

History at Trent

History is a way to discover yourself and the world, a way to learn to see beyond stereotypes and simple answers, to discern the difference between assumption and fact. It helps us put our experience in a larger context, to understand the values, attitudes, and motives of other people, and to recognize the multiple and complex links between people and events, both in the present and the past. One of the many benefits of studying history, in this respect, is that it helps us to develop a sense of shared humanity.

Studying History develops and refines your capacity for critical thinking in a complex, competitive, and changing world. One of the most established and versatile university majors, History paves the way for understanding the foundations and origins of society's behaviour and institutions. These explorations can take place both in the classroom and beyond – through the History Co-op program, you can put skills to action across three paid work terms in professional settings.

History Co-op

Co-op is an opportunity for students to gain work-integrated experiential learning that will help them get a head start on their career. The History Co-op assists graduating students in achieving a competitive edge while generating experience within a wide range of sectors. Specifically, co-op gives the students a chance to obtain 12 months of practical experience on the job, develop or enhance technical skills, explore career options, network with a variety of individuals and organizations, learn from mentors, enhance communication and presentation skills, and develop technical writing skills.

History Co-op is a competitive direct-entry program with a limited number of spaces.

Program Requirements for Admittance into Co-op:

- Minimum 80% cumulative average
- ENG4U with a minimum of 60%

To remain in the co-op, students must:

- Successfully complete the required Co-op courses: COOP 2000H with a grade of 70%+ and COOP 4000H with a grade of 65%+
- Maintain a minimum 75% cumulative average throughout their study terms
- Complete three co-op work terms (COOP 2100P, 3100P, 4100P)
- Receive satisfactory evaluations during each of their work terms

History Co-op Work Term Schedule

	Fall	Winter	Summer
Year 1	Study Term 1	Study Term 2	Study Term 3
Year 2	Study Term 4	Study Term 5	Work Term 1
Year 3	Study Term 6	Study Term 7	Work Term 2
Year 4	Work Term 3	Study Term 8	

HISTORY CO-OP

All co-op students are encouraged to meet with an Academic Advisor for degree mapping and to ensure they are meeting all their program requirements. You can book an appointment on the Student Experience Portal (trentu.ca/sep) or by calling (705) 748-1011 ext. 1488.

Please Note: Co-op is meant to prepare students for the real-world job application process and as such, the co-op process is competitive and dependent upon many factors including market conditions, the student's efforts to secure a work term, and the academic performance of a student. Every effort is made to find suitable co-op work terms for students, but a work term opportunity cannot be guaranteed for every student. Co-op students will secure positions through successful participation in the co-op interview process and/or their own job search activities. It is preferred that no more than two of the three work terms are with the same employer. Withdrawal from the co-op program will not normally be approved while a student is on a work term.

Students who are unable to obtain a suitable co-op opportunity in an upcoming work term are expected to continue with their academic program on a full-time basis. A missed work term can be made up. If a co-op student is unable to complete three work terms yet otherwise fulfills degree requirements, they will be awarded an Honours Bachelor of Arts in History.

Students do not pay tuition during each work term. Students are required to pay co-op fees plus ancillary fees and levies. The Co-op Assistance Program is available to support students in financial need with co-op expenses. For more information, please reach out to coop@trentu.ca.

International Students As of April 1, 2026, international post-secondary students no longer need a co-op work permit to participate in a mandatory work component of their study program. To be eligible for student work placements, you must have a valid study permit that includes authorization to work on campus. For full eligibility requirements and updates on working in Canada as an international student, visit [Immigration, Refugees, and Citizenship Canada](https://www Immigration Refugees and Citizenship Canada).

Students with Disabilities are strongly encouraged to register with Student Accessibility Services (SAS). Please contact sas@trentu.ca for more support.

Sample Work Term Areas for History:

- Arts & Culture
- Community Education
- Civil Service
- Hospitality & Tourism
- Libraries, Museums & Archives
- Historical Research

Potential Career Paths for a History Graduate:

- Teacher
- Policy Analyst
- Curator
- Historical Consultant
- Writer

