

Jennifer Doe

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OBJECTIVE

Nursing position with XYZ Hospital Palliative Care Unit working in supporting patients by promoting a positive healthcare environment to increase quality of life.

HIGHLIGHT OF QUALIFICATIONS

- Experienced in nursing practices through in-care placement courses
- Theoretical and experiential experience in aging through coursework and placements
- Thorough knowledge of nursing standards and policies, the medical field, and anatomical terms
- Teamwork skills acquired through volunteer management and assistant positions
- Motivation and organization demonstrated through diverse volunteer experience

EDUCATION

Bachelor of Science: Nursing, Trent University, Peterborough ON Sep. 2015 – Apr. 2019

- Relevant Courses: Issues and Trends in Palliative Care, Contemporary Issues in Aging and Health, Critical Perspectives on Aging

CLINICAL PLACEMENTS

Consolidation, 300 hours, Palliative Care Unit, PRHC, Peterborough ON Jan. – Apr. 2019

- Maintained a full RN work load in providing primary care to terminally ill patients through treating symptoms, bedsores, rashes, and wounds to increase the patient's quality of life
- Administered prescribed medications, developed care plans, and prioritized tasks
- Provided emotional supports to patients and their loved ones in relation to end-of-life care
- Analyzed care issues and employed critical thinking skills to provide relevant solutions

Pre-Consolidation, 300 hours, Intensive Care Unit, PRHC, Peterborough ON Sep. – Dec. 2018

- Learned ICU best practices and aided in implementing quality improvement measures for care
- Aided in intrajugular catheter insertions, endotracheal intubations, and patients on ventilators as well as prepared and hung IV infusions according to hospital records and procedures
- Cared for patients critically ill in at least one bodily system by admitting and transferring patients, collecting specimens for testing, interpreting cardiac rhythms, and managing medications
- Effectively communicated with other specialists to provide appropriate care for patients

Chronic Illness, 180 hours, Complex Continuing Care Unit, PRHC, Peterborough ON Jan. – Apr. 2018

- Developed advanced skills in medication administration, head-to-toe assessments, wound care, dis-impaction, oxygen management, and basic care such as AM/HS care, toileting, and bathing
- Executed nursing skills under guidance of clinical instructor and provided appropriate nursing interventions with minimal supervision by applying critical thinking and theoretical knowledge
- Cared for patients with varied health concerns including debilitating and progressive diseases

Acute Care, 170 hours, Cardiology Unit, PRHC, Peterborough ON Sep. – Dec. 2017

- Obtained practical experience with NG tubes, IVs, ostomy care, PCA pumps, and Vac dressings
- Assessed symptoms, treatment responses, and coping patterns to provide therapeutic care
- Performed daily vitals and assessments, observed cardiac catheterization, worked with enteral feeding systems, patients on isolation precautions, and with infection control practices

- Mental Health**, 160 hours, Inpatient Mental Health Unit, PRHC, Peterborough ON May – Jul. 2017
- Practiced charting, performed vitals, conducted rounds, and observed nurses during care
 - Conversed with patients and staff to develop effective and detailed patient care plans
- Community**, 140 hours, St. Peter’s Catholic Secondary School, Peterborough ON Jan. – Apr. 2017
- Established, managed, and evaluated a community program addressing inequities in the secondary school’s environment by implementing quality improvement through collaboration
- Long-Term Care**, 72 hours, St. Joseph’s at Fleming, Peterborough ON Jan. – Apr. 2016
- Provided support for clients having physical and cognitive impairments with bathing, toileting, feeding, and morning and evening care while ensuring patient safety in daily living activities

OTHER WORK EXPERIENCE

- Personal Support Worker**, Fairhaven Long-Term Care Home, Peterborough ON Summer 2017, 2018
- Ensured daily care needs of residents with various health concerns and independence levels
 - Followed care plans and improved resident satisfaction by consulting patients, family, and staff
 - Accompanied and transported residents to appointments at other healthcare facilities
- Camp Counsellor**, Camp Fun, Brantford ON Summer 2015, 2016
- Developed and lead programming and activities for youth aged 10-14
 - Responded to first aid situations immediately and in a professional manner

VOLUNTEER EXPERIENCE

- Hospital Volunteer**, Peterborough Regional Health Centre Aug. 2016 – Sep. 2018
- Aided in basic administrative duties such as filing, placing phone calls, and responding to emails
 - Directed patients and visitors to the appropriate units in the hospital
- Pre-Medical Society Vice President**, Trent University May 2017 – Apr. 2019
- Managed a team of volunteers to facilitate student programming and community events
 - Resolved conflict between society members to maintain strong teamwork and communication
- Pre-Medical Society Publicity Officer**, Trent University May 2016 – Apr. 2017
- Communicated society events and campaigns through posters, social media, and email
 - Worked in a team environment to support common goals and promote collective success

CERTIFICATIONS AND TRAINING

- Standard First Aid with CPR-HCP Recertification 2019
- SafeTalk Suicide Prevention Training, Mask Fit Testing 2018
- AODA Training, WHMIS Training, Ministry of Labour Health and Safety Awareness 2017
- Non-Violent Crisis Intervention Certification, Valid Ontario G Level License 2016

PROFESSIONAL MEMBERSHIPS

- Registered Nurses' Association of Ontario**, Student Member 2015 – Present

ACADEMIC ACHIEVEMENTS

- Dean’s Honour Roll** 2015 – 2019
- Annual award for attaining an average over 80%