


**BUILDING THE REGION'S
PREMIER SPORT & RECREATION
CENTRE AT TRENT**



**SPORT,
RECREATION
& WELLNESS
FOR ALL**





As the only sport and recreation centre in the ever-growing north end of the City of Peterborough, Trent University has a critical role to play in the health and well-being of our community.

Renewing and expanding the facilities at Trent will offer the community and our students a full-spectrum indoor and outdoor athletics and recreation experience unparalleled anywhere in the region.

A Full-Spectrum Experience to Meet the Needs of Our Community

A Vision Fit for the Region

Across Trent's campus, consultations and referendums have confirmed that our students not only support but eagerly embrace the vision of revitalized athletics and recreation facilities at the University, to build Trent's competitive edge in recruiting elite athletes, attract national and international tournaments and events, and support cutting-edge recreational programming.

In the community, Trent's plans are further supported by the City of Peterborough's Vision 2010: A Strategic Plan for Recreation, Parks and Culture, which calls for the creation of at least three multipurpose recreation centres in the Peterborough region to serve the needs of all residents, including seniors and older adults, children, youth-at-risk, persons with disabilities, and our workforce. The area most in need of new facilities of this kind is at Trent University, in the growing north end of the City.

Recognizing the need and opportunity, Trent is committed to combining state-of-the-art new features and additions with enhanced existing facilities to make the University a regional hub for sport and recreation.



The Trent Advantage

When it comes to athletics and recreation, Trent offers something no other university or community centre can – access to the Otonabee River, diverse nature areas and kilometres of winding trails right at our doorstep.



Sport, Recreation & Wellness for All

Providing the ideal place for individuals and groups of all ages and abilities to get involved, get active, and truly experience the benefits of embracing a healthy lifestyle, Trent's new and improved facilities and programming will:

- ☀ **Address the Needs of Seniors**
- ☀ **Energize Youth**
- ☀ **Engage Persons with Disabilities**
- ☀ **Alleviate Workplace Stress**
- ☀ **Help Students Achieve Balance**

Trent will provide opportunities for people of all ages and abilities to explore and lead active lifestyles, helping to eliminate stress, combat disease and contribute to the overall health of our community.

Building and Improving on Trent's Signature Community Programs

Within the renewed facilities, signature community programs and award-winning campus recreation activities will continue to be offered, in addition to a wealth of new and improved courses and program offerings, including:

- ☀ Aquatics programs – all in the only competitive 25-metre pool in the region
- ☀ Community programs including Old Timers basketball, Peterborough badminton club, indoor soccer and wheelchair basketball
- ☀ Expanded fitness classes – yoga, kick boxing, belly dancing, Tai Chi, 50+ fitness, and many more!
- ☀ Special needs programs, incorporating use of the pool, weight room, and cardio area
- ☀ Children's Camps including Trent Summer Sports Camp, Spring Elementary School Program, and Elite Sport Camps
- ☀ Certification courses including Leadership Training, First Aid, and CPR
- ☀ Climbing programs, ranging from Learn to Climb to expert
- ☀ Seasonal programs – cross-country skiing, summer Learn to Paddle, outdoor nature walk, bird watching and beach volleyball
- ☀ Rowing and paddling



Recreating Recreation

The renewed and expanded facility will be designed in harmony with the surrounding natural environment. Together with award-winning campus architecture, it will complement Trent's unparalleled natural surroundings.



Trent's Most Sustainable Building



The renewed athletics facility will strive to become one of the most sustainable buildings at Trent and in the community by achieving a silver rating through the Leadership in Energy and Environmental Design (LEED) Green Building Rating System™. A LEED-designated building is environmentally sound and energy efficient and leaves as small an environmental footprint as possible.

New Building Highlights

- ☀ New 12,000 sq. ft. cardio loft and weight room
- ☀ State-of-the-art 28 ft high indoor climbing facility
- ☀ Unique indoor rowing/paddling tank, the only combination training tank of its kind in the province
- ☀ International competitive squash court
- ☀ Warm therapy pool, equipped with state-of-the-art features
- ☀ Expanded therapy clinic offering on-site physiotherapy, rehabilitation, and sports health services
- ☀ Complete make-over of the change rooms with the addition of a new family/disabled changeroom
- ☀ Updates to the Trent University pool
- ☀ Improved accessibility
- ☀ Bistro café

An Athletics Destination for Students, the Community and the World

Building on Trent's success in attracting the Women's World Lacrosse Championships in 2007 and recently winning the bid to host the 2010 and 2011 CIS national women's Rugby championships, the newly expanded and remodelled recreation centre will bring a host of new opportunities and offerings for all.





Our Goal: Engaging Our Community through Sport, Recreation & Wellness for All

Renewed and expanded athletics and recreation facilities at Trent University will create a modern, multi-sport centre of excellence, designed to serve the wellness needs of students and all residents of the Peterborough Region.

QUICK FACTS

- ☀ Creation of a 76,000 sq. ft., state-of-the-art home for sports, fitness and recreation at Trent
- ☀ \$16 million total investment for new construction and refurbishment
- ☀ Renewal of existing 54,000 sq. ft. Athletics Complex
- ☀ New state-of-the-art 22,000 sq. ft. addition, increasing overall space by 50%



Transforming Vision into Reality. We need your support!

The community and our students have spoken. Now is the time to complete the vision for renewing and expanding athletics and recreation facilities at Trent, complementing the creation of superior outdoor amenities with an equally impressive, modern, state-of-the-art indoor sport and recreation facility, featuring top-of-the-line equipment and dynamic and innovative features, services and community programming.

With your support, we can achieve the ambitious \$4M Sport, Wellness & Recreation for All Campaign.

We are excited about our future! Please join us in making our vision a reality.

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Professor Emeritus,
Trent University

CAMPAIGN CO-CHAIR

Gary Wolff

Past Chair Board of Governors,
Alumnus, retired



Trent Community Sport & Recreation Centre Campaign By the Numbers

**Part of a \$16 million total investment
for new construction and refurbishment**

Renewing Trent's Athletics \$3.69M
and Recreation Facilities

Investing in Coaching Excellence . . \$100K

Investing in Outdoor Projects \$110K

Athletic Financial Awards \$100K

Total Fundraising Goal . . \$4M

ALUMNI DIVISION CO-CHAIR

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Varsity Rowing Coach,
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Five-time Paralympic Wheelchair
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