

Creating Learning Objectives

After completing the Work Term Record (WTR), students will be able to find the Learning Objectives by clicking on their Work Term Record and selecting 'Learning Objectives' on the left hand side.

What is a Learning Objective?

- A learning objective is a clear, written statement that outlines what you hope to strengthen and achieve during your work term. Setting specific, measurable, and realistic learning objectives for your work term will provide you with a framework for the experience and clear areas of focus.
- Co-op students must come up with 5 learning objectives for each co-op work term. Students are expected to reflect on their learning objectives throughout the course of the work term and are encouraged to come up with new learning objectives for themselves if they accomplish these objectives early in their experience to further their learning experience.

Each learning objective should follow the SMART formula:



- **Specific** - what specific steps need to be taken to accomplish your goal?
- **Measurable** - are your targets measurable and trackable?
- **Achievable** - is your goal realistic and attainable?
- **Relevant** - is your goal connected to the big picture of your work?
- **Time-bound** - when will your goal be reached?

Learning objectives must be completed and submitted on the Student Experience Portal at the end of your first week of work.

- After learning objectives have been submitted, your Co-op Coordinator will review, provide feedback, and approve your learning objectives.

If you have any questions about your Learning Objectives, please reach out to your Co-op Coordinator.