

# COVID CASE REPORTING & EXPECTATIONS: TRENT STUDENTS

The health and safety of our Trent community are foremost in all of the University's considerations and plans. This document provides guidance to all Trent students on the steps they must take in a variety of scenarios, when possible exposure to COVID-19 is suspected, or when a positive COVID-19 result is confirmed.

## Vaccination Requirement

All students, staff and faculty must be fully vaccinated or have an approved accommodation for exemption to continue coming to campus. Third dose boosters are strongly recommended for all members of the Trent community. Those who are not fully vaccinated must have an approved accommodation and complete Trent's vaccine education module, then perform rapid antigen testing at least twice weekly (and test negative) and upload results to myTrent to continue coming to campus.

## Stay Home If Unwell

To ensure the health and safety of our community, do not come to campus or enter any campus spaces if you are experiencing symptoms of COVID-19 or are required to isolate. If you are feeling unwell and suspect you may have symptoms of COVID-19, take the [provincial self-assessment](#) and follow the directions.

## Face Mask Policy

Face coverings must be worn in all indoor spaces at the University, as well as outdoors where physical distancing cannot be maintained.

## Missing Classes and Evaluations

If you are missing a class or lab where no evaluation (test, assignment, midterm, exam, etc.) is scheduled, you should request notes from a fellow student or from course note taker, if there is one.

*Instructors are not obligated to make notes or recordings for all in-person classes available.*

If you are missing an assignment/test/midterm/exam (or other evaluation piece of the course that has an impact on your final grade), contact your instructor.

- Your instructor(s) will work with you to discuss alternatives.
- Please note that adjustments and deferrals are not automatic, and you will need to discuss options with your instructor(s) directly.

If you are experiencing difficulties and need support, reach out: [studentaffairs@trentu.ca](mailto:studentaffairs@trentu.ca)

## Potential COVID Case Scenarios & Steps

In all scenarios outlined below, the University will follow the Public Health directives and provincial guidelines. It is important to note that, as privileged medical information, **a diagnosis of COVID-19 is considered confidential**. As such, the University will never release identifying information of an individual who tested positive for COVID-19.

The scenarios and steps outlined in this document are informed by the [Province's COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge](#) as well as the provincial [Isolation Guidelines](#) and/or [Self-Monitoring Guidelines](#).

Individuals with symptoms, or with household contacts who have symptoms, are asked to refer to the [Government of Ontario's Exposure Guidelines](#) to determine appropriate action.

***If you are contacted by Public Health, you must follow all directions provided by your local Public Health Authority.***

**Scenario #1: I have *not* been to campus within the past 48 hours and I'm displaying symptoms of, or have tested positive for, COVID-19.**

- Complete and follow the direction provided by the [provincial self-assessment tool](#) and Public Health.
- If told to stay home/self-isolate, do not come to campus until your isolation period is over.
- If you live in residence, contact your don of Housing Services immediately and follow all directions on isolation and testing, as required.
- If you have in-person classes on campus, see Scenario #4.

**Scenario #2: I *have* been to campus within the past 48 hours and I am displaying symptoms of, or have tested positive for, COVID-19:**

- Complete and follow the direction provided by the [provincial self-assessment tool](#) and Public Health.
- If told to stay home/self-isolate, do not come to campus until your isolation period is over.
- If you live in residence, contact your don of Housing Services immediately and follow all directions on isolation and testing, as required.
- If you attended a class (lab, seminar, etc.) within the last 48 hours, complete the [COVID-19 Self Reporting form](#) and see the Missing Classes and Evaluations section above.
- If you have accessed the Trent Athletics Centre and/or participated in any campus recreation programs notify [ACcovidcontact@trentu.ca](mailto:ACcovidcontact@trentu.ca).
- Inform any close contacts of potential exposure directly and direct them to [Ontario.ca/exposed](https://ontario.ca/exposed)

**Scenario #3: I have been exposed to someone with symptoms of COVID-19 or who has received a positive test result.**

- Complete and follow the direction provided by the [provincial self-assessment tool](#) and Public Health.
- Review and follow Public Health [guidance on exposure to COVID-19](#), and do not come to

campus if told to isolate.

- If told to stay home and you will miss class during your isolation period, see the Missing Classes and Evaluations section above.
- For 10 days after the exposure, be sure to self-monitor for symptoms, wear a mask whenever possible and avoid activities where mask removal would be necessary, do not visit someone or go to work in a highest risk environment.

**Scenario #4: I have an on-campus job and have worked a shift in the last 48 hours AND have tested positive for COVID-19 or am displaying symptoms consistent with COVID-19.**

- Inform your supervisor; submit a [private self-declaration form](#) to Human Resources. Your confidentiality will be maintained.  
Follow [public health guidelines on isolation](#).
- Do not return to campus until you have been advised it is safe to do so.
- Transition to working remotely if able, and you are feeling well enough to do so, or talk to HR or your supervisor/manager about options for sick leave.
- The area where you work may be temporarily restricted for cleaning and sanitization, and any colleagues who may be determined to be at an elevated risk may be informed of a potential exposure in the workplace and asked to self-monitor.
- Inform any close contacts of potential exposure directly and direct them to [Ontario.ca/exposed](#).

**Scenario #5: I live with someone who is required to self-isolate (stay home) due to having symptoms of COVID-19 or testing positive for COVID-19.**

- Complete and follow the direction provided by the [provincial self-assessment tool](#) and Public Health.
- If told to stay home/self-isolate, do not come to campus until your isolation period is over.
- You do not need to self-isolate if you...
- Previously tested positive for COVID-19 in the past 90 days;
- Are 18+ and have received your booster dose;
- Are under 18 and are fully vaccinated.
- If none of the above apply to you, you must self-isolate. Follow all [Public Health measures](#).

**Scenario #6: I am an Excalibur varsity student-athlete and I have tested positive for COVID-19 or am displaying symptoms consistent with COVID-19.**

- [Contact Sarah Batley, Assistant Director of Sport, and Student Engagement](#), to discuss your next steps. Trent Athletics will activate the team protocol.
- Follow [public health guidelines on isolation](#).
- Do not come to campus or attend any team functions (meetings, training, games, etc.) until you are able to end isolation, as outlined by [Public Health guidelines](#) and the University.
- Inform any close contacts of potential exposure directly and direct them to [Ontario.ca/exposed](#)

**Scenario #7: I am on a Trent placement and have tested positive for COVID-19 or am displaying symptoms consistent with COVID-19.**

- Follow the guidance of your [local](#) public health authority and [self-isolate as required](#).
- Contact your placement coordinator or course instructor. They will provide instructions on whether you can continue with your placement, or if alternate arrangements should be made, based on the facility's policies and the advice of Public Health.
- Do not come to campus until you are able to end isolation, as outlined by [Public Health guidelines](#).
- Inform any close contacts of potential exposure directly and direct them to [Ontario.ca/exposed](#).

**Scenario #8: I am a Canadian citizen who has traveled outside of Canada within the past 14 days.**

- Follow the guidance of your [local Public Health authority](#) while respecting all federal COVID-19 protocols.
- [If exempt from federal quarantine requirements](#), as directed by the border agent at your point of entry, then continue to self-monitor for symptoms, and you may proceed to campus.
- If you are not exempt from federal quarantine requirements, you must stay home for 14 days immediately after your return to Canada.

**Scenario #9: I am an international student who has traveled outside of Canada within the past 14 days.**

- **Fully vaccinated:** You must obtain an entry test and quarantine until you obtain a negative test result. If test is positive, you must complete a 10-day quarantine.
- **Not fully vaccinated:** You are unable to enter Canada at this time due to government guidelines.
- Contact Trent International [international@trentu.ca](mailto:international@trentu.ca) to be connected with support.

## A Reminder

The measures implemented by the province, Public Health and by Trent are designed to reduce both the risk of acquiring COVID-19 if you come into contact with someone who has it, and to reduce the chance of you spreading it if you have it and are not aware. At all times, practice good respiratory hygiene, wash your hands frequently, follow physical distancing measures, wear a face mask, and use the provincial self-assessment app regularly (also accessible through the Trent Mobile App). The University is also recommending that all students download the federal COVID alert app. Consistently adhering to all of the requirements, protocols and practices is your best defense against COVID-19.