What can I do with my studies in…

# Arts and Science

Use this tool to discover how you can use your degree, skills and experiences in the workplace. This is only a starting place – remember to explore all your options.

[Trent Career Centre](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\trentu.ca\careers)

[careers@trentu.ca](mailto:careers@trentu.ca)

## Skills Developed Through Your Degree: Recognizing Valuable Assets

* Research, critical thinking and analytical skills
* Ability to precisely examine, analyze and interpret data
* Quantitative reasoning
* Skills in social research, qualitative interviewing and fieldwork
* Summarize research findings
* Ability to challenge own thoughts and ideas
* Effective interdisciplinary interactions and collaborations
* Creative and investigative
* Solve problems and make decisions
* Study topics from scientific, social and humanist perspectives
* Presenting complex ideas, data and knowledge clearly to a general audience
* Broader understanding of current events/social issues
* Apply knowledge to everyday scenarios
* Community engagement

## Sample Job Titles and Fields of Work: A Taste of What’s Out There

\*Note: Some occupations may require further education or specialized training\*

* Biomedical Ethics
* Communication Specialist
* Creative writer/poet working with scientific/ environmental themes
* Curator/Archivist
* Doctor
* Evaluation and Research
* Government Programming
* Health Promotion
* Lawyer
* Lobbyist/Speech Writer
* Outreach Director
* Policy Analyst
* Quality Assurance Manager
* Scientific Journalism
* Social Marketing
* Teacher/Professor
* Knowledge Exchange Specialist

## Career Centre Resources: Great On-Campus Services

**Career Centre Website**

[Careers Website](http://www.trentu.ca/careers) - Extensive career development and work search information including tools, links, strategies and assessments.

**Trent University Student Job Board**

[Job Board Website](http://www.trentu.ca/sep) - Look for on- and off-campus opportunities.

**Career Resources on myTrent**

[MyTrent Website](http://www.trentu.ca/mytrent) - Access the following resources through myTrent>Support>Campus Support

* **Career Cruising and TypeFocus**

Free self-assessments that connect your interests and personality to your career.

* **My World Abroad**

A guide that provides information, strategies, and tips for anyone considering going abroad for work, study or travel.

**Career Counselling and Résumé Critiques**

Get feedback in a one-on-one appointment. [Book online](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\trentu.ca\sep).

**Career and Work Search Workshops**

Register through the Events Calendar at [Student Experience Portal](http://www.trentu.ca/sep).

**Resource Library**

Information on career exploration, finding work, and more.

* Opportunities in Social Science Careers
* Careers for Scholars & Other Deep Thinkers

**Events and Fairs**

Your opportunity to meet and network with employers and recruiters on campus.

## Professional Associations & Societies: More Than Just a Club!

Professional associations and societies can be effective exploration resources as they provide information about careers, job boards, events and professional development opportunities. These groups can be used for networking, so become familiar with them!

[Council for the Advancement of Science Writing](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\casw.org)

**Arts**

[Canadian Knowledge Transfer & Exchange Community of Practice](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\ktecop.ca)

[Federation for the Humanities & Social Sciences](http://www.ideas-idees.ca/)

[Canadian Public Relations Society](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\cprs.ca)

[Social Sciences & Humanities Research Council (SSHRC)](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\sshrc-crsh.gc.ca)

**Science**

[Canadian Institute of Health Research](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\cihr-irsc.gc.ca)

[Science Teachers’ Association of Ontario](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\stao.ca)

[Eco Canada](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\eco.ca)

[Natural Sciences & Engineering Research Council (NSERC)](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\nserc-crsng.gc.ca)

## Opportunities: Internships, Careers, Government Programs

[Trent University Student Job Board](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\trentu.ca\mytrent)

[Ontario Internship Program](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\internship.gov.on.ca)

[Career Edge](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\careeredge.ca)

[Federal Government Jobs](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\jobs.gc.ca)

[Provincial Government Jobs](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\gojobs.gov.on.ca)

[Charity Village](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\charityvillage.com)

[Ministry of Natural Resources Internship Program](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\ontario.ca\jobs-and-employment\internship-ministry-natural-resources)

[Internship Listings](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\campusaccess.com)

**Arts**

[Humanities and Social Sciences Online](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\h-net.org\jobs\home.php)

[Scholarly Societies Project](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\scholarly-societies.org\subjects_soc.html)

[WorkInCulture – Cultural Careers Council Ontario](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\workinculture.ca)

**Science**

[Science Careers](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\sciencecareers.sciencemag.org)

[ECO Canada](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\eco.ca\viewjobs)

[CASW – Science Writing Organizations](file:///\\habitat\home\jmason\My%20Documents\accessible%20docs%20not%20yet%20reviewed\casw.org\casw\science-writing-organizations)

## Get Experience

[**Arts and Science at Trent University**](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\trentu.ca\bas)

Courses, program faculty, program blog, and more department information.

[**Trent Community Research Centre**](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\trentcentre.ca)

Students are matched with local organizations to assist with research, planning and other community development projects for course credit.

[**Trent University Student Organizations**](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\trentcentral.ca\clubs.php)

Get involved in groups that will contribute to learning new skills & gaining a variety of experience.

## Get Connected

Develop your network – get advice about careers from alumni and other professionals.

**Connection Tools**

The Career Centre’s tip sheets and workshops on LinkedIn, networking, and marketing yourself at career events.

**Connection Programming – Trent Career Community LinkedIn Group**

A platform for students/recent graduates to connect with alumni and members of the Trent community.

[***Mentoring/Networking Programs***](file:///C:\Users\cquigley\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\928WV6C9\trentu.ca\careers\mentoring)

Programs and events to help you navigate your career options.