Transcript for Colleges Resource Video

Hi I am Christine Freeman-Roth, and I am Principal of Lady Eaton College, one of Trent’s 5 collegiate communities in Peterborough. A college is a community of students, staff, faculty and alumni, that come together to live, learn, belong and celebrate. All students studying in Peterborough are members of a college, and it is a great place to start whether you have questions about your academics, you’re looking for help with advising or academic skills or perhaps you’re looking to meet new people, make friends and find your place at Trent.

Come by your college office and chat with one of our college student staff. They can help you navigate Trent, find resources or give you a referral to one of our campus partners or in house supports. Don’t forget to read your college newsletters and follow us on socials. You’ll find out lots more about college spaces, traditions, our mascots and you’ll be the first to learn about great events and where the free food is.

So if you are looking for any kind of support, don’t hesitate to reach out to your college office. Call or come in the door and reach out anytime to your college principal. Melanie, Michael, Tina, Jessica, and I are here for you.