them!

National Alliance for Children and Youth

nacy.ca/

Association for Childhood Education International

acei.org/

Association for Research in Cultures of Young People

arcyp.ca/

The Canadian Association for Young Children

cayc.ca/

More Than Just a Club!

Canadian Association of Child Life Leaders

cacll.org/cls.html

Canadian Child and Youth Health Coalition

caphc.org/canadian-child-youth-health-coalition-ccyhcc/

Social Sciences and Humanities Research Council (SSHRC)

sshrc-crsh.gc.ca

Opportunities

Internships, Careers, Government Programs

Trent University Student Job Board

trentu.ca/sep

Federal Government Jobs

jobs.gc.ca

Provincial Government Jobs

gojobs.gov.on.ca

Community Mental Health Careers

workinginmentalhealth.ca/forms/career.aspx

Charity Village

charityvillage.com

Internship Listings

campusaccess.com

Ontario Association of Children's Aid Societies

oacas.org/careers/

Children's Mental Health Ontario

cmho.org/get-involved/careers

Get Experience

Child and Youth Studies at Trent University

<http://www.trentu.ca/durham/> – Courses, program faculty, program blog, and more department information.

Trent Community Research Centre

trentcentre.ca - Students are matched with local organizations to assist with research, planning and other community development projects for course credit.

Trent University Student Organizations

trentcentral.ca/clubs.php - Get involved in groups that will contribute to learning new skills & gaining a variety of experience.

Get Connected

Develop your network – get advice about careers from alumni and other professionals.

Connection Tools

The Career Centre's tip sheets and workshops on LinkedIn, networking, and marketing yourself at career events.

Connection Programming

Mentoring/Networking Programs

Programs and events to help you navigate your career options.

Visit trentu.ca/careers/mentoring