

JUNE - Spring Pool Schedule



THE ATHLETICS CENTRE
HOME OF THE TRENT EXCALIBUR

June 3 - June 30, 2019

| Time | Monday <i>Bldg Hrs 6 am - 9 pm</i> | Tuesday <i>Bldg Hrs 6 am - 9 pm</i> | Wednesday <i>Bldg Hrs 6 am - 9 pm</i> | Thursday <i>Bldg Hrs 6 am - 9 pm</i> | Friday <i>Bldg Hrs 6 am - 9 pm</i> | Saturday <i>Bldg Hrs 7 am - 7 pm</i> | Sunday <i>Bldg Hrs 7 am - 7 pm</i> |
|----------------|---|--|--|---|--|--|---------------------------------------|
| 5:30 6:00 | KT Synchro 5:30 - 7:30 am | Trent Swim Club 5:30 - 7:30 am | Trent Swim Club 5:30 - 7:30 am | Trent Swim Club 5:30 - 7:30 am | KT Synchro 5:30 - 7:30 am | Trent Swim Club 6- 9 am | KT Synchro 6 - 10 am |
| 7:00 8:00 | Lane Swim 7:30 - 9:00 am | Lane Swim 7:30 - 9:00 am | Lane Swim 7:30 - 9:00 am | Lane Swim 7:30 - 9:00 am | Lane Swim 7:30 - 9:00 am | | |
| 9:00 10:00 | AquaFit 9 - 10 am | AquaFit 9 - 10 am | AquaFit 9 - 10 am | AquaFit 9 - 10 am | AquaFit 9 - 10 am | Swim Lessons 9 - 1 pm | Swim Lessons 10 - 2 pm |
| 10:00 11:00 | Rental 10 - 11 am | Rental - Swim to Survive 10 - 11 am | Rental 10 - 11 am | Rental 10 - 11 am | Rental 10 - 11 am | | |
| 11:00 12:00 | Lane Swim 11 - 1:30 pm | Lane Swim 11 - 1:30 pm | Lane Swim 11 - 1:30 pm | Lane Swim 11 - 1:30 pm | Lane Swim 11 - 1:30 pm | | |
| 1:00 2:00 | New Wave AquaFit (fee req.) 1:30 - 2:30 pm | Public Swim 1:30 - 3:30 pm | AquaFit 1:30-2:30pm | New Wave AquaFit (fee req.) 1:30 - 2:30 pm | Public Swim 1:30 - 3:30 pm | Public Swim 1-2 pm | Lessons 1-4 pm |
| 2:00 3:00 | Public SWIM 2:30-3:30pm | | Public SWIM 2:30-4:00pm | Swim Lessons & Rentals 2:30 - 4:30 pm | | Swim Lessons & Rentals 2:30 - 4:30 pm | |
| 3:00 4:00 | Trent Swim Club 3:30-6:00 | Trent Swim Club 3:30-5:30 | Trent Swim Club 4-6:00pm | Swim Lessons 4:30 - 7:30 pm | Trent Swim Club 3:30 - 5:30 pm | Trent Swim Club 4 - 7 pm | Lessons 2 - 5 pm |
| 4:00 5:00 | | | | | | | |
| 5:00 6:00 | Trent Swim Club 8-8:45pm | Swim Lessons 5:30 - 8:30 pm | Peterborough Pirates 8:00-8:45pm | Underwater Hockey 7:30-8:45pm | Womens Only Swim CANCELLED FOR JUNE ** Will resume in July at 4:00-5:30pm | | |
| 6:00 7:00 | | | | | | | |
| 7:00 8:00 | | | | | | | |

* updated April 5, 2019