



ALLAN MARSHALL POOL HOLIDAY SCHEDULE

Our pool schedule looks a little different as we near the end of the year and the holiday season, so we've put together this easy-to-read schedule.

As always, this schedule may change, so feel free to check our website trentu.ca/athletics or social media [@trentathleticscentre](https://twitter.com/trentathleticscentre) for updates.

Saturday, November 22

1:15 - 2:15 PM	Lane Swim (2 Lanes)
1:15 - 3:45 PM	Open Swim

Sunday, November 23

7:00 - 8:00 AM	Women's Only Swim
12:15 - 1:45 PM	Lane Swim
2:00 - 6:00 PM	Open Swim

Monday, November 24

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
8:00 - 10:00 PM	Lane Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Tuesday, November 25

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 - 10:45 AM	Aquafit
11:00 AM - 1:00 PM	Lane Swim
8:45 - 10:00 PM	Lane Swim

Wednesday, November 26

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
1:15 - 2:15 PM	Lane Swim (2 Lanes) + Open Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Thursday, November 27

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
2:30 PM - 3:15 PM	Gentle Aquafit
7:00 PM - 10:00 PM	Lane Swim

Friday, November 28

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim

Saturday, November 29

1:15 - 2:15 PM	Lane Swim (2 Lanes)
1:15 - 3:45 PM	Open Swim

Sunday, November 30

7:00 - 8:00 AM	Women's Only Swim
12:15 - 1:45 PM	Lane Swim
2:00 - 6:00 PM	Open Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Monday, December 1

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
8:00 - 10:00 PM	Lane Swim

Tuesday, December 2

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 - 10:45 AM	Aquafit
11:00 AM - 1:00 PM	Lane Swim
8:45 - 10:00 PM	Lane Swim

Wednesday, December 3

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
1:15 - 2:15 PM	Lane Swim (2 Lanes) + Open Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Thursday, December 4

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
2:30 PM - 3:15 PM	Gentle Aquafit
7:00 PM - 10:00 PM	Lane Swim

Friday, December 5

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim

Saturday, December 6

10:00 AM - 1:00 PM	Lane Swim
1:15 - 3:45 PM	Open Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Sunday, December 7

7:00 - 8:00 AM	Women’s Only Swim
10:15 AM - 1:45 PM	Lane Swim
2:00 - 6:00 PM	Open Swim

Monday, December 8

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
8:00 - 10:00 PM	Lane Swim

Tuesday, December 9

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 - 10:45 AM	Aquafit
11:00 AM - 1:00 PM	Lane Swim
5:30 - 8:30 PM	Lane Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Wednesday, December 10

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
1:15 - 2:15 PM	Lane Swim (2 Lanes) + Open Swim

Thursday, December 11

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
2:30 - 3:15 PM	Gentle Aquafit
7:00 - 10:00 PM	Lane Swim

Friday, December 12

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Saturday, December 13

10:00 AM - 1:00 PM	Lane Swim
1:15 - 3:45 PM	Open Swim

Sunday, December 14

7:00 - 8:00 AM	Women’s Only Swim
10:15 AM - 1:45 PM	Lane Swim
2:00 - 6:00 PM	Open Swim

Monday, December 15

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
8:00 - 10:00 PM	Lane Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Tuesday, December 16

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 - 10:45 AM	Aquafit
11:00 AM - 1:00 PM	Lane Swim
5:30 - 8:30 PM	Lane Swim

Wednesday, December 17

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
1:15 - 2:15 PM	Lane Swim (2 Lanes) + Open Swim

ALLAN MARSHALL POOL

2025 HOLIDAY SCHEDULE

Thursday, December 18

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim
2:30 - 3:15 PM	Gentle Aquafit
7:00 - 10:00 PM	Lane Swim

Friday, December 19

7:30 - 9:00 AM	Lane Swim
9:00 - 9:45 AM	Aquafit
10:00 AM - 1:00 PM	Lane Swim

Saturday, December 20

10:00 AM - 1:00 PM	Lane Swim
1:15 - 3:45 PM	Open Swim