

Safe Travel Tips

What should you bring home?

- Clean laundry – try to avoid bringing home soiled laundry
- Important personal items including medication and personal identification
- Computer, phone and chargers
- Course materials i.e. textbooks and notebooks

Travelling by Public Transit:

- Do not take public transit if you are experiencing symptoms of COVID-19.
- Pre-purchase your ticket online if applicable.
- Wear a face covering to protect yourself and others.
- Respect physical distancing and stay 6ft/2m apart, where possible.
- Wash your hands frequently. If you're unable to, use personal hand sanitizer or a sanitizing station.
- Review safety information before travelling:
 - [GO Transit COVID-19 Safety Information](#)
 - [VIA Rail COVID-19 Safety Information](#)
 - [Greyhound COVID-19 Safety Information](#)

Travelling by personal vehicle or family vehicle:

- Do not share a vehicle with others if you are experiencing symptoms of COVID-19.
- Wear a face covering to protect yourself and others while in a vehicle and during all stops.
- Limit the number of stops you make.
- Track in a notebook or phone where you have stopped and when.
- Wash your hands frequently. If you're unable to, use personal hand sanitizer or a sanitizing station.

While at home:

- Clean frequently touched surfaces and shared spaces often (i.e. shared kitchens and bathrooms).
- Limit sharing commonly used items such as dish towels, bedding/blankets and clothing.
- Avoid sharing bedrooms and washrooms while you are home if applicable.
- Limit visits with older people/people with medical concerns.
- Continue to self-monitor your health by completing a daily [COVID-19 Self-Assessment](#).

If you develop symptoms while away:

- Determine where your [local assessment centre](#) is located.
- Follow directive from [Public Health Ontario](#) and self-isolate while you await your results. Avoid all travel while you are waiting for COVID-19 test results.

- If your symptoms worsen while home contact your health care provider or Telehealth (1-866-797-0000) or if in a medical emergency, call 911 immediately.
- Notify your college principal or [Student Affairs](#) regarding returning to campus.

If you test positive for Covid-19 while away:

- Follow directive from [Public Health Ontario](#) and continue to self-isolate for 14 days.
- Notify your college principal or email studentaffairs@trentu.ca with your phone number so we can contact you.

Returning to the Trent Community:

- Follow the safe travel information located in the sections above when returning to campus
- Continue to self-monitor your health by completing a daily [COVID-19 Self-Assessment](#)
- If you are experiencing symptoms, have been in close contact with a confirmed COVID-19 case or are awaiting test results from Public Health please postpone your return to campus if possible
- Please review the [COVID Case Reporting & Expectations](#) resource before returning to campus

If you have any questions please contact your local public health authority, your college principal, or Student Affairs at 705-748-1011 ext. 7127 or <mailto:studentaffairs@trentu.ca>