



SUMMER EDITION IV - MAY 27TH, 2026

TRAILL TALES

*Catharine Parr Traill College
Trent University*



A message from our College Principal

Dear Traillites,

It has been a wonderful end to May here at Traill. The weather has been great, for the most part, and I see many people enjoying their lunches outdoors and spending time at their favourite benches, picnic tables, or just lounging in the grass. I think we all appreciate the opportunity to enjoy our lovely college in the spring.

The hard working and skilled folks that help to maintain our gardens, flower beds, shrubbery and so forth, have been busy working on the area around our **Jalynn Bennett Amphitheatre** in preparation for our outdoor performances. Next Thursday, June 4 we kick off the **2026 William and Nona Heaslip Foundation Summer Festival** with **Munsch Goes Wild**, theatrical readings of Robert Munsch stories that will be performed by **M. John Kennedy**. We are so pleased to be partnering once again with New Stages for 4 of the 12 events, including our first evening.

Our **Pizza Fridays** are off to a great start. We had more than 40 people join us last Friday, and we encourage you to do so this Friday. Please do try and register beforehand, as it helps with planning, but we are happy to accommodate walk-ups, as always.

Convocation ceremonies begin on the main campus next week. Many of us will be directly involved with this and looking forward to supporting and celebrating our Trent, and especially, our Traill, graduates. As always, if you need anything from the college office, reach out from Monday through Friday. Please take care and enjoy the rest of Traill Tales.

Warm regards,

James Onusko



Need an Appointment?

Academic Advising helps you navigate your degree and understand university regulations



Academic Skills helps you refine your skills for success at university

Looking to book an academic appointment?



[Academic Advising](#) and [Academic Skills](#) appointments are available Monday to Friday on the [Student Experience Portal](#).

Trail College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 1488 or come to the college office to book in-person. Book Skills on the [Student Experience Portal](#). Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to graduate@trentu.ca or your home department.

Cabinet Corner



<https://www.trentu.ca/colleges/trail/belong/college-cabinet>

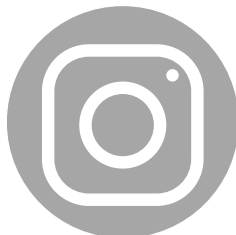
To keep up to date with the college, follow us on social media!

For the most up-to-date information on Trent University's events and news:
<https://www.trentu.ca/news/>

Swag Shop



[Click here to view our swag shop and order online!](#)
[Pick up orders and pay with cash at the College Office.](#)



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THE
WILLIAM
& NONA
HEASLIP
FOUNDATION

SUMMER FESTIVAL

CATHARINE PARR TRAILL COLLEGE

trentu.ca/summerfestival

June 4

New Stages – Munsch Goes Wild

stories by Robert Munsch,
adapted & performed by M. John Kennedy

June 11

New Stages – Kash & Kerry & Friends: An Improv Variety Show

featuring Linda Kash, Kerry Griffin, Megan Murphy & more

June 18

Four Lanes Wide

June 25

Irish Millie Live

July 2

Just Folk–Songs and Stories from Canada’s Past

with Mark Finnan & friends

July 9

Carpe Noctem

July 16

Dueling Disciplines: Music and Poetry

with David Newberry & Justin Million

July 23

Victoria Yeh & David Hines

July 30

Peterborough Concert Band

August 6

I, the Mountain

August 13

New Stages – Footnote to Freedom

a new musical (workshop) by Beau Dixon & Lance Dixon

August 20

New Stages – Summer Soiree

a night of theatrical & musical delights

**new
STAGES**
THEATRE

**FREE ADMISSION
7PM THURSDAYS
JUNE – AUGUST**



**Jalynn
Bennett
Amphitheatre**

What's going on at Traill!

PIZZA 

 **FRIDAYS**

 **TWO WAYS TO PAY:**
\$6 **ONLINE** OR \$5 **CASH**

SCOTT HOUSE PATIO

LUNCH 12-1pm **GAMES 1-2pm**

RAIN LOCATION: BAGNANI HALL

every friday, all summer long

PIZZA!
DRINKS!
DESSERT!
GAMES!

Pizza Friday is back! Join us every Friday, all summer long for this iconic Traill tradition! Enjoy all-you-can-eat pizza, chips, and ice cream for \$5 cash or \$6 online. Register [here](#)
Where: Scott House Patio (Rain location: Bagnani Hall)
When: Every Friday! Lunch from 12-1PM, social hour and games from 1-2PM

THE WILLIAM & NONA HEASLIP FOUNDATION **SUMMER FESTIVAL**
CATHARINE PARR TRAILL COLLEGE

THU JUN 4th
7:00 PM
A FREE SHOW AT JALYNN BENNETT AMPHITHEATRE

NEW MUNSCH GOES WILD
Stories by Robert Munsch
Adapted and performed by M. John Kennedy

new STAGES THEATRE

June 4 7PM

new STAGES THEATRE 

The William and Nona Heaslip Foundation Summer Festival returns to Traill College on June 4th! New Stages Theatre presents Munsch Goes Wild, a high-octane theatrical storytelling event for the young (and young at heart)! Featuring four of Robert Munsch's most beloved tales, told in the most creative and energetic ways by M. John Kennedy!
Where: Traill College (300 London St), Jalynn Bennett Amphitheatre
When: Thursday, June 4, 7PM

Trent University is 

HIRING!

Orientation Events Facilitator!

For Traill College

Applications due Friday May 29th @ 3pm.

Find out more and apply on the Student Job Board through the Student Experience Portal!

 **CELEBRATING 60 YEARS**
CATHARINE PARR TRAILL COLLEGE
Nunc cognosco ex parte
1964-2024

Job ID #46816



Looking for a fun and rewarding summer role while making a difference in your Trent community? Trent University is hiring a Orientation Events Facilitator for Traill College! Build leadership, further organization skills, and help run welcoming orientation events for incoming students. Apply through the Student Experience Portal on MyTrent!



Traill College Merch available on our Marketplace storefront [Found Here](#)
Traill College stickers (like Squirrel with the Pearl Earring, above) have been restocked!

What's going on at Trent!



The Equity & Human Rights Office, in collaboration with Out On Campus, is inviting international students who identify as LGBTQ+ or have experienced marginalization based on their sexual or gender identity to share their voices through a short survey. Your feedback will directly inform future programming and help create safer, more welcoming spaces where everyone feels seen and supported.



Come join Otonabee College and Lady Eaton College for our first summer event! We've planned a fun line-up featuring cyanotyping and wildflower planting, both firsts for us, and we're already so excited! Make sure to [register here](#) or through the link in Otonabee's [Instagram](#), we hope to see you there! *Light refreshments will be provided



Join Gzowski and Otonabee to celebrate our annual Pride Picnic 🍷 Bring your lunch, your friends and your fabulous self to come celebrate Pride with us 🌈❤️ Sweet treats, lawn games and fun times are waiting for you! Everyone is welcome! Can't wait to see you there 😊
📍 Where: Gzowski Quad 📅 When: June 3rd 🕒 Time: 12:00pm - 1:00pm



Calling all artists, amateurs and aficionados! Hop on over to the Lady Eaton College Quad for an afternoon of painting and snacks! Come relax, enjoy what summer has to offer, and create a masterpiece that is yours to keep and display. Registration is required but all supplies and materials are provided! Make sure to [register here](#) or by clicking the link in [LEC's Instagram](#) bio. Hope to see you there!

Backwoods Baking Presents:

BLT Pasta Salad

INGREDIENTS

- 1 (12-oz.) package bacon
- 1 (16-oz.) box fusilli or curly pasta
- 1 cup mayonnaise
- 3/4 cup whole milk
- 1 (1-oz.) packet ranch seasoning mix
- The juice from 1 lemon
- 1/4 cup grated parmesan cheese
- 1/2 tsp. ground black pepper
- 1 pint grape tomatoes, halved
- 2 cups thinly sliced romaine lettuce
- 1/2 cup chopped red onion
- 1/4 cup chopped fresh herbs, such as dill and/or parsley



[View the Recipe Here](#)

RECIPE BY
**ERIN
MERHAR**



INSTRUCTIONS

1. Cook the bacon in a large skillet over medium heat, turning as needed, until the fat has rendered and the bacon is golden and crispy, 8 to 10 minutes. Let the bacon cool to room temperature, then crumble up into bite-sized pieces.
2. Cook the pasta according to package directions. Drain, rinse with cold water, and let cool.
3. Whisk together mayonnaise, milk, ranch seasoning, lemon juice, parmesan cheese, and black pepper in a large bowl.
4. Add the pasta, tomatoes, lettuce, onion, herbs, and half of the crumbled bacon to the bowl with the dressing. Gently fold together to coat. Top with remaining bacon and serve.



Check out our video on how to book an academic advising appointment! Click on [Traill's YouTube channel](#) to view

Trail Mix

What did the ciabatta do on summer vacation?

It loafed around!





Student Supports

We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!

This week we are highlighting: Course Registration FAQs

It's that time of year again! As the 2026/27 Academic Calendar and Priority Registration schedule are released, you might feel a little lost or overwhelmed by the process of planning and selecting courses. Luckily, Academic Advising has got your back! The Academic Advising website has several video-tutorials available that can walk you through all things course registration, from understanding your degree requirements to selecting and registering for courses. There's also a host of Frequently Asked Questions to help you on your way!

Still stuck after reviewing those resources? Academic Advising is active during the summer; just call (705) 748-1488 at 8:50am on any weekday to book a same-day appointment with an advisor, or book in advance through the Student Experience Portal.

ACADEMIC
ADVISING



Wanna Talk About It?  **Weekdays 12-3 PM**
Student Centre 3.04 
Free. Confidential. We have snacks.   **PEER SUPPORT**
Follow us on Instagram at @peersupporttrent



CAREERSPACE

CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round! Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on trentu.ca/sep and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

Before Speaking to an Academic Advisor, Have You Checked out these Resources?



Important Dates & Deadlines

This list includes add/drop dates, withdrawal dates, exam periods, and tuition payment deadlines. Knowing these dates ahead of time can help ensure you don't miss any important academic milestones!

1

Course Selection

This webpage guides students on how to understand course codes, credit requirements, determining course loads, and where to register for courses in the Self-Service. It also connects students to additional useful resources and tools as well.

2

Academic Calendar

The Academic Calendar is Trent's official guide that outlines everything academic; from academic regulations, degree requirements, to program and course information. Everything is laid out for students to read through!

3

Syllabus Catalogue

Located in the MyTrent portal, the Syllabus Catalogue allows students to preview past course syllabi to learn more about course materials and help them decide whether a course fits their interests and needs.

4

DIY Degree Check

Found on the Academic Advising webpage, this tool can be used to help students independently review their credits in order to better understand their academic progression, and possibly identify any gaps.

5



It's That Time of Year Again to

Plan Ahead!

Wellness Resources

[Click Here for More Info](#)

The Value of Stretching

Cats aren't the only ones who should enjoy a big stretch from time to time!

There are tons of benefits to keeping a regular stretching routine, from improving your flexibility and range of motion, to reducing your chances of getting injured, to calming your mind! Stretching your muscles is a great way to stay in touch with your body and center yourself, too.

You can incorporate stretching into your morning routine to help wake your body up and get ready for the day, or use stretching to relieve aches and pains and settle your mind down for a good night's sleep...if you're feeling adventurous, why not try both?

Find tips for getting a stretching routine started in the link above!

improve flexibility
increase range of motion
reduce chance of injury
improve athletic performance
improve posture
relieve stress
calm your mind



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"I think that one's art is a growth inside one. I do not think one can explain growth. It is silent and subtle. One does not keep digging up a plant to see how it grows."

Emily Carr