

FALL EDITION VII - OCTOBER 28TH, 2026

TRAILL TALES

Catharine Parr Traill College
Trent University

A message from our College Principal

Dear Traillites,

With **Reading Week** here, it has meant a change in rhythms here at the College on the Hill this week. We have a number of students still here, and we were so pleased to welcome the *Trent University Association of Retired Persons* – made up of retired staff and faculty - down here also.

With the **municipal election** held this past Monday, Peterborough (and other Ontario municipalities) chose their local leaders for the next four years. Our very own *Michael Eamon*, on leave from Trent and Traill College as Principal, has earned the new title of "His Worship" as our mayor elect. He will be sworn in as the next mayor of Peterborough in November. We want to offer our congratulations to Michael, and all the candidates for mayor, councillor and school trustee. Our loss here at Traill is the city of Peterborough's gain.

For the time being, I will remain as Acting Principal at Traill. Over the past 6 months, the ongoing support I have received, especially from Traill College Coordinator *Meaghan Kelly*, the professional staff, and student interns here at Traill has been exceptional. Support from other Trent staff, faculty, students, alumni has also been wonderful. In the coming weeks, we will have announcements for future leadership plans at Traill.

We held our first **Sunday College Dinner** at *Emmanuel United Church* on George Street on Sunday afternoon. We had over 60 people in attendance and it was a great afternoon of food and socializing. We will have two more Sunday College Dinners in November – do not miss out! We welcome you to come by the college office from Monday through Friday between 9 am through 4 pm; slightly reduced hours this week. Take care, have a wonderful Reading Week, and enjoy the rest of Traill Tales.

James Onusko



Need an Appointment?

Academic Advising helps you navigate your degree and understand university regulations

Academic Skills helps you refine your skills for success at university

Looking to book an academic appointment?

Academic Advising and Academic Skills appointments are available Monday to Friday on the Student Experience Portal.

Traill College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 1488 or come to the college office to book in-person. Book Skills on the Student Experience Portal. Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to graduate@trentu.ca or your home department.

Cabinet Corner

CATHARINE PARR TRAILL COLLEGE · CABINET ·

https://www.trentu.ca/colleges/traill/belong/college-cabinet

Swag Shop



Click here to view our swag shop and order online!
Pick up orders and pay with cash at the College Office.

To keep up to date with the college, follow us on social media!

For the most up-to-date information on Trent University's events and news: https://www.trentu.ca/news/

@traillcollege

Traill College

traillcollege

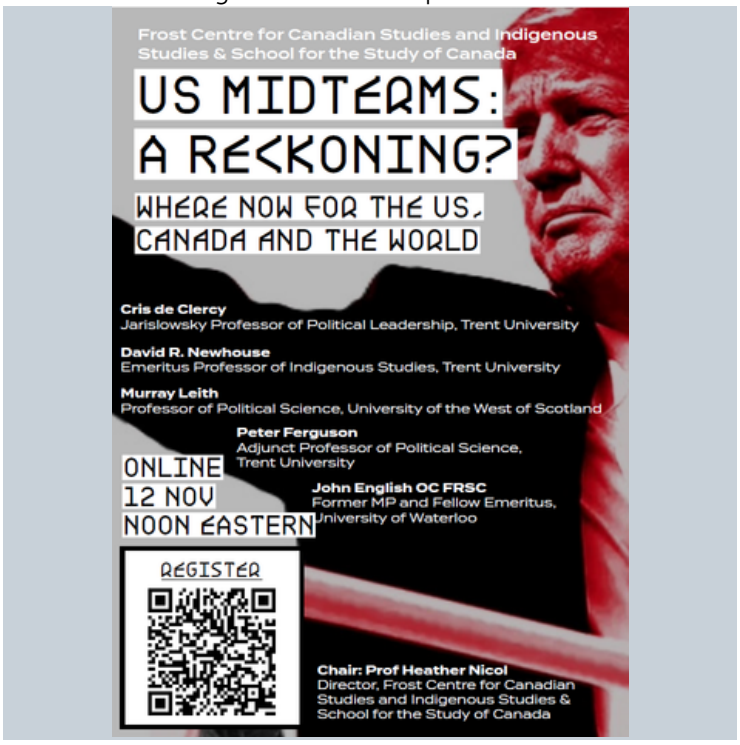
What's going on at Traill!



Join Traill College for the next installment of the Symons Seminar Series! Witness a synthesis of Science and Humanities Research unlike any seen before. See presentation details above.
Nov. 12th, 7:30pm-9:00pm. Traill College - Bagnani Hall
Light refreshments provided!



Join Traill College on a trip to the Peterborough Museum & Archives, featuring a guided tour of the permanent exhibition!
We will meet in Scott House at 1:30 then take public transit to the museum. Departure from the museum at 4:00 for a return to Traill around 4:30.
The event is FREE! Register now while spots last.
Click here for registration and more info.

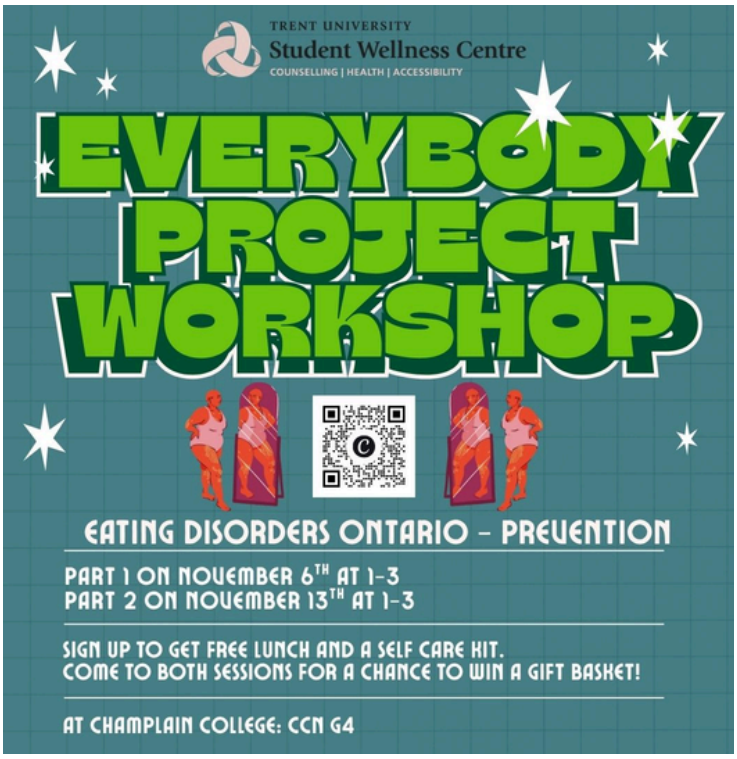


The Frost Centre for Canadian Studies, Indigenous Studies, and the School for the Study of Canada present "US Midterms: A Reckoning?"
Online - register here
Nov. 12, 12pm (noon)

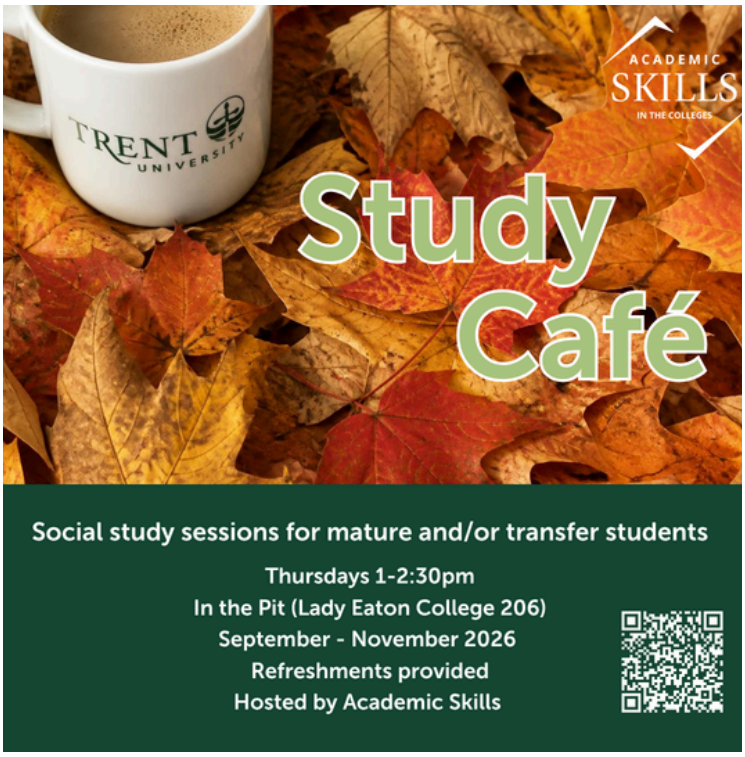


Good news, Traillites! The Cabinent nomination process has concluded with every nominee running uncontested for their positions! Stay tuned to find out who is representing Traill College in the 2026-2027 year. Keep an eye out for the announcement in your Trent inbox, as well as on social media.

What's going on at Trent!



Come and discover how EVERYbody can love themselves in a workshop presented through Trent Health Services!
Part 1: Friday, November 6th, Part 2: Friday, November 13th
Time: 1:00 p.m. - 3:00 p.m.
Location: Champlain College CCN G4
Register Here.
Questions? Email: healthservices@trentu.ca



September 17 to November 12 (excluding Reading Week on October 29)
Hosted by Academic Skills, Study Café runs weekly. For more information, please visit this link, or REGISTER HERE.



Do you live with a family member(s) with a disability, illness, addiction, age related needs, mental illness, or language barriers? If yes, do you have additional responsibilities that your friends do not have because of these circumstances? If you answered YES, we would LOVE to HEAR from you!



Community-based research bridges the knowledge and priorities of local organizations with the research expertise of Trent University faculty and students. See what community projects are available this year to benefit both communities and students!

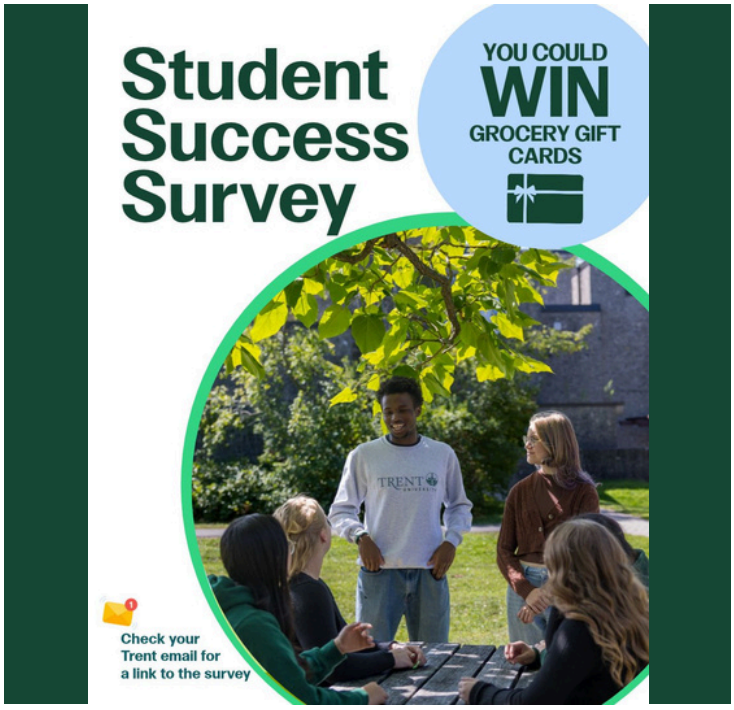
What's going on at Trent!



The Gzowski College Micro-Credential in Entrepreneurship and Innovation is a focused 6-to-7 hour program open to students in any year, any college, and any discipline. Read a bit more about it on the Gzowski website here. Registration is now open (click here to sign up) and it will stay open until November 2



Otonabee College and Trent Health Services Present... Pee for Pizza! Come by the OC dining hall on November 11 to chat with Health Services about STI's. You have the opportunity to give a urine sample for testing once registered with Health Services. Please note, students are not required to provide samples. Students are also able to book an appointment with Health Services to provide a sample for testing at a later time. Please this link for more information



The annual Student Success Survey collects feedback from undergraduate students. It only takes 10 minutes to complete! The survey deadline is Friday, October 30, for a chance to win: One of 10 x $100 grocery gift cards or a $300 grocery gift card grand prize.
Students will find their unique survey link in their Trent email inbox, sent from the Office of Student Affairs



Join East Bank Eats Breakfast Club for delicious food and great company! Enjoy breakfast every Tuesday at Gzowski College and every Friday at Otonabee College, from 9:00 AM until supplies last. The Trent Fund's got you!

What's going on at Trent!

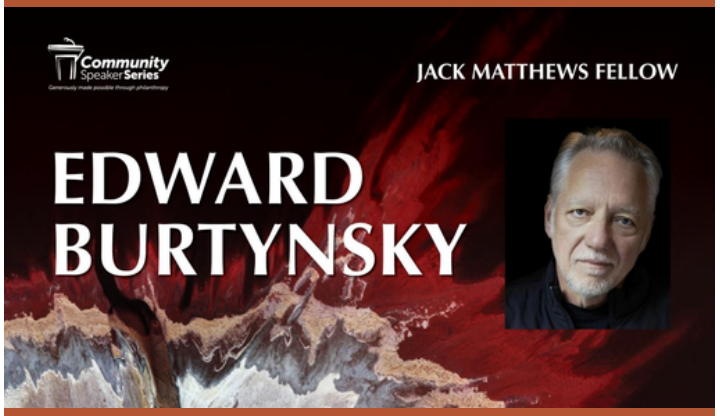


Orientation Leader Applications are open for Fall Orientation 2027! Express your interest now and join our amazing team of volunteers to rep your College while supporting our new students through their transition to Trent. Apply now!
Have questions? Reach out to us on Instagram @trent_orientation or email orientation@trentu.ca.



On November 11, Trent University participates in a solemn observance of Remembrance Day. The Trent Remembers ceremony pays tribute to all individuals who served in the military and acknowledges their significant contributions. It is a time for reflection, respect, and gratitude as we honour the sacrifices made by those who have served and continue to serve our country.
For more information please click here.

The 2026 Jack Matthews Fellowship featuring Edward Burtynsky



Nov. 3, 7-8 pm, Hepburn Hall, Lakefield College School

A presentation by world-renowned Canadian photographer Edward Burtynsky.
Tuesday, November 3, 2026, 7:00 p.m. - 8:00 p.m., Hepburn Hall, Lakefield College School, 4391 County Road 29, Lakefield Ontario K0L 2H0.
The lecture is free, but please book tickets here.

From Bronze Age to Silver Screen: Homer's epic through the ages



In Honour of the 80th birthday of Emeritus Professor Dr. Ian C. Storey

From Bronze Age to Silver Screen
Dr. Kevin Whetter '88, Acadia University, Dr. Julianna Will '07, Memorial University, Dr. George Kovacs '95, Trent University, & Dr. Tom Strasser, Providence College, Rhode Island.
Monday, November 16, 2026, 4:00 p.m. - 6:00 p.m., Nozhem Theatre, First Peoples' House of Learning/Gzowski College
For more info and registration please click here.

Traill presents...

Sunday College Dinners



- Oct. 4 - Traill College
- Oct. 25 - Emmanuel United
- Nov. 8 - Traill College
- Nov. 22 - Emmanuel United
- Dec. 6 - Traill College
- Jan. 10 - Emmanuel United
- Jan. 24 - Traill College
- Feb. 7 - Emmanuel United
- Feb. 21 - Traill College
- Mar. 7 - Traill College
- Mar. 21 - Emmanuel United
- Apr. 11 - Emmanuel United



5pm, first come first serve - free meal while supplies last!

Traill College
300 London Street
(Scott House 105)

Catharine Parr Traill College
Nunc cognosco ex parte

Emmanuel United Church
534 George Street North

CUPE 3908 SCFP

Catharine Parr Traill College Cabinet

Trent University Foodservices

GSA

Backwoods Baking Presents:

Squash-zotto

View the Recipe Here

RECIPE BY

JUSTINE DOIRON

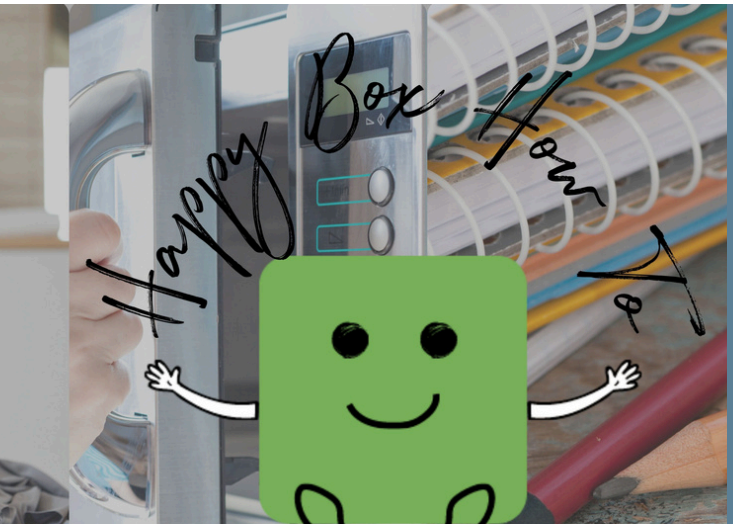


INGREDIENTS

- 12 ounce butternut squash acorn squash, or pumpkin pie pumpkin
- 3 sprigs thyme
- 3 sprigs rosemary
- 8 sage leaves
- 4 tablespoons salted butter
- 1 1/2 cups aborio rice or short grain white rice
- 4 cups vegetable broth or chicken broth, or 1 1/2 teaspoons Better than Bouillon vegetable base, dissolved in 4 cups of water
- 1 cup water, plus more as needed
- 1 cup dry white wine or dry rosé
- 3 ounces parmesan
- 3 ounces whole milk ricotta
- Diamond Crystal kosher salt
- Freshly cracked black pepper

INSTRUCTIONS

1. Preheat the oven to 350°F.
2. Grate the squash until you have 12 ounces. Set aside.
3. Finely chop up the leaves from 3 sprigs of thyme, 3 sprigs of rosemary, & 8 sage leaves.
4. Place a large pot on medium. Melt 4 tbsp of butter then add the herbs, stir, toasting the herbs for 3-4 min. Add 1 1/2 cups of rice and toast another 1-2 min.
5. Add 4 cups of broth & stir in squash. Cover & transfer to the oven. Bake for 45 min.
6. Remove the pot from the oven & mix a bit to loosen the rice. Place the pot on the stove over the lowest heat, then add 1 cup water, 1 cup white wine & mix.
7. Add 3 ounces of parmesan cheese, gradually mixing, then add 3 ounces of ricotta. Stir and let the risotto cook for 2-3 min.
8. Season with 1 tsp salt & a few cracks of black pepper. Taste & season with more salt as needed (it can handle a lot! I usually add another teaspoon).





Check out our video on how to book an academic advising appointment! Click on Traill's YouTube channel to view

Traill Mix

What is the best book to read in autumn?

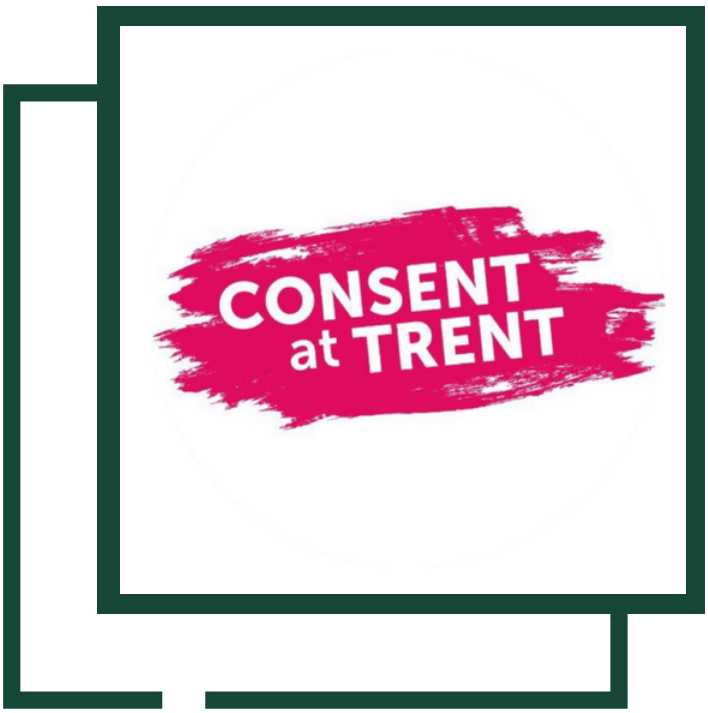
Gourd of the Rings



Student Supports

We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!

This week we are highlighting: SVPRO and Consent At Trent



The SVPRO provides confidential, compassionate, and trauma-responsive support for members of the Trent community, and engages the community through education around consent, creating a culture of of consent, and disrupting sexual and gender-based violence in our communities.

Students of both Trent Peterborough and Durham can contact the SVPRO by phone and email, and the team is available to meet with students both in-person and virtually.

Phone: 705-748-1011 x7792 (Sexual Violence Prevention and Response Manager)

Email: consent@trentu.ca (Sexual Violence Prevention and Response Team)

For more resources please click the underlined text in the title.



CAREERSPACE

CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round!

Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on trentu.ca/sep and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

Wellness Resources

Click Here for More Info

Fall Wellness Tips

As the days get shorter, it is extra important to prioritize your wellbeing. Tucker knows this very well and wanted to share some tips for this year's Autumn season.

For more fall wellness tips, see the link above.



Catharine Parr Traill College

Nunc cognosco ex parte

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"It looked like the world was covered in a cobbler crust of brown sugar and cinnamon." — Sarah Addison Allen, First Frost