Sample Questions for the Informational Interview

Sources of Work Satisfaction

These questions are grouped according to different work values. Another list of questions, which focus on getting into an Occupational Field, follows.

1. Achievement

If one of your primary sources of work satisfaction is feeling a sense of accomplishment, then you could ask:

- What gives you a sense of accomplishment in this occupation?
- What kinds of things do you find challenging about your job?

2. Association

- How much of your job involves interaction with coworkers? the public?
- Is there a team approach to your work?
- What kind of people do you help?

3. Creativity

- Do you get to express individuality in your work, or do you have to follow strict guidelines?
- Do you have leeway in your job to be creative and imaginative in what you do?

4. Environment

- What kind of conditions do you work in -- noisy, quiet, crowded, city, rural?
- What is the work atmosphere like -- relaxed, competitive, exciting?
- Do you have the chance to relocate? Where could you go?

5. Ethical Considerations

Under what circumstances can you refuse to do something not in tune with your ethical beliefs?

6. Financial Benefits

- What is the possible salary range for someone in this occupation?
- Do you receive benefits (company car, dental plan, etc.)?
- What is an average starting salary for this occupation?
- Are there incentives for upgrading or taking extra courses to improve your education? (e.g. salary increase)
- Are you paid for your overtime hours?

7. Independence

- How much time do you spend working alone?
- Do you have complete control over how you do things?

8. Intellectual Stimulation

- What do you find most challenging about your job?
- What kinds of opportunities for advancement are there?
- How much learning and research do you do? Is there a lot of problem solving? What type?
- Does your occupation take full advantage of your capabilities and education?

9. Lifestyle

- Do you have weekends off?
- Do you have set hours or do they vary?
- Do you get time off? How much holiday time do you have?
- Do you move around a lot? Is there the possibility of being transferred?
- Are you on-call very often?
- Approximately how many hours do you work in an average week?
- How much flexibility are you allowed in your job in terms of dress, hours, vacation, or job location?

10. Management

- Do you supervise others?
- Do you evaluate others in terms of performance?

11. Security

- How is the job market in your field?
- How stable is this job?
- What is the future demand in this occupation?
- What sorts of changes are occurring in this field?
- How long do employees stay with this organization? Why do they typically leave?

12. Social Recognition

- Do you feel respected as a result of the work you do?
- How is your achievement recognized?
- Is your job performance reviewed on a regular basis? How?
- What social obligations go along with your job?
- Is there a lot of public exposure?

13. Social Service

- Does your work bring about social change?
- Do you help others in society?
- Does the community benefit from your work?

14. Variety

- Do you do the same thing everyday?
- What is the most exciting thing about your job?

More Questions to Ask

Getting Your Foot in the Door

- What kinds of things did you do before entering this occupation? Which were most helpful?
- What do you look for or find most impressive in potential employees?
- What is the best way to enter this occupation?
- Are there any professional journals / career-related literature / organizations that would help me to learn about this field?
- How much do employers value internships? volunteer work? summer jobs? unrelated work experience?
- How do people find out about job openings? Are they advertised? If so, where?
- What coursework have you found most helpful?
- How can I get experience in this field while I am still in school?
- How is a typical job interview in this industry conducted?
- Are there any professional groups that I can join that would be beneficial to me?
- If you could go back in time, would you do anything differently in your preparations for this occupation?
- What is the typical entry level position(s) for this job?
- How important is it to have the "right" degree or courses to have a chance to develop a career like yours today? What are other qualifications that you as an employer/employee consider important?
- Does your organization offer summer or part-time employment (or volunteer opportunities) for students who are looking for related experience? Can you suggest other work/volunteer experiences that would be advantageous to have?
- How did you get your present job?

- What are some of the "do's and don'ts" in trying to develop a successful career in your field?
- What are the people like who usually excel in this field? What personal qualities do you need to succeed?
- Can you recommend any other individuals within/outside this organization who are involved in similar or related positions that I could talk to for more information?

Pros and Cons

- Would you choose the same occupation if you were just starting out? Why or why not?
- Do you have any special words of warning or encouragement as a result of your experience?
- If you could change any aspects of your career, what would you change?
- Why did you enter this occupation? Was it all that you had expected it to be? Was it better or worse?
- What is your favorite thing about this occupation?
- What are some of the major stresses in your work? Do you consider this to be a low/medium/high stress job?

Job Duties

- Could you outline your primary job responsibilities and indicate the percentage of time that you devote to each?
- Is there such a thing as a typical week in your job and could you briefly describe it?
- Are there any duties that you perform on a regular basis? What are they?