

Minutes

CASSC Wellness Subcommittee

Tuesday, January 7th, 2025 1-2 p.m. via Zoom

Attendance

		P	A
Chair (Student Wellness Director or designate)	Mara Graham (Assistant Director, Health Services)	x	
Faculty Representative	Kelly McGuire	x	
College Principal	Melanie Buddle		x
Residence Life Coordinator	Claudia Taylor		x
TCSA	Kyra Myderwyk	x	
TGSA	Heather Klyn-Hesselink	x	
LEC	Stevie – Dee Carter Eden Cain		x
OC	Jonathan Nayler Rylin Wormington	x	
GC	Yugad Shivekam Nagara Phaheezat Awonuga	x	
CC	Shihab Islam Moksha Chopra		x
TC	Bailey McArthur		x
TISA	Diamond Akinbaleye	x	

1. Land Acknowledgement

We respectfully acknowledge that we are on the treaty and traditional territory of the Michi Saagiig Anishinaabeg. We offer our gratitude to the First Peoples for their care for, and teachings about, our earth and our relations. May we honour those teachings

2. Approval of November 4th Minutes – *The minutes of the meeting held on November 4th, 2024, were approved as distributed.*

3. Voting on composition – *After discussion of changes, Kyra moved that the new composition (as below) be adopted for the TOR, seconded by Kelly. The motion was approved by a unanimous vote.*

Current:

Composition:

- Director, Wellness Center or designate to act as chair (non-voting)
- Health Services Clinical Team Leader [other team leaders?]
- 1 Faculty representative
- 1 Residence Life Coordinator
- 2 Peer Health Educators
- 1 student representative each from Peter Gzowski, Otonabee, Lady Eaton, Trill and Champlain Colleges (5) or designate
- 1 student representative each from TCSA, and TGSA (2)
- 1 TISA representative
- 1 Accessibility Services student representative
- 1 College Principal

Consultants to the committee:

- Public Health Nurse, (PCCHU)
- Health Promoter, (PCCHU)
- Volunteer Service Coordinator, Peterborough AIDS & Resource Network
- Students for Access – student group at Trent
- Trent International Office representative

Invited Guests:

- Active Minds representative

Suggested Change:

Composition:

- Director, Wellness Center or designate to act as chair (non-voting)
- **Health Services Clinical Team Leader [other team leaders?]** = Change to Health Services Staff Member
- 1 Faculty representative
- 1 Residence Life Coordinator
- **2 Peer Health Educators** Move to Invited Guests and change to 1 Peer Health Educator
- 1 student representative each from Peter Gzowski, Otonabee, Lady Eaton, Trill and Champlain Colleges (5) or designate

- 1 student representative each from TCSA, and TGSA (2)
- 1 TISA representative
- 1 Accessibility Services student representative = Change to 1 Accessibility Services student representative (either a student staff or a student who accesses SAS).
- 1 College Principal

Consultants to the committee: - suggest to remove this entire section as consultants will change based on priorities set by subcommittee

- Public Health Nurse, (PCCHU)
- Health Promoter, (PCCHU)
- Volunteer Service Coordinator, Peterborough AIDS & Resource Network
- Students for Access – student group at Trent
- Trent International Office representative

Invited Guests:

- Active Minds representative

Add:

- Consent at Trent representative
- TUNA representative, or FPHL staff member
- Peer Health Educator

NEW Composition:

Composition:

- Director, Wellness Center or designate to act as chair (non-voting)
- Health Services Staff Member
- 1 Faculty representative
- 1 Residence Life Coordinator
- 1 student representative each from Peter Gzowski, Otonabee, Lady Eaton, Trill and Champlain Colleges (5) or designate
- 1 student representative from TCSA or designate
- 1 student representative from TGSA or designate
- 1 TISA representative
- 1 Accessibility Services student representative (either a student staff or a student who accesses SAS).
- 1 College Principal

Invited Guests:

- Active Minds representative
- Consent at Trent representative
- TUNA representative, or FPHL staff member
- Peer Health Educator

4. Update on HEPA Filters

Mara let the group know that she had been in contact with facilities and that there is no reason for filters to be unplugged in rooms. Some folks are unplugging them as they feel that they are too loud – they can be plugged in if you see one that's not. If for some reason one is not working, please put a ticket in with IT. Mara inquired about the policy for changing the internal filters, still trying to find out who is responsible for this task.

5. Access to health for Durham Students (Heather)

Heather spoke about barriers of access to health care, particularly for Durham Students and particularly for international students. International students have to pay an upfront cost to access most (if not all) walk-in clinics in the Durham region. Heather is wondering if there might be opportunity for UHIP to partner with a clinic and offer direct billing. Mara to connect Health with contact at UHIP and Durham.

**Update - Mara spoke with staff at Durham and learned that there are some clinics in Oshawa and region who will bill direct to UHIP. Those clinics can be found by going to <https://uhip.ca/find-a-clinic-doctor-lab/#find-a-clinic-doctor-lab-close-to-you-that-accepts-uhip>.*

6. Ancillary update

Mara informed the subcommittee that Wellness does not intend to raise the ancillary fee beyond CPI for the upcoming year.

7. New director

Mara announced that Julie Middleton is the new Director of Student Wellness. Julie will be invited to the next meeting to get to know the subcommittee.

8. Meeting Adjourned – Next Meeting TBD, Doodle Poll to be sent out after next CASSC meeting.