

**Department of Psychology
PSYC 4780 H: Advanced Dreams and Dreaming
WINTER 2012 OSHAWA**

Instructor: Teresa L. DeCicco
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Office Hours: Thursday 10:00am-11:00am or by appointment
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Course Description: This course will cover the research and applied science of personality, health, abnormal psychology and other areas of psychology, as related to dreams. Current research will be examined and discussed in terms of research literature. Contemporary dream therapy will be followed through in terms of personality and health with a comprehensive dream journal. A series of dream interpretation techniques will be applied to dreams and waking day issues.

listed on Pp. 226-235 in the Academic Calendar 2011 or 2012
<http://www.trentu.ca/calendar/>

Course Prerequisite: Minimum 65% average in completed PSYC courses; PSYC3015Y (315) or 333 and PSYC 3780H (373H); and at least 1.0 additional 3000 level PSYC credit. (PSYC 3015Y will be accepted as a co-requisite if the student has successfully completed 15.0 university credits). Excludes PSYC 436H. (Offered only in Oshawa)

Course Format: **Discussion and Presentations:** Thursday 11:10am to 1:00pm Thornton 103
Seminar: Thursday 1:10pm-2:00pm
For the latest on classroom locations, please go to:
<http://www.trentu.ca/admin/mytrent/AcademicTimetable.htm>

My Learning System (aka WebCT): This course has a site that can be accessed at <http://trentu.ca/webct> that will be used for the posting of information. Contact the professor if you cannot access the course.

It is the student's responsibility to check WebCT regularly for course information.

Required Readings: DeCicco, T.L. (2009). *The Giant Compass: Navigating Your Life With Your Dreams*. North Carolina: Malito Press.

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Evaluation	1. Presentation of Research Article	20%	Sign Up Sheet
	2. Research Lab Demonstration Participation	35%	In tutorial (25% by Mar 9, 2012)
	3. Journal 1	10%	Feb 29
	4. Journal 2	10%	Apr 4
	4. Blog Participation	10%	At the end of each week (5% by Mar 9, 2012)
	5. Final Exam	15%	In exam period

It is the responsibility of each student to read and accept the due dates outlined on the course syllabi.

Learning Outcomes Students successfully completing this course will:

1. Have a very solid understanding of the research literature of dreams and dreaming
2. Understand research methodology by participating in class demonstrations

3. Have experience in presenting research
4. Obtain an understanding of current research topics via literature and blogging
5. Obtain applied practice experience with the use of personal dream journals

Explanation of Assignments

Presentation of Research Article (20%) Each student will choose one research article to present to the class. The presentation outline and grading rubric is posted on WebCT. One day prior to the presentation the powerpoint lecture slide will be submitted to Dr. DeCicco to be posted on WebCT.

Lab demonstration participation (35%): Seminar grade will be calculated based on student's participation in and contribution to the lab demonstrations. Lab demonstrations will be conducted during seminar periods on the following topics: 1. Meditation and dreams-2 labs, 2) TSM and dreams-2 labs, 3) The stroop test and dreams-2 labs. Students who do not wish to participate in lab demonstrations will be given an alternative paper to write on a research article.

Journal 1 and 2 (20%): Students will keep a dream journal throughout the course and interpret their dreams via methods outlined in *The Giant Compass*. Details of the journal are posted on WebCt. The journal will be handed in twice as per the course outline below.

Blog Participation (10%): Each week for 10 weeks a blog topic will be posted at www.navigatingthelifeofyourdreams.blogspot.com. Students will have 1 week to post a discussion on the blog for 1 mark per blog posting.

Final Exam (15%): The final exam is a multiple choice exam based on the presentations in class and the demonstrations. This is a 2 hour exam in the regular exam period as posted by the registrar.

Course Policy on Late Submissions

Assignments are due at the **beginning** of class. Late assignments will receive a score of zero.

Course Policy on Attendance in class

Attendance will be taken for seminars and classes as students are expected to attend and participate in all seminars and research presentations. Grades will be calculated based on student's attendance and participation.

PSYC 4780-H, WINTER 2012 Schedule

Date	Topic	Seminar Topic
Jan 12	Introduction, assignment of article presentations	
Jan 19	Dreams and Depression or Anxiety	Meditation and Dreams 1
Jan 26	Personality Variables and Dreams	Meditation and Dreams 2
Feb 2	Health, Illness and Dreams	TSM 1
Feb 9	Sex or Pregnancy Dreams	TSM 2
Feb 16	TBA	
Feb 23	READING WEEK	
Mar 1	The dreams of University Students	Journal 1 Due
Mar 8	Dreams and Pain	Stroop Test 1
Mar 15	Dreams and addictions	Stroop Test 2
Mar 22	Dreams and Meditation	Presentation of Meditation Demo
Mar 29	Paranormal Dreaming	Presentation of TSM Demo
Apr 5	The Physiology of Dreams	Journal 2 Due Presentation of Stroop Demo

University Policies

ACADEMIC INTEGRITY:

Academic dishonesty, which includes plagiarism and cheating, is an extremely serious academic offence and carries penalties varying from a 0 grade on an assignment to expulsion from the University. Definitions, penalties, and procedures for dealing with plagiarism and cheating are set out in Trent University's *Academic Integrity Policy*. You have a responsibility to educate yourself – unfamiliarity with the policy is not an excuse. You are strongly encouraged to visit Trent's Academic Integrity website to learn more – www.trentu.ca/academicintegrity.

ACCESS TO INSTRUCTION:

It is Trent University's intent to create an inclusive learning environment. If a student has a disability and/or health consideration and feels that he/she may need accommodations to succeed in this course, the student should contact the Disability Services Office (DSO office #111, 905-435-5100), disabilityservices@trentu.ca as soon as possible. Complete text can be found under Access to Instruction in the Academic Calendar.

Departmental Policy on Tests, Exams, and Assignments

A. MIDTERMS & FINAL EXAMINATIONS

Midterm examinations for half courses within the Psychology Department are scheduled by the instructor of the course. Midterm examinations for full courses and final examination for all courses are scheduled by the Registrar's Office. Students are strongly urged NOT to make any commitments (i.e., vacation, job related, or other travel plans) during either the term as a whole or the final examination period. Students are required to be available for all examinations during the periods for which they are scheduled (as published in course syllabi).

B. DEFERRAL OF MIDTERM / FINAL EXAMINATIONS and/or TERM WORK

Extensions of deadlines for completion of assignments or writing of midterms/final examinations may be granted to students on the basis of illness, accident, or other extreme and legitimate circumstances beyond their control. Consideration for deferrals will not normally be granted on the basis of vacation/travel plans or job-related obligations.

C. SUPPORTING DOCUMENTATION

Students should expect that supporting documentation will be required and must be submitted before a deferral is approved. For illness or accident, supporting documentation will take the form of: (1) the Trent University Medical Certificate from Health Services: (<http://www.trentu.ca/healthservices/medical.html>), or (2) a certificate or letter from the attending physician clearly indicating the start and end dates of the illness and the student's inability to write an examination, complete assignments, and/or attend classes, as relevant to the particular request. For other circumstances, students should consult the individual Psychology faculty member about acceptable forms of documentation.

Special Note:

Written assignments will not be accepted by staff in the Trent in Oshawa office. They must be submitted directly to the course instructor. Marked assignments will not be left in the Trent in Oshawa Office for pick up; they will be returned to students in class or by mail if a stamped, self addressed envelope is provided.

Notes

1. Academic Integrity:

For the purpose of interpreting and applying the University policy on academic dishonesty, the Department of Psychology has adopted the following:

When a student submits a piece of written work in fulfillment of an assignment, he/she implicitly acknowledges the following: a) that she/he is the sole author of the work; b) that the wording and organization of the work, apart from acknowledged quotations, is her/his own; and c) that she/he has not and will not submit this work, either as a whole or in part, to satisfy another course requirement. These basic assumptions will be reasonably interpreted. They do not preclude collaboration between students upon a single project, by prior arrangement with the instructor, for shared academic credit (either for written or oral presentation).

For an elaboration of the Department's policy on, and for specific examples of, plagiarism, students should consult p. 178 in the APA (2010) and the sections on academic honesty (pp. 6-8), and appropriate citing and referencing (pp. 135-137, 169) in Mitchell et al. (2010) on reserve in the library. Students who have doubts about what might be considered academic dishonesty are urged to consult the instructor of the course. Ignorance of the University or Department policy does not excuse academic dishonesty. Submissions that fail to meet one or more of these considerations will be subject to procedures laid down in the policy on academic dishonesty as stated in the University calendar.

2. It is the policy of the Department NOT to accept faxed / emailed assignments.
3. The same assignment cannot be submitted in more than one course without the prior written permission of all instructors concerned. The written approval must be attached to the work when it is submitted.
4. Students are required to use American Psychological Association style (6th ed.), for all written assignments.
5. **Please see the Trent University academic calendar for University Diary dates, Academic Information and Regulations, and University and departmental degree requirements.**
6. **Last date to withdraw from a WI half-term course without academic penalty in 2011-2012 is: 9 March 2012.**