



## Climbing Wall

### *A Heightened Experience for All Groups and Skill Levels*

Located in the heart of the Trent Community Sport & Recreation Centre, the new climbing wall provides opportunities for climbers of all skill levels – from the novice to the expert, and everyone in between.

The climbing wall rises 28 feet from the main floor and extends 24 feet wide. It acts not only as a unique fitness opportunity for students and the community but also as an innovative design feature of the new fitness centre, providing a dramatic view of the facilities for all visitors including members and prospective new students.

Fully integrated into the main fitness facility, the wall allows climbers and their families to enjoy the various fitness opportunities within one very large room. Seven top rope climbing routes, four lead climbing routes, crack feature and bouldering option all allow for an exciting climbing experience for children and new climbers as well as test of strength and endurance for those with more skill and expertise. In addition, the hand holds can be changed easily so new challenges can be integrated into all routes on the wall.

Specially-trained and qualified climbing staff supervise climbers at all times when the wall is in use. These experts provide all users, including children, families, students and community members, with a safe and enjoyable climbing experience.

The new climbing wall brings profile and excitement to the Trent campus. Offering something for everyone, the climbing wall helps to build and instil confidence and self-esteem in members while, at the same time, providing leadership and fitness opportunities for all.



**Dynamic. Challenging. Unique.**