



Trent University Quarantine Registry

Default Question Block

Trent University Quarantine Plan Registry:

The purpose of the Trent University Quarantine Plan Registry is to provide Trent International students intending to enter Canada with adequate information to do so safely and to confirm that the submitted quarantine plan meets the requirements of the Government of Canada.

You will submit your quarantine plan here and then print/download this form as a PDF following your submission and present it to the Canadian Service Border Officer upon arrival in Canada. You can download this form after submitting it on Qualtrics, or download the email receipt sent to your Trent email after completing your submission.

The information collected in this registry will only be used for Trent University purposes. We recommend submitting your plan 2 weeks prior to departure. Please allow at least 5 business days for follow-up.

If you have questions regarding safe arrival and quarantine, please email safearrival@trentu.ca.

Trent Safe Arrival Web Page Updated June 22nd, 2021

[Click here to read the Trent Safe Arrival Webpage](#)

I confirm I have read, and understand the information outlined on the Trent Safe Arrival web page, including the Trent Safe Arrival Protocol, the Pre Departure Checklist, the Quarantine Accommodation Resource, and details regarding vaccination requirements.

☐ Yes

☐ No

- I verify that I will be enrolled in courses at the time of my arrival in Canada, and that I am arriving no more than 30 days prior to the start of term. As the Canadian borders are closed for non-essential travel, the border agent or airline may deem your travel non-essential if arriving too early. *Be sure to book a flight with cancellation insurance.
- Once my quarantine plan is approved, I will receive a Letter of Support and Enrollment Letter, for the purposes of Safe Arrival, from the Trent University Quarantine Team.
- I confirm that I have a Study Permit valid at the time of my arrival or will obtain my Study Permit using my Letter of Introduction at the Port of Entry.

- ☐ Yes
☐ No

I have been **fully** vaccinated by a Canadian-approved Vaccine.

You will find below the list of accepted and not accepted vaccines at the moment. We recommend that you visit the web page entitled [Determine if you're fully vaccinated](#) regularly as the list of accepted vaccines may expand in the future.

Accepted vaccines:

- Pfizer (Comirnaty, tozinameran, BNT162b2)
- Moderna (mRNA-1273)
- AstraZeneca (Vaxzevria, AZD1222, Covishield)
- Janssen (Johnson & Johnson) - single dose

Vaccines not currently accepted for fully vaccinated status in Canada:

- Bharat Biotech (Covaxin, BBV152 A, B, C)
- Cansino (Convidecia, Ad5-nCoV)
- Gamalaya (Sputnik V, Gam-Covid-Vac)
- Sinopharm (BBIBP-CorV, Sinopharm-Wuhan)
- Sinovac (CoronaVac, PiCoVacc)
- Vector Institute (EpiVacCorona)
- Other

- ☐ Yes
☐ No

Please indicate which Canadian-approved vaccine you have received.

Accepted vaccines: *updated June 24, 2021

Travellers can receive their vaccine in any country but must provide a certified translation confirming their vaccination status if proof of vaccination is not provided in English or French.

The Government of Canada will accept translations that were produced by a certified translator whose certification can be confirmed by a stamp or membership number with a professional translation association.

Please upload your vaccination certificate via the link below,

<https://forms.office.com/r/nH7K5n10Fu>

- ☐ Pfizer (Comirnaty, tozinameran, BNT162b2) - Both Doses
- ☐ Moderna (mRNA-1273) - Both Doses
- ☐ AstraZeneca (Vaxzevria, AZD1222, Covishield) - Both Doses
- ☐ Janssen (Johnson & Johnson) - single dose

How are you getting to Canada? - Vaccinated

- ☐ I am driving
- ☐ I am flying

How are you getting to Canada? - Non Vaccinated

- ☐ I am driving
- ☐ I am flying

I confirm I have read and understood the [Government of Canada regulations for travelers without symptoms of COVID-19 returning to Canada by air](#).

- ☐ Yes
- ☐ No

I confirm I have read and understood the [Government of Canada regulations for travelers without symptoms of COVID-19 returning to Canada by land](#).

- ☐ Yes
- ☐ No

Quarantine Plan

Your quarantine plan is your responsibility and is a requirement of the Government of Canada.

All international students attending approved Designated Learning Institutions (DLI's) and intend to travel to Canada, are required to have a thorough quarantine (self-isolation) plan to satisfy current Canadian government travel restrictions concerning COVID-19. As part of the Quarantine Act, travelers to Canada are required to self-isolate for 14 days (unless determined exempt), provide contact information, and monitor themselves for symptoms.

Please download the Quarantine Support Guide below to support you through the process of writing a thorough quarantine plan. [See the Government of Canada's guidelines on a suitable place of quarantine.](#)

Personal Information

Full Name (Given Name, Family Name)

Date of Birth (MM/DD/YYYY)

Trent Student I.D (e.g. 0123456)

Trent Email

Personal Email

Phone (+000)

What is your address outside of Canada (Street Address, Apartment Number, City, Province/Region, Postal/ZIP Code)

Emergency Contact

Full Name

Relationship

Full Address

Phone Number
(+000)

Trent Campus Affiliation

- ☐ Peterborough
- ☐ Durham
- ☐ Unknown

Trent University Start Term

(Example: 2021 Summer, 2018 Winter, 2020 Fall)

What is your current academic level?

- ☐ ESL Student (any level)
- ☐ Undergraduate Year 1
- ☐ Undergraduate Year 2
- ☐ Undergraduate Year 3
- ☐ Undergraduate Year 4+
- ☐ Post-Graduate Certificate
- ☐ Graduate Masters
- ☐ Graduate PhD

Have you lived in Canada Previously?

- ☐ Yes
- ☐ No

Travel Information

Departure Country

Ontario Arrival Date
(MM/DD/YYYY)

Ontario Arrival Time
(00:00AM or
000:00PM)

Arrival Airport

Airline

Flight Number

Terminal

Passport Number

Do you have any layovers?

- ☐ Yes
☐ No

What are the details of your layover? (Flight booking information, country of layover)

if you have a connecting flight:

Your COVID-19 test must be conducted within 72 hours of the scheduled departure time of your last direct flight to Canada. You may also need to schedule the test in your transit city. To learn more about [testing requirements during layovers click here](#).

Travel Information

Ontario Arrival Date
(MM/DD/YYYY)

Ontario Arrival Time
(00:00AM or
00:00PM)

Port of Entry

Passport Number

Preparations Prior to Travel:

- ☐ I confirm that I have checked that I do not have symptoms of COVID-19.
- ☐ I have registered my travel plans in the Trent University Quarantine Plan Registry.
- ☐ I have planned my trip to my place of quarantine as directly as I was able to without any unnecessary stops.
- ☐ I have packed the items I need for my personal care during my 14 days in quarantine including a thermometer to monitor
- ☐ I have downloaded the ArriveCAN app.
- ☐ I have booked a shuttle or arranged private transportation from my arrival point to my place of quarantine

Transport to Quarantine Facility:

- ☐ I have booked or arranged my transportation from my arrival point to my place of quarantine prior to my departure to Canada.
- ☐ I will not use public transport.
- ☐ I will wear a well constructed, well fitting, non-medical mask while in transit, unless you are alone in a private vehicle
- ☐ I will sanitize your hands when entering/exiting the vehicle
- ☐ I will avoid contact with surfaces frequently touched by passengers or other drivers
- ☐ I will avoid stops and contact with others while in transit
- ☐ I will avoid using the recirculated air option for the car's ventilation during passenger transport; use the car's vents to bring in fresh outside air and/or open the vehicle windows
- ☐ I will practice physical distancing of 2m when possible such as sitting in the back away from the driver
- ☐ I will remain in the vehicle as much as possible: pay at the pump for gas and use drive-through when you need food

How will you get to your place of quarantine?

- ☐ Private Shuttle
- ☐ Hotel shuttle
- ☐ Private Taxi
- ☐ Private transit with family member or friend
- ☐ Other

Place of Quarantine:

- ☐ I confirm that I will remain in my room or residence (place of quarantine) without leaving unless it is to receive medical attention for a period of 14 days starting from the day I arrive.
- ☐ I will not have visitors during my 14 days in quarantine.
- ☐ I will monitor my health for symptoms of COVID-19.
- ☐ I will use the ArriveCAN application to report my symptoms daily to the government within 48 hours of arriving in Canada.
- ☐ I will check-in daily with Trent University to report on any COVID-19 symptoms, positive COVID-19 test results, to confirm that I am following quarantine regulations, and to inform the University if I need any additional support.

Are you arriving after 12:01 A.M. EDT on August 9th 2021?

As of July 19th the three-night government authorized hotel stay requirement will be eliminated for all travelers arriving by air as of 12:01 A.M. EDT on August 9. Fully vaccinated travelers who meet the requirements will be exempt from quarantine; however, all travelers must still provide a quarantine plan and be prepared to quarantine, in case it is determined at the border that they do not meet the necessary requirements.

- ☐ Yes
- ☐ No

Mandatory 3-night Hotel Quarantine Booking Confirmation:

- If not fully vaccinated: Include Hotel Name and Confirmation Number
- If eligible for quarantine exemption: Indicate which hotel you will book a 3-night hotel stopover with should you be deemed ineligible for exemption by CBSA or you test positive on arrival test at port of entry.

11-day Place of Quarantine Address (If exempt from 3-night hotel stop over - 14-day Quarantine Address)

Quarantine Type
(Private residence,
Trent residence, Hotel
etc)

Street Address,
Apartment Number,
City, Province, Postal
Code

Phone Number

Describe how you will self-isolate in your place of quarantine? [Refer to suitable place of quarantine regulations.](#)

How will you ensure you:

- Avoid contact with others who did not travel with you and sleep in a separate bedroom.
- Practice physical distancing of 2 metres at all times.
- Only go outside on a private balcony or yard with those who travelled with you.
- Do not use shared spaces such as lobbies, courtyards, restaurants, gyms or pools.
- Do not have any visits from family, friends, or other guests.

You may quarantine with others that did not travel with you if, they consent to the quarantine or are the parent or minor in a parent-minor relationship, or, you complete a form with a government representative at the border crossing explaining the consent and receive authorization to proceed

Questions to guide your plan:

- How will you avoid contact with those that have not travelled with you? Do you have a room to safely self-isolate?
- If sharing common areas in a single household, how will you ensure to not come in contact with those that have not traveled with you and sanitize those areas properly to ensure the safety of others? This refers to common areas in a single household, not common areas of an apartment complex or shared common areas amongst members outside of your household (gyms, pools, restaurants, etc)

Describe how you will access food and necessities of life without leaving your place of quarantine for 14 consecutive days? (Grocery delivery, meal delivery, prepared drop-off, pharmacy delivery, etc)

Food, groceries, or other necessities should be left at your door for contactless delivery.

If instructed by a medical professional, how will you safely leave quarantine to access medical care? (indicate nearest hospital and COVID-19 testing centre) [Refer to public health measures while in transit.](#)

University Health Insurance Plan

1. I confirm I have health insurance valid the day I arrive in Canada or understand how to download my card upon arrival (see next question).
2. I understand I do not need my UHIP Card for entry into Canada and will be sent it upon arrival in Ontario.
3. I understand if I arrive prior to August 10, 2021, I will be subject to a \$60 UHIP charge for early arrival. If I arrive August 10th and later, there is no additional charge.
4. I confirm I have read the below health insurance plan details.

University Health Insurance Plan Details:

The University Health Insurance Plan (UHIP) is a primary health plan. The plan covers doctor's service, hospital service, emergency, and diagnostic testing. UHIP is mandatory while international students are living in the Province of Ontario or in Hull/Gatineau area in the Province of Quebec, Canada.

For international students, it is mandatory to have UHIP coverage while you are living in Ontario, Canada. **However, you do not need your UHIP e-card until you have arrived in Canada.** You can keep the following UHIP information with you when you plan your travel with Quarantine Support and Safe Arrival Team at Trent International. You may request your UHIP e-card as soon as you have arrived in Canada.

Provider Name: Sun Life Financial (This is the same for all Trent international student)

Policy Number: 050150 (The policy number is the same for all Trent international student)

Member ID: TU000123456 (Member ID is unique to you and your spouse. It is TU00 plus your Trent student ID including the first zero)

- ☐ I confirm
☐ I do not confirm

Complete an online UHIP e-card request form between 7-14 days prior to travelling to Canada you can sign up via your myTrent account:

MyTrent > SUPPORT > Health and Wellness > UHIP e-card Request Form.

For your information:

- The UHIP fee is CAD \$60 per month per person before August 31, 2021
- The UHIP fee is CAD \$63 per month per person from September 1, 2021 to August 31, 2022

For more information regarding UHIP click [here](#).

- ☐ I need additional support signing up (contact uhip@trentu.ca)
☐ I will register for UHIP or contact uhip@trentu.ca for additional support

Indicate UHIP Member ID or details of supplemental insurance:

Please note:

If you have applied for your UHIP e-card and do not have it yet, your UHIP Member ID is standard and will be TU00 + Student ID (Ex. TU000123456). You will be sent your e-card by the day of arrival and likely not sooner. You do not require it to pass immigration in Canada.

In case of COVID-19 signs or symptoms, I will take the online Ontario [COVID-19 self-assessment](#) and follow the instructions of my Public Health Authority in coordination with Trent University.

I will follow all health and safety precautions as instructed by the local health authority and take private transit if I am directed to go to a COVID-19 assessment centre or to receive medical care.

- ☐ Yes
☐ No

Once your quarantine is complete, where will you reside?

- ☐ Trent Residence (you must apply, pay fees, and receive confirmation from Trent Housing)
☐ Off-Campus Housing

What will be your permanent Canadian address after quarantine?

(Street Address, Apartment Number, City, Province, Postal Code)

I have read and understood the following:

Starting January 7, 2021, air travellers 5 years of age or older will be required to present a negative COVID-19 test result to the airline prior to boarding international flights bound for Canada. The test must be performed using a COVID-19 molecular polymerase chain reaction (or PCR) test and must be taken within 72 hours prior to the traveller's scheduled departure to Canada. [View the full news release here.](#)

- ☐ Yes
☐ No

I understand that the Government of Canada requires me to check-in via the ArriveCAN app and with Trent University each day of my quarantine and I will do so.

- ☐ Yes
☐ No

Additional Information (optional)



Pledge of Compliance for Students Entering Canada

If you plan on entering Canada, it is mandatory for you to complete the following pledge of compliance and submit it to Trent International prior to your arrival. You must include it in your quarantine plan.

We look forward to welcoming you to Canada! Canada remains a safe and welcoming destination for international students. However, as a result of the COVID-19 pandemic, there are some important protocols that international students must follow to reduce the risk of infection and transmission of the virus, including undertaking a mandatory 14-day quarantine period immediately upon arrival in Canada (unless determined exempt). All Canadians and visitors are required to work together to keep each other safe by following public health directives. We are here to support you throughout this process.

Please take some time to review the information in the Trent Safe Arrival Protocol. Please note that if you do not follow this protocol, you may be denied entry into the country, or may be denied entry to/dismissed from your program of study with no refund. Government authorities may also fine students for non-compliance in certain situations.

Please confirm that you understand and agree with the following:

- I am aware of the requirement to comply with the Government of Canada's Quarantine Act, including the penalties of violation of the Quarantine Act, which include up to 6 months in prison and/or \$750,000 in fines.
- I understand that further to the penalties detailed above, non-compliance may result in academic and enrolment sanctions.
- I pledge to comply with the requirements stated in Trent's Safe Arrival Protocol
- I have completed and printed the Safe Arrival Protocol Quarantine Plan for presentation at my port of entry, and have registered via the ArriveCAN App.
- I confirm that I have appropriate medical insurance, effective as of the date of my arrival in Canada, which includes coverage for COVID-19 during the quarantine period.
- I am aware of the New Travel Measures and will comply accordingly
- I understand I require a negative COVID-19 molecular polymerase chain reaction (or PCR) test result taken within 72 hours prior to the traveler's scheduled departure to Canada. Test results taken within 72 hours prior to the traveller's scheduled departure to Canada.
- I pledge to inform Trent Health Services of a positive COVID-19 test result and acknowledge that a positive result does not impact my status in Canada or at Trent university and ongoing medical support will be provided.

7/30/2021

×

SIGN HERE

clear

7/30/2021

I confirm that I am a student at Trent University and will follow the quarantine plan described. I am aware that failure to follow this quarantine plan may result in a fine of up to CAD\$750,000 or a prison term of up to 3 years. I take full responsibility for following the plan as described below in addition to any instructions I receive from Trent University and public health authorities.

I certify that my answers are true and complete to the best of my knowledge.

×

SIGN HERE

clear

Thank you for completing the Trent University Quarantine Registry. We will follow up within 5 business days if your plan does not meet the Government of Canada regulations.

IMPORTANT: Be sure to download a PDF of your responses (option will appear once you submit the survey, or alternatively through your email) and use this as your Quarantine Plan to present to the Canadian Border Services Officer upon arrival.

***If you need to update your plan for any reason, please email safearrival@trentu.ca and we can send you a link to edit your submitted quarantine plan**

