

University-Integrated Seniors Village



Environmental Scan Report

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2022

University-Integrated Seniors Village Report Series

With funding from the Jalynn Bennett Estate held at Trent University, the University-Integrated Seniors Village Report Series was established in 2021 to provide information for Trent's University-Integrated Seniors Village development. Hosted by the Trent Centre for Aging & Society, this series features the following three reports based on consultations with experts in the field, a review of academic, research and sector grey literature, and a profile of existing university-integrated Seniors Village initiatives around the world. These and future reports in the series are available from the Trent Centre for Aging & Society (www.trentu.ca/aging).

University-Integrated Seniors Village Report Series

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INTRODUCTION

In an era where age-friendly communities are surfacing worldwide, the contextual landscape has materialized to support a university-integrated Seniors Village. As such, several Seniors Villages have partnered with universities or colleges to transform the education, research and care provided by these independent entities to seek out the mutually beneficial outcomes that are generated through collaboration. This report provides a representative sampling of the Seniors Villages that are operational or in development that will be used to inform Trent University's approach. Rather than providing one clear and succinct model, this environmental scan indicates that Seniors Villages are highly diverse, dependent on the influence of community partners, consumer populations, local contexts and the overarching goals pursued.

In an attempt to methodically present these diverse case examples, this report has been divided into two broad themes: University-Integrated and University-Affiliated Seniors Villages and Alternative Seniors Village Models. The University-Integrated and University-Affiliated Seniors Villages section is organized based on geographic location starting with Ontario and then spanning examples across Canada and around the globe. Within these subsections, the Seniors Villages have been presented in alphabetical order. The Alternative Seniors Village Models section provides a wide range of unique models of seniors or intergenerational living that are not connected with a university or college. Even though the case examples provided in this section are not formally connected with a post-secondary institution, many of these villages present unique education, research or care experiences. This section provides both Canadian and international case examples and has been organized alphabetically. In both sections, hyperlinks have been provided to enhance the readers' knowledge of the specific model used or provide additional examples of Seniors Villages that are similarly designed. The report ends with hyperlinks to ['Alternative Models to Consider'](#) and ['Interesting Seniors and Intergenerational Initiatives Across Canada'](#) to provide additional resources on innovative approaches that can inform Trent University's approach.

For the purposes of this report, a university-integrated Seniors Village is defined as any seniors' residence that is within two kilometres of the affiliated university or college. This type

of Seniors Village is most common in the United States and Canada with an estimated 100 Seniors Villages already integrated on a university or college campus in the United States and approximately 400 projected to be in operation by 2028. University-affiliated Seniors Villages are defined as any seniors' residence that provides education, research or residential space on-site to universities or colleges. University-affiliated Seniors Villages are most common in Ontario and internationally, especially in urban centres, where land may not be available to support the full integration of seniors' residences on university or college campuses. In Canada, university-integrated health and social service centres are plentiful. This university-affiliated model typically provides research and education space as well as a full array of services from emergency and acute care to residential services for older adults (see '[Alternative Models to Consider](#)' for examples). While these hubs co-locate many services in one location to improve patient access, there is less focus on community or university integration and therefore these examples have not been reviewed in detail in this particular environmental scan.

Each Seniors Village case example has been examined using the following criteria for ease of comparison:



Vision / Philosophy



Amenities / On site



Research and Education



Values and Guiding Principles



Funding Model



Environmental Sustainability



Health and Social Care



Community Partnerships and Integration



Social Inclusivity



Strengths and Drawbacks



Site Plan



The Concept



Background



Theoretical Foundation



Potential for Innovation

For ease of comparison of the Seniors Villages presented in this report, a brief overview of each case example has been provided in [Table 1](#) and a visual summary of these case examples has been provided in [Table 2](#). Although the integration of a Seniors Village on a university campus is common, this report demonstrates that the objectives of the Trent Lands and Nature Areas Plan provide an ideal starting point from which Trent can become an innovator in the field. In particular, contemporary Seniors Village models are not typically socially inclusive and few models have successfully involved Indigenous populations. Similarly, while green builds have become standard in Seniors Village development, university-integrated or university-affiliated Seniors Villages rarely leverage environmental disciplines to enhance aging, health and social care. This environmental scan then supports Trent University’s pursuit of developing their own individualistic model of a university-integrated Seniors Village. This Trent approach would align with the strategic goals of the university, while simultaneously supporting diverse populations through leveraging Trent’s strengths of interdisciplinarity, environmental sustainability and social inclusivity.

For insights into the academic and political landscape that shapes the development of contemporary Seniors Villages, the *State of Knowledge Report* provides a foundation of understanding of this rapidly expanding field. The *Potential for Innovation Report* provides more detail on the avenues Trent can pursue to become an innovator in the field. In combination, these reports will help to inform Trent’s unique approach to developing a university-integrated Seniors Village.

Table 1: An Overview of the Seniors Village Case Examples

An Overview of the Seniors Village Case Examples	
Name of Seniors Village	Overview
<p>Milton Education Village (Milton, ON, Canada)</p>	<p>Milton Education Village (MEV) is an innovative urban district that aims to connect people, industry, education and research through an environmentally-conscious and sustainable urban design. The Seniors Village within the urban district has been established as a collaboration between the Town of Milton, Schlegel Villages, Wilfrid Laurier University and Conestoga College and is estimated to be in operation by 2023. Education, environmental sustainability and community integration are the primary focuses of this Seniors Village.</p>

<p>St. Joseph’s at Fleming (Peterborough, ON, Canada)</p>	<p>St. Joseph’s at Fleming is a long-term care home that is located on Fleming College campus. This village provides sporadic community forums and provides some affordable housing options for seniors off campus. The Institute for Healthy Aging (IHA) provides practical learning and applied research opportunities for students, which is the primary focus of the Seniors Village.</p>
<p>The Village (North Bay, ON, Canada)</p>	<p>The Village aims to connect seniors, education and research through leveraging community partnerships and integrating Indigenous, Eastern and Western healing and wellness practices. The Seniors Village encompasses culturally designed, relevant and appropriate physical facilities that are inclusive of both Western and traditional Indigenous healing practices and teachings. Collaborative interprofessional education is provided through student-run clinics and research projects aimed to improve the well-being of seniors in the community. The primary focuses of the Seniors Village are interdisciplinary education, research and social inclusivity. The provision of intergenerational and affordable housing for seniors and students has been proposed, yet a date for development has yet to be determined.</p>
<p>The Village at University Gates (Waterloo, ON, Canada)</p>	<p>The Village at University Gates aims to provide a continuum of care for seniors, while tailoring amenities and spaces to encourage the integration of the broader community. The primary focus of the Seniors Village is research and education. As such, this case example has both a research institute and learning centre on-site as well as an extensive range of programming and infrastructure to support education and research initiatives. While there are some research programs focused on social inclusivity, the majority of the services available are catered to the dominant norm and/or seniors’ with affluence.</p>
<p>Village by the Arboretum/ The Village at Arbour Trails (Guelph, ON, Canada)</p>	<p>The Seniors Village is divided into two sections: a seniors’ housing section called Village by the Arboretum and a retirement and assisted living section called the Village of Arbour Trails. The primary focus of the Seniors Village is to enhance holistic health and quality of life by increasing residents’ access to numerous amenities, programs and activities that support wellness. Community partnerships are also a central component of this model. The accommodation and the majority of the services available on-site are catered to the dominant norm and/or seniors’ with affluence.</p>

<p>Georgian Village (Simcoe County, ON, Canada)</p>	<p>Georgian Village aims to provide a socio-economic continuum of care that allows seniors to age-in-place. Simcoe County has established several community partnerships to provide an extensive range of amenities, accommodation, as well as health, social, cultural and recreational services on-site. The services and signage within the Seniors Village have been tailored to meet the needs of the Francophone population and educational space is provided on-site for Georgian College students. Community integration, holistic health and social inclusion are the primary focuses of this Seniors Village.</p>
<p>Kipling Acres (Toronto, ON, Canada)</p>	<p>Kipling Acres is a joint collaboration between the Ministry of Health and Long-term Care and the City of Toronto. The Seniors Village aims to foster intergenerational interaction and community integration through the co-location of a seniors' community centre, long-term care home and childcare centre. The physical design and amenities provided on-site encourages the natural interaction between children, seniors in long-term care and seniors from the broader community. As such, the primary focus of the Seniors Village is community integration and fostering intergenerationality.</p>
<p>Ressam Gardens (Hamilton, ON, Canada)</p>	<p>Ressam Gardens provides retirement living and assisted living accommodation to seniors with memory impairments. The accommodation, amenities and physical design of the Seniors Village aim to enhance resident's holistic health and quality of life. Partnering with the Engineering department at McMaster University, students are provided with opportunities to develop, trial and improve state of the art technologies aimed to enhance the lives of older adults with dementia. The primary focuses of the Seniors Village are research, holistic health and the inclusion of older adults with memory impairments. Despite the inclusion of older adults with memory impairments, the services provided are only available to individuals with affluence.</p>
<p>Schlegel Village - Oakville (Oakville, ON, Canada)</p>	<p>Schlegel Village is building two long-term care homes that are estimated to be in operation by 2025. An independent living building and a retirement living building are set to be developed after the long-term care homes are established, however, a date for the development of these buildings has yet to be determined. The primary focuses of the Seniors Village are community integration and education and thus the physical design and amenities will reflect these priorities. The Seniors Village also plans to consult the local Sikh and Hindu communities to ensure the home is culturally inclusive.</p>

<p>Yee Hong Centre for Geriatric Care (Multiple Sites- Toronto, ON, Canada)</p>	<p>Yee Hong Centre for Geriatric Care is comprised of four campuses that provide a culturally appropriate continuum of care to Chinese Canadians. All aspects of the Seniors Village including the programming, the building design and the care provision centralize around the Chinese culture. Chinese and alternative medicines are routinely used in addition to Westernized medicine. The Seniors Village has been internationally recognized for their training and education in the provision of culturally appropriate care services. Affordable care options and accommodation are available within the Seniors Village for older adults' with lower socio economic means. As such, the primary focuses of the Seniors Village are holistic health, social inclusion and education.</p>
<p>Caritas (Halifax, NS, Canada)</p>	<p>Caritas was originally designed as a retirement residence for members of the Sisters of Charity, but now also provides a continuum of care for affluent seniors in the broader community. The physical design, programming and amenities provided on-site are catered to the needs of the Roman Catholic population. While the residence is located on the Mount Saint Vincent Campus, it is unclear if the residents benefit from any of the practical education or applied research opportunities provided by the university.</p>
<p>CollegeSide Gardens (Red Deer, AB, Canada)</p>	<p>CollegeSide Gardens/Bethany CollegeSide provides a continuum of care to seniors and is located on the Red Deer College Campus. The residents within the Seniors Village have walkable access to campus amenities and there is a prominent focus within the Seniors Village on providing spiritually inclusive services. There are numerous practical learning and applied research opportunities provided on-site, which are coordinated through their research and learning centre. As such, the primary focuses of the Seniors Village are campus integration, cultural inclusion, education and research.</p>
<p>Faubourg du Mascaret (Moncton, NB, Canada)</p>	<p>Faubourg du Mascaret provides a continuum of care to the Francophone and Acadian populations in the Maritimes. All of the services and signage within the building are in French and aim to enhance the well-being of residents. Educational space is provided within the seniors' residence and an aging studies centre is located on the main campus. The aging studies centre focuses on providing health prevention services to seniors in the community, conducts research projects and supports practical learning placements for students. While placement opportunities are provided within the Seniors Village, it is unclear how or if residents are connected with the aging studies centre. The Seniors Village then primarily focuses on cultural inclusion and education.</p>

<p>Tapestry at Westbrook Village (Vancouver, BC, Canada)</p>	<p>Tapestry at Westbrook Village provides retirement and assisted living residential services within an innovative urban district. This Seniors Village aims to integrate seniors into the community by focusing on urban accessible designs to increase access to amenities and services that support their holistic health. There is also a prominent focus on connecting residents with students through placement opportunities, student run clinics and the educational spaces provided on-site. Numerous educational opportunities are available to residents within the Seniors Village including a lecture series that allows students to share their research with residents. The primary focuses of the Seniors Village are community integration, holistic health, education and research.</p>
<p>University District (Calgary, AB, Canada)</p>	<p>University District provides a continuum of care within an innovative urban district that focuses on walkability to health and wellness services and community amenities. The age-friendly design of the Seniors Village supports older adults to age-in-place and accessibility. There is an education and research institute on-site and numerous education opportunities are provided for both students and residents. The primary focuses of the Seniors Village are community integration, holistic health, education and research.</p>
<p>Antioch College Village (Yellow Springs, OH, USA)</p>	<p>Antioch College Village is an intergenerational community on a college campus that provides environmentally sustainable and affordable housing. The village is rooted in the principles of cohousing which encourages interaction between seniors and students and generates an informal support network for seniors to age-in-place. The student life centre allows students and seniors to interact with one another and provides commercial and education space. The primary focuses of the Seniors Village are environmental sustainability, intergenerationality and the inclusion of seniors with lower socioeconomic means.</p>
<p>Health and Wellbeing Precinct (Wollongong, NSW, Australia)</p>	<p>The Health and Wellbeing Precinct is an intergenerational university community that is estimated to be in operation by late 2024. While a continuum of care will be provided for seniors, the physical design, amenities and other services that will be provided on-site will support intergenerational community integration. In particular, the green space, recreation facilities, childcare centre and primary and community health clinic on-site support the holistic health of the whole community. The research and education that will be provided on-site will also be extensive and will focus on fostering intergenerational learning and the translation of research into practice. For students, experiential learning opportunities will be provided through clinical placements, reflective practice and working in cross disciplinary teams. The primary focuses of the Seniors Village are then community integration, holistic health, intergenerationality, education and research.</p>

<p>Humanitas (Deventer, VA, Netherlands)</p>	<p>Humanitas is a seniors’ residence that provides intergenerational living opportunities for university students. Students receive reduced rent and board in exchange for 30 volunteer hours a month for being a ‘good neighbour’ and hosting one meal a week at the village restaurant. The physical design, programming and amenities aim to support holistic health and community integration. Humanitas has also been nationally recognized for their provision of practical education that is interdisciplinary and focuses on the provision of social care and wellness. The primary focuses of the Seniors Village are then intergenerationality, community integration, education and holistic health.</p>
<p>Lion’s Gate (New Jersey, NY, USA)</p>	<p>Lion’s Gate is a socioeconomic continuum of care that is committed to the lifelong learning of residents. The Seniors Village is located in close proximity to local amenities and services that support the holistic health of residents. While there are numerous education and research opportunities provided to students in health and aging through the Rowan University School of Osteopathic Medicine and its Institute for Successful Aging, it is unclear if or how these opportunities support residents within the village. The primary focuses of the Seniors Village are community integration, life-long learning of residents, and the inclusion of seniors with lower socioeconomic means.</p>
<p>The Village at Penn State (State College, PA, USA)</p>	<p>The Village at Penn State offers a holistic continuum of care that has amenities, programs and services that focus on quality of life. Educational space and student placements are provided within the Seniors Village. Residents have access to a wide range of life-long education opportunities including golf, swimming, and other lessons from university athletes. The Center for Healthy Aging and the Intergenerational Leadership Institute provide intergenerational education and research opportunities, however, it is unclear if or how the residents are included in these experiences. The primary focuses of the Seniors Village are intergenerationality, holistic health, and education.</p>
<p>De Hogewyk (Weesp, Netherlands)</p>	<p>De Hogewyk is internationally renowned for their memory care services. The physical design, amenities and services provided within the Seniors Village aim to ‘normalize life’ for people with dementia. In particular, residents live in small residential homes and engage in daily living activities such as grocery shopping and meal preparation within their households. Residents are also allowed to move freely within the village and all staff are trained to work specifically with seniors with dementia. The unique physical design and approach to care has made the Seniors Village an epicentre for research on the provision of dementia care. The primary focuses of the Seniors Village are social inclusion, holistic health and quality of life.</p>

<p>Harbourside Cohousing (Sooke, BC, Canada)</p>	<p>Harbourside cohousing is a community that focuses on creating environmentally sustainable and mutually supportive living opportunities for seniors. The Seniors Village is in walking distance to local amenities as well as recreational and social activities that improve the quality of life of residents. The strong support network fostered in this model provides an informal continuum of care and a designated 'care suite' on-site allows for extra support for residents as they age. The primary focuses of the Seniors Village are holistic health, environmental sustainability and an informal continuum of care.</p>
<p>Elderspirit (Abingdon, VA, USA)</p>	<p>Elderspirit is a cohousing community that focuses on creating low impact, mixed income and spiritually diverse living opportunities for seniors. The Seniors Village has numerous affordable living options and a spirit house on-site aims to support residents to learn about and support each other's spirituality. The cohousing model used within this Seniors Village provides a strong informal network to support older adults age-in-place. The primary focuses of this Seniors Village are holistic health, environmental sustainability, an informal continuum of care and spiritual inclusion.</p>
<p>Kanchi Ecovillage (Kanchipuram, Tamilnadu, India)</p>	<p>Kanchi Ecovillage is a sustainable living, intergenerational community that focuses on providing economical living options that minimize residents' consumption and impact on the environment. The large organic farm, cow paddock, fishing pond and free-range chickens on-site provide the majority of the food consumed by the residents. All of the utilities used by the residents are produced on-site through renewable sources and all of the buildings are made with local materials or made on-site. Environmental sustainability is the primary focus of this Seniors Village.</p>
<p>LILAC (Leeds, UK)</p>	<p>LILAC is an intergenerational cohousing community that focuses on creating low impact and affordable living opportunities for residents. The cohousing model used within this Seniors Village provides a strong informal network to support community members. The funding model used to provide affordable housing options in the community has gained international attention and has created numerous education and research opportunities. The primary focuses of this Seniors Village are environmental sustainability and social inclusion of individuals with low socio-economic means.</p>
<p>Wikwemikong Nursing Home (Wikwemikong First Nation, ON, Canada)</p>	<p>Wikwemikong Nursing Home is a long-term care home that focuses on providing culturally appropriate care to elders within the community. While the values, guiding principles and the Chief and Council oversee the long-term care home, there is little evidence of Indigenous inclusivity in the care models maintained within the long-term care home. This Seniors Village provides a poignant example of the challenge of providing culturally inclusive services within the current political landscape (provincial governance, policy and regulations).</p>

Table 2: A Visual Summary of the Seniors Village Case Examples

Name of Seniors Village	University or college integrated	University or college affiliated	Applied research opportunities	Experiential education opportunities	Supports the continuum of care	Focus on holistic health and quality of life	Two or more health or social services provided on-site	Two or more amenities on-site	Provides intergenerational opportunities	Indigenous inclusion	Inclusive of seniors other than the dominant norm	Environmental sustainability
Milton Education Village												
St. Joseph's at Fleming												
The Village												
The Village at University Gates												
Village by the Arboretum/ The Village at Arbour Trails												
Georgian Village												
Kipling Acres												
Ressam Gardens												
Schlegel Village - Oakville												
Yee Hong Centre for Geriatric Care												
Caritas												
CollegeSide Gardens												

Name of Seniors Village	University or college integrated	University or college affiliated	Applied research opportunities	Experiential education opportunities	Supports the continuum of care	Focus on holistic health and quality of life	Two or more health or social services provided on-site	Two or more amenities on-site	Provides intergenerational opportunities	Indigenous inclusion	Inclusive of seniors other than the dominant norm	Environmental sustainability
Faubourg du Mascaret	Yes			Yes	Yes	Yes	Yes	Yes			Yes	
Tapestry at Westbrook Village	Yes			Yes		Yes	Yes	Yes	Yes			Yes
University District	Yes		Yes	Yes	Yes		Yes	Yes			Yes	Yes
Antioch College Village	Yes			Yes		Yes	Yes	Yes			Yes	Yes
Health and Wellbeing Precinct	Yes		Yes	Yes	Yes	Yes	Yes	Yes				
Humanitas		Yes		Yes		Yes	Yes	Yes			Yes	
Lion's Gate	Yes		Yes	Yes	Yes		Yes				Yes	
The Village at Penn State	Yes			Yes	Yes	Yes		Yes	Yes			
De Hogewyk			Yes			Yes		Yes			Yes	
Harbourside Cohousing					Yes	Yes						Yes
Elderspirit				Yes	Yes	Yes					Yes	Yes
Kanchi Ecovillage						Yes		Yes	Yes			Yes
LILAC				Yes		Yes			Yes		Yes	Yes
Wikwemikong Nursing Home										Yes		

UNIVERSITY-INTEGRATED SENIORS VILLAGES IN ONTARIO

Milton Education Village

Milton, Ontario.

University or College Collaborator: Wilfrid Laurier University and Conestoga College

Estimated to be in operation by 2023.

Overview

Milton Education Village (MEV) is an innovative urban district that aims to connect people, industry, education and research through an environmentally-conscious and sustainable urban design. The Seniors Village within the urban district has been established as a collaboration between the Town of Milton, Schlegel Villages, Wilfrid Laurier University and Conestoga College and is estimated to be in operation by 2023. Education, environmental sustainability and community integration are the primary focuses of this Seniors Village.

Vision/Philosophy

The Milton Education Village Vision:

The MEV will be a dynamic urban district, where innovation meets natural wonder. This vision will be realized through the integration of leading academic institutions, outdoor recreational opportunities, views of the Niagara Escarpment, state-of-the-art research and design facilities and an environmentally-conscious urban design.

The MEV will connect people, business, education and recreational opportunities through a fully integrated transportation system, accommodating public transit, vehicles, walking and cycling. With a mix of opportunities for young people to learn on-the-job and for forward-thinking businesses to leverage local students and talent, the MEV will be a centre for innovative solutions and education.

Schlegel Villages Overall Vision:

Each person lives in a village where they have life purpose and are able to pursue their passions, develop meaningful relationships, have opportunities to learn and grow and contribute to their community.

Values/Guiding Principles

Schlegel Villages Guiding Principles:

- Promote cross-functional teams - working together to put living first
- Create opportunities for meaningful and shared activities
- Connect research and innovation to village life
- Offer flexible living
- Foster authentic relationships
- Honour diversity (spiritual, cultural and individual) in village life
- Promote resident empowerment
- Cultivate the ultimate team experience

Health and Social Care Provision

Supports holistic health and quality of life

Housing Options

The Seniors Village will provide affordable community housing (number of units to be determined) and 192 long-term care beds.

Personal Care Services

Long-term care services will be provided and there is also potential for a hospice facility to be built on-site.

Quality of Life and Holistic Health

The amenities and overall vision of the Seniors Village suggest that it will be supportive of holistic health and quality of life; however, details of the Seniors Village are still in development.



Amenities Located On-site

The Seniors Village is in the planning stage and development will be divided into two phases:

- 1) The development of two post-secondary campuses, a long-term care home, a high school, affordable housing and student housing, which will be anchored by the Mattamy National Cycling Centre.
- 2) The development of the village centre, a neighbourhood centre with retail and service space, an elementary school and a park.



Funding Model

The provincial government provided a Minister's Zoning Order in partnership with the municipality of Milton to expedite the development of the project and will provide funding for operations of the education institutions and the provision of long-term care services. Schlegel Villages will own and operate the long-term care home on-site. The Town of Milton has donated the land to Conestoga College and Wilfrid Laurier University for the development of the two university campuses that will be developed.



Community Integration and Partnerships

University Integration

The Seniors Village will be centralized within the Milton Education Village with access to all community amenities as well as the two university campuses.

Community Integration

This model centralizes the Seniors Village within the broader community ensuring full integration of the residents in the community and the community in the Seniors Village.

Community Partners

Schlegel Villages, the Town of Milton, Wilfrid Laurier University and Conestoga College are the core community partners. Other community partners have not yet been listed.

Research and Education Opportunities

- Integrated into a university campus
- Student placement opportunities
- Living classroom/Educational space on-site
- Health professional training

The new Milton campus is expected to accommodate 6,700 students and will focus on university and college academic programs in science, health care, engineering, technology, and business. Conestoga and Laurier will also provide experiential learning and work-integrated learning opportunities for students, as well as micro-credentials that will support up-skilling and re-skilling for the local labour force. It has not been identified if there will be a research institute connected with the Seniors Village; however, research will be conducted within the Milton Education Village that focuses on sustainability.

Environmental Sustainability

This is the primary focus of the Seniors Village. The overarching vision of the village is on fostering sustainable living through an environmentally-conscious urban-design. The village will also be built sustainably using energy efficient infrastructure, which incorporates green building technologies. The education provided through the two campuses will focus on planetary health with a problem-based, future-focused approach to learning. The university will offer programming, research and work-integrated learning in the STEAM (science, technology, engineering arts and mathematics) fields. This will foster new developments, community-industry partnerships, market-ready research, and job creation in areas such as clean and green technology, and sustainable development. Transportation access, walkability and cycling will be prioritized in the urban design. The village will also provide numerous recreation activities on-site and is located in close proximity to the Niagara Escarpment.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

Not specified.

Dementia Care

Not specified.

Seniors' with Lower Socio-Economic Means

The proposed village will have affordable housing, which will be available to all age groups.

Intergenerational Opportunities

Not specified.

Strengths

- The education opportunities and spaces that will be provided to students on-site will result in transformative and experiential learning experiences that will enhance the care provided to older populations.
- This model prioritizes sustainability through attention to green infrastructure, urban design, the inclusion of populations with lower socio-economic means and diverse age groups.
- The physical design of the MEV encourages the integration of residents into the community and provides increased access to amenities and services through attention to walkability and public transportation.
- The collaboration between the community partners has resulted in increased access to resources and leadership that has assisted them with expediting the project's development.

Drawbacks

- A significant initial investment as well as dedicated resources and leadership are required from the core community partners.
- While affordable housing, long-term care services and hospice services will be provided on-site, the current model does not provide a full-continuum of care.

Site Plan

Acreage:

400 hectares.

Site plan:

<https://www.insauga.com/milton-is-getting-ready-for-a-massive-town-redesign/>

Websites

<https://www.milton.ca/en/business-and-development/milton-education-village-secondary-plan.aspx>

<https://news.ontario.ca/en/release/1000362/ontario-supports-expansion-of-postsecondary-education-and-long-term-care-in-milton>

<https://www.milton.ca/en/business-and-development/milton-education-village.aspx>

<https://www.milton.ca/en/news/milton-reaches-significant-milestone-to-make-milton-education-village-a-reality.aspx>

<https://downtownmilton.com/supporting-the-milton-education-village/>

Provincial role in Seniors Village:

<https://www.ontario.ca/page/major-capacity-expansion-policy-framework>



St. Joseph's at Fleming

Peterborough, Ontario.

University or College Collaborator: Fleming College

Overview

St. Joseph's at Fleming is a long-term care home that is located on Fleming College campus. This village provides sporadic community forums and provides some affordable housing options for seniors off-campus. The Institute for Healthy Aging (IHA) provides practical learning and applied research opportunities for students, which is the primary focus of the Seniors Village.

Vision/Philosophy

We will strive to ensure the wellbeing of each person we serve by providing purpose, dignity, and individual choice.

Building on the legacy of the Sisters of St. Joseph, St. Joseph's at Fleming will provide compassionate person-centred long-term care support to ensure the care and comfort of each of our residents.

Values/Guiding Principles

- Selflessness
- Integrity
- Compassion

Health and Social Care Provision

- Long-term care services

Housing Options

200 long-term care beds (private, semi-private and basic accommodation) are provided which are divided into 8 neighbourhoods all with their own program area, dining room and gardens. There are two locked units for residents at risk of wandering (51 beds). An additional 60 unit affordable home provides 1-2 bedroom independent living apartments; however, this building is not located on the Fleming campus.

Personal Care Services

Long-term care services are provided with access to physiotherapy, dentistry and foot care.

Quality of Life and Holistic Health

A range of programming is available to support quality of life and holistic health, however, the provincially driven model of long-term care still prioritizes the biomedical model in practice.



Amenities Located On-site

- Greenhouse
- Games room
- Chapel
- Hair salon
- Library
- Business centre
- Close proximity to campus amenities: a restaurant and a pub



Funding Model

St. Joseph's at Fleming is a Catholic, not-for-profit long-term care home. The funding for the operation of the home comes from the Ministry of Health and Long-Term Care. In addition, the long-term care home relies heavily on volunteers and the foundation, which generates approximately \$50,000 annually. No details are provided on the arrangement between Fleming College and St. Joseph's at Fleming regarding the land provided to build the long-term care home.



Community Integration and Partnerships

University Integration

The Seniors Village is on the Fleming College campus, however, there is a large hill that separates the main campus buildings and the long-term care home, which would limit residents' access to the campus' amenities.

Community Integration

The long-term care home is not in close proximity to any community amenities. The broader community is encouraged to attend sporadic community forums, which are held in the educational space available in the long-term care home.

Core Community Partners

Marycrest Home for the Aged, Anson House and Fleming College partnered together to develop St. Joseph's at Fleming.

Other Community Partnerships

Governmental, professional and community partners have been identified, however, the details of these partnerships are not provided and the list appears to be outdated as it contains organizations that no longer exist (e.g., the Community Care Access Centre). The listed partners include: Ministry of Health and Long Term Care, Ministry of Labour, Central East Local Health Integration Network, Central East Community Care Access Centre, Veterans Affairs Canada, Peterborough Public Health, City of Peterborough, Peterborough Police Service, Peterborough Fire Services, Peterborough EMS, Registered Nurses' Association of Ontario, College of Nurses of Ontario, Canadian Medical Association, College of Dietitians of Ontario, College of Social Work and Social Service Workers, Sisters of St. Joseph of Canada, Catholic Health Sponsor of Ontario, Fleming College, Trent University, CARF, Catholic Health Association of Ontario, Advantage Ontario, Ontario Hospital Association and the Alzheimer Society.



Research and Education Opportunities

✔ Institute for Healthy Aging

The Institute for Healthy Aging (IHA) is an innovative learning and applied research centre created through a partnership between Fleming College and St. Joseph's at Fleming. Housed at St. Joseph's at Fleming, the IHA promotes learning and research about best practices in geriatric and long-term care, with the primary goal of enhancing the quality of life of the residents. Student placements are provided, however, the disciplines included in these placements are not listed. The learning opportunities provided on-site encourage students to engage in practical learning and knowledge transfer. Sporadic community forums are hosted through the centre to engage the broader community and disseminate research findings.

Environmental Sustainability

This is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality, these features predominantly reflect the dominant norm within the aging population.

Dementia Care

Two secure units are provided for older adults with dementia; however, this is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

Marycrest at Inglewood is a private, non-profit housing project that is connected with St. Joseph's Fleming through a shared Board of Directors. This home consists of 60 affordable independent living apartments; however, the home is not located on the university campus. There are no affordable options for older adults with lower socio-economic means available in the long-term care home beyond what is provided by the Ministry of Health and Long-Term Care.

Intergenerational Opportunities

Intergenerational experiences are provided through the student placements within the Seniors Village. The Seniors Village also used to have a childcare centre on-site; however, this centre had to shut down due to a lack of funding in 2012.

Strengths

- The educational opportunities provided through the Institute for Healthy Aging result in experiential learning and some intergenerational engagement with residents.

Drawbacks

- A continuum of care is not provided within the Seniors Village.
- While there is some support for older adults other than the dominant norm through the affordable housing units available, this model is not socially inclusive of older adults other than the dominant norm.
- Even though the values within the village aim to support holistic health and quality of life, the rigidity of provincial governance limits the provision of holistic care.
- There is a lack of community integration in this model and the location of the Seniors Village limits residents' access to community and campus amenities.
- While there are some research opportunities provided through the IHA, these opportunities appear to be limited.

Site Plan

Facility size:

146,000 square feet

Virtual tour:

<https://www.youtube.com/watch?v=vXFQ8USucGo>

Websites

<https://sjfltc.com/>

<https://flemingcollege.ca/news/community-forum-innovations-in-aging-well/>

<https://flemingcollege.ca/financial-aid/scholarships-and-bursaries/institute-for-healthy-aging-endowed-bursary-third-year>



The Village

North Bay, Ontario.

University or College Collaborator: Canadore College

Phase One: In operation.

Phase Two: To be determined.

Overview

The Village aims to connect seniors, education and research through leveraging community partnerships and integrating Indigenous, Eastern and Western healing and wellness practices. The Seniors Village encompasses culturally designed, relevant and appropriate physical facilities that are inclusive of both Western and traditional Indigenous healing practices and teachings. Collaborative interprofessional education is provided through student-run clinics and research projects aimed to improve the well-being of seniors in the community. The primary focuses of the Seniors Village are interdisciplinary education, research and social inclusivity. The provision of intergenerational and affordable housing for seniors and students has been proposed, yet a date for development has yet to be determined.

Vision/Philosophy

The Village integrates seniors' and community care with teaching, experiential skills training and applied research by focusing on collaborative interprofessional education and the integration of Indigenous, Eastern and Western healing and wellness practices. The implementation of the Seniors Village has been designed in two phases: 1) The creation of the Village Living Wellness and Learning Centre and 2) the provision of seniors' and intergenerational housing on-site.

While Phase 2 was meant to commence in 2019, there have been setbacks in pursuing the seniors' residences on-site (Project lead cited: politics of acquiring a long-term care home and the COVID-19 pandemic). Nevertheless, the vision for this phase presents a university-integrated model for seniors' living that is unlike any currently available. As such, "P2" indicates aspects/features of the Seniors Village that are still in the planning stage of implementation.

Values/Guiding Principles

- Intergenerational and inter-professional educational community
- Increase intellectual, physical, emotional and spiritual wellness through social participation and social inclusion of seniors
- Improve wellbeing and quality of life of seniors by increasing and expanding programming, services, supports, spiritual practices and activities available to seniors and families/caregivers
- Strengthen partnerships and networks
- Improve community connectedness and referrals to social inclusion initiatives for seniors and families/caregivers
- Increase integration and interaction between seniors and young professionals
- Increase sense of belonging and inclusion amongst seniors in their community/ create a regional hub for adults 55 years or older using an intergenerational approach

Health and Social Care Provision

- ✓ The Village Living Wellness and Learning Centre
- ✓ An extensive range of student-run clinics focused on holistic health
- ✓ Community outreach
- ✓ Pulmonary rehabilitation
- ✓ Cognitive stimulation labs
- ✓ Supports a continuum of care (P2)
- ✓ Pharmacy on-site (P2)
- ✓ Health care provider on-site (P2)

Housing Options

Long-term care beds, affordable housing and intergenerational living opportunities for seniors and students (P2). Since the seniors' residence is still in the planning phase, the details for the number of rooms and the design of the buildings has yet to be determined.

Personal Care Services

The Seniors Village provides long-term care, assisted living, respite care and transitional care beds with access to nursing, personal care, home making, companion services, accompanied visits and caregiver relief (P2). Residents also have access to a health and personal care coordinator, a pharmacy (P2) and a health care provider that supports residents onsite as well as the broader community (P2).

Quality of Life and Holistic Health

The primary focus of the Seniors Village is on holistic health. Therefore, an extensive list of student-run clinics are provided by Canadore's Schools of Indigenous Studies, Health, Human Care and Wellness and Sport and Recreation. These clinics (on general health, eastern medicine, dental hygiene, recreation and safe mobility) are provided to the community in the Village Living Wellness and Learning Centre to enhance the holistic health of older adults. Since students run their clinics in interprofessional groups rather than by discipline, seniors benefit from more holistic approaches to care and support. For example, an older adult may come in for a dental cleaning, but then may also be introduced to the benefits of a healing walk or a beading class. Through partnerships with the community, labs are available on the campus for cognitive stimulation and pulmonary rehabilitation. Other programs are offered to support holistic health such as informal caregiver support groups, technology workshops and exercise programs. Senior residents also have access to all the university amenities available to students (e.g., cafeterias, athletic centre). In addition, more than 250 recreation and leisure activities are provided to seniors within the broader community and volunteer opportunities are made available to interested seniors.



Amenities Located On-site

- Pharmacy (P2)
- Childcare centre
- Access to all university amenities: cafes, athletic centre, restaurants
- The Village Living Wellness and Learning Centre
- The roundhouse

Funding Model

The Village capital budget is listed as \$20 million. The funding model used to support the Seniors Village is mixed. A significant amount of funding was received from the Provincial and Federal government (5.63 million was received from the Ministry of Innovation, Science and Economic Development under the SIF program and \$1.78 million dollars was received from the New Horizons for Seniors Program) and through private donations (e.g., annual giving, gifts of securities, RRSPs/RRIFs, bequests, gifts in kind, immediate tax advantages and deferred tax advantages). The research projects conducted within the Seniors Village are funded through The Collective Impact Project (internal to Canadore College) and the Canadian Institutes for Health Research. No information is available about how the provision of care or housing will be financed on-site (P2).

Community Integration and Partnerships

University Integration

The aim of phase two of the project is to integrate a seniors' residence directly on campus (P2). Seniors would have access to all campus amenities including restaurants, cafes, fitness centres, the library and university lectures (P2).

Community Integration

Older adults from the community are included in student-run clinics and benefit from the wide range of student placement programs provided within the community. In addition, community partners use the spaces in the learning centre to provide a full range of programs that are inclusive of seniors as well as caregivers. Grants are available for community stakeholders who are interested in student-run projects in age-friendly initiatives. These grants encourage the connection between students, seniors and community stakeholders.

Community Partners

The Seniors Village was initiated by Canadore College; however, there has been an extensive focus on partnerships with the community to enhance the services and educational opportunities provided to students and seniors. These partnerships are coordinated through the Impact Project, which connects community stakeholders, organizations, agencies and caregivers. These community partnerships are diverse (e.g., local churches, a public library, restaurants, a choral society, hospice groups, YMCA, the Forrest school, the public health unit, home care providers, an AIDS committee etc.), yet all partners work collaboratively to develop new models of healthy aging and inclusion to improve the outcomes of seniors and Indigenous seniors' living in northern Ontario. These are the partnerships that have been listed on the website that resulted in funding, lab or training space:

The DNA Company - The collaboration resulted in a genomics lab.

Educare Global - The collaboration resulted in an education agreement where Educare provides training space for students.

Liver Care Canada - The collaboration resulted in a liver centre of excellence house at the village to support the community.

The Federal Government - The collaboration resulted in funding (see [Funding Model](#) Section).

The Provincial Government - The collaboration resulted in funding (see [Funding Model](#) Section).

Research and Education Opportunities

- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Integrated into a college campus
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Seniors education opportunities

While there is no research institute on-site, specific applied research projects are conducted within the village that focus on seniors' mental health, physical mobility, Indigenous cultural continuity and emotional and spiritual wellbeing. Canadore College has also been funded by the Canadian Institutes for Health Research to develop an interprofessional cultural safety training program. The experiential and transformative education programs available to students are collaborative and interprofessional and aim to integrate diverse understandings of health and

care that are inclusive of Indigenous, Eastern and Western healing and wellness practices. Consider the diverse range of departments and programs that are included in educational opportunities in the Seniors Village: the Indigenous studies department, aging services management, medical assistants, social service workers, mobility technologists, pharmacy technologists, cardiology technologists, medical laboratory technology, health information technology, mental health and addiction workers, Indigenous wellness and addiction prevention, behavioural therapists, health care administration, rural and remote public health, Indigenous pre-health sciences, Indigenous medicine courses, recreation and leisure services, recreation therapy, Eastern medicine courses and personal support worker. Rather than dividing placements by profession, students engage in placements with other disciplines, working together to provide clinics and/or programs that are more holistic. In addition, a placement coordinator seeks out and supervises placement projects for students based on community stakeholders' identified needs within the community. This leadership position has resulted in transformative student-led projects that enhance age-friendly care within the community. For example, a service navigator program has been set up where students research and facilitate connections between seniors and locally provided services. Other placements have included researching and making recommendations for an age-friendly dining program in local restaurants. These placements not only provide practical learning opportunities for students but also enhance the lives of local seniors' populations by fulfilling local needs.

The Village will become an applied research site for the development and testing of new medical, wellness and mobility technology. For example, Canadian Shield Health Care will have client care offices located within The Village, and will deliver customized vocational learning programs, developed by Canadore College, to enhance cross-functional knowledge in respiratory therapy, mental health, safe mobility, cognitive stimulation among caregiver teams. A safe mobility care clinic will focus on injury prevention and treatment of existing mobility issues for individuals of all ages. Innovative programming from students for residents in the retirement home will provide stimulation and creative opportunities for continued well-being of residents. Integration of mental health principles in all student-led clinics and placements will contribute to optimal mental health.

Environmental Sustainability

Environmental teachings are included through knowledge gained from Indigenous teachings about peoples' connections with the land, however, environmental sustainability is not the primary focus of this Seniors Village. A green build is being considered for the seniors' residence; however, no specific environmental designations are specified (P2).

Social Inclusivity

Indigeneity Collaboration and Support

The Seniors Village encompasses culturally designed, relevant and appropriate physical facilities (e.g., custom-built classrooms that link to community gatherings, celebration, ceremony and smudging rooms, teaching lodges, healing lodges and sweat lodges). These spaces are designed to mesh Western and traditional Indigenous healing practices while rooting teaching, learning and community development in Indigenous teaching and learning. The roundhouse, in particular, is designated as a community gathering centre to support the Indigenous community. Indigenous families use the roundhouse as a space to grieve and support loved ones within the region. There is an overarching focus on spirituality and wellness in all programs, services and supports provided within the Seniors Village (e.g., programs foster the growth and harvesting of traditional medicines). Both research and education opportunities are provided that foster support and inclusion of Indigenous people of all ages promoting cultural inclusion that is intergenerational. Finally, the grandma-in-residence program is an opportunity for students to engage and learn from an elder staff within the Seniors Village.

Culture/Spirituality

The primary focus of the Seniors Village is the inclusion of Indigenous teachings (see [Indigeneity Collaboration and Support](#) above)

Dementia Care

This is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This model provides many supports for seniors with lower socio-economic means such as dental hygiene services geared-to-income and part-time employment opportunities for seniors. Affordable housing options will also be available in the seniors' residence (P2).

Intergenerational Opportunities

Intergenerational experiences are a central component of the Seniors Village and therefore opportunities for seniors and students to engage meaningfully have been incorporated in the programming, housing options (P2) and amenities provided. There is a grandma-in-residence program, mentorship opportunities, placement opportunities and intergenerational living (P2) opportunities provided in the Seniors Village. Students facilitate many different types of social, leisure, health and rehabilitative clinics for residents and there is a childcare centre on-site to provide intergenerational experiences for older adults beyond the student population (P2).

Strengths

- This Seniors Village is the only village that has successfully integrated Indigenous culture, medicine, teachings and support.
- Social inclusivity is predominant in the Seniors Village providing housing (P2), care and programming options that support a diverse range of older populations other than the dominant norm.
- The interdisciplinary focus of this Seniors Village ensures that educational opportunities are not restricted to health professional designations, which contributes to a wide breadth of opportunities for both older adults and students.
- The focus on holistic health is pronounced and has been fully integrated into all aspects of the Seniors Village (e.g., student-run clinics and programs, the educational spaces and the overarching focus on health definitions beyond westernized medicine).e

Drawbacks

- While older adults have access to university amenities (P2), it is unclear under this model how these spaces have been adapted to be inclusive of seniors' populations.
- Since the Local Health Integration Network manages the wait-lists for long-term care, residents are not guaranteed entry into the long-term care home on-site (P2)

Site Plan

Acreege:

Not listed.

A site plan is only available for phase one of the project:

There is no site plan or floor plan available for this project.

Websites

<https://cdn.agilitycms.com/canadore-college/Attachments/the-village/7169%20CCAP%202021%20Village%20Donor%20Report%20DIGITAL%20Mar%207%202022.pdf>

<https://www.canadorecollege.ca/the-village/innovation>

[https://az184419.vo.msecnd.net/canadore-college/corporate/Canadore%20The%20Village%20Case%20for%20Support%20\(updated%20Aug%202017\).pdf](https://az184419.vo.msecnd.net/canadore-college/corporate/Canadore%20The%20Village%20Case%20for%20Support%20(updated%20Aug%202017).pdf)

<https://cdn.agilitycms.com/canadore-college/Attachments/about-us/2020%20Canadore%20College%20The%20Village%20Impact%20Report%20Generic.pdf>

<https://www.canadorecollege.ca/about/the-canadore-story/canadore-college-building-a-community-health-and-wellness-centre>

Similar student-led clinics at Brock University through the Brock-Niagara Centre for Health and Well-Being. Seniors condos were set to be built by September 2019, but no information could be found on this development:

<https://brocku.ca/health-well-being/>

<https://brocku.ca/media-room/2018/09/26/brock-students-to-help-seniors-keep-fit-through-new-partnership/>



The Village at University Gates

Waterloo, Ontario.

University or College Collaborator: University of Waterloo and Conestoga College

Overview

The Village at University Gates aims to provide a continuum of care for seniors while tailoring amenities and spaces to encourage the integration of the broader community. The primary focus of the Seniors Village is research and education. As such, this case example has both a research institute and learning centre on-site as well as an extensive range of programming and infrastructure to support education and research initiatives. While there are some research programs focused on social inclusivity, the majority of the services available are catered to the dominant norm and/or seniors with affluence.

Vision/Philosophy

Each person lives in a village where they have life purpose and are able to pursue their passions, develop meaningful relationships, have opportunity to learn and grow and contribute to their community.

Values/Guiding Principles

- Promote cross-functional teams - working together to put living first
- Create opportunities for meaningful and shared activities
- Connect research and innovation to village life
- Offer flexible living
- Foster authentic relationships
- Honour diversity (spiritual, cultural and individual) in village life
- Promote resident empowerment
- Cultivate the ultimate team experience



Health and Social Care Provision

- ✓ Supports the continuum of care
- ✓ Primary health clinic on-site
- ✓ Pharmacy on-site
- ✓ Adult day program

Housing Options

The long-term care home has 192 beds, which is connected to the research institute and to another building with 229 retirement living/assisted living/memory care rooms and suites. The corridor between the buildings is known as “Main Street”, which is where all of the amenities for the Seniors Village are located. All of the residences are divided into neighbourhoods based on care needs and apartment size.

Personal Care Services

A mix of private and public services are provided on-site including retirement living, retirement living full service, independent living, assisted living, memory care services and long-term care.

Quality of Life and Holistic Health

Social, physical, recreational, educational and spiritual programming are provided within the village by Schlegel staff and through community programming. Some exercise and physiotherapy programs are also facilitated by students. While many types of programs and research projects are facilitated both internally and externally to support quality of life and holistic health, the biomedical model is still dominant in care provision in the long-term care home.



Amenities Located On-site

- Primary health clinic
- Pharmacy
- Restaurant
- Spa
- Town hall
- Movie theatre
- Hobby shop
- Art studio
- General store
- Café
- Social club
- Fitness centre
- Chapel
- Library
- Gardens



Funding Model

A mixed funding model has been established to support the Seniors Village. The village itself is owned and operated by a private for-profit company named Schlegel Villages. The primary source of revenue to operate the village relies on the revenue from privately paid housing and services. The research institute is a separate identity and has been established as a not-for-profit organization. The donations received to support the research institute are significant and come from the Schlegel Family, Schlegel Villages and other private and community donors. The Seniors Village has also been established as a Centre for Learning Research and Innovation in Long-Term Care, which results in additional funding being provided by the provincial government. The Schlegel Centre for Advancing Seniors Care, which supports student education on-site, is funded through the Canadian Institutes for Health Research, Schlegel Villages, Schlegel-UW Research Institute for Aging and the Natural Sciences Engineering Research Council of Canada. The research projects conducted by the research institute are funded by various internal and external research grants and initiatives.

Community Integration and Partnerships

University Integration

The Schlegel-UW Research Institute for Aging (RIA) and the Centre for Learning, Research and Innovation in Long-Term Care are integrated within the Seniors Village. Educational and research spaces are provided on-site, however, the Seniors Village itself is not walking distance to the Waterloo campus (2 km away).

Community Integration

Older adults in the broader community can participate in community programming that is provided in the Seniors Village such as the adult day program and all of the amenities are accessible by the broader community. Long-term care residents do not have access to the community programming provided on-site and the Seniors Village is not walking distance to local community or campus amenities.

Core Community Partners

Conestoga College, University of Waterloo and Schlegel Villages.

Other Community Partnerships

Centre for Family Medicine Family Health Team - The collaboration resulted in the Schlegel Chair in Primary Care for Elders and the Schlegel Specialist in Falls and Mobility.

Conrad Grebel University College | Institute of Spirituality & Aging - The collaboration resulted in the Schlegel Specialist in Spirituality and Aging.

Department of Clinical Epidemiology & Biostatistics at McMaster University - The collaboration resulted in the Schlegel Research Chair in Clinical Epidemiology.

Sheridan Centre for Elder Research - The collaboration resulted in the cross-appointment of the Schlegel Innovation Leader in Arts and Aging.

University of Guelph - The collaboration resulted in the formation of the Agri-food for Healthy Aging (A-HA) research program.

Waterloo Community Services - The collaboration resulted in the provision of an adult day provided within the Seniors Village.



Research and Education Opportunities

- ✓ Research institute on-site
- ✓ Living labs/research space on-site
- ✓ Integrated into a university campus
- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Seniors education opportunities
- ✓ Staff training opportunities
- ✓ A Centre for Learning, Research and Innovation in Long-Term Care - a provincially funded centre to advance the care provided in long-term care homes.
- ✓ The Schlegel Centre for Advancing Seniors Care - focuses on innovative approaches to educating health professionals through practical education.

The research and education provided on-site is extensive and coordinated through the Schlegel-UW Research Institute for Aging (RIA). This research institute is located between the retirement home and long-term care home. Three floors of the research institute are dedicated to labs and office space for research and education. There is also an extensive RIA leadership team to oversee the education and research opportunities, strategic directions, community partnerships and accounting. Education programs are mainly provided to students within the health disciplines (e.g., nurses, personal support workers, physiotherapists). Research projects and programs are wide-ranging from farm-to-table initiatives to dementia care. Every research project must result in knowledge mobilization that directly enhances the lives of the seniors' population.

Environmental Sustainability

The project targeted a Gold level of LEED Certification as defined by the Leadership in Energy and Environmental Design Canada for New Construction 2009 (LEED® Canada-NC 2009) green building rating system. The building has interior water-saving fixtures, 136 kW DC photovoltaic (PV) solar panel system for on-site renewable energy, half of all of the wood products installed (by value) support sustainable forestry practices through the Forest Stewardship Council (FSC) certification, safeguarding of indoor air quality through adherence to VOC limits, pre-occupancy IAQ testing and green housekeeping and exterior maintenance plans. Seniors' programming and research projects also focus on farm-to-table and healthy eating, however, this is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

Some attention to diversity and inclusion in seniors' programming, and some research projects focus on Indigenous health and care, however, this is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality these features predominantly reflect the dominant norm within the aging population. Some research projects, however, focus on supporting seniors' populations other than the dominant norm.

Dementia Care

A service line specifically for older adults with memory impairments has been designed with an overarching philosophy to support quality of life. Research projects also focus on advancing knowledge and the care provided to older adults with dementia.

Seniors' with Lower Socio-Economic Means

The majority of the services provided in the Seniors Village are only accessible to those who are able to afford them. A benevolent fund has been created through payroll deduction to support those seniors identified in need, which is matched by the Schlegel family. The funds are allocated by a committee of team members and leaders who assess individual requests. There are no subsidized or affordable seniors' housing options in the village besides from what is offered publically to access long-term care.

Intergenerational Opportunities

Intergenerational experiences are provided through village programming, student placements and research projects. There are no intergenerational housing opportunities or homesharing opportunities, nor is there a childcare centre on-site.

Strengths

- The education and research opportunities provided under this model are extensive and have resulted in continual improvements to the care provided to seniors.
- The education opportunities provided on-site also result in transformative and experiential learning, which has become the 'gold standard' in training health professionals and health teams.
- Residents experience social interaction with the broader community through their inclusion in Seniors Village programming and access to on-site amenities.

Drawbacks

- Since the Local Health Integration Network manages the wait-lists for long-term care, residents are not guaranteed entry into the long-term care home on-site.
- A significant investment from the core community partners and private donors is required.
- A wide breadth of designated leaders (e.g., strategic planning, accounting, program leaders, facilitators etc.) are required beyond university faculty to support and facilitate the research and education opportunities provided in the Seniors Village. This leadership team is particularly important to ensure economic stability by seeking out donors, funding opportunities and governmental initiatives to support operations.
- While the values within the village aim to support diversity, the prominence of private pay services and the lack of inclusion of cultures other than the dominant norm, result in limited support for diverse aging populations.
- Due to differences in funding, long-term care residents cannot access community programs that are provided in the Seniors Village.

Site Plan

Acreage:

Not listed.

Site plan:

https://www.greenbuildingaudiotours.com/buildings/uw_north_campus_phase_i_ltc_ria_the_village_at_university_gates

Websites

<https://the-ria.ca/about-ria/our-people/our-team/>

<https://schlegelvillages.com/university-gates-waterloo>

<https://the-ria.ca/about-ria/about-us/>



Village by the Arboretum/ The Village of Arbour Trails

Guelph, Ontario.

University or College Collaborator: Guelph University

Overview

The Seniors Village is divided into two sections: a seniors' housing section called Village by the Arboretum and a retirement and assisted living section called the Village of Arbour Trails. The primary focus of the Seniors Village is to enhance holistic health and quality of life by increasing residents' access to numerous amenities, programs and activities that support wellness. Community partnerships are also a central component of this model. The accommodation and the majority of the services available on-site are catered to the dominant norm and/or seniors with affluence.

Vision/Philosophy

The overarching vision of the two sites is to design a community that brings people together. The Village of Arbour trails is operated by Schlegel Villages who's overarching vision is: each person lives in a village where they have life purpose and are able to pursue their passions, develop meaningful relationships, have opportunity to learn and grow, and contribute to their community. Village by the Arboretum does not have an overarching vision listed.

Values/Guiding Principles

- Promote cross-functional teams - working together to put living first
- Create opportunities for meaningful and shared activities
- Connect research and innovation to village life
- Offer flexible living
- Foster authentic relationships
- Honour diversity (spiritual, cultural and individual) in village life
- Promote resident empowerment
- Cultivate the ultimate team experience



Health and Social Care Provision

- ✓ Arbour medical centre
- ✓ Village recreation centre
- ✓ Enhances holistic health and quality of life
- ✓ Lab services on-site
- ✓ Pharmacy on-site
- ✓ Massage therapy, physiotherapy and osteopathy on-site

Housing Options

497 single family and town houses, 81 mid-rise condos in two buildings, 211 apartments and full service retirement suites, 93 mid-rise apartment rental suites and 6 rental townhouses.

Personal Care Services

The Village of Arbour Trails provides independent living, assisted living, memory care, palliative care, respite care and short stay services on-site. The village also has a medical centre, which provides resident access to primary care, a pharmacy and a lab.

Quality of Life and Holistic Health

The primary focus of the Seniors Village is to enhance holistic health and quality of life through residents' access to numerous amenities, programs and activities that support wellness. The physical design of the village provides numerous leisure, recreation and fitness opportunities. Schlegel villages provides wellness programs on-site and numerous clubs, groups, sessions, activities and classes are self-facilitated by residents of the village. These groups are wide-ranging from theatre groups and square dancing to model train clubs and cycling groups. Massage, physiotherapy, foot care and osteopathy are provided through the spa on-site.



Amenities Located On-site

- Medical centre
- Lab
- Pharmacy
- Spa
- General store
- Fitness facility
- Pool
- Hot tub
- Japanese zen garden
- Pond
- Party room
- Tennis courts
- 600 seat auditorium
- Walking trails
- Meeting rooms
- Gymnasium
- Putting green
- Library
- Card room
- Crafts room
- Herb garden
- Horse shoe pits
- Hobby kitchen
- The Seniors Village is located in close proximity to campus amenities including restaurants, cafes, libraries etc.



Funding Model

The University of Guelph leases the land to Reid's Heritage Homes and Schlegel Villages. In the Village by the Arboretum, residents purchase their homes or condos and each resident pays a monthly fee to pay for maintenance, the leased land and taxes. Schlegel villages provides the assisted living and retirement living services at the Village of Arbour Trails. Residents in this village rent their accommodation and pay for the personal care and wellness services provided.



Community Integration and Partnerships

University Integration

The Seniors Village is located next to Guelph University Arboretum. The residents have some access to the university's outlier features and is a short walk to the main campus.

Community Integration

The village amenities are accessible by the broader community and the proximity of the Seniors Village to the university campus encourages interaction of residents with students on campus.

Core Community Partners

Guelph University has formed several community partnerships including:

Hy-Mark Mechanical - provides the maintenance for the seniors' homes.

Planet Realty - manages the sales and rentals within the Seniors Village.

Schlegel Village - operates the independent and assisted living care provided within the Seniors Village.

Life Labs - operates the lab services on-site.

Prime Care Pharmacy - operates the pharmacy on-site.

River Stone Spa - operates the spa on-site.

Planet Realty - manages the sale and rental of the houses and condos on-site.



Research and Education Opportunities

- ✓ Integrated into a university campus
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Seniors educational opportunities
- ✓ Ageing Research Centre of Excellence

Clubs within the Seniors Village provide access to lifelong learning through a debate club as well as a learning group dedicated to attending prerecorded lectures from a neuroscience course offered by Princeton University. Schlegel Villages also provides the wisdom of the elder program that enables residents to share their experiences and wisdom with residents and the broader community. Student placement opportunities are provided to students in high school, college and university, however, details of these placement opportunities or the disciplines included in these placements are not listed. Guelph University is connected with AGE-WELL NCE (Aging Gracefully across Environments using Technology to Support Wellness, Engagement and Long Life NCE Inc.) which is Canada's technology and aging network that is dedicated to the creation of technologies and services that benefit older adults and caregivers to maintain their independence, health and quality of life. This is a federally funded network of excellence that connects 45 member universities and research centres across Canada. While the research projects conducted through this centre of excellence are extensive it is unclear if or how the Seniors Village residents may be involved in these research initiatives.

Environmental Sustainability

This is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality, these features predominantly reflect the dominant norm within the aging population. Some research projects, however, focus on supporting seniors' populations other than the dominant norm through intergenerational programming.

Dementia Care

A service line specifically for older adults with memory impairments has been designed with an overarching philosophy to support quality of life.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

Intergenerational experiences are provided through student placements and the proximity of the Seniors Village to campus amenities encourages interaction.

Strengths

- The amenities, programming and clubs available to support holistic health and quality of life in this model are extensive.
- The placement opportunities provided on-site foster experiential learning experiences for students.
- The close proximity to the university campus encourages interaction between older adults and students.

Drawbacks

- There are no long-term care services provided on-site.
- A significant investment from the core community partners is required.
- While the values within the village aim to support diversity, the prominence of private pay services and the lack of inclusion of cultures other than the dominant norm result in limited support for diverse aging populations.
- Environmental sustainability is not prioritized in this model.
- The education and research connections to the Seniors Village are not clearly listed.

Site Plan

Acreage:

112 acres right next to a 500-acre Arboretum.

Floor plans:

<https://schlegelvillages.com/floor-plans/94>

Site tour:

<https://youtu.be/pVT0k8jjzxA>

Websites

<http://www.villagebythearboretum.com/life-by-the-arboretum>

<https://www.vba-guelph.org/index.html>

<https://www.uoguelph.ca/psychology/odoherty-lab-projects/age-well>

UNIVERSITY-AFFILIATED SENIORS VILLAGES IN ONTARIO

Georgian Village

County of Simcoe, Ontario.

University or College Collaborator: Georgian College

Overview

Georgian Village aims to provide a socio-economic continuum of care that allows seniors to age-in-place. Simcoe County has established several community partnerships to provide an extensive range of amenities, accommodation, as well as health, social, cultural and recreational services on-site. The services and signage within the Seniors Village have been tailored to meet the needs of the Francophone population and educational space is provided on-site for Georgian College students. Community integration, holistic health and social inclusion are the primary focuses of this Seniors Village.

Vision/Philosophy

To create a seniors' campus continuum that supports people to age-in-place using a diverse range of housing and accommodation options to support the entire socio-economic continuum.

Values/Guiding Principles

- Aging at home
- Socialization
- Increasing housing options available
- A community hub, partnerships and collaboration
- Seniors outreach
- Application of age-friendly community planning principles
- Increase housing capacity
- Increase sustainability
- Strengthen the local economy
- Optimize capital funding

Health and Social Care Provision

- ✓ Supports the continuum of care
- ✓ Primary health clinic on-site
- ✓ Family health team house calls
- ✓ Pharmacy and grocery delivery
- ✓ Hearing aid clinic
- ✓ Lab services
- ✓ Dental services
- ✓ Two Ontario Telemedicine Network (OTN) facilities on-site
- ✓ A health and wellness clinic
- ✓ Adult day program
- ✓ Community centre
- ✓ Social work services

Housing Options

The Seniors Village provides a socio-economic continuum of housing options including 144 long-term care rooms, 42 retirement/assisted living apartments, 40 life lease and market rental suites and 40 affordable housing apartments.

Personal Care Services

The Seniors Village provides a socio-economic continuum of care. Residents can pay for retirement living or access provincially funded services such as long-term care, respite care, convalescent care and home care services.

Quality of Life and Holistic Health

The Seniors Village leverages community partnerships and provides space for provincial, municipal and community services, which results in a wide variety of supports for holistic health that are provided to residents and the broader community. The inclusion of a primary health clinic and a health and wellness clinic ensures a focus on health prevention, nutrition, chronic disease management, healthy living and medication management. In addition, the Seniors Village provides access to dental services, social work services, meals on wheels, exercise and falls prevention programs, physiotherapy, occupational therapy and recreation therapy on-site.

The extensive commitment to the provision of community amenities (e.g., community centre, woodworking shop, public library, green house etc.) ensures residents and the community have easy access to essential leisure, recreation and social programs to enhance their quality of life. The two Ontario Telemedicine Network (OTN) facilities ensures access to a full range of specialists that are not located on-site.

Amenities Located On-site

- Community centre
- Primary health clinic
- Beauty salon
- Greenhouse
- Gardens
- Restaurant
- Bar
- Piano lounge
- Billiards room
- Public library
- Woodworking shop
- Bocce ball
- Shuffleboard court
- Golf greens
- Walking trail
- Fitness centre
- Pool

Funding Model

Operational revenue is generated from the retirement and life lease accommodations provided in this model. Life lease and market renters are also charged a monthly fee (similar to a condo fee), which helps to offset the costs of operating subsidized housing options. Residents can also purchase additional a la carte services which helps to further offset these operational costs. While this Seniors Village is operated by the County of Simcoe, the provision of services is highly dependent on the collaborations made with municipal, provincial and federal governments as well as service providers, and community stakeholders who have a vested interest in fostering age-friendly communities. For example, funding was secured through the county's partnerships with the Seniors' Secretariat to receive New Horizon funding (\$25,000) to create a sustainable intergenerational gardening program. The Ministry of Municipal Affairs and Housing provided \$2.8 million dollars through a federal/provincial capital funding program to support the creation of 40 new affordable housing units. The Seniors Village received more than \$20 million in capital funding from the Ministry of Health and Long-Term Care to fund the long-term care home. In addition, the Local Health Integration Network provided one-time funding for the purchase of a 16-passenger accessible van and several small multi-passenger shuttles. Finally, a joint project between Simcoe County, the French Language Services Office (Government of Ontario),

La Clé, Entité 4, Réseau Fraco-santé du Sud de l'Ontario and Centre de Santé Communautaire assisted to help expand and sustain the provision of appropriate French-language services at the Seniors Village. It should be noted that the fundraising for the Seniors Village was also extensive.

Community Integration and Partnerships

University Integration

While educational space is provided on-site and the Seniors Village is affiliated with Georgian College, it is not located close to the college campus.

Community Integration

Older adults in the broader community have access to the amenities, services and programming provided in the Seniors Village which results in community inclusion of Seniors Village residents. The community centre and library are particularly germane to establishing opportunities for intergenerational exchange.

Core Community Partners

The Seniors Village was initiated by Simcoe County; however, this model focuses on numerous community partnerships rather than a few core community partners.

Georgian College – The collaboration resulted in the establishment of a satellite part-time Practical Nurse program hosted at Georgian Village.

Red Cross – The collaboration resulted in the delivery of the meals on wheels program on-site.

Victorian Order of Nurses (VON) – The collaboration resulted in the co-location of the VON and on-site programming.

Local Health Integration Network (LHIN) - The collaboration resulted in the co-hosting of several forums, which were essential to foster the on-site collaborations needed to sustain the wide breadth of services offered.

Ontario Telehealth Network (OTN) - The collaboration resulted in the provision of equipment and village-wide access to the OTN with a broader community outreach component.

Town of Penetanguishene - The collaboration resulted in signage approvals, building permits and inspections, waiving of development fees, connecting local pedestrian, bus routes and municipal trail systems and the establishment of an on-site fully resourced public library.

Attending and Local Physicians – The collaboration resulted in the provision of many of the health services provided in the Seniors Village.

The Federal Government - The collaboration resulted in funding for intergenerational programming and affordable housing (See [Funding Model](#) Section).

The Provincial Government - The collaboration resulted in funding for affordable housing as well as capital funding for the development and operation of the long-term care home (See [Funding Model](#) Section).

Research and Education Opportunities

- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities

There is no research conducted on-site; however, reports and presentations have been produced on the model used in the Seniors Village. The partnership with Georgian College is limited to the provision of a part-time satellite practical nursing and paramedic program. Education space is available for students on-site and placement opportunities are provided within the village.

Environmental Sustainability

Environmental sustainability is a primary focus of this Seniors Village. The Seniors Village is LEED certified as a Silver Project and fits the model National Energy Building Code. Environmental sustainability is considered in all aspects of the building design from toilets and lighting to HVAC and windows. The outdoor spaces also aim to enhance engagement with the outdoors through a walking trail, gardens and a greenhouse. Environmental programming for all ages is provided through the use of these spaces that focus on environmental sustainability.

Social Inclusivity

Indigeneity Collaboration and Support

Some attention to diversity and inclusion in seniors' programming, however, this is not the primary focus of the Seniors Village.

Culture/Spirituality

A focus on the provision of French language services has been prioritized within the Seniors Village. The signage within the village, the services and the programs provided have been adapted to fit the needs of the Francophone population. This has resulted in specific community projects that have been jointly funded to enhance the services provided to this population (see [Funding Model](#)).

Dementia Care

A memory care unit is included in the Seniors Village; however, this is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This model provides a continuum of housing and care that is inclusive of older adults with lower socioeconomic means. Affordable housing is offered at 80% of the average market rate with 12 units designated for individuals with mental health, dual diagnosis, or domestic abuse. All of the programming is equally accessible by all residents within the village, however, a la carte services allow those residents with increased funds to purchase services beyond what is publically provided.

Intergenerational Opportunities

Intergenerational experiences are provided through village programming and student placements. Funding was obtained to provide intergenerational environmental programming in the green house and gardens within the Seniors Village (see [Funding Model](#)). There are no intergenerational housing opportunities or homesharing opportunities, nor is there a childcare centre on-site.

Strengths

- Social inclusivity is the primary focus of the Seniors Village and the housing, care and programming provided support to a diverse range of older populations.
- The prioritization of community integration in the Seniors Village is pronounced with the amenities, programming and health and social services acting as a resource hub for local residents.
- Holistic health is reflected in the amenities, programming and health and social services, provided within the Seniors Village (e.g., primary health care, health prevention, chronic health management, dentistry, nutrition, social services, a community centre, a greenhouse etc.).
- The focus on environmental sustainability within the design and programming provided in the Seniors Village is noteworthy and has since been replicated by other Seniors Villages.
- The contribution of the county provides a breadth of skills, knowledge and resources to support the development and operation of the Seniors Village.

Drawbacks

- Since the Local Health Integration Network manages the wait-lists for long-term care, residents are not guaranteed entry into the long-term care home on-site.
- The education and research opportunities provided under this model are limited.
- A significant investment in time and resources is needed to foster community integration, take advantage of contemporary funding opportunities, and facilitate fundraising initiatives.

Site Plan

Acreage:

Not listed.

YouTube video includes images of site layout:

<https://www.youtube.com/watch?v=gEjwlpHE3ew>

Layout of accommodation with pictures:

<https://www.simcoe.ca/LongTermCare/Pages/Georgian-Residences.aspx>

Websites

Below paper is written to share key learnings in the creation of the campus of care, spearheaded by the Municipality:

<https://www.simcoe.ca/LongTermCare/Documents/County%20of%20Simcoe%20-%20Building%20a%20Seniors%20Campus%202017.pdf>

<https://www.santefrancais.ca/en/projet-ssf/amelioration-de-laces-aux-services-en-francais-au-georgian-village/>

<https://www.georgiancollege.ca/news/featured-news/information-fair-showcase-georgian-college-county-simcoe-health-care-education-plan/>

Other affordable seniors' housing examples:

<https://www.caheritage.org/en/housing/>

<http://onpha.on.ca/Content/housing-stability-project/spruce-corners-apsley.aspx>

<https://saultonline.com/2020/09/canada-and-ontario-invest-in-affordable-housing-for-seniors-in-sault-ste-marie/>

A similar Seniors Village model in development with intergenerational living options and more social services provided on-site:

<https://www.barrietoday.com/local-news/ground-broken-on-60m-community-hub-in-orillia-4760862>



Kipling Acres

Toronto, Ontario.

University or College Collaborator: Affiliated with several universities/colleges

Overview

Kipling Acres is a joint collaboration between the Ministry of Health and Long-term Care and the City of Toronto. The Seniors Village aims to foster intergenerational interaction and community integration through the co-location of a seniors' community centre, long-term care home and childcare centre. The physical design and amenities provided on-site encourage the natural interaction between children, seniors in long-term care and seniors from the broader community. As such, the primary focus of the Seniors Village is community integration and fostering intergenerationality.

Vision/Philosophy

Not Listed

Values/Guiding Principles

- Intergenerational opportunities
- Community hub
- Long-term care integration

Health and Social Care Provision

- ✓ Seniors' community centre on-site
- ✓ Palliative care suite
- ✓ Adult day program

Housing Options

One building with 337 long-term care beds including 55 private beds, 81 semi-private beds, 132 interim beds, 2 respite beds and 17 convalescent care beds. A childcare centre is located across a courtyard from the long-term care home.

Personal Care Services, Quality of Life and Holistic Health

The physical design of the building, amenities and services are focused on providing a community hub to increase interaction and quality of life of the seniors' population. Long-term care, respite stays, convalescent care and palliative care services are located on the upper levels of the building, while the main floor provides multiple spaces for community programming and integration. A seniors' community centre on the main level provides social, physical, recreational, educational and spiritual programming for seniors in the community and flex spaces have been included to allow community partners to facilitate a wide range of different programs on-site. While the majority of these programs focus on holistic health and quality of life, the biomedical model is still engrained in the provision of long-term care services, which limits the ability of staff to support the holistic health of the residents. It is also unclear if there are barriers to long-term care residents participating in the programming provided on-site due to the provision of these services under different governments or funding models.



Amenities Located On-site

- Kipling Early Learning & Child Care Centre
- West Acres Senior Centre
- Gathering Place and Worship Centre
- Auditorium
- Adult day centre
- Conference room
- Gift shop
- Library
- Salon
- Rehabilitation room
- Flex spaces are provided for partnerships with local service providers and college care programs
- Large courtyard with gardens, walkways, barbeques, and ample seating
- Bandshel

Funding Model

A mixed funding model has been established to support the Seniors Village. Capital funding for the \$102 million redevelopment project came from the City of Toronto and the Ontario Ministry of Health and Long-Term Care. The operational funding for the community programming is provided by the municipality or by the Local Health Integration Network. The operational funding for the long-term care home is provided by the Ministry of Health and Long-Term Care. Volunteers are needed to support the inclusion of older adults in long-term care.

Community Integration and Partnerships

University Integration

While the Seniors Village is connected with several colleges and universities and provides educational spaces for them on-site, the Seniors Village is not integrated on a university or college campus.

Community Integration

This model focuses on creating a community hub where long-term care services, childcare services and community services intersect. Older adults in the broader community have access to the seniors' community centre as well as the other community programs that are provided on-site. Programming spaces are available to community partners to facilitate programming. The Seniors Village is located in a residential area and there is access to a church and a local library nearby.

Core Community Partners

The Seniors Village was developed and operationalized through a collaboration between the City of Toronto, the Ontario Ministry of Health and Long-term Care and the Local Health Integration network.

Other Community Partnerships

While it is implied that other community partnerships have been established, these collaborations have not been listed. This model attempts to integrate different governmentally funded programs (e.g., child care and long-term care services) in one location.

Research and Education Opportunities

- ✓ Educational space on-site
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing

The multi-purpose community rooms provide educational spaces to universities and colleges that are conducting their field placements on-site; however, there is not one designated university or college affiliation. It is unclear the model used to provide placement or training opportunities within the Seniors Village. Opportunities for seniors to mentor the younger generation are provided through the long-term care and seniors' volunteer programs developed in collaboration with the childcare centre.

Environmental Sustainability

Some attention to green builds (awaiting LEED certification) and garden programming; however, this is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

Some attention to diversity and inclusion in seniors' programming; however, this is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality, this is not the primary focus of the Seniors Village.

Dementia Care

While long-term care services are provided to residents with dementia, this is not the primary focus of the Seniors Village. A website has been included below to Peel Manor Seniors Village, which maintains a similar 'community hub' model, but is specifically designed to support individuals with memory impairments (See [Websites](#) section).

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

The physical design of the building ensures that many of the long-term care rooms provide views of the childcare centre outdoor play areas. The gardens and the centre courtyard also encourage regular interaction between various generations. Seniors from the community are encouraged to volunteer in the childcare centre. In addition, regular intergenerational programming is provided in long-term care as a result of the daycare on-site which fosters meaningful interaction. Student placements also provide opportunities for intergenerational interaction.

Strengths

- The inclusion of the municipality enhances the capital funding, services, infrastructure and resources available to support development and operation.
- The community hub fostered in this model ensures that there is regular community interaction between seniors in the community and seniors in long-term care.
- This model fosters genuine intergenerational experiences through the physical design as well as the programming and volunteer opportunities that are connected with the childcare centre.

Site Plan

Acreeage:

10 acres.

YouTube site tour:

<https://youtu.be/rCZ4WVaOMF8>

Site plan:

The long-term care rooms are divided into neighbourhoods based on the care needs of residents and there is a recreation room and palliative care suite available on each floor. Many of the long-term care rooms face the courtyard.

Websites

<https://www.toronto.ca/community-people/housing-shelter/rental-housing-tenant-information/finding-housing/long-term-care-homes/kipling-acres/>

<https://www.schoolofcities.utoronto.ca/case-studies/kipling-acres-long-term-care-home-kipling-early-learning-and-child-care-centre>

Peel Manor Seniors' Health & Wellness Village (in development):

<https://www.montgomerysisam.com/project/peel-manor-seniors-health-and-wellness-village/>

<https://www.peelregion.ca/ltc/peel-manor/village-at-peel-manor.asp#vision>

An alternative Seniors Village model with a daycare on-site:

<https://harbourlandingvillage.ca/community/>



Ressam Gardens

Hamilton, Ontario.

University or College Collaborator: McMaster Engineering Department/ McMaster Institute for Research on Aging

Overview

Ressam Gardens provides retirement living and assisted living accommodation to seniors with memory impairments. The accommodation, amenities and physical design of the Seniors Village aim to enhance residents' holistic health and quality of life. Partnering with the Engineering department at McMaster University, students are provided with opportunities to develop, trial and improve state-of-the-art technologies aimed to enhance the lives of older adults with dementia. The primary focuses of the Seniors Village are research, holistic health and the inclusion of older adults with memory impairments. Despite the inclusion of older adults with memory impairments, the services provided are only available to individuals with affluence.

Vision/Philosophy

To provide a state-of-the-art memory care facility, integrated within a residential neighbourhood, which includes: smart home devices, on-site medical facilities and highly specialized memory care treatment.

Values/Guiding Principles

- Personal vision and mission
- Devoted commitment
- Compassion
- Respect
- Patience and dedication
- Non-judgmental services
- Vibrant
- Service with extended individualized accommodation

Health and Social Care Provision

- ✓ Supports people with dementia
- ✓ Family doctor and lab services on-site
- ✓ Attention to holistic health and quality of life
- ✓ Pharmacy on-site
- ✓ Geriatric memory testing

Housing Options

One building with three floors. There are 48 rooms and suites available which are all private and the units are divided into neighbourhoods of 15 residents each. Levels 2-3 are dedicated mainly to accommodation where the other two floors offer more access to common areas for socialization, leisure and wellbeing.

Personal Care Services

Retirement and assisted living services are provided; however, there are no long-term care services provided on-site.

Quality of Life and Holistic Health

The physical design of the resident neighbourhoods allows for additional space for physical, cognitive, social and recreational programming that attends to the resident's holistic health and quality of life. While typical homes provide a 30/70 split of rooms to common areas, the Seniors Village offers a 50/50 split to encourage social interaction and enhance the wellbeing of residents. For example, the grey room is supervised by staff trained to assist residents with cognitive stimulating exercises. The inclusion of a family doctor, pharmacy, lab and memory assessments on-site ensures easy access to primary care, health prevention and support for older residents with memory impairments. The Seniors Village also has gardens and is located directly across from a municipal park, which allows for easy access to outdoor spaces for residents and their families.



Amenities Located On-site

- Family doctor
- Pharmacy
- Lab
- Hair dresser
- Beauty spa
- All-purpose room
- The grey room
- Sun room
- Open concept kitchen/dining room
- Gardens
- Close proximity to a municipal park, grocery stores, restaurants, department stores and other shopping services.



Funding Model

The funding and governance model used by the Seniors Village is not transparent, however, the core community partners provides some insight into the funding sources (See [Core Community Partners](#)).

Community Integration and Partnerships

University Integration

The Seniors Village is not located on the university campus or integrated into the McMaster Institute for Research on Aging and therefore the residents do not have access to the amenities on campus. Research space for students and researchers is provided on-site.

Community Integration

A municipal park, grocery stores, restaurants, department stores and other shopping services are located close by, which ensures residents and their families can easily integrate into the community. This model then relies on the proximity of the Seniors Village to local amenities to foster community integration. It is unclear whether the broader community can access the amenities or services that are available in the Seniors Village.

Core Community Partners

The core community partners have been listed, however, their specific roles within the collaboration are not. The partners listed are: the City of Hamilton, Extendicare, the Alzheimer's Society, McMaster University, Claybar Contracting, Micro Grid Solutions, McMaster Institute for Research on Aging and LoAlly.

Research and Education Opportunities

- ✓ Research space/living lab
- ✓ Collaborations with McMaster University Engineering Department and McMaster Institute for Research on Aging

The Seniors Village is formally affiliated with the McMaster Institute for Research on Aging; however, the institute is not located on-site. Instead, research spaces designed as living labs provide engineering students with the opportunity to develop, trial and improve state-of-the-art technologies aimed to enhance the lives of older adults with dementia. While these research opportunities provide experiential education opportunities for engineering students, it is unclear if educational opportunities are provided through other departments.

Environmental Sustainability

The Seniors Village has a green design; however, this is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs that support culture and spirituality, these features predominantly reflect the dominant norm within the aging population.

Dementia Care

This is the primary focus of the Seniors Village. The physical design, the amenities, the research conducted, the training provided to staff, the in-house programming and the care and support provided are all aimed at improving the wellbeing of individuals with memory impairments. The focus on leveraging advanced technology to care for older adults with dementia is unique to this home and innovative solutions have been developed to improve the care provided (See [Websites](#) section).

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

This is not the primary focus of the Seniors Village, however, some intergenerational programming is provided on-site and the research opportunities at the Seniors Village provide some interaction between students and older residents.

Strengths

- The physical design and model of care used in the Seniors Village is conducive to supporting older adults with memory impairments pursue quality of life and holistic health.
- The living labs and connections made with the Engineering department at McMaster University are unique and provide an innovative example of how interdisciplinary research can enhance the lives of the older population.
- The on-site provision of memory care assessments, cognitive stimulation and access to primary care and health prevention is pivotal to supporting the cognitive and physical health of older adults.

Drawbacks

- The Seniors Village does not provide on-site access to long-term care services.
- While the Seniors Village is located in close proximity to community amenities, this model relies heavily on informal support to foster this connection.
- The Seniors Village is not inclusive of those with lower socio-economic means or diverse cultures.



Site Plan

There is no site plan or acreage provided.

Room floor plans:

<https://ressamgardens.ca/suites/>

Facility floor plan:

https://issuu.com/kristian.hrt/docs/ressams_garden_redevelopment_phase_1_and_phase_2_

Websites

<https://ressamgardens.ca/>

<https://ressamgardens.ca/press-release-june-10-2019/>

Introduction to the technologies used in the home:

<https://www.facebook.com/watch/?v=2513015175684235>



Schlegel Village - Oakville

Oakville, Ontario.

University or College Collaborator: Does not specify which colleges

Estimated to be in operation by 2025.

Overview

Schlegel Village is building two long-term care homes that are estimated to be in operation by 2025. An independent living building and a retirement living building are set to be developed after the long-term care homes are established; however, a date for the development of these buildings has yet to be determined. The primary focuses of the Seniors Village are community integration and education and thus the physical design and amenities will reflect these priorities. The Seniors Village also plans to consult the local Sikh and Hindu communities to ensure the home is culturally inclusive.

Vision/Philosophy

Schlegel Villages has received approval from the Ontario government to begin development of a new Campus of Care in Oakville that will initially provide innovative long-term care services to 640 people.

Schlegel Villages Overall Vision:

Each person lives in a village where they have life purpose and are able to pursue their passions, develop meaningful relationships, have the opportunity to learn and grow and contribute to their community.

Values/Guiding Principles

Schlegel Villages Guiding Principles:

- Promote cross-functional teams - working together to put living first
- Create opportunities for meaningful and shared activities
- Connect research and innovation to village life
- Offer flexible living
- Foster authentic relationships
- Honour diversity (spiritual, cultural and individual) in village life
- Promote resident empowerment
- Cultivate the ultimate team experience

Health and Social Care Provision

- ✓ A continuum of care is provided
- ✓ Adult day program
- ✓ A health centre
- ✓ A hospital in close proximity

Housing Options

The Seniors Village will provide two 320-bed long-term care homes that will be connected to a retirement and independent living building (number of units to be determined). Every resident will have their own private room. Similar to University Gates, a main street with local amenities will connect these buildings.

Personal Care Services, Quality of Life and Holistic Health

Long-term care services will be provided initially and then independent living and retirement living buildings will be provided in the next phase of the project. The long-term care homes are located in close proximity to Oakville Trafalgar Memorial Hospital and an adult day program will be provided on-site.



Amenities Located On-site

Currently proposed:

- Pub
- Health centre
- Town hall
- Corner store
- Spa
- Pharmacy
- Rooftop restaurant



Funding Model

Schlegel Villages is a private corporation that will own and operate the Seniors Village. They purchased the land from the Ontario Government.



Community Integration and Partnerships

University Integration

While it is indicated that the Seniors Village will provide educational spaces on-site and partnerships will be made with local colleges, the parameters of these arrangements have not been specified.

Community Integration

Older residents from the community will have access to all of the amenities and services on-site and an adult day program will be provided. The seniors' home is not located in close proximity to community amenities and therefore the Seniors Village aims to bring the community into the Seniors Village rather than focus on residents' integration into the broader community.

Community Partners

Not specified.

Research and Education Opportunities

- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities

The new Seniors Village will provide educational spaces and student placements will be provided to college students, however, the parameters of these educational opportunities have not been specified. Research opportunities have not been identified in this model.

Environmental Sustainability

Not specified.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

It is indicated that Schlegel Villages will be working with local Sikh and Hindu communities to provide culturally appropriate amenities and services.

Dementia Care

Not specified.

Seniors' with Lower Socio-Economic Means

The proposed village only has private long-term care rooms, providing equal services to all seniors in the Seniors Village irrespective of their personal finances. The number of basic beds allocated to each home; however, is prescribed by the provincial government limiting access to older adults with lower socioeconomic means.

Intergenerational Opportunities

Intergenerational opportunities will be provided through student placements, but details about these opportunities have not been specified.

Strengths

- The education opportunities and spaces that will be provided to students on-site will result in transformative and experiential learning experiences that enhance the care provided to seniors.
- The inclusion of local communities will contribute to culturally appropriate infrastructure and programming for seniors' other than the dominant norm.
- By only providing private rooms, the Seniors Village circumvents some of the social inequities in long-term care provision.

Drawbacks

- Since the Local Health Integration Network manages the wait-lists for long-term care, residents are not guaranteed entry into the long-term care home on-site.

Site Plan

Acreeage:

400 hectares.

Site plan:

<https://www.google.com/maps/place/2165+Dundas+St+W,+Oakville,+ON+L6M+4J3/@43.4480515,-79.7711201,15.74z/data=!4m5!3m4!1s0x882b670a0c0a7b23:0x5fe5f0f7db4f9751!8m2!3d43.4463494!4d-79.7668984>

Websites

<https://www.thestar.com/local-oakville/news/2021/10/13/ontario-government-to-build-2-long-term-care-facilities-in-oakville.html>

Provincial role in Seniors Village:

<https://www.thestar.com/local-oakville/news/2021/10/13/ontario-government-to-build-2-long-term-care-facilities-in-oakville.html>

<https://news.ontario.ca/en/release/1000959/ontario-building-new-long-term-care-homes-in-oakville>



Yee Hong Centre for Geriatric Care

Four Campuses within the Toronto Area

University or College Collaborator: Informal Connection to University of Toronto School of Social Work

Overview

Yee Hong Centre for Geriatric Care is comprised of four campuses that provide a culturally appropriate continuum of care to Chinese Canadians. All aspects of the Seniors Village including the programming, the building design and the care provision centralize around the Chinese culture. Chinese and alternative medicines are routinely used in addition to westernized medicine. The Seniors Village has been internationally recognized for their training and education in the provision of culturally appropriate care services. Affordable care options and accommodation are available within the Seniors Village for older adults' with lower socio-economic means. As such, the primary focuses of the Seniors Village are holistic health, social inclusion and education.

Vision/Philosophy

To enable Chinese Canadians and other seniors to live their lives to the fullest, healthy, independent and dignified, through our continuum of excellent, culturally appropriate care. We strive to provide high-quality and culturally appropriate services to enable seniors of different backgrounds and needs to live their lives to the fullest – in the healthiest, most independent and dignified ways.

Values/Guiding Principles

- Respect: We value each person as a unique individual and respect his or her background, beliefs and choices.
- Compassion: We foster a caring and supportive environment that accepts people as they are.
- Commitment: We promote dedication in our roles and dedication to the organization's vision, mission and values.
- Excellence: We promote client-centered care, excellence in service delivery, and quality of work life.
- Teamwork: We foster cooperation, collaboration and mutual trust among staff, volunteers and clients.
- Integrity: We adopt an ethical approach in everything we do.
- Accountability: We accept responsibility for the resources entrusted to us.

Health and Social Care Provision

- ✓ Some of their sites support the continuum of care
- ✓ Adult day program
- ✓ Hospice/palliative support
- ✓ Caregiver services
- ✓ Full range of services to support geriatric care, health prevention and holistic health
- ✓ Yee Hong Scarborough McNicoll Medical Centre provides on-site physicians
- ✓ Access to social work services

Housing Options

Life lease housing, market lease, subsidized housing and long-term care beds. The residences are divided into four separately located campuses in the greater Toronto area. It is not listed how many long-term care beds are provided on each site; however, they indicate that they have 805 long-term care beds in total. The Yee Hong Garden Terrace campus is divided into two buildings with 308 life lease apartment units. The Yee Hong Aw Chan Kam Cheer Evergreen Manor is their subsidized campus with 112 one-bedroom units, 18 two-bedroom units and 26 three-bedroom townhouses. Seneca Towers, Villa Elegance and Coral Place are their independent living buildings. They do not specify how many units each building has.

Personal Care Services

The Seniors Village provides a wide range of personal care services, home care supports, long-term care services, and hospice and palliative care.

Quality of Life and Holistic Health

Urology, geriatric services and memory care are provided through the Yee Hong Scarborough McNicoll Medical Centre on-site. There is also a chronic disease self-management program, a client intervention and assistance program as well as online palliative care supports. Holistic health and quality of life are supported through an active seniors program, adult day programming, friendly visiting, virtual reality experiences, and daily education, social, recreation and support programming. Seniors can also be referred to social work assistance through Yee Hong's Client Intervention & Assistance social workers. Caregivers are centralized within the model of care used and therefore supportive counselling, group and social activities, resources, mutual help activities, and outreach events are provided for caregivers.



Amenities Located On-site

- Yee Hong Scarborough McNicoll Medical Centre
- Yee Hong Training and Learning Centre
- Multi-purpose rooms
- Multi-media room
- Games room
- Reading room
- Gardens



Funding Model

A mixed funding model has been established to support the Seniors Village. The village itself is owned and operated by a corporation composed of two not-for-profit organizations (see Core Community Partners). The personal care, hospice and community services provided on-site are funded by the Local Health Integration Network. Residents are able to purchase additional personal and support services on a contractual basis (e.g., home-making services, friendly visiting, meals on wheels). In addition, \$2.5 million is acquired through private donations and 1,200 community volunteers are required to support the programs available. The medical centre is run as a separate entity to provide primary care and health prevention to the broader community.

Community Integration and Partnerships

University Integration

While the senior's village is affiliated with the University of Toronto Social Work department, the Seniors Village provides educational and placement opportunities to many universities and colleges both nationally and internationally. The Seniors Village is not directly located on a university or college campus but provides spaces for these education programs.

Community Integration

The active senior program and adult day program are designed for seniors from the community to participate in social, recreational and educational activities. A drop in-centre is also run by seniors in the community to organize activities to support social inclusion.

Core Community Partners

Yee Hong Seniors Living Inc. is jointly owned by two Yee Hong charities, Yee Hong Centre for Geriatric Care and Yee Hong Community Wellness Foundation. This joint corporation has been developed specifically to build and operate culturally-appropriate seniors living communities. This model focuses on leveraging the public services available and enhancing them through private donations.

Research and Education Opportunities

- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Caregiver education
- ✓ Seniors education opportunities
- ✓ Staff training opportunities
- ✓ Yee Hong Training and Learning Centre

Yee Hong Training and Learning Centre offers training, workshops and educational opportunities for staff, students, seniors and their caregivers. Longer study tours are also provided to disseminate best practices on the provision of culturally appropriate seniors' care. Educational opportunities for seniors are wide-ranging from health and wellness and

chronic disease management to the introduction of virtual reality technology. Caregiver learning has been centralized through webinars, an online learning platform, events and resources that focus on essential skills, wellness and maintaining up-to-date knowledge in the field. National and international university or college social work students can apply to fulfill their field placements at the Seniors Village and the centre also runs their own personal support worker certificate program which has been approved by the Ministry of Training, Colleges and Universities. All health professional staff are also able to access ongoing training opportunities through the centre. While research is not the primary focus of the Seniors Village several research projects have been conducted through the University of Toronto social work department and tool kits have been created on best practices in educating health professionals and providing culturally sensitive health and care services for the Chinese population.

Environmental Sustainability

This is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

The Yee Hong Centre for Geriatric Care has gained international recognition for its training, education and provision of culturally appropriate care services for the Chinese population. All aspects of the Seniors Village including programming, building design and care provision centralize around the Chinese culture. All of the services on-site are provided in both English and Chinese and the physical design of the buildings considers the principles of Feng Shui. Chinese and alternative medicines are routinely used in addition to westernized medicine and the recreation and social programming reflect the Chinese culture (e.g., tai chi classes and Chinese New Year celebrations).

Dementia Care

A memory care program has been developed to support the Chinese population with dementia. The program includes cognitive testing, treatment and connecting with community supports.

Seniors' with Lower Socio-Economic Means

The Seniors Village provides a wide range of affordable housing options including life lease housing, market rent apartments and subsidized housing.

Intergenerational Opportunities

Intergenerational experiences are provided through student placements; however, this is not the primary focus of the Seniors Village.

Strengths

- The integration of the Chinese culture in all aspects of the Seniors Village is internationally renowned.
- Comprehensive educational and training opportunities are provided for students, seniors, caregivers and health professionals.
- The Seniors Village provides access to a broad range of health and social services that are not well accounted for in other models.

Drawbacks

- Since the Local Health Integration Network manages the wait-lists for long-term care, residents are not guaranteed entry into the long-term care home on-site.
- This model relies heavily on leadership, private donations and volunteers for development and operation.
- While there are affordable housing options for seniors, most of these options are divided into separate buildings and locations, limiting integration.
- Due to differences in funding and different campuses, not all residents have access to the wide range of programs available within the centre.

Site Plan

Acreage:

Not listed.

Floor plans of independent living apartments:

<https://rochestermanagement.com/properties/seneca-towers/>

Site information is provided through a YouTube video:

<https://www.yeehong.com/centre/long-term-care/>

Websites

<https://www.yeehong.com/about-us/>

Example of an Asian inspired Seniors Village attached to a cultural centre:

<https://www.aegisliving.com/aegis-gardens/>

UNIVERSITY-INTEGRATED SENIORS VILLAGES IN CANADA

Caritas

Halifax, Nova Scotia.

University or College Collaborator: Mount Saint Vincent University

Overview

Caritas was originally designed as a retirement residence for members of the Sisters of Charity but now also provides a continuum of care for affluent seniors in the broader community. The physical design, programming and amenities provided on-site are catered to the needs of the Roman Catholic population. While the residence is located on the Mount Saint Vincent Campus, it is unclear if the residents benefit from any of the practical education or applied research opportunities provided by the university.

Vision/Philosophy

To lead the way to better living for individuals and our communities by providing the best care and service excellence to people as they age.

Values/Guiding Principles

- Residents first - we put residents first. We support resident independence and dignity, valuing life choices and respecting their decisions.
- Great people - we believe in our people. They are the spirit and foundation of our company. They deliver their best effort every day and, in return, we promise to invest in their success.
- Trusted partnerships - we know we cannot do it alone. We strive to enhance our services by building trusted partnerships with employees and service providers who share similar values.
- Improving quality - we know there is always room to improve. We are committed to improving quality through leadership, innovation and perseverance.
- Being accountable - we are accountable to residents and partners. We are committed to managing our physical, environmental, financial, information and human resources ethically and responsibly.

Health and Social Care Provision

- ✓ A continuum of care is provided for those with affluence
- ✓ Quality of life and holistic health is prioritized

Housing Options

One four-storey building with 102 enhanced care, assisted living and retirement living suites. The first and second floors have retirement living suites, the third floor has assisted living suites and the fourth floor is dedicated to enhanced care which is equivalent to privately paid long-term care services.

Personal Care Services

All personal care services are privately paid for by the residents and include, retirement living, assisted living and enhanced care (long-term care).

Quality of Life and Holistic Health

The Seniors Village aims to provide numerous programs for older adults that support their holistic health and quality of life. Specialized wellness programs have been developed that include an individual assessment of residents to support their emotional, spiritual, physical, and mental health.

Amenities Located On-site

- The Immaculate Conception Chapel
- Queen of Peace Chapel
- Elizabeth Seton Terrace
- St. Vincent dePaul Heritage Gallery
- Marillac Library
- Hair salon
- Gardens
- Fruit tree orchard
- Gazebo
- Activity room
- Exercise room
- Grand dining room

Funding Model

Shannex is a private corporation that provides residential seniors care across the Maritimes and Ontario. They own and operate the Seniors Village on land that has been provided by Mount Saint Vincent University. The intention of this partnership was to develop a retirement residence for members of the Sisters of Charity who previously owned and operated the University prior to 1966. The residence is open to the broader public and all services are paid for privately by the residents.

Community Integration and Partners

University Integration

While the Seniors Village is located on campus, the steep hill between the Seniors Village and the main building of the university does not make it easily accessible for the residents. There are also limited amenities available on the university campus.

Community Integration

This is not the primary focus of the Seniors Village and the Seniors Village is not walkable to any community amenities.

Community Partners

University of Mount Saint Vincent, the Sisters of Charity and Shannex.

Research and Education Opportunities

- ✓ Integrated into a university campus
- ✓ Student placement opportunities

Cooperative education, internships and practicum experiences are provided through the university. These experiential learning opportunities are multidisciplinary and provide students with practical training that fits their personal, academic and career goals. Various paid and unpaid multidisciplinary research internships are also provided to students to enhance their practical knowledge, while conducting research that provides value in the real world. While these research and educational opportunities are beneficial, it is unclear if these experiences are provided within the Seniors Village itself.

Environmental Sustainability

Some seniors' programming is provided in horticulture; however, this is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

The amenities and programming on-site are tailored to the Roman Catholic Faith and spiritual services beyond this focus are not provided.

Dementia Care

This is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

Caritas Day has been established where the Sisters of Charity team up with students from the university to give back to the community through an annual charitable event.

Strengths

- The physical design, programming and amenities provided on-site are catered to the needs of the Roman Catholic population.
- This model prioritizes the holistic health and quality of life of the residents.

Drawbacks

- While the services provided support the needs of the local Roman Catholic population, this model is not socially inclusive of cultures other than the dominant norm or of older adults with lower socioeconomic means.
- The location of the Seniors Village and the topography surrounding the Seniors Village, limit the access of residents to the amenities on the university campus and the broader community.
- It is unclear whether the education and research opportunities provided through the university actually benefit the Seniors Village residents.

Site Plan

Acreege:

Not listed.

Floor plans:

<https://experienceparkland.com/en/locations/caritas-residence/#suites>

Site plan:

<https://www.google.com/maps/place/Caritas+Residence/@44.6698912,-63.6490678,17.36z/data=!4m5!3m4!1s0x0:0xbeb2ebf77db4a5b5!8m2!3d44.6695324!4d-63.6497032>

Websites

<https://www.shannex.com/locations/hrm/caritas-residence/>

<https://experienceparkland.com/en/locations/caritas-residence/>

<https://www.msvu.ca/academics/professional-studies-at-the-mount/tourism-and-hospitality-management/news-events/caritas-day/>

<https://www.msvu.ca/experiential-learning/opportunities/>



CollegeSide Gardens/Bethany Collegeside

Red Deer, Alberta.

University or College Collaborator: Red Deer College

Overview

Collegeside Gardens/Bethany Collegeside provides a continuum of care to seniors and is located on the Red Deer College Campus. The residents within the Seniors Village have walkable access to campus amenities and there is a prominent focus within the Seniors Village on providing spiritually inclusive services. There are numerous practical learning and applied research opportunities provided on-site, which are coordinated through their research and learning centre. As such, the primary focuses of the Seniors Village are campus integration, cultural inclusion, education and research.

Vision/Philosophy

Leading the transformation of Albertans aging well.

Values/Guiding Principles

Mission:

- Inspiring leadership
- Responsive services
- Innovative programs
- Exceptional people
- Life affirming relationships

Values:

- We care
- We show respect
- We are responsible
- We embrace diversity

Health and Social Care Provision

- ✓ A health centre
- ✓ A hospital in close proximity

Housing Options

There are two residential buildings that are connected by an indoor walkway. CollegeSide Gardens provides 103 retirement living studios, one and two-bedroom suites. Bethany CollegeSide provides 112 private long-term care rooms.

Personal Care Services

Home care and long-term care services are funded by Alberta Health Services and Bethany Care Society provides housekeeping and meals as a purchased service. A specialized program for young adults with disabilities is also available in Bethany CollegeSide.

Quality of Life and Holistic Health

Recreational, social and spiritual programming is provided on-site. In addition, residents have access to a spiritual care practitioner and full access to all of the amenities and activities provided on the Red Deer College campus. There is also shopping, a pharmacy and churches in the local area.

Amenities Located On-site

- Multipurpose room with a kitchen
- Television and fitness room
- Library
- Den
- Outdoor patio
- Private function room
- Arts and crafts room
- Hair dresser
- Music room
- Community hall with grand piano
- Restaurant
- Guest suite
- The integration of the Seniors Village on the university campus provides walkable access to two cafés, a restaurant, library, theatre and an athletics complex.

Funding Model

The Seniors Village is owned and operated by Bethany Care Society, which is a non-profit organization that provides health services, community services and seniors' housing. Alberta Health Services funds the long-term care and home care services provided and Red Deer College provides a long-term lease of the land for 30+ years. This model of care relies heavily on volunteers and the Bethany Foundation acquires community donations to further enhance the care provided.

Community Integration and Partners

University Integration

The Seniors Village is integrated into the main campus of the college and provides walkable access to all amenities.

Community Integration

The Seniors Village provides a number of services to the broader community and residents have easy access to campus amenities to foster community connection.

Community Partners

Bethany Care Society and Red Deer College

Research and Education Opportunities

- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Seniors' education opportunities
- ✓ Red Deer Polytechnic

The Seniors Village provides opportunities for residents to enhance their learning through participation in course audits and classes at the college. Student placements are provided within the Seniors Village and educational spaces on-site allow for students to benefit from enhanced learning opportunities. Red Deer Polytechnic is also within walking distance of the Seniors Village, which provides students with applied research and practical learning opportunities. With the support of faculty and community partners, students pursue applied

research projects that help them to gain knowledge that can be applied to their future goals. Community-based, capstone and independent projects are pursued within the centre and are publically displayed in the Red Deer Polytechnic Digital Repository. It is unclear, however, how or if the residents of the Seniors Village are included in these projects.

Environmental Sustainability

This is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

The Seniors Village focuses on providing spiritually inclusive services to a range of faiths and there is a spiritual care practitioner on-site. Several relationships have been established with inter-faith partners; however, the details of these partnerships are not specified.

Dementia Care

This is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village. The provision of all private rooms in long-term care, however, ensures the same services are provided to all residents regardless of their personal finances.

Intergenerational Opportunities

Intergenerational experiences are provided through student placements, the educational opportunities for seniors and the integration of the Seniors Village on campus.

Strengths

- The education and research opportunities provided to students are enhanced through the integration of the Seniors Village on campus, the Red Deer Polytechnic Facility, the educational spaces provided within the village and the commitment to applied research and practical learning opportunities.
- The Seniors Village provides access to a wide range of spiritual programming, ensuring social inclusivity of seniors other than the dominant norm.
- The integration of the Seniors Village on campus is conducive to ensuring residents have walkable access to campus programs, services, amenities and classes.
- The provision of only private rooms in long-term care ensures that the same services are provided to all residents regardless of socioeconomic status.

Drawbacks

- Alberta Health Services funds the continuum of care differently than Ontario, providing access to care services that are not available in this province.

Site Plan

Acreage:

Not listed.

YouTube site tour:

<https://bethanyseniors.com/communities/collegeside-gardens/#tab-id-2>

Site plan:

<https://www.google.com/maps/place/Red+Deer+College,+100+College+Blvd,+Penhold,+AB+T-0M+1R0/@52.2493582,-113.8300833,18.66z/data=!3m1!5s0x537456a5c1194a8d:0x-6e3ce34b4f09040b!4m1!3m1!1s0x537456a5b8428715:0x2e971cfc1e36af03!2s87+College+Cir,+Red+Deer,+AB+T4R+0M2!3b1!8m2!3d52.2489706!4d-113.8292119!3m4!1s0x537456a5c0578189:0xf20ceaa43007cb71!8m2!3d52.2494418!4d-113.8299353>


Websites

<https://bethanyseniors.com/communities/bethany-collegeside/>

<https://bethanyseniors.com/communities/collegeside-gardens/#tab-id-2>

https://www.rdc.ab.ca/sites/default/files/uploads/documents/RDC%20Campus%20Land%20Use%20Master%20Plan_June%202003.pdf

<https://www.reddeeradvocate.com/marketplace/staying-connected-make-meaningful-community-connections-at-collegeside-gardens/>



Faubourg du Mascaret

Moncton, New Brunswick.

University or College Collaborator: Université de Moncton

Overview

Faubourg du Mascaret provides a continuum of care to the Francophone and Acadian populations in the Maritimes. All of the services and signage within the building are in French and aim to enhance the well-being of residents. Educational space is provided within the seniors' residence and an aging studies centre is located on the main campus. The aging studies centre focuses on providing health prevention services to seniors in the community, conducts research projects and supports practical learning placements for students. While placement opportunities are provided within the Seniors Village, it is unclear how or if residents are connected with the aging studies centre. The Seniors Village then primarily focuses on cultural inclusion and education.

Vision/Philosophy

To lead the way to better living for individuals and our communities by providing the best care and service excellence to people as they age.

Values/Guiding Principles

- Residents first - we put residents first. We support resident independence and dignity, valuing life choices and respecting their decisions.
- Great people - we believe in our people. They are the spirit and foundation of our company. They deliver their best effort every day and, in return, we promise to invest in their success.
- Trusted partnerships - we know we cannot do it alone. We strive to enhance our services by building trusted partnerships with employees and service providers who share similar values.
- Improving quality - we know there is always room to improve. We are committed to improving quality through leadership, innovation and perseverance.
- Being accountable - we are accountable to residents and partners. We are committed to managing our physical, environmental, financial, information and human resources ethically and responsibly.

Health and Social Care Provision

- ✓ Supports the continuum of care
- ✓ Primary health clinic on-site
- ✓ Quality of life and holistic health

Housing Options

Pavillon LeBlanc has 68 independent living, retirement living and assisted-living suites. Pavillon Landry is secured and has 60 memory care suites that are divided into four neighbourhoods of 15 people each. Pavillon Richard is the long-term care home and has 60 rooms divided over two floors. All of the buildings are connected through a main street with shared amenities.

Personal Care Services

A mix of private and public services are provided on-site. Retirement living, assisted living and memory care are privately paid for by the residents, whereas the long-term care services provided on-site are publically funded.

Quality of Life and Holistic Health

The Seniors Village aims to provide numerous program options for older adults that support their holistic health and quality of life. Specialized wellness programs have been developed that include individual assessments of residents in independent living and memory care to support their emotional, spiritual, physical and mental health. While there are recreation and leisure services provided in long-term care, these services are governed by the province and maintain a biomedical focus.



Amenities Located On-site

- Restaurant
- Chapel
- Hair salon
- Medical clinic
- Movie theatre
- Fitness centre
- Library
- Gardens
- Bowling lanes
- Billiards room
- Walking path
- Multi-purpose room



Funding Model

Shannex is a private corporation that provides residential seniors care across the Maritimes and Ontario. They own and operate the Seniors Village and the Université of Moncton provides them with a long-term lease of the land. A portion of the revenue generated from the Seniors Village is allocated to researching the health of seniors.



Community Integration and Partners

University Integration

The Seniors Village is located on the outskirts of the campus. While it is technically on campus land, many of the campus amenities would not be accessible to many of the residents due to their distance from the Seniors Village. For example, The Center for Studies in Aging is located in the middle of campus, which makes it inaccessible to residents.

Community Integration

A health hub for seniors is operated out of the Center for Studies in Aging that provides health promotion and disease prevention services to seniors in the community. While these services are also accessible to the residents of the Seniors Village, it is unclear whether these services encourage interaction between the residents and the broader community. Integrating the community into the Seniors Village is not the primary focus of this model.

Community Partners

Université of Moncton and Shannex. No other community partners are identified.



Research and Education Opportunities

- ✓ Integrated into a university campus
- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Staff training opportunities
- ✓ The Center for Studies in Aging

Student placements are provided on-site for students from the health care field, kinesiology and nutrition. There are two classrooms and one training room located on-site which helps to foster experiential learning opportunities within the Seniors Village. The placement design also encourages students to learn from the residents of the Seniors Village. The Center for Studies in Aging provides preventive health services to the Francophone population using an interdisciplinary approach. They also conduct research and advocate for innovative training environments for students that focus on interdisciplinary collaboration. While the Center for Studies in Aging provides services and conducts research for the Francophone population, it is unclear how the residents of the Seniors Village specifically are included in these endeavours and the centre is not located in close proximity to the Seniors Village.



Environmental Sustainability

Some seniors' programming is provided in horticulture; however, this is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

The Seniors Village is dedicated to providing care services to the Francophone population. The long-term lease agreement that they signed with the university contains language clauses regarding the academic partnerships, the language of work, the name of the complex and the priority rights of the units to the Francophone and Acadian population. This contract ensures that all of the services provided in the Seniors Village are delivered in French.

Dementia Care

A service line specifically for older adults with memory impairments has been designed with an overarching philosophy to support quality of life. This service line aligns with many of the best practices in memory care provision, such as the physical design of the building into smaller neighbourhoods.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village

Intergenerational Opportunities

Intergenerational experiences are provided through the student placements provided on-site.

Strengths

- The education opportunities and spaces provided to students on-site result in transformative and experiential learning experiences that enhance the care provided to seniors.
- The physical design, programming and amenities provided on-site aim to prioritize holistic health and quality of life.
- The specialized focus on supporting the Francophone and Acadian populations is socially inclusive and fulfills an identified need within the local area.
- The health prevention services provided on-site and the research conducted through the Center for Studies on Aging both enhance the care provided to the seniors' population.

Drawbacks

- A significant investment from the core community partners is required.
- While the services provided on-site support the needs of the local Francophone and Acadian populations, the prominence of private pay services results in limited support for older residents with lower socio-economic means.
- The location of the Seniors Village limits the access of residents to the amenities on the university campus. In particular, the proximity of the Seniors Village to the Center for Studies in Aging likely limits the participation of the residents in research and the services provided.

Site Plan

Acreage:

4.9 hectares.

Floor plans:

There are no floor plans available for this project

Site plan:

<https://www.google.com/maps/@46.110753,-64.7856411,253m/data=!3m1!1e3>

Websites

<https://www.shannex.com/fr/news/universite-de-moncton-develops-land-through-innovative-partnership-with-shannex/>

<https://www.shannex.com/locations/moncton/pavillon-landry/>

<https://www.retraitefaubourg.com/en/>

<https://www.shannex.com/locations/moncton/pavillon-richard/>

<https://www.umoncton.ca/cev/psa>



Tapestry at Wesbrook Village

Vancouver, British Columbia.

University or College Collaborator: University of British Columbia

Overview

Tapestry at Wesbrook village provides retirement and assisted living residential services within an innovative urban district. This Seniors Village aims to integrate seniors into the community by focusing on urban accessible designs to increase access to amenities and services that support their holistic health. There is also a prominent focus on connecting residents with students through placement opportunities, student run clinics and the educational spaces provided on-site. Numerous educational opportunities are available to residents within the Seniors Village including a lecture series that allows students to share their research with residents. The primary focuses of the Seniors Village are community integration, holistic health, education and research.

Vision/Philosophy

We create memorable moments in thriving, connected communities where individuals experience healthy and fulfilled lives.

Values/Guiding Principles

- A committed focus on the seven dimensions of wellness to create a positive sense of place where you can thrive and continue to enhance your wellness
- Fresh, delicious and exceptional quality food that whets appetites and imaginations
- Extraordinary accommodations designed and built by Concert, our owner and one of Canada's most respected and successful real estate development enterprises
- Exceptional service delivered passionately by our employees so that even your simplest pleasure feels indulgent and luxurious

Health and Social Care Provision

- ✓ Primary health clinic on-site
- ✓ Pharmacy on-site
- ✓ Dentist on-site
- ✓ Optometrist on-site
- ✓ Community centre on-site
- ✓ Adult day program
- ✓ Focus on quality of life and holistic health

Housing Options

Two, six-story mid-rises with 134 rental apartments and 26 condos. 1-2 bedroom condos and apartments are available.

Personal Care Services

Retirement living and assisted living services are provided on-site.

Quality of Life and Holistic Health

The focus of the Seniors Village is to improve holistic health through physical, emotional, intellectual, social, spiritual, environmental and occupational programs. For example, exercise programs, brain fitness programs, technology workshops and philanthropic opportunities are all provided by the Seniors Village. The location of the Seniors Village also provides easy access to medical and rehabilitation services, recreational facilities and amenities that enhance socialization.



Amenities Located On-site

- Billiards room
- Golf
- Wellness centre
- Dentist/health clinic
- Café
- Restaurants
- Grocery store
- Woodshop
- Community garden
- Fitness studio
- Games room
- Hairdresser
- Library
- Movie theatre
- Party room
- Courtyard
- Private dining room for family/friends
- Spa/beauty salon
- Close proximity to a shopping centre, UBC farm, rehabilitation services, botanical gardens, and walking trails.



Funding Model

The land is owned by the UBC Properties Trust. This trust provides a 99 year lease to initiatives that align with the social, environmental and financial principles of sustainability in support of the university's academic mission. The Seniors Village is co-owned and operated by Concert and the Ontario Municipal Employees Retirement System. The revenue from the privately paid services, condos and rentals sustain the operation of the Seniors Village.



Community Integration and Partners

University Integration

The Seniors Village is located on campus and seniors have full access to all university amenities. Due to the integrated nature of the UBC campus into the community, there is a full range of local and university amenities within walking distance of the seniors' residence.

Community Integration

Older adults in the broader community can participate in the adult day program provided at the Seniors Village and residents have frequent interaction with the community due to its close proximity to community amenities. Since seniors' housing is only one type of residential housing available, the Seniors Village benefits from access to the many amenities available within the broader community of Wesbrook Village.

Core Community Partners

The core community partners are the University of British Columbia and Tapestry (owned and operated by Concert and Ontario Municipal Employees Retirement System). The UBC Properties Trust manages all of the other community projects in Westbrook Village resulting in a wide range of community partnerships (see [Websites](#) section for full list).

Research and Education Opportunities

- ✓ Integrated into a university campus
- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Seniors education opportunities

The educational opportunities provided to older adults on-site are extensive. In particular, UBC has created a specific Elder Scholar program geared towards retirees, semi-retirees and mature adult learners. A lecture series focused on the liberal arts and the sciences are offered within the seniors' residence. In addition, older adults have access to online lectures, single day courses, language courses and/or can take credit courses. Tapestry Talks are a specific opportunity for students to share their research findings with the Seniors Village residents. These lectures connect residents with the most up-to-date research in the health sciences and provide rehabilitation sciences students with opportunities to disseminate their research findings. These educational experiences for seniors are provided free of charge.

There are many student-run clinics provided on-site which provides experiential learning opportunities for students. In addition, several aging research institutes are located on the UBC campus; however, it is unclear if student placements or research projects are conducted specifically within the Seniors Village.

Environmental Sustainability

REAP silver certified. Seniors' programming connects residents with local environmental initiatives.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

Some spiritual programming and weekly excursions are provided to enhance spiritual wellness; however, this is not the primary focus of the Seniors Village.

Dementia Care

Some brain stimulation programming is provided on-site; however, this is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

The majority of the services provided in the Seniors Village are only accessible to those who are able to afford them.

Intergenerational Opportunities

Intergenerational experiences are provided within the Seniors Village through various interactive programs with university students. For example, residents are provided with opportunities to share their stories, histories and experiences through intergenerational programs, such as food education, which are facilitated on-site. The Tapestry Talks program also encourages students to interact with residents through presentations on their research projects. Since the health clinic and wellness centre are run through the university, older adults and students engage with each other through various programs and services that are provided through these campus amenities. The student run clinics provided on-site and the student job opportunities provided through the Seniors Village also provide opportunities for students and residents to engage with each other.

Strengths

- The education opportunities provided for residents of the Seniors Village are extensive.
- The integration of the Seniors Village into the university campus and broader community ensures residents have access to numerous amenities, services and programs to enhance their holistic health and quality of life.
- The student run clinics, tapestry talks and other intergenerational programming provided on-site ensures that there are meaningful interactions between students and residents.

Drawbacks

- The Seniors Village does not provide on-site access to long-term care services.
- A wide breadth of designated leaders (e.g., project managers) are required beyond university faculty to support and facilitate the community partnerships established to support the wide array of amenities available to the Seniors Village.
- This model provides little support for diverse aging populations beyond the dominant norm.

Site Plan

Acreage:

110 acres.

Room floor plans:

<https://discovertapestry.com/community/wesbrook-village/>

Websites

<https://discovertapestry.com/community/wesbrook-village/>

<https://extendedlearning.ubc.ca/seniors>

<https://rsec.med.ubc.ca/tapestry-talks/>

<https://www.ubcproperties.com/commitment/>

<https://www.universityaffairs.ca/features/feature-article/retired-and-the-living-is-easy-on-campus/>

Current Westbrook Village projects managed by UBC Properties Trust:

<https://www.ubcproperties.com/projects/>



University District

Waterloo, Ontario.

University or College Collaborator: University of Calgary

Overview

University District provides a continuum of care within an innovative urban district that focuses on walkability to health and wellness services and community amenities. The age-friendly design of the Seniors Village supports older adults to age-in-place and accessibility. There is an education and research institute on-site and numerous education opportunities are provided for both students and residents. The primary focuses of the Seniors Village are community integration, holistic health, education and research.

Vision/Philosophy

To develop a community that will support generations to come - well beyond the 99-year lease. The development will be a showcase for the University's leadership role in environmental, social and economic sustainability.

Both a community and a campus could survive comfortably independently, but there are huge benefits to growing stronger together.

Fostering a symbiotic relationship within the University District - where the aging population is at the forefront. The Seniors Village is designed to help older adults age-in-place.

Values/Guiding Principles

- University linked
- Mindfully made
- A connected community
- Complete and urban resources ethically and responsibly.

Health and Social Care Provision

- ✓ Supports the continuum of care
- ✓ Pharmacy on-site
- ✓ Physician on-site
- ✓ Social work services on-site
- ✓ Physiotherapy provided on-site
- ✓ Foothills Medical Centre

Housing Options

Cambridge manor (assisted living apartments) and Maple (independent living apartments) have 240 units and 95 units respectively. An enclosed bridge links the two 4 story buildings.

Personal Care Services

Independent living, assisted living, respite care, memory care and enhanced care (long-term care) are provided on-site. There are privately provided and publically provided services available.

Quality of Life and Holistic Health

The central location of the Seniors Village and the amenities in close proximity to the Seniors Village contribute to older adults' holistic health and quality of life. While many programs such as life enrichment, therapeutic recreation, exercise and rehabilitation are provided on-site, details on these services are not provided.



Amenities Located On-site

- Grocery store
 - Pet food store
 - Liquor store
 - Barber
 - Beauty salon
 - Library
 - Bank
 - Restaurants
 - Chapel
 - Outdoor courtyard
 - Hotel
 - Spin studio
 - Pharmacy
- The campus also has a childcare centre, a cafe, a park, a children’s hospital, the Foothills Medical Centre, Market Hall and the University Innovation Quarter, which are within walking distance of the Seniors Village. Other amenities such as a sports medicine centre, an outdoor centre, Foothills Athletic Park, McMahon Stadium, and a bookstore are available on campus but are less accessible due to the proximity of these amenities to the Seniors Village.



Funding Model

The creation of the University District was born out of a gift given to the University of Calgary. University of Calgary Properties Group Ltd. oversees the development of the University District and the community operates outside of and separate from the University. University District residents own ‘leasehold’ properties rather than traditional ‘freehold’ properties, and therefore a 99-year lease is provided. All net income from operations of the Seniors Village supports future university initiatives. The seniors’ residences are owned and operated by The Brenda Strafford Foundation, which is a registered charitable organization that operates care homes and conducts research to support the care of older adults. Residents privately pay for the services provided; however, Alberta Health Services also provides some public funding for the continuum of care services in the province. The Brenda Strafford Foundation provided the funding for the establishment of the Brenda Strafford Centre on Aging.

Community Integration and Partners

University Integration

The Seniors Village is integrated on the university campus within walking distance of University Avenue, which is the main street of the University District. Walkability is at the forefront of the Seniors Village design, with the community offering enhanced mobility through numerous interconnecting paths and direct public transportation access. Accessibility and safety, such as ample seating in well-lit meeting places and pedestrian-friendly streets with easy crossings ensure residents have full access to the amenities in close proximity to the Seniors Village. The size of the university campus, however, makes some amenities less accessible to residents.

Community Integration

This model focuses on the integration of residents into the community rather than on integrating the broader community into the seniors' residence.

Core Community Partners

University of Calgary, University of Calgary Properties Group Ltd. and The Brenda Strafford Foundation.

Other Community Partnerships

The University of Calgary Properties Group facilitates partnerships with a wide range of community members to develop the University District. In addition, the Brenda Strafford Centre on Aging routinely collaborates with interdisciplinary research teams external to the university to provide support for research and practice in the field of aging.

Research and Education Opportunities

- ✓ Brenda Strafford Centre on Aging - an education and research institute.
- ✓ Integrated into a university campus
- ✓ Student placement opportunities
- ✓ Education opportunities for seniors

The Brenda Strafford Centre on Aging engages the faculty of nursing, kinesiology, social work and the Cumming School of Medicine with a goal of including the entire campus community in a multi-disciplinary approach to aging. The centre has a mandate for age-related research,

interdisciplinary education, public policy and community outreach. Researchers and students across various faculties have access to the dynamic research and learning environment within the continuing care setting at Cambridge Manor. The partnership with The Brenda Strafford Foundation encourages the Seniors Village focus on innovation, research, teaching and learning that helps integrate the residential and academic communities. Students are provided with placements, research assistantships and scholarships that support the experiential learning opportunities provided in the Seniors Villages. Research projects are conducted through the Brenda Strafford Centre on Aging; however, it is unclear how or if the residents of the Seniors Village participate in these endeavours. The tuition fees for undergraduate courses at the university are also waived for those 65 years and older, which encourages the Seniors Village residents to pursue life-long education. Public events and a summer lecture series are provided to all members of the public. The provision of this age-friendly culture has distinguished the University of Calgary as a member of the Age-Friendly University Global Network.

Environmental Sustainability

The Seniors Village is LEED Platinum certified using natural light and energy conservation methods to minimize the impact of the building on the environment. The building's footprint, best practice urban design and place-making principles were considered to ensure sustainability.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village; however, there are research exchanges provided to students through the Indigenous Cognition & Aging Awareness Research Program.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality, these features predominantly reflect the dominant norm within the aging population. However, some research projects focus on supporting seniors' populations other than the dominant norm and presentations on these programs are provided through the Brenda Strafford Centre on Aging.

Dementia Care

A service line specifically for older adults with memory impairments has been designed with an overarching philosophy to support quality of life. Research projects are conducted regularly through the Brenda Strafford Centre on Aging and enhancing dementia care is one of the research focuses of The Brenda Strafford Foundation.

Seniors' with Lower Socio-Economic Means

While there is no affordable housing provided on-site, residents with lower financial means can obtain access to a continuum of care services that are funded by Alberta Health Services.

Intergenerational Opportunities

Intergenerational experiences are provided through student placements and the research projects conducted on-site.

Strengths

- The education and research opportunities provided under this model are extensive, providing experiential learning opportunities for a wide range of disciplines.
- The continuing education for seniors and the research projects provided by the Brenda Strafford Centre on Aging enhances the care provided to older adults.
- The walkability of the Seniors Village provides residents with access to local amenities and encourages interaction of residents with the broader community resources ethically and responsibly.

Drawbacks

- The funding model for continuing care provision differs in Alberta.
- A significant investment from the core community partners and private donors is required in this model.
- A wide breadth of designated leaders and resources (e.g., University of Calgary Properties Group, The Brenda Strafford Foundation etc.) are required beyond university faculty to support and facilitate the community partnerships established in the University District.

Site Plan

Acreeage:

200 acres.

Floor plans:

<https://liveatmaple.com/floor-plans/>

Site plan:

<https://www.s2architecture.com/news/14-news/348-blog-cambridge-manor-an-integrated-health-environment.html>

Websites

<https://myuniversitydistrict.ca/live-at-ud/seniors-living/>

<https://myuniversitydistrict.ca/uncategorized/community-to-be-university-linked/>

<https://liveatmaple.com/>

<https://www.cambridgemanor.ca/>

<https://obrieniph.ucalgary.ca/aging/brenda-strafford-centre-aging>

<https://myuniversitydistrict.ca/live-at-ud/home-builders-calgary/>

<https://sustainablebiz.ca/calgary-plan-earns-leed-nd-platinum-canadian-first/>

INTERNATIONAL UNIVERSITY-INTEGRATED OR UNIVERSITY-AFFILIATED SENIORS VILLAGES

Antioch College Village

Yellow Springs, Ohio

University or College Collaborator: Antioch College

Overview

Antioch College Village is an intergenerational community on a college campus that provides environmentally sustainable and affordable housing. The village is rooted in the principles of cohousing which encourages interaction between seniors and students and generates an informal support network for seniors to age-in-place. The student life centre allows students and seniors to interact with one another and provides commercial and educational space. The primary focuses of the Seniors Village are environmental sustainability, intergenerationality and the inclusion of seniors with lower socioeconomic means.

Vision/Philosophy

In close collaboration with residents, the village is designed to promote community values, foster equity and inclusivity and employ sustainability strategies.

Values/Guiding Principles

The village is rooted in the principles of co-housing (See [Websites section](#)):

- Participatory process - future residents participate in the design of the community so that it meets their needs.
- Neighbourhood design - The physical layout and orientation of the buildings enhances a sense of community and social interaction
- Common facilities - designed for daily use, but are supplemental to private residences
- Resident management - residents manage their own cohousing community and perform much of the work on the property
- Non-hierarchical structure and decision making - while there are leaders within the group decisions are made by consensus or sociocracy
- No shared economy - the community is not a source of income for members, but rather residents contribute based on shared responsibility resources ethically and responsibly.

Health and Social Care Provision

- ✓ Student Life Centre
- ✓ Relies on privately funded or publicly funded health and social services
- ✓ Strong informal support network
- ✓ Enhances holistic health and quality of life
- ✓ Wellness centre on-site

Housing Options

There are four detached 875-square-foot, two-bedroom units, four semi-attached 730-square-foot, one-bedroom units and 160-units of affordable housing. The community is multigenerational.

Personal Care Services, Quality of Life and Holistic Health

The village relies on privately provided personal care services and social supports as well as those that are provided through the public system. These formal services are enhanced by residents' joint commitment to care for one another, which results in a strong informal support network within the Seniors Village. All tasks within the Seniors Village (Activities of Daily Living and Instrumental Activities of Daily Living) are shared informally between residents depending on their abilities. Since residents have access to the campus amenities, they can pursue an active lifestyle (through the Wellness Centre) and educational opportunities (through the library or lectures). The Student Life Centre rather than a common house serves as a shared space for all members of the community with a mix of commercial space, apartments and academic program space.



Amenities Located On-site

- Courtyard
- Student Life Centre with Retail
- Access to campus amenities



Funding Model

In this model, Antioch College provides a 99-year renewable lease for the land provided ensuring that the college receives regular cash flow from the project. Residents pay this monthly lease payment and a homeowner's association fee on top of any mortgage payments they have. The homeowner's fee covers grounds maintenance and property taxes for the village. The affordable housing units were funded through a program called the Living Community Challenge. This Seniors Village model relies on residents to acquire their own privately or publically funded health and social care services. The development of the homes was funded by the municipality and college with additional funding from community donations. In addition, a significant number of volunteers dedicated their time to the project.



Community Integration and Partners

University Integration

The Seniors Village is fully integrated into the college campus and the Student Life Centre ensures that students and the residents frequently interact with one another. Residents also have full access to all amenities on campus.

Community Integration

The village is located on the Antioch College campus and is in close proximity to the village of Yellow Springs to ensure access to local amenities.

Core Community Partners

Antioch College and the Municipality.

Other Community Partnerships

Home Inc. - The collaboration resulted in the development of affordable housing units.

The Federal Home Loan Bank of Cincinnati, the Morgan Family Foundation, the Vectren Foundation, the Bike & Build Inc., the Ohio Community, the Development Finance Fund and the Huntington National Bank - Provided funding for the housing development.



Research and Education Opportunities

- ✔ Integrated into a university campus
- ✔ Student placement opportunities
- ✔ Opportunities for senior mentorship/wisdom sharing
- ✔ Senior educational opportunities

All residents have the ability to take courses through the college giving them access to life-long learning. Although there are internships and placements provided for students through the village, there is not a lot of detail provided on what these placements entail or what types of students are included. Similarly, there is not a lot of detail on the seniors' mentorship opportunities provided within the Seniors Village. On the other hand, the intergenerational housing, the participatory process used within the Seniors Village and the informal support network maintained in the village provides a rich context from which to facilitate both research and education opportunities.

Environmental Sustainability

Low-impact living is one of the primary focuses of the Seniors Village. The small footprint of the accommodation available and the sharing of space through the Student Education Centre, are vital to minimize the environmental footprint of individual residents. Environmentally friendly building materials were used in the construction of the buildings and the houses are equipped for net-zero energy and water use using rainwater collection and alternative energy sources. Farm-to-table dining is also provided through the college campus.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the village.

Culture/Spirituality

This is not the primary focus of the village.

Dementia Care

This is not the primary focus of the village.

Seniors' with Lower Socio-Economic Means

Affordable housing options are provided within the village to support people with lower financial means.

Intergenerational Opportunities

Intergenerational experiences are provided through residential experiences and participation in the intergenerational community. Furthermore, the student placements provided allow for mutually beneficial exchanges between seniors and students.

Strengths

- The costs of operation once developed are low.
- The informal support network maintained in this model supports holistic definitions of health and fosters intergenerational experiences through community involvement.
- The affordable housing provided ensures that the social inclusion of residents is maintained within the village.
- The integration of the village on campus negates the need for additional infrastructure.

Drawbacks

- The village does not provide on-site access to long-term care services.
- The rich context to provide education and research in this model has been underexplored. resources ethically and responsibly.

Site Plan

Acreage:

192 acres.

More pictures and floor plans:

<http://mclennan-design.com/project/antioch-college-village/>

Websites

<https://ysnews.com/news/2018/06/antioch-village-draws-crowd>

<http://mclennan-design.com/project/antioch-college-village/>

Principles of cohousing:

<https://www.sagecohoadvocates.org/key-principles>



Health and Wellbeing Precinct

Wollongong, Australia

University or College Collaborator: University of Wollongong

Estimated to be in operation by: late 2024

Overview

The Health and Wellbeing Precinct is an intergenerational university community that is estimated to be in operation by late 2024. While a continuum of care will be provided for seniors, the physical design, the amenities and the other services that will be provided on-site will support intergenerational community integration. In particular, the green space, recreation facilities, childcare centre and primary and community health clinic on-site support the holistic health of the whole community. The research and education that will be provided on-site will also be extensive and will focus on fostering intergenerational learning and the translation of research into practice. For students, experiential learning opportunities will be provided through clinical placements, reflective practice and working in cross-disciplinary teams. The primary focuses of the Seniors Village are then community integration, holistic health, intergenerationality, education and research.

Vision/Philosophy

The Precinct will be Australia's first intergenerational university community - a place for living, learning, working and growing in an environment that supports complete physical, social, and mental health and wellbeing. Our aim is to revolutionize the integration of research, clinical practice and patient-led care, dramatically improving the level of community-designed and preventative healthcare in our region.

Values/Guiding Principles

- Not specified

Health and Social Care Provision

- ✓ Supports the continuum of care
- ✓ Primary and community health clinic on-site
- ✓ Recreation facilities on-site
- ✓ Focus on quality of life and holistic health

Housing Options

126 bed long-term care home and a 199 independent retirement living units centered around the 'intoHealth' Primary and Community Health Clinic.

Personal Care Services

The Seniors Village provides a full continuum of care.

Quality of Life and Holistic Health

The focus of the Seniors Village is to provide intergenerational, patient-centered health care that maintains older adults' physical and mental wellbeing through the prioritization of preventative medicine. The physical design provides residents with easy access to green and social spaces that are conducive to enhancing the physical, social and mental wellbeing of residents.

Amenities Located On-site

- Primary and community health clinic
- 80-space child care centre
- Wellness centre
- Community facilities
- Community park
- Retail space
- Café and plaza
- Shared gardens
- Pond
- Forest
- Close proximity to the beach

Funding Model

The University of Wollongong will provide the university land to Lendlease in alignment with their University of Wollongong Health and Wellbeing Strategy. Lendlease will develop the Health and Wellbeing Precinct based on the contractual agreement generated with the university. Lendlease is a globally integrated real estate and investment group with core expertise in shaping cities and creating strong and connected communities. It is not clear the parameters of this land provision (i.e., whether it is a lease or an in-kind donation). A mix of publically and privately funded services will be provided on-site and revenue will be generated through the inclusion of retail spaces.

Community Integration and Partners

University Integration

The Seniors Village will be on the University of Wollongong's Innovation campus.

Community Integration

All community members will have access to the community park, the childcare centre, amenities and primary and community health clinic on-site. The physical design of the Seniors Village ensures walkability and easy access of residents to these community features, which encourages interaction. Residents will also have full access to the university campus amenities.

Core Community Partners

University of Wollongong and Lendlease. All other community and commercial partnerships will be established by Lendlease in alignment with the contractual agreement with the university. TBC Childcare Centre will operate the childcare centre on-site.

Research and Education Opportunities

- ✓ Living labs/research space on-site
- ✓ Integrated into a university campus
- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ The Primary and Community Health Clinic

The university's Primary and Community Health Clinic will be modelled after the Mayo Clinic, a nonprofit academic medical centre in the United States that combines clinical practice, education and research. The research and education that will be provided on-site will be extensively focused on fostering intergenerational learning and the translation of research into practice. For students, experiential learning opportunities will be provided through clinical placements, reflective practice and working in cross-disciplinary teams. University faculty will also benefit from access to these amenities as well as from connections with other professionals and businesses. The education and research opportunities provided will enhance the services provided to local residents and influence how health and aged care is delivered.

Environmental Sustainability

Sustainable features such as solar energy and water-sensitive urban designs will be utilized. Further details of these green designs have not been provided.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

This is not the primary focus of the Seniors Village.

Dementia Care

This is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

Intergenerational opportunities will be provided through the Primary and Community Health Centre and childcare centre on-site. The physical design of the Seniors Village encourages interactions between residents and younger children from the childcare centre through a common courtyard. Shared amenities, recreation facilities and a wellness centre also encourage interaction.

Strengths

- A continuum of care is provided in the Seniors Village and the attention to preventative health care, holistic health and quality of life indicate attention to best practices in geriatric care.
- The education and research opportunities that will be provided on-site are extensive and will result in transformational care for the older adult population.
- Residents experience social interaction with the broader community through the central location of the seniors' residence and shared amenities as well as shared social, health and recreation spaces.
- Attention to fostering intergenerational experiences is prominent in this model with clinical placements, the on-site childcare centre and shared spaces providing meaningful interaction between residents and younger age cohorts.

Drawbacks

- Ontario's funding model for health and social care differs from the Australian model.
- This model is not socially inclusive beyond the provision of intergenerational experiences.
- The inclusion of Lendlease as a development partner began in 2016 with an expression of interest. It is unclear how the inclusion of a development partner has impacted the timeline of the project.

Site Plan

Acreeage:

7.5 hectares.

Site plan:

<https://innovationcampus.com.au/wp-content/uploads/2021/02/Masterplan.png>

Websites

<https://innovationcampus.com.au/about-us/health-wellbeing-precinct/>

<https://www.uow.edu.au/media/2021/wollongongs-health-and-wellbeing-precinct-reaches-new-milestone.php>

<https://www.uow.edu.au/media/2019/contract-signing-seals-innovation-campus-health-and-wellbeing-precinct-partnership.php>

<https://www.theweeklysource.com.au/university-of-wollongong-lodges-plans-for-intergenerational-university-community-including-220-unit-lendlease-retirement-village/>

<https://www.lendlease.com/au/-/media/llcom/better-places/2019/lendlease-to-build-campus-retiree-livingafr280319.pdf?la=en&hash=01E00E4BC65E7298643C62AF95604F06642AA7CF>

<https://www.afr.com/property/commercial/lendlease-signs-up-to-build-on-campus-retirement-living-20190327-p5183a>

Australian initiative to link university campuses and seniors living:

<https://grandschoolsproject.wordpress.com/grandschools-projects/>

Another university-integrated Seniors Village in development in Australia:

<https://www.thesenior.com.au/story/6011636/work-starts-on-university-based-retirement-communities/>



Humanitas

Deventer, The Netherlands

University or College Collaborator: Hogeschool Saxion

Overview

Humanitas is a seniors' residence that provides intergenerational living opportunities for university students. Students receive reduced rent and board in exchange for 30 volunteer hours a month for being a 'good neighbour' and hosting one meal a week at the village restaurant. The physical design, programming and amenities aim to support holistic health and community integration. Humanitas has also been nationally recognized for their provision of practical education that is interdisciplinary and focuses on the provision of social care and wellness. The primary focuses of the Seniors Village are then intergenerationality, community integration, education and holistic health.

Vision/Philosophy

Committed to not having a vision, but focuses on wellbeing being centralized and respecting the individuality of each resident.

Values/Guiding Principles

- A recognizable living environment. We really know our residents, acknowledge all that makes them a unique individual, this enables our residents to be their true selves and feel comfortable.
- Living that feels authentic and as a life that you design and influence yourself.
- We go out of our way to adapt the complete living environment (including healthcare and wellbeing) to the resident's habits, desires and preferences.
- The residents are assisted by the same employees wherever possible. These staff become friends they know and recognize and will colour their lives, just as their loved ones. Naturally, they recognize a clean and well-kept living environment as well.

Health and Social Care Provision

- ✓ Primary focus is on wellbeing and holistic health
- ✓ Fitness room
- ✓ Care centre on-site

Housing Options

34 three-bedroom apartments in one building spanning three floors. There is a care centre attached.

Personal Care Services

Their residential services include independent living, psychogeriatric care, assisted living, and short-stay services. Neighbourhoods are integrated with people requiring different levels of service ensuring that residents do not need to move throughout the building when they require higher levels of care.

Quality of Life and Holistic Health

The predominant focus of this village is on the wellbeing of residents. Many social, recreational, educational and spiritual programs are provided on-site and there is a strong focus on ensuring older adults can exercise their autonomy. A variety of supportive services are also available including physiotherapy and meal services. Boulevards and a local park provide access to outdoor spaces. A shopping centre is also close by.

Amenities Located On-site

- Restaurant
- Community rooms
- Fitness room
- General store
- Salon
- Laundry
- Library
- Boulevard/ gardens

Funding Model

The Seniors Village is an independent foundation, yet receives some government funding. The donations received are used to augment the wellness activities provided, whereas the residents' private insurance covers the cost of care. The Seniors Village also relies heavily on the support of volunteers, interns and those seeking out holiday jobs. The Seniors Village is governed using a supervisory board model and a single-member board of directors.

Community Integration and Partners

University-Integrated

The school is located 2.5 km from the Seniors Village. In this model, the Seniors Village is not integrated into the university, but rather students live in the Seniors Village.

Community Integration

The Seniors Village is constructed similarly to the broader community with residences that surround the provided amenities. This physical design fosters community integration and social inclusion of residents within the Seniors Village. Older adults in the broader community can dine in the restaurant and have access to all of the amenities provided on-site. Community rooms allow clubs, hobby groups and local services a place to meet and residents benefit from this interaction with community members. For example, there is a billiard's club, a children's train club and a gardening group, which provide entertainment for the residents of the Seniors Village. The Seniors Village is also embedded in the broader district of Keizerslanden, which houses a large centralized shopping centre. This attention to urban planning allows easy access to local amenities and duo bikes are available to residents to encourage this interaction.

Core Community Partners

The primary focus of this model is community integration; however, there are no specific community partners identified.

Research and Education Opportunities

- ✓ Student placements
- ✓ Recognized Center for Learning in Practice
- ✓ Internships
- ✓ Opportunities for senior mentorship/wisdom sharing

This model provides a wide range of opportunities for student learning through high school and post-secondary placements as well as internships through their nationally recognized Center for Learning in Practice. These opportunities provide learners with transformative learning experiences that assist them to apply theoretical knowledge. All of these learning opportunities are considered interdisciplinary and are focused on social learning, rather than solely health care provision. A practical trainer is required to facilitate these ongoing placements and ensure that learners are guided through their experiences. The students living in the Seniors Village also provide a mutually beneficial learning experience for both students and seniors, by allowing them to interact and share wisdom with each other. While there is not a predominant focus on research in this model, the provision of these unique intergenerational housing experiences has gained significant media attention worldwide and documentaries, publications and reports have been created to examine this unique model.

Environmental Sustainability

This is not the primary focus of the Seniors Village; however, the infrastructure used in the Seniors Village supports alternative energy features, like solar panels. Some seniors' programs are also provided in the environment.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality, this is not the primary focus of the village.

Dementia Care

Apartments have been established for older adults with psychogeriatric needs. The design of these apartments and the adjoining courtyards allow residents freedom to interact with others and pursue wellbeing. A health care provider on-site provides on-going assessments to ensure older adults are receiving the support and care they need.

Seniors' with Lower Socio-Economic Means

Students receive reduced rent and board for being a “good neighbour”, while living in the Seniors Village (see [Intergenerational Opportunities](#) below). While affordable seniors' housing is not provided on-site, the broader district in which Humanitas is located provides affordable housing options for seniors who can access the amenities on-site.

Intergenerational Opportunities

The Seniors Village is home to six students who live on-site, providing a unique intergenerational living opportunity for both seniors and students. Students are free to come and go as they please; however, they are jointly responsible for fostering a ‘good living climate’ within the home. Specifically, they are required to dedicate at least 30 hours a month to be a ‘good neighbour’ and must host one meal a week at the village restaurant. Students receive reduced rent and board for this commitment. Students and seniors mutually benefit from these interactions and forge lasting relationships with each other. In addition to these intergenerational home-sharing opportunities, the student placements, internships, and community clubs provided in the Seniors Village provide regular interaction between the residents and younger generations.

Strengths

- The Seniors Village provides a wide range of experiential education opportunities to students that are well supported by the on-site coordinator and learning centre.
- Integrating seniors with different care needs on the same floor ensures older adults do not have to move within the village when their care needs change.
- Housing students within the Seniors Village provides a unique opportunity for students and seniors to mutually learn from each other and enhance the wellbeing of the residents.
- This model improves the experiences of residents through community integration into the Seniors Village as well as the integration of residents within the broader community.
- While the primary focus of this model is not research, the unique intergenerational opportunities provided within the Seniors Village has gained significant interest from the media, the public and researchers around the globe (See [Websites](#) section).
- The reduced rent and board provided to students who live in the Seniors Village extends the housing options available to students with lower financial means.

Drawbacks

- The Seniors Village does not provide on-site access to long-term care services.
- The funding for health and social care in the Netherlands is quite different than in Canada.
- This model requires additional time, resources and leadership to facilitate the intergenerational housing experiences, mediate any conflicts that may arise and facilitate the many learning experiences provided.

Site Plan

Acreage:

Not listed.

Room floor plans:

https://www.woonzorg.nl/uploads/Woningtype/plattegrond_pdf/e2/e2d5d8ad39555e293d9cff-1ba881ecc5.pdf

Websites

<https://www.humanitasdeventer.nl/>

<https://www.humanitasdeventer.nl/home/organisatie>

<https://www.humanitasdeventer.nl/images/downloads/Humanitas-Directieverslag-2015.pdf>

YouTube video of student intergenerational experience:

<https://youtu.be/PAmD623X2S4>

Home share opportunities in Canada:

McMaster Symbiosis:

<https://hamiltonagingtogether.ca/mcmaster-symbiosis-homesharing/>

University of Toronto Homesharing Project:

<https://www.utoronto.ca/news/roomies-twist-home-sharing-project-involving-u-t-researchers-pairs-seniors-students>

Western University students live in retirement home:

<https://www.cbc.ca/news/canada/london/western-university-students-live-in-retirement-home-1.4329736>

Loyalist College homeshare:

<https://www.loyalistcollege.com/news/loyalist-college-awarded-nserc-funding-for-intergenerational-home-sharing-program/>

University of Edmonton students live in seniors' residence:

<https://edmontonjournal.com/news/local-news/edmonton-seniors-residence-invites-university-of-alberta-students-to-live-among-the-elderly>

Intergenerational Living Pilot Project in Fredericton, NB:

<https://www.cbc.ca/news/canada/new-brunswick/intergenerational-housing-pilot-project-the-ville-1.4994452>

University of Northern British Columbia students living in retirement residence:

<https://www.cbc.ca/news/canada/british-columbia/uncb-university-students-senior-care-home-1.5129325>

Université du Québec à Trois-Rivières (UQTR) students in retirement residence:

<https://www.cbc.ca/news/canada/montreal/seniors-home-trois-rivieres-student-volunteers-1.4315171>

Canada Home share:

<https://www.canadahomeshare.com/>

Australian Example of Intergenerational Home Sharing:

<https://www.agedcareguide.com.au/talking-aged-care/new-study-houses-university-students-and-aged-care-residents-together>



Lion's Gate

Voorhees, New Jersey

University or College Collaborator: Rowan University School of Osteopathic Medicine and its Institute for Successful Aging

Overview

Lion's Gate is a socioeconomic continuum of care that is committed to the lifelong learning of residents. The Seniors Village is located in close proximity to local amenities and services that support the holistic health of residents. While there are numerous education and research opportunities provided to students in health and aging through the Rowan University School of Osteopathic Medicine and its Institute for Successful Aging, it is unclear if or how these opportunities support residents within the village. The primary focuses of the Seniors Village are community integration, life-long learning of residents, and the inclusion of seniors with lower socioeconomic means.

Vision/Philosophy

To provide quality and compassionate residential, healthcare and community-based services, enriching the lives of those we serve consistent with our Jewish heritage and values.

To become the premier resource and residence for seniors by providing programs and services that inspire individual wellness, and social, cultural and spiritual independence.

Values/Guiding Principles

- Person-centered
- Inspire wellness
- Compassionate service
- Innovation
- Education
- Community
- Excellence

Health and Social Care Provision

- ✓ Supports the continuum of care
- ✓ Health centre on-site
- ✓ Pharmacy on-site
- ✓ Geriatricians on-site
- ✓ Rehabilitation services on-site
- ✓ Social work services on-site
- ✓ Attends to holistic health and quality of life

Housing Options

13 1-2 bedroom apartment-style homes. There are also cottage-style houses, subsidized housing and private and semi-private rooms available on-site; however, it is unclear how many of each of these options are provided. Since this model relies on privately paid services, the number of residents receiving the equivalent of long-term care services on-site is also unclear.

Personal Care Services,

Considered a continuing care retirement community, the Seniors Village provides a range of services across the care continuum including independent living, assisted living, 24/7 personal care services (which would be equivalent to long-term care in Canada), memory care services, convalescent care and respite services.

Quality of Life and Holistic Health

A health centre on-site allows internal and community access to physicians, geriatricians and rehabilitation staff such as physiotherapists, occupational therapists and speech therapists. Social, physical, recreational, educational and spiritual programming are provided. While not on-site, the village is also in close proximity to the Katz Jewish Community Centre, a performance arts centre, museums, restaurants and places of worship. Rowan University School of Osteopathic Medicine and The New Jersey Institute for Successful Aging provide numerous programs and services that support Lion's Gate and other facilities around New Jersey.



Amenities Located On-site

- Health clinic
- Pharmacy
- Physical therapy gym
- Arts studio
- School of Osteopathic Medicine Library
- Fitness and aquatic center
- Social club
- Gardens
- Close proximity to an urban centre with access to groceries, restaurants, and a shopping plaza.



Funding Model

A mixed funding model has been established to support the Seniors Village. The village is operated by two not-for-profit organizations: Lions Gate, which operates the privately paid housing and health care services and The Jewish Senior Housing and Healthcare Service, which operates the subsidized housing and health care services for seniors with limited-income. While the revenue generated from the privately paid housing and health care services is used to maintain operational funding, some funding is received through Medicaid. In addition, their fundraising campaign is significant (e.g., Susan Love Memorial Fun, Planned Giving, Pebble Tribute Wall, Dedication Benches, Naming Opportunities, In-Kind Contributions, COVID-19 Solidarity Response Fund and Amazon Smile). Many of the holistic health services are heavily reliant on a large volunteer pool and therefore a volunteer coordinator is required to ensure adequate support. Roman medicine is a health care provider within the New Jersey area that supports many integrated centres including the New Jersey Institute for Successful Aging. This institute has been recognized as a center of excellence and the New Jersey Geriatric Education Center, therefore, provides fellowship opportunities, which are federally funded. The Biomarker Discovery Center was awarded a three-year, \$799,800 grant from the Osteopathic Heritage Foundation and the lab is funded by the National Institutes of Health.



Community Integration and Partners

University Integration

The Seniors Village is not integrated directly on the university campus. The New Jersey Institute of Successful Aging is also not integrated on-site.

Community Integration

Older adults in the broader community can participate in educational programming and access the health care services provided on-site. Convalescent care and respite services also provide short-stay options to the community. Since the Seniors Village is located in close proximity to the city centre, residents have access to a wide range of amenities such as restaurants, grocery stores and shopping plazas within walking distance of their residences.

Core Community Partners

The core partners are Lion's Gate and The Jewish Seniors Housing and Healthcare Service. While the collaboration with Rowan University School of Osteopathic Medicine and its Institute for Successful Aging is significant, the education, services and research conducted by these entities are not restricted to Lion's Gate but extend to multiple facilities within south New Jersey.

Other Community Partnerships

While the community partners are listed it is unclear how their collaboration contributes to the care and programming provided within the Seniors Village. The community partners listed include Aleph Home Carem Association of Jewish Aging Services, The Jewish Community Foundation, Jewish Federation of Southern New Jersey, Katz JCC Cherry Hill, Leading Age Member and Raymond & Gertrude R. Satzman Foundation.



Research and Education Opportunities

- ✓ Lion's Gate University
- ✓ New Jersey Geriatric Education Center
- ✓ Roman University School of Osteopathic Medicine
- ✓ New Jersey Institute for Successful Aging (NJISA)
- ✓ Biomarker Discovery Center
- ✓ School of Osteopathic Medicine Library on-site

Lion's Gate is committed to the lifelong learning of its residents and this is the primary focus of the Seniors Village. Numerous education courses and lectures are provided to residents and the broader community in collaboration with Roman University School of Osteopathic Medicine, New Jersey Institute for Successful Aging (NJISA) and the New Jersey Geriatric Education Center.

The research and education programs for students provided by the University are also extensive; however, these opportunities are not exclusively provided at Lion's Gate, but at many facilities throughout the New Jersey area. These opportunities include faculty development as well as graduate and undergraduate education. Specialized training, dedicated rotations and fellow training opportunities are provided in geriatrics, primary care and health prevention, which have been nationally recognized to help increase awareness and provide resources to support the aging population. The research conducted within NJISA is connected with the Biomarker Discovery Center that focuses on the diagnosis and treatment of numerous diseases as well as the behavioural and psychological processes of aging. While it is unclear how these education and research initiatives are operationalized at Lion's Gate Seniors Village, the Medical Director at Lion's Gate is also the Chief of Geriatric Medicine at the New Jersey Institute for Successful Aging and the resource library for the School of Osteopathic Medicine is located on-site.

Environmental Sustainability

This is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs that support the Jewish culture on-site, the Seniors Village relies on its close proximity to surrounding amenities to support the Jewish Culture as well as other spiritual groups.

Dementia Care

A service line specifically for older adults with memory impairments is provided; however, this is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

Medicaid covers some housing and personal care services; however, most of the housing and personal care services are covered privately. Affordable housing and personal care services have been provided through a separate not-for-profit organization that provides housing and health care services to seniors with limited-income. An affordable independent community has been developed specifically on campus through this not-for-profit organization.

Intergenerational Opportunities

Intergenerational experiences are provided through village programming as well as student fellowships and placement opportunities; however, this is not the primary focus of the Seniors Village.

Strengths

- The Seniors Village is socially inclusive to populations other than the dominant norm attending to both the needs and preferences of the Jewish population as well as older adults with limited-income.
- The Seniors Village provides numerous housing and care options to support the continuity of care.
- Numerous educational opportunities are provided to facilitate ongoing learning opportunities for seniors and experiential learning opportunities for students and faculty.

Drawbacks

- Social, physical, recreational, educational and spiritual programming are provided separately for independent living, assisted living and memory care which limits integration of the older populations within the community.
- While there is a designated partnership between the university and the Seniors Village, both are run as separate entities and therefore require significant resources, funding and leadership to sustain their operation.
- Even though there is a focus on providing education in geriatrics, the biomedical focus of the research conducted results in limited opportunities to enhance the quality of life and holistic health of seniors beyond the educational programs provided.

Site Plan

Acreeage:

45 acre campus near the commercial centre of Voorhees, NJ.

Virtual tours and floor plans:

<https://lionsgateccrc.org/independent-living/>

Site plan:

Accommodations are divided into neighbourhoods and then connected to the main residence through indoor halls. The main building is connected to the health centre.

Websites

<https://lionsgateccrc.org/>

<https://lionsgateccrc.org/lions-gate-university/>

<https://centers.rowanmedicine.com/njisa/education/index.html>

<https://centers.rowanmedicine.com/njisa/>



The Village at Penn State

State College, Pennsylvania

University or College Collaborator: Penn State University

Overview

The Village at Penn State offers a holistic continuum of care that has amenities, programs and services that focus on quality of life. Educational space and student placements are provided within the Seniors Village. Residents have access to a wide range of life-long education opportunities including golf, swimming and other lessons from university athletes. The Center for Healthy Aging and the Intergenerational Leadership Institute provide intergenerational education and research opportunities; however, it is unclear if or how the residents are included in these experiences. The primary focuses of the Seniors Village are intergenerationality, holistic health, and education.

Vision/Philosophy

Our purpose is to faithfully accompany and empower individuals and families by honoring choices and promoting wellbeing. We do this through our unique approach to housing, healthcare, and wellness services that address every stage of the advancing years.

The Seniors Village provides a unique university-based continuing care retirement community (CCRC) with incredible access to Penn State University's vibrancy and vast opportunities.

Values/Guiding Principles

- Excellence in internal customer service
- Excellence in external customer service
- Excellence in product innovation
- Excellence in solvency and growth
- Excellence as a faith-based leader

Health and Social Care Provision

- ✔ Supports the continuum of care
- ✔ A physician on-site
- ✔ Close proximity to university amenities, including a medical centre.

Housing Options

150 independent living, assisted living and long-term care units are available. The number of units designated to each level of care and the design of the Seniors Village are not listed. The residents, however, are divided based on the level of care they require. Six separate cottages are also being developed within the Seniors Village for residents requiring independent living.

Personal Care Services

Independent living, assisted living and long-term care services are provided on-site. Physiotherapy and occupational therapy are also available.

Quality of Life and Holistic Health

Many social, wellness and educational programs are provided on-site that support the quality of life and holistic health of residents. In addition, residents may join any of the resident-facilitated committees that range from tech support and woodworking to fundraising and enhanced dining. All of these committees are dedicated to improving the quality of life of residents. Since residents have access to the university's amenities they can also access a medical centre, a performing arts centre, an environmental centre, a golf course, a tennis club and a swimming pool.

Amenities Located On-site

- Hair salon
- Gardens
- Party room
- Billiards room
- Arts and crafts studio
- Woodshop
- Gift shop
- Library
- Community centre with a large multi-purpose community space (in development)
- In close proximity to the university's campus with an ice cream shop, a golf and putting green, a pool, a performing arts centre, tennis courts, a multi-purpose events centre, an environmental centre

Funding Model

The land is owned by the university and leased out to prospective partners. Penn State Physical Plant manages projects related to the use of the university's land. Liberty Lutheran is a faith-based not-for profit organization that owns and operates the Seniors Village. The revenue generated from the private accommodations and services sustains the operation of the village; however, Liberty Lutheran also relies heavily on donations and volunteers.

Community Integration and Partners

University Integration

While residents have access to the university's amenities, only the doctor is within walking distance of the Seniors Village. Access to the other university amenities are accessible by bus or car. While the Seniors Village is in close proximity to the university campus, the size of the campus and the major road between the village and the main campus limits the accessibility of the residents to the campuses amenities.

Community Integration

The Seniors Village is located in a larger planned residential area, which encourages community integration; however, this model relies heavily on the amenities provided through the actual seniors' residence as there are few community amenities surrounding the Seniors Village. Penn State Physical Plant manages projects to develop the rest of the residential area; however, it is unclear whether further community amenities will be included in the future to enhance community integration.

Core Community Partners

Penn State University and Liberty Lutheran.

Research and Education Opportunities

- ✓ Integrated into a university campus
- ✓ Living classroom/educational space on-site
- ✓ Student placement opportunities
- ✓ Opportunities for senior mentorship/wisdom sharing
- ✓ Oshler Life Long Learning Institute on campus - seniors' education opportunities
- ✓ Center for Healthy Aging
- ✓ Intergenerational Leadership Institute

The educational opportunities that are provided to residents of the Seniors Village are extensive. In particular, older adults are able to attend university classes, participate in events at the multi-purpose arena and centre for performing arts on campus, take cultural and educational seminars, participate in on-site road scholar classes or take continuing education classes through the Oshler Life Long Learning Institute. Residents can also take golf, swimming, and other lessons from university athletes. While student internships are provided in the Seniors Village, there are no details about these internships. Similarly, a research institute on healthy aging exists on campus; however, it is unclear how Seniors Village residents are included in these projects.

Environmental Sustainability

This is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

The Seniors Village is operated by a faith-based organization. The services provided predominantly reflect the dominant norm within the aging population.

Dementia Care

Long-term care services can be provided to up to 14 residents with memory care impairments; however, this is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

Intergenerational experiences are provided through internships and the lessons provided by student athletes. The Center for Healthy Aging and the Intergenerational Leadership Institute also facilitates numerous intergenerational activities, programs and projects aimed to facilitate intergenerational understanding and cooperation. A series of intergenerational courses are provided through the Center of Healthy Aging to connect generations on topics ranging from digital media to co-learning opportunities through exploration of contemporary research in wellness (See Websites section). It is unclear, however, how or if Seniors Village residents participate in these intergenerational projects.

Strengths

- The Center for Healthy Aging and the Intergenerational Leadership Institute on campus foster meaningful intergenerational experiences between students and seniors.
- The education opportunities provided to seniors encourage a commitment to life-long learning.

Drawbacks

- A wide breadth of designated leaders, resources and infrastructure are required to support and facilitate the intergenerational and educational opportunities provided.
- While the Seniors Village is technically on campus, the amenities, research institute and health services provided are not easily accessible by residents of the Seniors Village.
- This model does not encourage social inclusivity of cultures other than the dominant norm or provide services or housing for seniors with lower financial means.

Site Plan

Acreage:

160 acres. Includes a planned residential area in addition to the Seniors Village.

Site plan:

https://blog.libertylutheran.org/wp-content/uploads/2018/06/Palmer-Park-Rendering_Update_5-8-18_FINAL.jpg

Floor plans:

<https://www.retireatpennstate.org/floor-plans>

Websites

<https://www.retireatpennstate.org/index>

<https://www.opp.psu.edu/who-we-are>

Penn State Center for Healthy Aging Intergenerational Learning Opportunities:

<https://healthyaging.psu.edu/engagement/intergenerational-learning>

Penn State Intergenerational Program:

<https://aese.psu.edu/outreach/intergenerational>

Similar Seniors Villages across the United States of America:

Kendall at Hanover, Dartmouth College, Hanover, NH:

<https://kah.kendal.org/>

Holy Cross Village at Notre Dame, Holy Cross College, Notre Dame, IN:

<https://holycrossvillage.com/culture-wellness/>

Oak Hammock at the University of Florida, University of Florida, Gainesville, FL:

<https://www.oakhammock.org/>

Sunrise of Palo Alto, Stanford University, Stanford, CA: <https://www.sunriseseniorliving.com/communities/sunrise-of-palo-alto/assisted-living-activities.aspx>

The Motherhouse, The University of New England, Portland, MA:

<https://stevenssquare.com/the-motherhouse-at-baxter-woods/>

Broadview at Purchase College Campus, State University of New York, Harrison, NY:

https://broadviewseniorliving.org/?utm_source=google&utm_medium=organic&utm_campaign=gdseo_gmb_aug2020

The Highlands at Pittsford, University of Rochester, Rochester, NY:

<https://www.highlandsatpittsford.org/>

The Highlands at Brighton, University of Rochester, Rochester, NY:

<https://www.urmedicine.org/locations/highlands-at-brighton/>

Provides a comprehensive list of university-based retirement communities in the United States:

<https://www.aplaceformom.com/caregiver-resources/articles/seniors-head-back-to-school>

Article on the burgeoning interest in university-integrated Seniors Villages in the United States:

<https://www.universityaffairs.ca/features/feature-article/retired-and-the-living-is-easy-on-campus/>

ALTERNATIVE SENIORS VILLAGE MODELS

De Hogewyk

Weesp, The Netherlands

Not formerly affiliated with a university or college

Overview

De Hogewyk is internationally renowned for their memory care services. The physical design, amenities and services provided within the Seniors Village aim to 'normalize life' for people with dementia. In particular, residents live in small residential homes and engage in daily living activities such as grocery shopping and meal preparation within their households. Residents are also allowed to move freely within the village and all staff are trained to work specifically with seniors with dementia. The unique physical design and approach to care has made the Seniors Village an epicentre for research on the provision of dementia care. The primary focuses of the Seniors Village are social inclusion, holistic health and quality of life.

Vision/Philosophy

To provide a dementia-friendly environment to support people with memory impairments lead a 'normal life'.

To change the vision of caring for people with severe dementia through the deinstitutionalization of care and the emancipation of people living with dementia.

To foster 'life as usual' through physical designs and approaches to care that allows residents to make choices about their daily lives.

Values/Guiding Principles

- Favourable surroundings - attention to physical and social design
- Health - holistic health and quality of life
- Lifestyle - embraces the diversity of older adults
- Employees and volunteers - cultivates the ultimate team experience
- The organization: deinstitutionalize, transform, normalize

Health and Social Care Provision

- ✔ Supports those with severe dementia
- ✔ Primary focus is on holistic health, quality of life and maintaining residents' desired lifestyles
- ✔ Adaptive care and support

Housing Options

152 long-term care residents live in homes of 6-7 people grouped by the resident's interests. There are 23 homes in total on-site.

Personal Care Services, Quality of Life and Holistic Health

The personal care services provided (which would be equivalent to long-term care services in Canada), the housing and equipment are all funded by the public services available in the Netherlands. Each household functions independently and buys groceries and prepares meals together. The meals, décor, care and support all reflect the common interests of the household residents. In addition, 35 different social, physical, recreational, educational and spiritual clubs are provided within the village and include various day trips and concerts. Residents determine their own daily routines, walk freely throughout the village and have full access to all amenities as everything is provided without a cost. Staff are committed to 'change cycles' rather than the biomedical model of care, which results in them continually adjusting the support and care they provide to fit the needs and preferences of residents. The village is physically designed to minimize risks without decreasing the autonomy of residents. As such, there are no locked doors, but rather resident safety is monitored through video surveillance and the physical design of the village that deters elopement.

Amenities Located On-site

- Super market
- Restaurant
- Pub
- Café
- Hairdresser
- Theatre
- Rooms for social meetings
- Parks
- Gardens squares
- Alleys, streets, and lanes
- Pond
- Art exhibits

Funding Model

A mixed funding model has been established to support the Seniors Village. The Seniors Village is operated by a Dutch government-owned nursing home agency called Vivium Zorggroep and is funded through the National Social Security System. In total, the Netherlands government provides 5800 euros per resident per month to cover housing, personal care services and equipment. The funding from the study tours acts as an additional source of revenue to enhance the governmental services provided. A significant number of volunteers are relied upon within this model to enhance the care provided in the Seniors Village.

Community Integration and Partners

Community Integration

This model relies less on community partnerships and instead aims to provide all community amenities, programming and support. The Vivium Care Group (Inventor and initiator of first dementia village in the world), BuroKade (Architect of The Hogeweyk® and other Dementia Villages), and Be Advice-The Hogeweyk® Care Concept (provides advice and support on The Hogeweyk® Care Concept and radical change in aged care) all were involved in the conception and development of the Seniors Village.

Research and Education Opportunities

- ✓ An epicentre for research on dementia
- ✓ Provides study tours for researchers, developers, and educators
- ✓ Staff and volunteer training
- ✓ Future plans to collaborate with universities/colleges to provide education and research opportunities

The Seniors Village does not have a research institute on-site or provide 'living classrooms' for university or college students. On the other hand, the study tours provided by the Seniors Village have resulted in a plethora of publications being produced on this innovative model of caring for people with dementia and its impact on various health outcomes. The in-house training provided for staff and volunteers is also extensive to ensure that all support staff are attending to the quality of life of the village residents and are well-trained to work with older adults with dementia.

Environmental Sustainability

Some attention to green builds and environmental programming is provided on-site; however, this is not the primary focus of the Seniors Village.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality these features predominantly reflect the dominant norm within the aging population.

Dementia Care

This is the primary focus of the Seniors Village. The physical design, the amenities and the care and support provided all aim to 'normalize life' for residents' with dementia.

Seniors' with Lower Socio-Economic Means

The services provided within the Seniors Village are provided by the government and therefore are accessible to those with lower socio-economic means.

Intergenerational Opportunities

Some intergenerational programming is provided; however, this is not the primary focus of the Seniors Village.

Strengths

- The Seniors Village physical design and model of care is world-renowned and has been replicated in many similar dementia villages around the globe.
- The tours provided under this model result in research opportunities as well as act as a form of revenue for daily operations.
- The intentional physical design and the approach to care used within the village minimizes the institutionalized 'feel' of care. This model has shown to reduce responsive behaviours and supports residents' holistic health and quality of life.

Drawbacks

- While this model has been described by some scholars as the 'gold standard' of dementia care, other scholars (including some within Trent University) have critiqued this model for providing a 'false reality' for people with dementia.
- Due to the differences in funding allocation in the Netherlands, few residential homes have attempted to pursue this model in Canada (exception: The Village in Langley, Providence, Peel Manor Seniors' Health & Wellness Village; See Websites section).
- Relies heavily on volunteers.

Site Plan

Acreeage:

Not listed.

Site plan:

Homes all face inward toward the village streets.

Websites

<https://www.clpna.com/wp-content/uploads/2014/12/CLPNA-2014-Think-Tank-Eloy-van-Hal.pdf>

<http://www.magasinetkote.no/tema-p-nett/2018/1/7/dementia-village>

<https://www.cadth.ca/sites/default/files/hs-eh/eh0071-dementia-villages.pdf>

Pedro, C., Duarte, M., Jorge, B., & Freitas, D. (2020). 440 – Dementia Villages: Rethinking dementia care. *International Psychogeriatrics*, 32(S1).

Paola, S. (2017). Dementia Village: A new model for living with dementia. *The Australian Journal of Pharmacy*, 98(1165), 16-17.

Dementia Villages in Canada:

The Village:

<https://www.thevillagelangle.com/>

Providence Dementia Village (In development):

<https://www.providencehealthcare.org/news/20190125/providence-begins-delivering-dementia-village-care-now-anticipation-bricks-and-mortar>

Peel Manor Seniors' Health & Wellness Village (In development):

<https://www.montgomerysisam.com/project/peel-manor-seniors-health-and-wellness-village/>

<https://www.peelregion.ca/lrc/peel-manor/village-at-peel-manor.asp#vision>



Abingdon, Virginia

Not formally affiliated with a University or College

Overview

Elderspirit is a cohousing community that focuses on creating low impact, mixed income and spiritually diverse living opportunities for seniors. The Seniors Village has numerous affordable living options and a spirit house on-site aims to support residents to learn about and support each other's spirituality. The cohousing model used within this Seniors Village provides a strong informal network to support older adults to age-in-place. The primary focuses of this Seniors Village are holistic health, environmental sustainability, an informal continuum of care and spiritual inclusion.

Vision/Philosophy

An intentional, mixed-income cohousing community of 55+ that is committed to fostering a participatory community of mutual support in which all spiritual paths are respected and encouraged.

Values/Guiding Principles

- Simple lifestyle and respect for the earth
- Arts and recreation
- Health - focused on quality of life
- Care during illness and dying
- Mutual assistance
- Kindness
- Mutual support
- Service - to each other and the broader community

Health and Social Care Provision

- ✓ Common house
- ✓ Relies on public health and social services provided by various levels of government
- ✓ Strong informal support network
- ✓ An informal support continuum of care

Housing Options

There are 13 owned one storey units grouped in duplexes and triplexes on one side of a common area with 16 low income rental units located on two floors in two separate buildings on the other side. Four units are also included in the common house.

Personal Care Services

The Seniors Village relies on the personal care services and social supports provided through the public system. These public services are enhanced by residents' joint commitment to care for one another, which results in a strong informal support network within the Seniors Village. All tasks within the Seniors Village (Activities of Daily Living and Instrumental Activities of Daily Living) are shared informally between residents, meaning that seniors' contributions are not fixed, but range greatly depending on their abilities. In addition, a mutual support committee provides individual residents with tasks and care that are not provided by the public services available (e.g., service navigation, advocacy, picking up groceries, transportation etc.). In this way, individualized support for community members can be tailored to older adults' individual needs (e.g., exercise, nutrition, health awareness, daily activities, palliative care etc.).

Quality of Life and Holistic Health

The many social, leisure, recreational and spiritual programs and events provided within the Seniors Village are facilitated by residents based on common interests. Many committees and workgroups have been established within the community to support various facets of daily life such as landscape, finance, common meals and mutual support. The common house is the central meeting place of the Seniors Village and this common space provides a place for meetings, programs, discussion groups and celebrations. This hub provides guest rooms, an art room, laundry, kitchen, games room, TV room and a library. The community gathers twice a week for common meals and their preparation, which acts to foster the informal network sustained within the village and to keep the village members socially connected. This model aims to prolong the need for long-term care services through the provision of informal support, however, if long-term care is required the community maintains the informal support provided to the older adult until their passing. This results in an informal continuum of care rather than a formal one.



Amenities Located On-site

- Spirit house
- Common house
- Garden



Funding Model

The Seniors Village is owned and operated by the Elderspirit Corporation. The board oversees the management and maintenance of the physical facilities, rentals and property. This board includes members who live within the village as well as the broader community. For those who own their homes, these residents set the price if they are to sell; however, each homeowner is required to pay a monthly maintenance (\$180) and Owners Association Fee (\$10), as well as their own property taxes. Government funding was acquired to build the affordable rentals provided within the Seniors Village. A separate not-for-profit has also been established to provide educational opportunities on low-impact living and the ways this model supports the aging population.



Community Integration and Partners

Community Integration

The informal support network provided within the community fosters mutual support internally within the Seniors Village, but residents also contribute to the broader community based on their personal interests. While government funding is accessed to support the affordable housing options provided, no formal community partnerships have been established.



Research and Education Opportunities

Research and education are not the primary focus of the Seniors Village; however, retreats are offered within the village to provide education on low-impact lifestyles, which acts as a source of revenue.



Environmental Sustainability

Low-impact living is one of the primary focuses of the Seniors Village. The small footprint of the accommodations available and the sharing of space through the common house are vital to minimize the environmental footprint of individual residents. The gardens allow residents to grow food for the village and the location of the village provides easy access to green spaces and nature trails.

Social Inclusivity

Indigeneity Collaboration and Support

Indigeneity is encompassed in the Seniors Village only in its focus on learning and sharing about diversity (See [Culture/Spirituality](#)).

Culture/Spirituality

The primary focus of the Seniors Village is to learn and share in the diversity of people and their spirituality. The spirit house is dedicated to prayer circles, spiritual events and gatherings, contemplative prayer, meditation, memorials, vigils, vespers, goodbyes/welcomes and other ceremonies that allows residents to share in each other's cultures and beliefs.

Dementia Care

This is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

Providing affordable options for older adults is a primary focus of the Seniors Village and therefore affordable rental options are provided for low and middle income residents as stipulated by the government agencies (See [Funding Model](#)).

Intergenerational Opportunities

This is not the primary focus of the Seniors Village.

Site Plan

No site plan or acreage listed. All of the houses face into a common courtyard. Parking is available at the door of some units, but others have to walk to the edge of the community to access their vehicles.

Strengths

- The development of the Seniors Village is not heavily dependent on resources, leadership and community partnerships.
- The cost of operation once developed is low.
- The informal support network maintained in this model supports holistic definitions of health and prolongs the need for long-term care services by providing individualized support and care that is not provided publically.
- A continuum of informal care is maintained even once older adults move into long-term care, which not only enhances transitional support between care sectors but also ensures informal care is continually available to seniors until they pass away.
- The focus on learning and sharing about diverse cultures and the affordable housing provided to older adults with lower socio-economic backgrounds ensures that social inclusion is maintained within the Seniors Village.

Drawbacks

- The Seniors Village does not provide on-site access to long-term care services.
- Education, research and intergenerational experiences are lacking in this model.
- The advantages of formalized community partners is not leveraged in this model.

Websites

<https://elderspirit.org/>

https://canadianseniorcohousing.com/?page_id=26

Critchlow, M., Moore, A., Downing, R., Shrestha, D., Albert, M. & Hardman, S. (2016). Innovations in Senior Housing: The Complete Guide to Cohousing.

Similar co-housing models that rely on co-caring between residents:

<https://seniorplanet.org/senior-housing-alternatives-urban-cohousing-the-babayaga-way/>



Harbourside Cohousing

Abingdon, British Columbia

Not formally affiliated with a University or College

Overview

Harbourside cohousing is a community that focuses on creating environmentally sustainable and mutually supportive living opportunities for seniors. The Seniors Village is within walking distance to local amenities as well as recreational and social activities that improve the quality of life of residents. The strong support network fostered in this model provides an informal continuum of care and a designated 'care suite' on-site allows for extra support for residents as they age. The primary focuses of the Seniors Village are holistic health, environmental sustainability and an informal continuum of care.

Vision/Philosophy

To be a neighbourhood of strata-titled housing for people in the second half of life that is affordable, environmentally friendly and socially/culturally supportive, allowing people to flourish through mutual support as they age in place and in the community.

Values/Guiding Principles

Our mission is to be a sustainable senior cohousing homeowner community that promotes healthy aging-in-place. The physical structures as well as the social fabric of our community nurture an innovative culture with lively connections to the larger society. While respecting personal privacy, we foster cooperation, social connection and affordability through design and through mutual support.

Health and Social Care Provision

- ✓ A common house
- ✓ Relies on public health and social services provided by various levels of government
- ✓ Strong informal support network
- ✓ Primary focus holistic health and quality of life
- ✓ A care suite for those who require additional care

Housing Options

1-2 bedroom apartments. 31 units of housing in 7 buildings resulting in 3 duplexes, 3 four-plexes, and a 3 storey building with 13 units.

Personal Care Services

The Seniors Village relies on the personal care services and social supports provided through the public system. These public services are enhanced by residents' joint commitment to care for one another, which results in a strong informal support network within the Seniors Village. All tasks within the Seniors Village (Activities of Daily Living and Instrumental Activities of Daily Living) are shared informally between residents, meaning that seniors' contributions are not fixed, but range greatly depending on their abilities. In addition, a designated 'care suite' is provided in the common house for residents who may require increased care as they age.

Quality of Life and Holistic Health

The primary focus of the village is on enhancing the wellbeing of older adults through a joint commitment from residents to assist each other to age-in-place. There are many social, leisure, recreational and spiritual programs and events provided both within the Seniors Village as well as close by in the local town through the recreation centre, town hall and local church. The common house is the central meeting place of the Seniors Village and this common space provides a place for events and meetings, has two kitchens, guest bedrooms, a library, games/TV room, a co-care suite, laundry and an office. There is also a gym and an arts and crafts room, a workshop, and a dock with a boat storage area. The community gathers a few times a week for common meals and their preparation, which acts to foster the informal network sustained within the village and keep the village members socially connected. This model aims to prolong the need for long-term care services through the provision of informal support; however, if long-term care is required the community maintains the informal support provided to the older adult until their passing. This results in an informal continuum of care rather than a formal one.



Amenities Located On-site

- Common house
- Gym
- Arts and crafts room
- Gardens
- Storage space
- Fruit tree orchard
- Waterfront gazebo
- Community dock and boat storage
- Proximity to town centre is a 5 minute walk with access to groceries, a church, banks, a community hall, coffee shops, restaurants, a post office, the bus stop, a park and a recreation centre with a pool, a skating rink and exercise rooms.



Funding Model

Each resident purchases their own house within the village and pays a strata fee and utilities. Owners are permitted to rent out their homes using a rental policy agreement (See [Websites](#) section). The land was purchased by its members and a cohousing development consulting firm was hired to provide project management services to support the renovation and construction of the village.



Community Integration and Partners

Community Integration

The informal support network provided within the community fosters mutual support internally within the Seniors Village. While no formal community partnerships have been established, the proximity of the Seniors Village to the town's amenities ensures that seniors can easily integrate into the local community.



Research and Education Opportunities

Research and education are not the primary focus of the Seniors Village; however, there is a commitment to life-long learning within the village and everyone who lives in the village is required to complete an "Aging Well in Community" weekend course. The media attention and public presentations on the unique model used in the Seniors Village provides a rich context for research that has been underexplored.

Environmental Sustainability

The Seniors Village is built to green gold standard (see Websites below) and environmental practices such as the use of underground cisterns, water storage tanks, digesters and composters are used to limit consumption. The small footprint of the accommodations available and the sharing of space through the common house are vital to minimize the environmental footprint of individual residents.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the Seniors Village.

Culture/Spirituality

This is not the primary focus of the Seniors Village.

Dementia Care

This is not the primary focus of the Seniors Village.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the Seniors Village.

Intergenerational Opportunities

This is not the primary focus of the Seniors Village.

Strengths

- The strong informal support network and the inclusion of a co-care suite in this model support holistic definitions of health and prolongs the need for long-term care services by providing individualized support and care that is not provided publically.
- The proximity of the Seniors Village to the town centre ensures that residents can easily integrate into the local community.
- This unique approach to sustainable living and seniors' housing provides a rich context for education and research that to date has been underexplored.

Drawbacks

- The Seniors Village does not provide on-site access to long-term care services.
- The advantages of formalized community partners is not leveraged in this model.
- This Seniors Village is not socially inclusive and therefore provides housing only for the dominant norm.

Site Plan

Acreage:

2 acres.

Site plan:

Near commercial centre of Sooke, BC.

<http://www.harbourside.ca/hsliving.html>

Floor plans of rooms:

<http://www.harbourside.ca/available.php>

Interior design of common house:

<http://www.harbourside.ca/hsliving.html>

Websites

<https://www.harbourside.ca/project.html>

Presentation on Co-Caring Model used in Senior Cohousing:

<https://www.youtube.com/watch?v=uUymRJurxEw>

Physical Design Workshop:

<https://youtu.be/GyE8z78GPHk>

Rental Policy:

<http://www.harbourside.ca/pdf/rental%20policy.pdf>

Green Gold Standard:

<https://www.builtgreencanada.ca/our-programs>

Other Examples of Seniors' Cohousing in Canada:

Beaconhill Village: https://www.beaconhillvillage.org/content.aspx?page_id=0&club_id=332658

Kawartha Commons:

<https://www.kawarthacommons.ca/>



Kanchi Ecovillage

Tamilnadu, India

Not formally affiliated with a University or College

Overview

Kanchi Ecovillage is a sustainable living, intergenerational community that focuses on providing economical living options that minimize residents' consumption and impact on the environment. The large organic farm, cow paddock, fishing pond and free-range chickens on-site provide the majority of the food consumed by the residents. All of the utilities used by the residents are produced on-site through renewable sources and all of the buildings are made with local materials/made on-site. Environmental sustainability is the primary focus of this Seniors Village.

Vision/Philosophy

A sustainable living community where residents aim to live in harmony with nature.

Values/Guiding Principles

- Reduce - consumption of natural resources and minimize the ecological footprint of residents
- Restore - the connection with the environment
- Self-sufficiency - dedicated to growing own food
- Maintain low living costs

Health and Social Care Provision

- ✓ Focus on holistic health and quality of life

Housing Options

120 rental or purchased homes varying between 176 sft and 320 sft on 400 sft lots.

Personal Care Services, Quality of Life and Holistic Health

While the ecovillage supports intergenerationality, there is also nursing staff available on-site 24/7 and housekeeping and home maintenance are included which would be equivalent to assisted living services in Canada. Owners are able to rent out their homes or use them as weekend retreats providing the equivalent of respite or convalescent care services in Canada. Meals and snacks are included and residents have access to an ambulance if required. A clubhouse, swimming pool, shopping, and a forest provide recreation and social opportunities within the village to support the holistic health and quality of life of residents. Residents also engage in sustainability activities such as farming, fishing and animal husbandry.



Amenities Located On-site

- Club house
- Swimming pool
- Organic farm
- Two ponds
- Library
- Children's play area
- Shopping area



Funding Model

The ecovillage relies on the revenue generated from the purchased services and accommodation on-site.



Community Integration and Partners

This is not the primary focus of the ecovillage.



Research and Education Opportunities

While some ecovillages have been designed to support research projects and education, this is not the primary focus of the ecovillage.

Environmental Sustainability

Environmental sustainability is the primary focus of the ecovillage. The large organic farm, cow paddock, fishing pond and free-range chickens on-site provide the majority of the food consumed by the residents. All cooking gas (biogas) is produced on-site, electricity is produced through solar energy and rainwater is harvested throughout the facility. All of the buildings are also made with local material and the mud blocks used in construction are made on-site.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the village.

Culture/Spirituality

This is not the primary focus of the village; however, weekly trips are provided to temple and the village is located in close proximity to Nemili Bala Temple and Sankara Mut, Kanchipuram.

Dementia Care

This is not the primary focus of the village.

Seniors' with Lower Socio-Economic Means

While this is not the primary focus of the village, the small footprint of the homes, the renewable sources of energy and the production of cooking gas and basic foods (meat, eggs, milk, vegetables and grains) onsite greatly reduces the cost of daily living.

Intergenerational Opportunities

The village is intergenerational. All physical spaces and programming have therefore been designed to support interactions between different generations. For example, a children's playground is a central feature of the village to foster the inclusion of younger generations.

Strengths

- The ecovillage provides an innovative example of providing support for seniors' populations in intergenerational settings rather than seniors' communities.
- The environmentally sustainable living pursued in this model reduces the operational cost of the village once developed.
- The development of the village is not heavily dependent on resources, leadership and community partnerships.

Drawbacks

- The political and health care landscape in Canada differs significantly from the Indian context; however, there is a burgeoning interest in Canada to pursue sustainable living options for seniors and there are many ecovillages in Canada that can provide contextualized examples (see [Websites](#) section).
- While research and education are lacking in this particular ecovillage, the unique environmental and economic model used within the village to support the aging population provides a rich research and education context.
- The advantages of formalized community partnerships is not leveraged in this model.

Site Plan

Acreage:

18 acres.

Site Plan:

Houses face inward with 6.5 acres allotted for animal husbandry, the organic farm and fish pond.

Websites

<https://kanchifarms.in/>

<https://ecovillage.org/project/kanchi-eco-village-3/>

<https://kanchi-eco-village.business.site/#gallery>

Ecovillage examples in Canada:

https://ecovillage.org/gen_country/canada/



Leeds, UK.

Not formally affiliated with a University or College

Overview

LILAC is an intergenerational cohousing community that focuses on creating low impact and affordable living opportunities for residents. The cohousing model used within this Seniors Village provides a strong informal network to support community members. The funding model used to provide affordable housing options in the community has gained international attention and has created numerous education and research opportunities. The primary focuses of this Seniors Village are environmental sustainability and social inclusion of individuals with low socio-economic means.

Vision/Philosophy

To ensure a pioneering financial model that allows permanent affordability of low impact living.

Values/Guiding Principles

- Low impact living
- Affordability
- Fostering community support

Health and Social Care Provision

- ✓ Common house
- ✓ Relies on public health and social services provided by various levels of government
- ✓ Strong informal support network
- ✓ Focus on holistic health and quality of life

Housing Options

Leased intergenerational apartments. 20 units with a common house in the middle.

Personal Care Services, Quality of Life and Holistic Health

The Seniors Village relies on privately paid personal care services and social supports. These services are enhanced by residents' joint commitment to care for one another, which results in a strong informal support network within the village. All tasks are shared informally between residents depending on their abilities and skillsets. The intergenerational housing provided in this model is then used to enhance the care provided to seniors in the village by fostering a strong informal support network within the community. The common house is the central meeting place of the village and this common space provides a place for meetings, communal meals and skill set sharing between generations. The common house also has laundry facilities, a meeting space, an office and guest rooms. The community gathers twice a week for common meals and their preparation, which acts to foster the informal network sustained within the village and keep the village members socially connected. This model does not provide a continuum of care.

Amenities Located On-site

- Common house
- Individual gardens
- Shared garden
- Pond
- Children's play area
- The urban setting of the village allows residents to have easy access to local amenities such as restaurants, a church and a local park

Funding Model

The homes and land are managed by residents through the mutual home ownership society rather than owned by individual community members. Each homeowner has a lease, which gives them the right to democratically control the housing community they live in. Members pay an equity share to the cooperative and retain equity in the scheme. After deductions for maintenance, insurance etc., the rest of the payments made by the co-operative pay the mortgages on the homes. The payments made by the leaseholders are set at 35% of their net income. Members can buy more shares as community residents leave or if residents have a change in their income. The company keeps a set percentage of any increase in equity to ensure sustainability of the homes and land.

Community Integration and Partners

Community Integration

While the focus of the village is to enhance internal community inclusion, broader community collaborations are established based on the interests of the residents in the village through the mutual home ownership society. The common house also acts as a meeting spot for the broader community to hold meetings, film nights, meals, gatherings, workshops, polling stations and acts as a delivery hub for several cooperatives and organic suppliers in the area. The urban setting of the village allows residents to have easy access to local amenities such as restaurants, a church and a local park.

Research and Education Opportunities

- ✓ The Learning Programme
- ✓ Epicentre for research

While education and research are not the primary focus of the village, numerous articles, media appearances, publications, reports and tool kits have been produced on environmental sustainability, cohousing and resilient communities that highlight the innovative model used in the village. This publicity has resulted in numerous awards (see [Websites](#) section). In addition, the Seniors Village provides the Learning Programme, which is a webinar series providing education on low impact living and the unique financial model used in the village. This learning program also includes on-site study tours and workshops, which are designed to facilitate learning on communal living.

Environmental Sustainability

Environmental sustainability is the primary focus of the Seniors Village. The village is a green build using straw bale construction, passive solar, solar energy and has been LEED certified. The low impact lifestyle maintained by the residents is also environmentally sustainable and focuses on sharing vehicles, equipment, tools and some meals. Village members also buy local and grow food to minimize their ecological footprints.

Social Inclusivity

Indigeneity Collaboration and Support

This is not the primary focus of the village.

Culture/Spirituality

This is not the primary focus of the village.

Dementia Care

This is not the primary focus of the village.

Seniors' with Lower Socio-Economic Means

This is the primary focus of the village to ensure equitable housing options for individuals of all generations interested in pursuing low-impact lifestyles (See [Funding Model](#)).

Intergenerational Opportunities

Housing is all intergenerational which results in members helping and supporting each other based on their unique needs and abilities. Residents also commit to two shared meals per week, which helps to support meaningful intergenerational interaction. A playground is centralized within the village to offer intergenerational experiences with younger children in the community. Community skill sharing workshops are also routinely hosted as a means of fostering meaningful connections between community members of all generations.

Strengths

- The development of the village is not heavily dependent on resources, leadership and community partnerships.
- The costs of operation once developed is low.
- The financial model used in the village ensures that individuals with lower socioeconomic means are provided with equitable housing opportunities.
- The informal support network maintained in this model enhances the public services available.
- The intergenerational housing and shared interactions within this model contributes to meaningful opportunities for learning.

Drawbacks

- The Seniors Village does not provide on-site access to long-term care services.
- While research and education opportunities are lacking in the village, the environmentally and economically sustainable model used has resulted in significant media attention, publications, reports, tool-kits etc. that provides significant potential for growth in this area.
- The advantages of formalized community partners is not leveraged in this model.

Site Plan

Acreage:

1 acre near the commercial centre of Leeds, UK.

Site plan and room floor plans:

<https://issuu.com/amlouisehill/docs/lilachousingbrochuref>

Websites

<http://lilac.coop/wp-content/uploads/2020/04/lilac-project-development-plan.pdf>

<https://www.lilac.coop/>

<http://lilac.coop/wp-content/uploads/2020/10/LILAC-appearances.pdf>

Another example of intergenerational cohousing:

<https://www.takomavillage.org/page/39042~944289/welcome>



Wikwemikong Nursing Home

Manitoulin Island, Ontario.

Not formally affiliated with a University or College

Expanding to a 96 long-term care bed home: to be determined.

Overview

Wikwemikong Nursing Home is a long-term care home that focuses on providing culturally appropriate care to elders within the community. While the values, guiding principles and the Chief and Council oversee the long-term care home, there is little evidence of Indigenous inclusivity in the care models maintained within the long-term care home. This Seniors Village provides a poignant example of the challenge of providing culturally inclusive services within the current political landscape (provincial governance, policy and regulations).

Vision/Philosophy

We are dedicated to provide the highest standard of holistic quality care in a home-like atmosphere where each Elder is honoured, respected and cared for in a compassionate loving environment that promotes dignity. This is one of the homes that has received provincial funding to develop an Indigenous long-term care home.

Values/Guiding Principles

- Mnaadendamowin (Respect)
- Dbaadendiziwin (Humility)
- Debwewin (Truth)
- Aak'dehewin (Bravery/Courage)
- Zaagidwin (Love)
- Gwekwaadiziwin (Honesty)
- Nibwaakaawin (Wisdom)

Health and Social Care Provision

- ✓ Long-term care services

Housing Options

One long-term care building with one private room, one semi-private room, 29 basic rooms and two respite beds. This home will be expanding to a 96-bed home after receiving provincial funding, but no details on this development were found.

Personal Care Services

The long-term care home provides 24/7 nursing and personal care services.

Quality of Life and Holistic Health

Social, physical, recreational, educational and spiritual programming are provided; however, the biomedical model is prominent due to the overarching requirements and funding provided by the province. Foot care services, dentistry, a dentist, hairdressing, optometry, pharmacy and respiratory care can be provided for additional fees.

Amenities Located On-site

- Basic long-term care amenities

Funding Model

A mixed funding model has been established to support the Seniors Village. The long-term care home is funded by the Ministry of Health and Long-Term Care and some private fundraising was conducted. In 2021, the home received \$10 million from the province to build a long-term care home to better serve Indigenous residents and \$15 million more is needed in private donations before construction can begin.

Community Integration and Partners

Community Integration

Residents participate in excursions that are accompanied by recreation staff. No community partners are listed.

Research and Education Opportunities

This is not the primary focus of the long-term care home.

Environmental Sustainability

While some resident programming supports environmental sustainability, this is not the primary focus of the long-term care home.

Social Inclusivity

Indigeneity Collaboration and Support

The Chief and Council oversee the long-term care home and the overarching philosophy and values are reflective of Indigenous teachings. On the other hand, there is little evidence of Indigenous inclusivity in the care models maintained within the long-term care home. For example, some programming such as powwows and excursions to ChiCheemaun have been included in the recreation and leisure calendar; however, the majority of the programming provided reflects programming for the dominant norm. The staffing composition is based on the biomedical model of care rather than includes Indigenous medicine and there is no evidence of the provision of physical space for ceremony, traditions or cultural expression on-site. In addition, some of the events celebrated in the home, such as Canada Day, could be considered culturally insensitive.

Culture/Spirituality

While there are some programs and amenities that support culture and spirituality these features predominantly reflect the dominant norm within the aging population.

Dementia Care

While long-term care services are provided to older adults living with memory impairments, this is not the primary focus of the long-term care home.

Seniors' with Lower Socio-Economic Means

This is not the primary focus of the long-term care home.

Intergenerational Opportunities

Some intergenerational experiences are provided through recreation programming, but this is not the primary focus of the long-term care home.

Strengths

- The governance structure, overarching philosophy, values and inclusion of some culturally inclusive Indigenous programming is a strength of this model.

Drawbacks

- The governance of long-term care homes by the provincial government limits the inclusion of Indigenous culture through policies, funding allocation and quality management that prioritizes the biomedical model of care and restricts the adaptability of service provision.

Site Plan

No acreage or site plan available.

Websites

<https://www.wikwemikongnursinghome.com/>

<https://www.manitoulin.com/wiikwemkoong-gets-funds-towards-new-nursing-home-build/>

A similar long-term care home in Manitoba:

<https://www.southeastpch.ca/activities>

A long-term care home that has benefited from the recent focus on long-term care funding to support indigenous populations:

<https://www.drydennow.com/articles/wiigwas-elders-and-senior-care-is-officially-open>

<https://www.kenoraonline.com/articles/province-chiefs-to-add-160-new-long-term-care-beds>

<https://www.kenoraonline.com/articles/province-chiefs-to-add-160-new-long-term-care-beds>

The burgeoning interest and political landscape that supports the redevelopment of indigenous long-term care homes:

https://the-ria.ca/wp-content/uploads/2018/10/Supporting-Indigenous-Culture-in-LTCH-Report-Final-March-31-2017_updated_A.pdf

<https://www.erudit.org/en/journals/bioethics/2021-v4-n1-bioethics06069/1077634ar/>

<https://novascotia.ca/dhw/ccs/documents/Aboriginal-Long-Term-Care-in-Nova-Scotia.pdf>

<https://liberal.ca/our-platform/a-new-framework-for-indigenous-long-term-care/>

Alternative Models to Consider

A Summary of Alternative International Intergenerational Housing Models to Consider:

<https://www.swisslife.com/en/home/hub/together-instead-of-alone.html>

Seniors' Home Sharing Projects:

Abbeyfield Houses Canada:

<https://abbeyfield.ca/>

Senior Ladies Living Together:

<https://www.cbc.ca/news/canada/toronto/senior-ladies-living-together-1.5153176>

Oasis, Support for Naturally Occurring Retirement Communities, Queen's University, Kingston, ON:

<https://www.oasis-aging-in-place.com/about-us>

University-Integrated Health and Social Service Centre Examples:

Montreal West Island Integrated University Health and Social Services Centre:

<https://qcroc.ca/en/welcome-to-the-montreal-west-island-integrated-university-health-and-social-services-centre/>

Apotex Centre, Jewish Home for the Aged:

<https://www.baycrest.org/Baycrest/Living-at-Baycrest/Long-Term-Care-Home>

Interesting Seniors' or Intergenerational Initiatives Across Canada

Seniors teaching lectures to seniors at the University of PEI:

<https://myuniversitydistrict.ca/live-at-ud/home-builders-calgary/>

Chartwell uses Humber College to prepare nutritious meals for seniors in long-term care:

<https://humber.ca/today/news/humber-college-and-chartwells-team-feed-long-term-care-residents>

Intergenerational classrooms with elementary school students:

<https://globalnews.ca/news/1829982/elementary-school-in-long-term-care-home-a-first-in-saskatchewan/>

<https://www.theglobeandmail.com/news/national/kindergarten-in-a-retirement-home-proves-a-hit-with-young-and-old/article4103165/>

Oasis program in Kingston, ON:

<https://www.oasis-aging-in-place.com/about-the-research-team>