



FALL EDITION VI - OCTOBER 14<sup>TH</sup>, 2026

# TRAILL TALES

*Catharine Parr Traill College  
Trent University*



## A message from our College Principal

Dear Traillites,

October is rolling along and we are fully in fall mode in the College office. Halloween decorations are up as Thanksgiving is now in the rearview mirror. I hope people were able to enjoy the long weekend and spend some additional time with family and friends.

We are excited for the **Symons Seminar Series** kick-off on Thursday evening at 7:30. We have some great presenters to start the series and we look forward to another exciting year that showcases our talented graduate students at Trent. The series brings together emerging scholars from both the sciences and the humanities – you don't want to miss it.

This weekend we will hold our postponed **Traill Scarf Ceremony** in the *Jalynn Bennett Amphitheatre* at 11 am on Saturday, October 17. It is always a highlight of the fall season and with the cooling temperatures it is a great time to add a Traill scarf to one's wardrobe. It is for all first-year undergraduates and graduate students. We also welcome non-first year students, at both levels, to join us, if you have not received a scarf previously. We will serve light refreshments afterwards, so please do join us for this special occasion.

Undergraduate students, don't forget that Monday, October 19<sup>th</sup> is the nomination deadline for **Traill Cabinet**. Check out the list of positions and the nomination form on our website. [College Cabinet - Colleges - Trent University](#). Feel free to reach out to the College office with any questions, or if you need a little encouragement.

The College office has been busy in the past weeks and as always, we welcome you to come by from Monday through Friday between 8 am through 5 pm for any assistance that you require. Take care and enjoy the rest of Traill Tales.

*James Onusko*



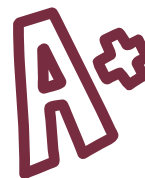
# Need an Appointment?

Academic Advising helps you navigate your degree and understand university regulations



Academic Skills helps you refine your skills for success at university

# Looking to book an academic appointment?



[Academic Advising](#) and [Academic Skills](#) appointments are available Monday to Friday on the [Student Experience Portal](#).

Trail College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 1488 or come to the college office to book in-person. Book Skills on the [Student Experience Portal](#). Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to [graduate@trentu.ca](mailto:graduate@trentu.ca) or your home department.

## Cabinet Corner



<https://www.trentu.ca/colleges/traill/belong/college-cabinet>

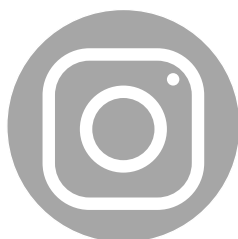
To keep up to date with the college, follow us on social media!

For the most up-to-date information on Trent University's events and news:  
<https://www.trentu.ca/news/>

## Swag Shop



*Click here to view our swag shop and order online!*  
*Pick up orders and pay with cash at the College Office.*



@[traillcollege](#)



[Traill College](#)



[traillcollege](#)

# TRAILL CABINET FALL ELECTION:

## We are looking for our next:

- Co-President of College Affairs
- Co-President of Student Affairs
- Chair
- Secretary
- Senior Minister of Finance
- Junior Minister of Finance
- Senior Senate Liaison
- Junior Senate Liaison
- Minister of Academics
- Trent Central Student Association (TCSA) Commissioner
- Minister of Human Rights and Accessibility (2)
- Minister of Health & Safety
- Minister of Social Affairs
- Minister of Promotions
- Minister of Athletics
- Minister of Community Relations
- Graduate Student Representative
- International Student Representative
- Minister of Off-Campus Affairs
- Minister of the Environment
- Resident Representative (4)
- Radio (2)
- Archivist



Send nominations  
to [traill@trentu.ca](mailto:traill@trentu.ca).  
Nominations open  
Oct. 13<sup>th</sup> & close  
Oct. 19<sup>th</sup> @ 11:59pm

# What's going on at Traill!



Scarf Ceremony has been POSTPONED until October 17<sup>th</sup> at 11am.

New Traillites, join us in the Jalynn Bennett Amphitheatre to receive your free Traill College scarf and be officially welcomed into the College on the Hill!



Join Traill College's Academic Advisors Zachary and Ashley at Pause for Paws! Take some time to unwind and get to know the Academic Advisors at Traill and meet Reese and Riddick! Come by on Thursday, October 22nd from 1–3pm at Traill College in the Senior Common Room. Refreshments, colouring sheets and cute dogs provided.



Sunday College Dinners are BACK! Join the Traill community for an evening of fun, fellowship, and FREE food! Dinner is first come, first served so come early to save yourself a seat!

October 25: Emmanuel United Church - 5pm  
See menus above!



Join us at Traill College for an afternoon of tie-dye and Tucker-Tucker T's! Meet some new people, get creative, and create your own tie-dyed Traill College Tucker-T!

Materials provided. No registration required.

Saturday, October 17th 1:30-3:30pm  
Kerr House Lawn

# What's going on at Traill & Trent!

Thomas H. B. SYMONS SEMINAR SERIES  
2026-2027

TRAILL COLLEGE OCTOBER 15  
BAGNANI HALL 7:30PM - 9:00PM

**Corina Brdar**  
PhD Student, Interdisciplinary Social Research (Humanities)  
"Beyond Hope: Evidence-based strategies for supporting ecological conservation workers coping with ecological grief"

**Brogan Dow**  
MSc Student, Psychology (Science)  
"Combining Temporary and Permanent Hippocampal Disruption Does Not Increase Memory Loss for Context"

A synthesis of Science and Humanities Research unlike any other seen before!

Join Traill College for the first installment of the 2026-2027 Thomas H.B. Symons Seminar Series for Graduate Student Research! Witness a synthesis of Science and Humanities Research unlike any seen before.  
October 15<sup>th</sup>, 7:30pm-9:00pm Traill College - Bagnani Hall  
Light refreshments provided!

TRENT/FLEMING SCHOOL OF NURSING  
TRANSFER INTO NURSING INFORMATION SESSION  
Learn how to transfer into the Compressed and Collaborative programs in the Trent/Fleming School of Nursing.

| IN PERSON                                | VIRTUAL                                                  |
|------------------------------------------|----------------------------------------------------------|
| Date: Thursday, October 15               | Date: Wednesday, October 21                              |
| Time: 1:00 - 2:00                        | Time: 6:00 - 7:00                                        |
| Location: DNA B110.1                     |                                                          |
| There is no registration for this event. | Be sure to register to receive a link to join us online. |

Scan to register

Learn how to transfer into the Compressed and Collaborative programs in the Trent/Fleming School of Nursing.  
In person session: Thurs. Oct. 15, 1:00pm-2:00pm, DNA B110.1 No registration for in-person session.  
Virtual session: Wed. Oct. 21, 6:00pm-7:00pm  
Register [here](#) for virtual session.

Community Speaker Series  
The Gilbert Ryle Lecture Series 50<sup>th</sup> ANNIVERSARY  
THE POLITICAL PROMISE OF  
**AESTHETIC ENGAGEMENT**

Bhattacharyya on Aesthetic Swaraj

For K. C. Bhattacharyya, exercising freedom through aesthetic emotion is an exercise of cultural swaraj, independence from a colonial mindset.

Tues., Oct. 20, 4:30pm - 6:30pm. Bagnani Hall, Traill College  
Cost: Free

Nominations Now Open!  
CATHARINE PAIR TRAILL COLLEGE  
TRAILL COLLEGE  
CABINET ELECTIONS  
Send election nominations to [trail@trentu.ca](mailto:trail@trentu.ca) by Oct. 19<sup>th</sup> @ 11:59pm

NOMINATIONS ARE OPEN!

Are you interested in student government? Learn all about the available positions on Traill Cabinet on our website and Instagram (@traillcabinet).

Nominations are open from Oct. 13 - Oct. 19. All nominations should be sent to [traill@trentu.ca](mailto:traill@trentu.ca)

# What's going on at Trent!



**Wanna Talk About It?**

**PEER SUPPORT**

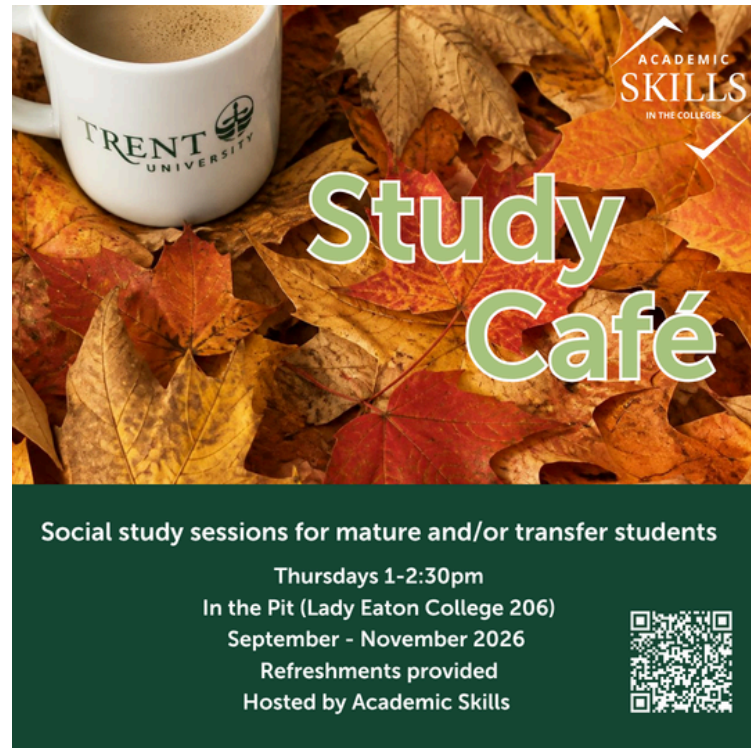
**Weekdays 12-3 PM**

**Champlain Rm. 306**

**Free. Confidential.**  
**We have snacks.**

Follow us on Instagram at @peersupporttrent

The Peer Support program creates a warm and welcoming space for all Trent students to receive support from their peers. Whether you are venting about a bad day or recovering from a break-up, your trained Peer Support student staff are here to listen. Peer Support has moved from the Trent Student Centre to CC 306



**Study Café**

ACADEMIC SKILLS  
IN THE COLLEGE

Social study sessions for mature and/or transfer students

Thursdays 1-2:30pm  
In the Pit (Lady Eaton College 206)  
September - November 2026  
Refreshments provided  
Hosted by Academic Skills



September 17 to November 12 (excluding Reading Week on October 29)

Hosted by Academic Skills, Study Café runs weekly. For more information, please visit [this link](#) Register: [Study Café for Transfer & Mature Students - Fall 2026](#)

[Registration](#)



**RESEARCH PARTICIPANTS WANTED!**

TRENT UNIVERSITY

**Are you a young caregiver enrolled in post-secondary education AT TRENT?**

**Check to see:**

- ☐ Do you live with a family member(s) with a disability, illness, addiction, age-related needs, mental illness, or language barriers?
- ☐ If yes, do you have additional responsibilities that your friends do not have because of these circumstances?

If you answered YES to both, we would LOVE to HEAR from you!

**1 Sign up for an interview**  
**2 Complete a short survey**  
~Commitment time: up to 2 hours~

**QR code for Questionnaire: Register & sign a CONSENT!**

**Earn up to \$25 Amazon Gift Card!**  
(\$10 for survey, \$15 for interview)

You are invited to take part in a research study called Sharing the Stories. You are an expert in your experience as a young caregiver and we want to know your experiences as a student young caregiver in post-secondary education.

To schedule an interview, email:  
[yanaberardini@trentu.ca](mailto:yanaberardini@trentu.ca)

Your story helps us learn how programs impact young people, their communities, and the systems they navigate. Results of this study may benefit future programs and supports for young caregivers.

Led by the Students Commission of Canada (SCC) with Dr. Yana Berardini, from Trent University. If you have any questions contact: [yanaberardini@trentu.ca](mailto:yanaberardini@trentu.ca)

This study was approved by Ethics (Queens #GEDUC-978-19 and Trent #29425)

Do you live with a family member(s) with a disability, illness, addiction, age related needs, mental illness, or language barriers? If yes, do you have additional responsibilities that your friends do not have because of these circumstances? If you answered YES to both, we would LOVE to HEAR from you!



**Trent Community Research Centre**

**VIEW AVAILABLE PROJECTS**

Community-based research brings together the knowledge and research needs of the community with the research expertise of Trent University faculty and students.

Community-based research bridges the knowledge and priorities of local organizations with the research expertise of Trent University faculty and students. See what community projects are available this year to benefit both communities and students

# What's going on at Trent!

## TIME IN MY SHOES

### ACCESSIBILITY WORKSHOP

Join the Equity & Human Rights Office and Bata Library for an engaging workshop with Jason King. Drawing on his lived experience, Jason will help participants gain a deeper understanding of the everyday challenges and barriers faced by people with disabilities. Through realistic simulations, participants engage in meaningful discussions about mobility, vision, hearing, and inclusion, highlighting the importance of an accessible, barrier-free community.

 **October 15, 2026**  
 **10:00 a.m. - 12:00 p.m.**  
 **BL411**



Time in My Shoes

Understanding Disability, Accessibility, and Inclusion

Oct. 15 10am - 12pm BL 411

For registration please click [here](#).



## Homeroom

CONNECT | GROW | LEARN

Tuesdays and Wednesdays in  
September & October

Meet regularly with other students and Academic Skills Instructors to explore strategies for time management, reading and lectures, university assignments, and studying. Sessions run Tuesdays and Wednesdays, September 15/16–October 20/21. Open to students from all colleges. [Register here](#).

## Learn GIS



## Workshop Series

Mobile Data Collection with Field Maps Workshop

Oct. 20, 10am-10:50am, Data Visualization (DV) Lab

Join Kate Hodge, GIS and Data Support Specialist, for a hands-on introduction to field data collection with ArcGIS Field Maps.

Participants will learn how to create and collect their own geospatial data using mobile [GIS technology](#).

For registration please click [here](#).



## Grad Skills Retreat

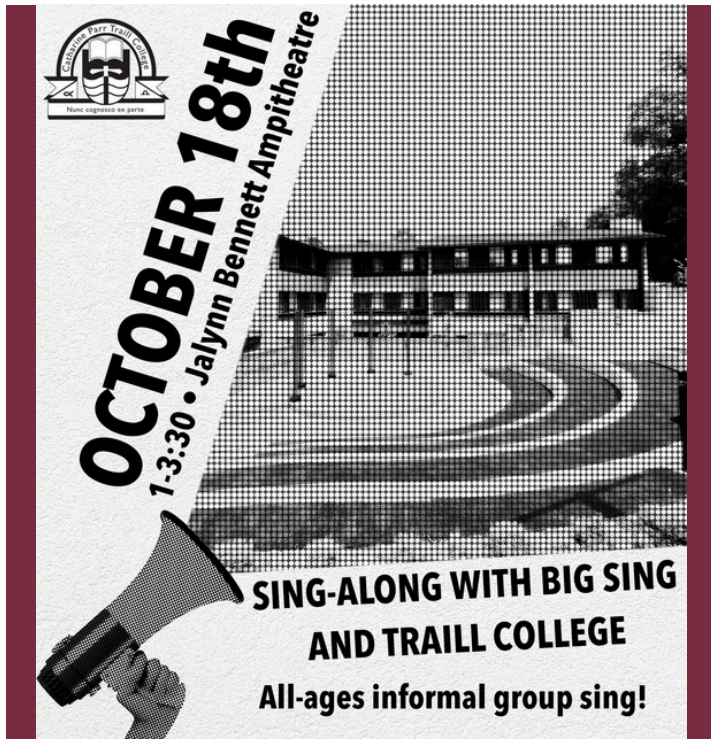
Tuesday, October 27th, 2026 | 9am - 4pm  
In-Person and Online

Join us for a full day of workshops designed to support your graduate studies. Sessions include goal setting and motivation, thesis preparation, Zotero, MaDGIC resources, literature reviews, and more.

 Tuesday, October 27th, 2026  9am-4pm  In Person (Bata Library) & Online (Zoom)

Find the full schedule and registration info on the Academic Skills [website](#)

# What's going on at Trent!



Sing-along with Big Sing and Traill College on October 18<sup>th</sup> from 1-2pm in the Jalynn Bennett Amphitheatre!

An all ages informal group sing with no experience necessary!



Orientation Leader Applications are open for Fall Orientation 2027! Express your interest now and join our amazing team of volunteers to rep your College while supporting our new students through their transition to Trent. [Apply now!](#)

Have questions? Reach out to us on Instagram (@trent\_orientation) or email us at [orientation@trentu.ca](mailto:orientation@trentu.ca).



Looking for strategies to strengthen your graduate school skills and connect with fellow students? Join Academic Skills and the Trent Library for the Grad Skills Retreat – Fall 2026 on Tuesday, October 27, 2026. This is a hybrid event hosted on Zoom and at the Trent Library. (ft. snacks)

For full session descriptions [visit this link](#) and register [here](#):



Join East Bank Eats Breakfast Club for delicious food and great company! Enjoy breakfast every Tuesday at Gzowski College and every Friday at Otonabee College, from 9:00 AM until supplies last. The Trent Fund's got you!

*Trall presents...*

# Sunday College Dinners



Oct. 4 - Trall College

Oct. 25 - Emmanuel United

Nov. 8 - Trall College

Nov. 22 - Emmanuel United

Dec. 6 - Trall College

Jan. 10 - Emmanuel United

Jan. 24 - Trall College

Feb. 7 - Emmanuel United

Feb. 21 - Trall College

Mar. 7 - Trall College

Mar. 21 - Emmanuel United

Apr. 11 - Emmanuel United



5pm, first come first serve - free meal while supplies last!

Trall College  
300 London Street  
(Scott House 105)



Emmanuel United Church  
534 George Street North

**CUPE 3908 SCFP**



**TRENT** UNIVERSITY  
FOODSERVICES

**GSA+**

# Backwoods Baking Presents:

## Apple Cider Cookies

### INGREDIENTS

- 1 1/4 cups (2 1/2 sticks) salted butter, at room temperature
- 1 cup apple cider
- 3/4 cup packed light brown sugar
- 1 cup granulated sugar
- 1 large egg, at room temperature
- 1 1/2 tsp. vanilla extract
- 2 3/4 cups all-purpose flour
- 1 1/2 tsp. baking soda
- 1/2 tsp. kosher salt
- 1 Tbsp. plus 2 teaspoons apple pie spice

[View the Recipe Here](#)

RECIPE BY

REE

DRUMMOND



### INSTRUCTIONS

1. Melt 1 stick of the butter over medium heat. Let it cook for 3 to 5 minutes. Transfer to a stand mixer & swirl a few times to stop the browning. Let cool to room temp., about 30 min.
2. Bring apple cider to a boil over medium-high. Reduce heat to a brisk simmer & cook until the cider is reduced to about 1/4 cup, 10 to 15 minutes. Remove from heat & cool.
3. Preheat oven to 350°F. Line 2 baking sheets with parchment paper.
4. Add brown sugar, 1/2 cup of the granulated sugar, & 1 stick butter to the brown butter in the mixer. Beat on medium-high until fluffy & lightened in color. Reduce speed to low & add egg, vanilla, & reduced cider. Scrape bottom & sides of the bowl.
5. Whisk together flour, baking soda, salt, & 2 tsp apple pie spice. With the mixer on low, gradually add the flour mixture to the brown butter mixture until fully incorporated.
6. Scoop the dough into 3 tbsp-size balls & space them 3 inches apart on the sheets.
7. Bake, rotating the pans halfway through, until puffed.
8. Let cool on wire rack.
9. In a pie plate, whisk together the remaining 1/2 cup granulated sugar & 1 tsp apple pie spice. In a small microwave-safe bowl, heat the remaining 4 tsp butter in the microwave for 30 seconds to 1 min, until fully melted. Brush the top of a cookie with the melted butter, then press it into the spiced sugar mixture until.



Check out our video on how to book an academic advising appointment! Click on [Traill's YouTube channel](#) to view

## Trail Mix

What did autumn say to summer?  
I'll fall-ow you anywhere.





# Student Supports

We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!

**This week we are highlighting: Odette Critical Making Studio**

The Odette Critical Making Studio is part of the Moore Innovation Hub and is located in Bata Library 401. The studio is home to a variety of equipment and software.

This Equipment Includes:

3D Printers

Embroidery Machines

Cameras

Audio Equipment

Because equipment and time needs vary from project to project, access to the space is by appointment.

The studio is happy to answer questions about potential projects any time and encourage users to contact us early in your planning to learn about how the studio can support your project.



**Wanna  
Talk  
About It?**

**Weekdays 12-3 PM**

**Champlain Rm. 306**

**Free. Confidential.  
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Follow us on Instagram at [@peersupporttrent](https://www.instagram.com/peersupporttrent)

**PEER  
SUPPORT**



# CAREERSPACE

## CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round!

Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on [trentu.ca/sep](https://trentu.ca/sep) and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

# Wellness Resources

[Click Here for More Info](#)

## Get Outside This October

Make a point to enjoy the great outdoors this October.

With the air getting chillier and the leaves changing colour, now is a perfect time to enjoy the Fall weather.

For more ideas please click the underlined text above.



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"October's poplars are flaming torches lighting the way to winter." – Nova Bair