

Psychology at Trent

Trent's program in Psychology provides you with a better understanding of yourself and others, diving into a scientific discipline with a multitude of practical applications. The Psychology program ensures that students acquire both research skills and a broadly-based background in the basic content of the discipline, combined with the opportunity at upper levels to specialize further. Psychology majors examine a broad range of topics, with the opportunity to design their degree to focus on specialized topics such as emotion, gender, intelligence, neuropsychology, life-span and exceptional development, health, education, and human relations. Whatever the area of interest, you will learn to apply your knowledge of human behaviour in a variety of contexts, a transferable skill to any career.

These explorations can take place both in the classroom and beyond - through the Psychology Co-op program, you can put skills to action across a 12-month paid work term in a professional setting.

Psychology Co-op

Co-op is an opportunity for students to gain work-integrated experiential learning which will help them get a head start on a career. The Psychology Co-op assists graduating students in achieving a competitive edge while generating experience within a wide range of sectors. Specifically, co-op gives the students a chance to obtain 12 months of practical experience on the job, develop or enhance technical skills, explore career options, network with a variety of individuals and organizations, learn from mentors and tutors, enhance communication and presentation skills, and develop technical writing skills.

Psychology Co-op is a competitive direct-entry program with a limited number of spaces.

Program Requirements for Admittance into Co-op:

- Minimum 80% cumulative average
- Minimum of 6 Grade 12 4U or 4M courses
- ENG4U with a minimum of 60%

To remain in the co-op, students must:

- Successfully complete the required Co-op courses: COOP 2000H with a grade of 70%+ and COOP 4000H with a grade of 65%+
- Maintain a minimum 75% cumulative average throughout their study terms
- Complete the single 12-month work term experience (COOP 2100P, 3100P, 4100P)
- Receive satisfactory evaluations during their co-op work term

Psychology Co-op Work Term Schedule

	Fall	Winter	Summer
Year 1	Study Term 1	Study Term 2	Off
Year 2	Study Term 3	Study Term 4	Off
Year 3	Study Term 5	Study Term 6	Work Term
Year 4	Work Term	Work Term	Off
Year 5	Study Term 7	Study Term 8	Off

Students in the Psychology Co-op follow the co-op continuing model where they complete one 12-month work term with a single employer.

All co-op students are encouraged to meet with an Academic Advisor for degree mapping and to ensure they are meeting all their program requirements. You can book an appointment on the Student Experience Portal (trentu.ca/sep) or by calling (705) 748-1011 ext. 1488.

Please Note: Co-op is meant to prepare students for the real-world job application process and as such, the co-op process is competitive and dependent upon many factors including market conditions, the student's efforts to secure a work term, and the academic performance of a student. Every effort is made to find a suitable 12-month work term for students, but a work term cannot be guaranteed for every student. Co-op students will secure their position through successful participation in the co-op interview process and/or their own job search activities. Withdrawal from the co-op program will not normally be approved while a student is on a work term.

Students who are unable to obtain a suitable co-op opportunity are expected to continue with their academic program on a full-time basis. The missed work term experience would be delayed to the Fall of Year 4 if a student is unable to secure their work term. If a co-op student is unable to complete their 12-month continuous co-op work term yet otherwise fulfills degree requirements, they will be awarded an Honours Bachelor of Arts or Honours Bachelor of Science in Psychology.

Students do not pay tuition during each work term. Students are required to pay co-op fees plus ancillary fees and levies. The Co-op Assistance Program is available to support students in financial need with co-op expenses. For more information, please reach out to coop@trentu.ca.

International Students As of April 1, 2026, international post-secondary students no longer need a co-op work permit to participate in a mandatory work component of their study program. To be eligible for student work placements, you must have a valid study permit that includes authorization to work on campus. For full eligibility requirements and updates on working in Canada as an international student, visit [Immigration, Refugees, and Citizenship Canada](https://www.canada.ca/en/immigration-refugees-citizenship/2023/06/immigration-refugees-and-citizenship-canada.html).

Students with Disabilities are strongly encouraged to register with Student Accessibility Services (SAS). Please contact sas@trentu.ca for more support.

Sample Work Term Areas for Psychology:

- Research & Evaluation
- Education
- Social Services
- Health Promotion
- Community Recreation

Potential Career Paths for a Psychology Graduate:

- Behaviour Analyst
- Clinical Researcher
- Psychologist
- Parole Officer

