



VOLUNTEER POSTING
Varsity Student Trainer (2026-27)
Volunteer/Placement Student Position
Trent Athletics & Recreation Department

Supervisor: Varsity Athletic Therapist & Wellness Coordinator
Hours: 10 - 30 hours per week: Evening and Weekend Availability Required
Rate of Pay: Volunteer / Placement Hours / Co-Curricular Record

ABOUT TRENT ATHLETICS & RECREATION:

Dedicated to excellence, Trent Athletics & Recreation is committed to providing opportunities for Trent students and the community to become involved in a wide range of recreational, sport and leadership activities, at all levels, with the objective of encouraging and developing a healthy lifestyle.

ABOUT THE POSITION:

The successful candidates will be assigned to a varsity team and assist in providing first aid and injury assessment to student-athletes at practices and games. Student trainers will report to the Trent Varsity Athletic Therapist and Wellness Coordinator.

This position can be included on your co-curricular record. Hours may count toward your practicum, pending approval of your course instructor.

Duties Include:

- Pre-event taping/wrapping/stretching.
- Sideline first aid and injury assessment at games, training camp, and practices.
- Ensure all student-athletes on their assigned team have filled out required forms and medical documents.
- Document injuries and update return to play status on appropriate platforms.
- Report any significant injuries to the Trent Varsity Athletic Therapist and Wellness Coordinator.

Expectations:

- Attend 100% of games (1 exhibition prior to the start of season + all regular season games).
- Attend 100% of practices (including training camp*).
- Communication liaison between the varsity athletic therapists, coaches, players, and other student-trainers.
- Conduct yourself in a professional manner.
- Create a positive learning environment for all student-trainers.
- Maintain respectful and professional relationships with coaches, student-athletes, athletic therapists, and other student-trainers.



- No intimate relationships with any of your student-athletes.
- Follow the direction of Varsity Athletic Therapist and Wellness Coordinator.

*Training camps for fall sports will commence the third and fourth week of August. Volleyball student-trainers will be required to attend practices a minimum of 2 weeks prior to the start of the season, and the exhibition game prior to their season-opener.

Mandatory Requirements:

- First Aid & CPR/AED; EMR or EFR are preferred
- Vulnerable Sectors Check (valid within 6 months of start date)
- BIOL -1050H: Human Anatomy
- BIOL -1051H: Human Physiology
- KINE -4050H: Professional Practice Theory (mandatory for those using this as their KINE -4051: Professional Practicum placement)

Priority will be given to those students that are currently in the Kinesiology Program at Trent and have successfully completed KINE -3002H: Introduction to Injury Management.

Mandatory In-Person Training:

- March 14th and March 28th (first year student trainers only)
- April 27th, 28th and 29th
- August 13th and 14th (to be confirmed)

To Apply: All applications must submit a cover letter and resume by e-mail to Nicole Menard at nicolemenard@trentu.ca (Microsoft Word or Adobe PDF). Please include your full name in the subject line of your e-mail.

Application Deadline: February 27th at 12pm

Interviews: March 2nd-5th

Notified by: March 9th

Trent University is actively committed to creating a diverse and inclusive campus community and encourages applications from all qualified candidates. Trent University offers accommodation for applicants with disabilities in its recruitment processes. If you require accommodation during the recruitment process or require an accessible version of a document/publication please contact nicolemenard@trentu.ca

While Trent Athletics & Recreation Department appreciates all applications, only those applicants considered for an interview will be contacted.