

# Winter Pool Schedule



THE ATHLETICS CENTRE  
HOME OF THE TRENT EXCALIBUR

January 7 - April 28, 2019

Time	Monday <i>Bldg Hrs 6 am - 11 pm</i>	Tuesday <i>Bldg Hrs 6 am - 11 pm</i>	Wednesday <i>Bldg Hrs 6 am - 11 pm</i>	Thursday <i>Bldg Hrs 6 am - 11 pm</i>	Friday <i>Bldg Hrs 6 am - 11 pm</i>	Saturday <i>Bldg Hrs 7 am - 9 pm</i>	Sunday <i>Bldg Hrs 7 am - 9 pm</i>
5:30							
6:00	KT Synchro 5:30 - 7:30 am	Trent Swim Club 5:30 - 7:30 am	Trent Swim Club 5:30 - 7:30 am	Trent Swim Club 5:30 - 7:30 am	KT Synchro 5:30 - 7:30 am	Trent Swim Club 6- 9 am	KT Synchro 6 - 10 am
7:00	Lane Swim 7:30 - 9:00 am	Lane Swim 7:30 - 9:00 am	Lane Swim 7:30 - 9:00 am	Lane Swim 7:30 - 9:00 am	Lane Swim 7:30 - 9:00 am		
8:00	AquaFit 9 - 10 am	AquaFit 9 - 10 am	AquaFit 9 - 10 am	AquaFit 9 - 10 am	AquaFit 9 - 10 am		
9:00	Rental 10 - 11 am	Rental - Swim to Survive 10 - 11 am	Rental 10 - 11 am	Rental 10 - 11 am	Rental 10 - 11 am	Swim Lessons 9 - 1 pm	Swim Lessons 10 - 2 pm
10:00	Lane Swim 11 - 1:30 pm	Lane Swim 11 - 1:30 pm	Lane Swim 11 - 1:30 pm	Lane Swim 11 - 1:30 pm	Lane Swim 11 - 1:30 pm		
11:00							
12:00	New Wave AquaFit (fee req.) 1:30 - 2:30 pm	Public Swim 1:30 - 3:30 pm	AquaFit 1:30-2:30pm	New Wave AquaFit (fee req.) 1:30 - 2:30 pm	Public Swim 1:30 - 3:30 pm	Public Swim 1-2 pm	Public Swim 2 - 3 pm
1:00	Public Swim 2:30-3:30pm		Public Swim 2:30-4:00pm	Swim Lessons & Rentals 2:30 - 4:30 pm			
2:00	Trent Swim Club 3:30-6:00	Trent Swim Club 3:30-5:30	Trent Swim Club 4-6:00pm		Trent Swim Club 3:30 - 5:30 pm	Trent Swim Club 4 - 7 pm	Lane Swim 3 - 5 pm
3:00							
4:00		Swim Lessons 5:30 - 8:30 pm	KT Synchro 6 - 8:00 pm	Swim Lessons 4:30 - 7:30 pm	KT Synchro 5:30 - 7:30 pm	Womens Only Swim 7:00 - 8:30 pm	KT Synchro 5 - 8:00 pm
5:00	KT Synchro 6 - 8:00 pm			Special Olympics 7:30 - 8:30 pm	Underwater Hockey 7:30-9:00pm		
6:00			Campus Recreation 8 - 10:30 pm	Swim Lessons 8:30 - 9:30 pm			
7:00	Campus Recreation 8 - 10:30	TCSA Synchro Club 8:30-10:30pm		TCSA Synchro Club 9:30 - 10:30 pm	Rental 9:00-10:30pm		
8:00							
9:00							
10:00							
10:30							

\* updated January 18, 2019