

## **Planning Your Quarantine Accommodations**

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## Quarantine Accommodations

When planning on entering Canada to join us at Trent University there are requirements you must complete, in order to meet the Canadian governments COVID-19 Quarantine regulations.

Please review the following to understand your specific quarantine requirements:

### Identifying Your Quarantine Requirements

Mandatory 14-Day Quarantine.	Mandatory Full 14-Day Quarantine.	Mandatory Plan for 14-Day Quarantine.
<input type="checkbox"/> I have not yet been fully vaccinated with the COVID-19 vaccination	<input type="checkbox"/> I have not yet been fully vaccinated with the COVID-19 vaccination	<ul style="list-style-type: none"> <li>I am <b>fully</b> vaccinated by vaccines approved by the Government of Canada at least 14-days prior to entering and provide supporting documentation in English or French with a certified translation; must be asymptomatic</li> </ul>
<input type="checkbox"/> I am driving to Canada	<input type="checkbox"/> I am flying to Canada	<input type="checkbox"/> I am entering Canada after July 6 <sup>th</sup>
<a href="#">Click here to learn about your requirements*</a>	<a href="#">Click here to learn about your requirements*</a>	<a href="#">Click here to learn about your requirements*</a>

\*Requirements are subject to Government of Canada regulation changes, all up-to-date information and requirements are on the [Canadian Government website](#), please check the requirements [here](#) before planning your arrival, as well as before arriving to ensure regulations have not changed.

## Understanding Your Requirements as a Non-Vaccinated Individual

As a non-vaccinated individual there are two quarantine routes you may be required to take, one involves a 3-Night Hotel stopover within a government authorized hotel, as well as an additional 11-day quarantine at a secondary accommodation, the second only requires you to quarantine for 14-days at an appropriate place of quarantine. To determine which route you are required to take, review the table below.

Mandatory 3 Day Hotel Stopover + Mandatory 11 Day Quarantine	Mandatory 14 Day Quarantine (No Hotel Stopover)
<ul style="list-style-type: none"><li>I am flying into Canada <a href="#">Check out the flying to Canada requirements checklist here!</a></li></ul>	<ul style="list-style-type: none"><li>I am driving into Canada <a href="#">Check out the driving to Canada requirements checklist here!</a></li></ul>
	<ul style="list-style-type: none"><li>I have recently recovered from COVID-19 (flying or driving)</li></ul>
	<ul style="list-style-type: none"><li>I have tested positive for Covid-19 in the last 90 days (flying or driving)</li></ul>
	<ul style="list-style-type: none"><li>I am a minor or a dependant (Under 18 years old) (flying or driving)</li></ul>

Regardless of whether you are required to adhere to the 3-Night Hotel Stopover, or go straight into a 14-day quarantine, your quarantine period will be a **total** of 14 days. If you have determined that you require a 3-Night Hotel Stopover read the steps below, if you have determined that are able to skip the 3-Night Hotel Stopover start reading at step 2.

### 1. Booking Your 3-Night Hotel Stopover

At this time, to prevent the spread of COVID-19, you must book and pay for a 3-Night Hotel Stopover before you arrive in Canada. You will stay at a government-authorized hotel while you await your arrival test results.

You can only book your hotel up to 14 days in advance of your arrival. Book in the same city as the airport of your initial arrival into Canada. Here are a list of [authorized hotels in Ontario](#). Trent has also partnered with the Holiday Inn Toronto Airport East and Quality Inn, below is information about the Holiday Inn. Booking with our partner hotel is not mandatory.

#### Booking process for Mandatory 3-Night Hotel Stopover Quarantine:

Students are required to make their reservation via this link **ONLY**:

[GAA Government Approved Accommodation.](#)

Once you have completed your 3-Night Hotel Stopover, and received your negative COVID-19 test result, you may transfer into your 11-day quarantine accommodation.

#### **Hotel Booking**

##### **Holiday Inn Toronto Airport East and Quality Inn (mandatory 3-Night Hotel Stopover only)**

- Rate: Approximately \$309.00 per room per night plus taxes; inclusive of all meals, transportation from airport. 3 nights = \$1089.41 with tax.
- Per revised rules from the government, the 3-Night Hotel Stopover is non-refundable and cannot be cancelled.
- Please contact the hotel for most up to date rate information.

## 2. Booking your 11-Day Quarantine or 14-day quarantine (if hotel stopover exempt)

Your 11-14 day quarantine can be fulfilled in a number of locations, but must meet the [Government of Canada quarantine regulations](#), check to see if your location is authorized and meets all requirements. Unfortunately, at this time Trent University is not offering quarantine accommodations on campus.

### Authorized locations include:

1. Quarantine in your permanent off-campus housing.
2. Quarantine at a temporary residence with family or friends.
3. Quarantine at an Airbnb.
4. Quarantine at a hotel (see an attached list of available recommended hotel options).
5. Quarantine with the [Study Safe Corridor](#)

### Study Safe Corridor: Inclusive Worry-Free Quarantine Package

In partnership with The Student Travels and Maritime Travel, Languages Canada has created a convenient, all-inclusive, and worry-free Safe Arrival and Quarantine package for students that includes:

- 11-night and 14-night quarantine hotel stays upon arrival in your destination city, at discounted rates (11-days for international students, 14-days for students travelling within Canada to select provinces)
- 3 meals per day delivered to your hotel room for the duration of your quarantine stay
- COVID-safe transportation (\*local transportation from either hotel to hotel or airport to hotel)
- Comprehensive 4-week [guard.me health insurance plan](#) with COVID-19 coverage (Extensions can be made through your institution of study or online at [www.guard.me](#) under Apply for Insurance at a cost of \$5.00 CAD per day) \*
- Access to mental wellness counselling services through [Keep.me SAFE by guard.meCares](#) for the duration of your quarantine stay\*
- A Canadian phone number and SIM card for your mobile device for 1 month, including 8GB of data, unlimited Canada-wide calling, and unlimited international text and picture messaging\*
- All necessary Study Safe documentation to ensure you are fully informed of travel and arrival requirements and have a smooth entry process into Canada or into your school's province.

[Book your Study Safe quarantine package here.](#)

### Hotel Recommendations:

Hotel Quarantine within Toronto:	Hotel Quarantine within Peterborough:	Hotel Quarantine within Durham:
<p><a href="#">Quality Inn Airport West 50 Britannia Rd E Mississauga, ON L4Z 3W7</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Rate for students: \$69.00 +11.73tax per night including room and HOT breakfast</li> <li><input type="checkbox"/> Rate for students: \$110.00 +18.7 tax per night including room+ 3 meals</li> <li><input type="checkbox"/> Includes free transportation from surrounding Toronto Pearson Airport area.</li> </ul> <p>To arrange accommodations e-mail: <a href="mailto:dos@northyork-hotel.ca">dos@northyork-hotel.ca</a>.</p>	<p><a href="#">Quality Inn Peterborough – 1074 Lansdowne Street West, Peterborough, ON, K9J 1Z9, CA</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Rate for students and family of students: \$82.00 +tax.</li> <li><input type="checkbox"/> Includes Breakfast to go</li> </ul> <p>To arrange accommodations, call 705.748.6801 or email <a href="mailto:fdm@qualityinnpeterborough.com">fdm@qualityinnpeterborough.com</a></p>	<p><a href="#">The Comfort Inn 605 Bloor St. W., Oshawa, ON, L1J 5Y6, CA</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Rate: \$112.00 plus tax per night for a single room with a coffee maker.</li> <li><input type="checkbox"/> Includes free hot breakfast, refrigerator and Wi-Fi.</li> </ul>
<p><a href="#">Intercontinental Toronto Centre – Toronto 225 Front Street West: Toronto, Ontario, M5V2X3, Canada</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Rate for students: \$150 per night (tax included).</li> <li><input type="checkbox"/> Includes free WiFi, and meals.</li> </ul> <p>To arrange special accommodations, click <a href="#">here</a>, selecting “University Visitor*” as your rate preference.</p>	<p><a href="#">Motel 6 Peterborough – PTBO 133 Lansdowne Street E, Peterborough, ON, K9J 7P7</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Rate: \$69.00 plus tax per night for a single room with a microwave.</li> </ul> <p>To arrange accommodations, email <a href="mailto:M65708BO@6franchise.com">M65708BO@6franchise.com</a> or call 705-748-0550.</p>	

**\*This is a guide to support your planning, rates are subject to change. Please contact the hotel for most up to date rate information.**

## Understanding Your Requirements as a Fully-Vaccinated Individual

As per the Canadian governments requirements released on June 21st individuals who are **fully vaccinated** with an [approved COVID-19 vaccination](#), only need to quarantine until they have received a negative covid-19 test result from their airport test **within Canada**, granted you are travelling after July 6, 2021.

While this requirement means you only need to quarantine until you receive a negative result, you must still plan and budget for a 14-day quarantine, in case of a positive test result.

If you have received a negative test result, you may exit quarantine and are no longer subject to government quarantine requirements. If you have received a positive test result, you will have to stay in your arranged quarantine accommodation, for the full 14 days.

Vaccinated individuals are still required to:

- Complete pre-arrival testing and arrival testing requirements
- Plan a place of quarantine for 14-days in case of a positive arrival test result
- Submit quarantine plan on ArriveCAN app and to the Trent University Quarantine Plan Registry
- Follow public health measures in place, such as wearing a mask when in public, keep a copy of their vaccine and test results, as well as a list of close contacts for 14 days after entry to Canada

As regulations set by the Canadian Government are subject to change it is important to note that mandates, and prices associated with accommodations may change. Please use the Canadian governments official updates as your most up-to-date frame of reference for travel and arrival regulations, in addition to keeping in contact with your selected hotel for rate details.

### 1. Planning Your 14-day quarantine

Your quarantine can be fulfilled in a number of locations, but must meet the [government of Canada quarantine regulations](#), check to see if your location is authorized and meets all requirements. Unfortunately, at this time Trent University is not offering quarantine accommodations on campus.

**Authorized locations include:**

1. Quarantine in your permanent off-campus housing.
2. Quarantine at a temporary residence with family or friends.
3. Quarantine at an Airbnb.
4. Quarantine at a hotel (see an attached list of available recommended hotel options).

**Quarantine Requirements:**

What is a suitable place of quarantine? Visit the [Government of Canada's webpage](#) to find out.

## Booking Your 14 Day Quarantine

Below is a list of possible 14-day quarantine locations recommended by Trent International. It is recommended not to book your quarantine accommodations more than two weeks in advance. Since your quarantine accommodation is subject to a flexible length, it is recommended to book for 3 days, ahead of time, and then book each additional day upon arrival. Trent recommends booking somewhere with a good refund policy, and flexible booking.

### Hotel Recommendations:

<u>Hotel Quarantine within Toronto:</u>	<u>Hotel Quarantine within Peterborough:</u>	<u>Hotel Quarantine within Durham:</u>
<p>Quality Inn Airport West 50 Britannia Rd E Mississauga, ON L4Z 3W7</p> <p>To arrange accommodations e-mail: <a href="mailto:dos@northyork-hotel.ca">dos@northyork-hotel.ca</a>.</p>	<p>Quality Inn Peterborough – 1074 Lansdowne Street West, Peterborough, ON, K9J 1Z9, CA</p> <p>To arrange accommodations, call 705.748.6801 or email <a href="mailto:fdm@qualityinnpeterborough.com">fdm@qualityinnpeterborough.com</a></p>	<p><a href="#">The Comfort Inn 605 Bloor St. W.</a>, Oshawa, ON, L1J 5Y6, CA</p>
<p>Intercontinental Toronto Centre – Toronto 225 Front Street West: Toronto, Ontario, M5V2X3, Canada</p> <p>To arrange special accommodations, click <a href="#">here</a>, selecting “University Visitor*” as your rate preference.</p>	<p><b>Motel 6 Peterborough – PTBO</b> 133 Lansdowne Street E, Peterborough, ON, K9J 7P7</p> <p>To arrange accommodations, email <a href="mailto:M65708BO@6franchise.com">M65708BO@6franchise.com</a> or call 705-748-0550.</p>	

\*This is a guide to support your planning, rates are subject to change. Please contact the hotel for most up to date rate information.

## General Quarantine Information

### Meal Services

Toronto	Durham	Peterborough
<u>Grocery Delivery:</u> <ul style="list-style-type: none"><li>• <a href="#">Metro Grocery Store</a> - \$50 minimum order</li><li>• <a href="#">Grocery Gateway</a> - \$50 minimum order + \$10 Delivery Fee</li></ul>	<u>Grocery Delivery:</u> <ul style="list-style-type: none"><li>• <a href="#">Instacart</a> (Loblaws, Real Canadian Superstore, Shoppers, Walmart, and others)</li></ul>	<u>Grocery Delivery:</u> <ul style="list-style-type: none"><li>• <a href="#">Instacart</a> (Real Canadian Superstore, Independent, Shoppers, Walmart, and others)</li></ul>
<u>Meal Delivery:</u> <ul style="list-style-type: none"><li>• <a href="#">UberEATS</a></li><li>• <a href="#">Skip the Dishes</a></li><li>• <a href="#">Door Dash</a></li></ul>	<u>Meal Delivery:</u> <ul style="list-style-type: none"><li>• <a href="#">UberEATS</a></li><li>• <a href="#">Skip the Dishes</a></li><li>• <a href="#">Door Dash</a></li></ul>	<u>Meal Delivery:</u> <ul style="list-style-type: none"><li>• <a href="#">UberEATS</a></li><li>• <a href="#">Skip the Dishes</a></li><li>• <a href="#">Door Dash</a></li></ul>

### Transportation

Due to Government COVID-19 regulations, you are unable to take public transit from the airport to your place of quarantine. You are required to take a private mode of transit. You can either book a private shuttle such as an Uber, a taxi, or with [Benson Services](#), arrange transportation with a family member or friend, or arrange a shuttle with the hotel you are staying at. Whichever option you select, you will need to include your pre-arranged transit information in your quarantine plan.

#### Public health measures to follow while in transit:

- Find the public health measures [here](#).

### Connect with Trent International

Trent International is here to support your transition to Canada, we are available Monday-Friday, and require a 24 hour turn around for email correspondence. Connect with us via email, or virtual chat.

- Have questions about **safe arrival** and **quarantine**? Email - [safearrival@trentu.ca](mailto:safearrival@trentu.ca)
- All other inquiries can be directed to - [international@trentu.ca](mailto:international@trentu.ca)
- Website: <https://www.trentu.ca/currentstudents/international/immigration/trent-safe-arrival-protocol>

**Planning to join us in-person soon?** Here are the [updated travel regulations](#).

Please visit our [Trent Safe Arrival Protocol](#) page for up-to-date information on travel and quarantine regulations.