# Convocation 2016 Spotlight, Shawn Murphy, Sociology, Trent University Durham

1 minute and 37 seconds in length

I'm Shawn Murphy, I'm a graduate from Sociology program at Trent University Durham, the former president of the Trent Durham Student Association.

The year prior to that I was vice president of University Affairs. Second year I decided to get involved as possible and I joined the Board of Directors becoming the Director for Sociology.

I attended many of the Black History Month events, I actually got to present some of my research at two of them.

Some of the major benefits of getting involved, I definitely noticed, well, first of all I got to meet a lot of great people I got to really develop a lot of skills that I wouldn't have been able to otherwise.

It's not too often that someone in their early twenties is able to look over an entire company's budget.

Just decisions like that, those are crucial and they look great on resumes.

Beyond that, I actually excelled academically from some of my decisions.

The second I started getting more involved my grades skyrocketed.

Just make sure that you're on campus more the longer you're on campus it's statistically shown that your grades

are going to increase so getting involved is beneficial across the board for students I think.

Trent University Durham, I'm pretty sure every bit of marketing for you says it's a tight-knit community and the fact that's like an ongoing trend, ongoing response means it's true.

Trent University really excels at making sure that you have great connections with absolutely every person that's in your

class as well as your professors, the administration, all levels, you get to know everything about a University likes us a very easy basis, it's a fantastic network.